Local LGBT Community Resources

Contra Costa Health Services

- Contra Costa Health Services Gender Clinic (https://cchealth.org/centers/services-gc.php)  
  Gender health services for Transgender and non-binary patients
- **Homeless Services for Youth** - https://cchealth.org/h3/  
  1-800-610-9400
- HIV/AIDS & STD Program (https://cchealth.org/hiv/)  
  Education, testing, and prevention
  Services, medical case management, resources

Local Community Resources

- **Rainbow Community Center (Concord)** (https://www.rainbowcc.org/)  
  Counseling, community resources, groups, and info for LGBTQ youth, adults, and seniors  
  925-692-0090
- **County wide LGBT Counseling and Service Intake Line**  
  925-692-2056
- **RYSE Center (Richmond)** (https://rysecenter.org/)  
  Youths Programs and LGBTQ support group.  
  510-373-3401
- **Richmond Rainbow Pride** (https://www.richmondrainbowpride.org/)  
  Resources and groups
- **Somos Familia** https://www.somosfamiibiay.org/  
  LGBTQ resources and support for the Latinx/Spanish-speaking community.
- **Transgender Clinic at Tom Waddell Clinic (San Francisco)**  
  (https://www.sfdph.org/dph/comupg/oservices/medSvs/hlthCtrs/TransgenderHlthCtr.asp)  
  1-415-355-7588

National Organizations

- **Planned Parenthood LGBTQ services** (https://www.plannedparenthood.org/get-care/our-services/lgbt-services)  
  Medical care, education, resources, and referrals.
- **PFLAG (Parents & Friends Of Lesbians & Gays) Local support groups** (https://pflag.org/)  
  Clayton/Concord - https://pflag.org/chapter/pflag-clayton-concord
Moraga - [https://pflag.org/chapter/pflag-moraga](https://pflag.org/chapter/pflag-moraga)  
Oakland/East Bay - [http://pflag-eastbay.org/](http://pflag-eastbay.org/)  
Danville/San Ramon Valley - [https://pflag.org/chapter/pflag-danvillesan-ramon-valley](https://pflag.org/chapter/pflag-danvillesan-ramon-valley)

- **Trevor Youth Suicide Prevention Project** ([https://www.thetrevorproject.org/](https://www.thetrevorproject.org/))  
  Suicide Prevention Phone Line:  
  1-866-488-7386  
  Live CHAT on website  
  TrevorText

- **Gender Spectrum website** ([https://www.genderspectrum.org/](https://www.genderspectrum.org/))  
  Support for families raising nonbinary, gender variant, and transgender children. Services include online consulting and groups.

- **It Gets Better** ([https://itgetsbetter.org/](https://itgetsbetter.org/)) – Empowerment and positivity for the LGBTQ+ community

  LGBTQ+ friendly substance use resources