

Obesity in Adults, 2001

Body mass index (BMI): underweight (BMI: 0-18.49), normal (BMI: 18.5-24.99), overweight (BMI: 25.0-29.99), and obese (BMI: 30.0 or higher)
 Subset(s): Age in years: 18 - 106

Body mass index:	Contra Costa			San Francisco Bay Area			California		
	Est. N	%	95% C.I.	Est. N	%	95% C.I.	Est. N	%	95% C.I.
Underweight	13,000	1.9	(1.0 - 2.8)	105,000	2.1	(1.7 - 2.5)	402,000	3.4	(3.1 - 3.8)
Normal	295,000	44	(40.6 - 47.4)	2,405,000	48.8	(47.5 - 50.1)	5,996,000	51.1	(50.4 - 51.9)
Overweight	228,000	34	(30.8 - 37.2)	1,620,000	32.8	(31.6 - 34.1)	3,154,000	26.9	(26.2 - 27.6)
Obese	135,000	20.1	(17.5 - 22.7)	803,000	16.3	(15.3 - 17.2)	2,178,000	18.6	(18.0 - 19.1)
Total	672,000	100	n/a	4,933,000	100	n/a	11,729,000	100	n/a

Geographic Selection: Greater Bay Area Counties by Race - UCLA CHPR

Body mass index:	African American*			Latino*			White		
	Est. N	%	95% C.I.	Est. N	%	95% C.I.	Est. N	%	95% C.I.
Underweight	--	--	--	--	--	--	--	--	--
Normal	110,000	33.6	(28.5 - 38.7)	219,000	34.4	(30.1 - 38.6)	1,351,000	47.8	(46.3 - 49.3)
Overweight	110,000	33.8	(28.8 - 38.8)	273,000	42.8	(38.4 - 47.2)	951,000	33.6	(32.2 - 35.0)
Obese	103,000	31.6	(26.8 - 36.5)	135,000	21.2	(17.9 - 24.6)	475,000	16.8	(15.7 - 17.9)
Total	327,000	100	n/a	638,000	100	n/a	2,828,000	100	n/a

Body mass index:	Asian		
	Est. N	%	95% C.I.
Underweight	--	--	--
Normal	651,000	66.4	(63.2 - 69.6)
Overweight	234,000	23.9	(21.1 - 26.8)
Obese	58,000	5.9	(4.1 - 7.7)
Total	979,000	100	n/a

[*] Indicates that African Americans and Latinos are more likely to be obese compared to the Bay Area overall.

[--] Reliable estimates for underweight could not be calculated due to small numbers.

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