

Overweight in Children, 2002-2003

Overweight among 5th graders by school district

School district:	Number of cases (2002-2003)	Population total (2002-2003)	Percent	95% confidence interval for percent
Byron Union Elementary*	67	142	47%	(39% to 55%)
Pittsburg Unified*	339	737	46%	(42% to 50%)
West Contra Costa Unified*	1,081	2,573	42%	(40% to 44%)
Antioch Unified	524	1,587	33%	(31% to 35%)
Knightsen Elementary	13	44	30%	(16% to 43%)
Martinez Unified	83	287	29%	(24% to 34%)
San Ramon Valley Unified	477	1,646	29%	(27% to 31%)
John Swett Unified	37	137	27%	(20% to 34%)
Mount Diablo Unified	737	2,836	26%	(24% to 28%)
Oakley Union Elementary	101	480	21%	(17% to 25%)
Walnut Creek Elementary	64	357	18%	(14% to 22%)
Orinda Union Elementary	47	275	17%	(13% to 22%)
Lafayette Elementary	58	414	14%	(11% to 17%)
Moraga Elementary	24	218	11%	(7% to 15%)
Contra Costa	3,647	11,764	31%	(30% to 32%)
California*	154,731	468,882	33%	(33% to 33%)

[*] Indicates that the proportion of overweight fifth graders is significantly higher in these school districts, and California, compared to Contra Costa as a whole.

Sources

Physical Fitness Testing (PFT) data was compiled by the California Department of Education, Standards and Assessment Division, available online at <http://data1.cde.ca.gov/dataquest/>. For this study, overweight has been defined as scoring above the Healthy Fitness Zone for body composition. This definition is identical to the one used by the California Center for Health Policy Research, and is different from the definition used by the Centers for Disease Control and Prevention (CDC).