Contra Costa County 2020 Point in Time Count

Each year in January, Contra Costa’s Homeless Continuum of Care (CoC), with the help of county agencies and community volunteers, conducts a comprehensive Point in Time (PIT) count of families and individuals experiencing homelessness. This count provides a one-day snapshot of homelessness and is used to highlight the housing and homeless crisis in the county. The 2020 PIT count was conducted on January 22, 2020 with the help of more than 150 volunteers and staff.

2,277 People Were Experiencing Homelessness in Contra Costa County

- 707 people in shelters
- 1,570 people sleeping outside
- 154 children
- 2,123 adults

2,295 2,277
1,627 1,570
668 707

2019/2020 PIT Comparisons

- 52% of adults had a mental health condition
- 50% of adults had a substance use issue
- 45% of adults had a chronic health condition
- 6% of adults were veterans

Age categories:
- 7% minors
- 5% transition age youth 18-24
- 55% adults 25-54
- 17% older adults 55-61
- 16% seniors 62+

Nearly 1 in 3 were chronically homeless
Top three reasons for losing housing:

- 25% due to cost of living/rent
- 17% due to eviction
- 14% due to their substance use

83% lost their housing in Contra Costa County

- 25% due to cost of living/rent
- 17% due to eviction
- 14% due to their substance use

2,277 individuals made up 1,972 households

- 92 households with children (67% sheltered)
- 1,880 adult-only households (27% sheltered)

Unsheltered by Region

- West: 543 people (34%)
- Central: 514 people (33%)
- East: 513 people (33%)

Heat Map for Unsheltered Across Contra Costa County

For more information about the PIT count, please email H3Redteam@cchealth.org