

Inventory of Key Contra Costa Health Services (CCHS) Activities Related to Violence Prevention Updated May 2008

The programs listed below are carried out by CCHS, often in partnership or in conjunction with sub-contracts with community providers. Information changes quickly, so please contact the programs directly for current information and details. We welcome your feedback on how useful this is as a tool for finding resources offered by the health department. Please contact Tiombe Mashama, Public Health Outreach, Education and Collaborations program with your comments or corrections. She can be reached at tmashama@hsd.cccounty.us or by calling 925-313-6826.

Focus of Effort	Specific Programs	Location of Activities	Strategies	CCHS & Other Partner Involvement	Key Contact Information
Children/ Youth	<u>Empowerment Through Action</u> (ETA): Trains teens in community action, using resiliency model.	Middle College, Mt. Diablo and Richmond High School (HS)	Youth leadership development through community mobilizing	<u>Lead:</u> FMCH/TAP <u>Other partners:</u> West Contra Costa Unified School District, Mt Diablo Unified School District, Community Wellness and Prevention Project	LaKisha Beverly 510-231-8667
	<u>Health Education:</u> Provides education to students on variety of topics, including comprehensive sexuality education, healthy relationships.	WCCUSD Small Necessary Schools; Richmond HS, Middle College HS, & Mt. Diablo HS; Calli House, Juvenile Hall, Chris Adams	Health education		Jeff Gould 925-313-6437
	<u>Adolescent Health Report:</u> A report providing comprehensive data pertaining to young people in CCC as compared to state data.		Information		Kristina Kutter 925-313-6355

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Children/ Youth - cont'd	<u>Teen Health Council:</u> Local health professionals mentor teens; teens also trained as peer health educators and conduct health education for younger high school students.	Mt. Diablo High School	Mentoring in health professions	<u>Joint Lead:</u> CCHS and John Muir Hospital (health professionals)	Jeff Gould 925-313-6437
	<u>Richmond High School Based Health Center:</u> Provides youth-friendly clinic services at RHS.	RHS	Improve health care access through on-site school health center	<u>Lead:</u> TAP / Clinical Services	Sue Martini 510-231-8668
	<u>Teen Navigator project</u> provides education & support to teens seeking youth friendly services. <u>Teen support line</u> 866-282-TEEN	Countywide	Support youth in accessing available health services throughout the county	<u>Lead:</u> FMCH / TAP	Sue Martini 510-231-8668
	<u>RYSE Youth Center:</u> Launch Committee is a planning group developing Center to be located in Richmond.	West County youth, particularly in Richmond	Youth Center	<u>Lead:</u> Supervisor Gioia <u>Partners:</u> Mental Health Div, Homeless Program, FMCH & Public Health Outreach, Education and Collaborations (PHOEC); Probation Dept., Youth Together; the Bay Area Partnership	Sue Martini FMCH rep. to Launch Committee member 510-231-8668

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Children/ Youth - cont'd	<u>Adolescent Health Alliance</u> : Provides capacity building to adolescent health service providers through hosting and facilitating workshops and conferences.	Throughout county	Building the capacity and skills of those working with youth	<u>Lead</u> : FMCH/TAP	Jeff Gould 925-313-6437
	<u>Youth Empowerment Center in North Richmond</u> : Opened in April 2008, provides youth mentoring and job skills development.	Youth 18-24 years	Youth job and career center	<u>Lead</u> : Supervisor Gioia <u>Partners</u> : Housing Development, HNP North Richmond Neighborhood Action Team residents	Tiombe Mashama, PHOEC rep. from CCHS 925-313-6826
	<u>Alcohol outlets</u> : density mapping, photovoice, outlet monitoring for compliance with ABC laws, participating in sting operations, store front advertisement, youth access to alcohol violations report to ABC, billboard advertisement, youth forums, etc. <u>Youth Summit</u> : Multi agency collaboration to hosts annually.	Middle and high school youth at community sites: De Anza HS, El Cerrito HS, Hercules HS by DROC. Middle and high school youth at community sites by FNL/CL John Swett HS, Portola MS, RYSE Center – Step Ahead South East Asian Youth and Family Alliance	AODS environmental prevention through youth leadership development. Attempts to change & address community factors that influence use and abuse of alcohol and other drugs, including violence Addressing violence related issues in the South East Asian communities of West County	<u>Lead</u> : AODS <u>Other partners</u> : Community Based agencies: Center for Human Development Gateway Project <u>Lead</u> : S. Gioia with staff assist from different agencies and CBOs, AODS APPS	Fatima Matal Sol 925-313-6311 Emily Justice 925-687-8844x222 Stephanie Hochman 510-559-3012 Sean Kirkpatrick 510-282-7550 Sean Kirpatrick 510-282-7550

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Children/ Youth - cont'd	<u>School-Based AOD Education</u> <ul style="list-style-type: none"> • Increase Individual, Family and School Protective Factors • Increase awareness about AOD and other negative impact such as: STDs, date rape, violence, etc. 	Middle and High S youth: Adams MS, Portola MS, Helms MS, Lavonya Dejean MS, Hillview MS, Central MS, Riverview MS, Orin Allen Boy's Ranch, Black Diamond MS, Antioch MS, Park MS, Dallas Ranch MS	Health Education	<u>Lead:</u> AODS <u>Other partners:</u> Community Based agencies: Center for Human Development, Tricities, New Connections	Fatima Matal Sol 925-313-6311 Dorene Paul 925-687-8844x228 Wanda Kelly 510-978-7120 Jack Smith 925-809-7920
	<u>Juvenile Drug Court:</u> Intense and free court. Supervised alcohol and other drugs and mental health treatment for youth on probation due to substance abuse. Services include: weekly drug testing, counseling, support and supervision.	East County (Pittsburg, Antioch, Brentwood) and West County (Richmond, North Richmond), San Pablo, etc.	AODS and Mental Health Treatment services, probation supervision, case management and education	<u>Lead:</u> AODS <u>Other Partners:</u> Mental Health, Judicial System, Probation, community service providers: Asian Pacific Psych Services and Reach Project	Fatima Matal Sol 925-313-6311

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Children/ Youth - cont'd	<u>School-based outreach:</u> <ul style="list-style-type: none"> • Referrals from school principals and staff to link at-risk children to health insurance and county Child Health and Disability Prevention Program (CHDP) health providers. • CHDP links students to MH services if needed. • MOU between CHDP, probation, mental health and EHS for coordination of services for youth. 	Countywide, elementary, middle and high schools	<p>Linkage between schools and child health programs</p> <p>Partnership to improve coordination among service providers of youth</p>	<u>Leads:</u> <ul style="list-style-type: none"> • CHDP is the lead for health-related issues. • Probation is the lead at schools regarding violent acts. <p><u>Other partners:</u> Employment and Human Services (EHS), Mental Health Services</p>	Nancy Hayes 925-313-4110
	<u>Disproportionate Minority Contact (DMC)</u>	Monument Corridor, city of Richmond and Bay Point, youth at risk of incarceration	Planning grant established task groups to assess disproportionate # of youth of color in juvenile justice system, collect information about existing school, prevention and graduated sanction programs Once report and plan complete, will apply for additional funds	<u>Lead:</u> Probation Dept. <u>Partners:</u> Juvenile Justice, EHSD, CCHS (CHDP participated on resource task force, HS Director serves on decision-making group.) and others	Nancy Hayes 925-313-4110 (CHDP) Dr. Walker 925-957-5403

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Families	<u>Prenatal Care Guidance:</u> Through home visits, community health workers provide education and support to low-income pregnant women and their families.	Countywide	Home visiting	<u>Lead:</u> CCHS, <u>Partners:</u> EHS, First 5 and various community partners	Jana Aloo, FMCH 925-313-6261
	<u>WIC Program:</u> Parent education classes for parents with children under 5 years of age.	All CCHS Health Centers	Small group classes		Beverly Clark 925-646-5376
	<u>Medically Vulnerable Infant Program:</u> Public Health Nurses conduct home visits with families of developmentally delayed and medically vulnerable children to build supportive and nurturing family environments.	Throughout Contra Costa County, based on need	One-on-one home visiting	CCHS, First 5, Community partners	Dawn Dailey 925-313-6325
	<u>Public Health Clinical Services:</u> Public Health Nursing	Countywide	Nurses conduct home visits for families with newborns and children with medical risks, with an emphasis on those with low incomes or Medi-Cal coverage. Professional nursing services are provided with the goals of medical stability and strengthening families by providing education.		Jeanette Braker 925-313-6277

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	<p><u>Incredible Years:</u> Psycho-educational curriculum for parents, teachers and children on developing and reinforcing healthy behaviors and conflict management.</p>	<p>Parents and children enrolled in Head Start in West and East</p>	<p>The “Incredible Years” psycho-educational training (a national best practice model)</p>	<p><u>Lead:</u> Community Services, with partners from Mental Health Div/Children’s Bureau</p>	<p>Alberto Orellana, Head Start mgr. 925-260-5844</p>
<p>Place-based: Neighborhood & Cities</p>	<p><u>West County Alcohol Policy Workgroup:</u> Educates local merchants, promotes community involvement in case building and identifying problem spots, works with Multidisciplinary Impact Team.</p> <p><u>Alcohol Outlets:</u> see description under Children and Youth</p>	<p>NR, Richmond, San Pablo, El Sobrante</p>	<p>Reduce youth access to AOD through collaboration between community, elected officials and govt. to educate community & merchants and advocate for policies</p>	<p><u>Lead:</u> S. Gioia with staff assist through AODS funding.</p> <p><u>Other partners:</u> Community members, Sheriff, Environmental Health, local merchants, Gateway Project</p>	<p>Fatima Matal Sol 925-313-6311</p> <p>Stephanie Hochman 510-559-3012</p>
	<p><u>HNP North Richmond Neighborhood Action team</u> developed an action plan that includes adults working with youth and youth-focused grassroots groups and faith leaders. Piloted Youth Leadership Academy in NR. Group continues to meet periodically to link seniors to violence efforts.</p>	<p>Community/ Youth in North Richmond</p>	<p>Community capacity-building and community organizing to reduce violence.</p>	<p><u>Lead:</u> Neighborhoods Action Team residents, with HNP staffing</p> <p><u>Other partners in Youth Academy:</u> Neighborhood House (NH), EcoVillage, Contra Costa College</p>	<p>Roxanne Carrillo 925-313-6810</p>

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	<p><u>Arts Change</u>: brings culturally relevant visual and performing arts and educational programs into communities on topics of health, identity and social transformation. Violence related exhibits have included the <i>Quilt of Tears and Memory, Loss and Healing</i>.</p>	Richmond, North Richmond county health centers	Using visual arts, new media, performing arts, dialogue and education to engage culturally diverse urban communities and institutions.	<p><u>Lead</u>: Arts Change</p> <p><u>Other Partners</u>: Richmond Health Center, Youth Speaks, Nevin Center, Familias Unidas, The Art Institute, Opportunity West, Violence Prevention Coalition</p>	Anne Schnake, 510-231-1348
	<p><u>MCP Neighborhood Safety Committee</u> is developing action plan to reduce street violence in specific neighborhoods.</p>	Monument Corridor, Concord	Neighborhood mobilizing and collaboration of residents, city, health, others.	<p><u>Lead</u>: Monument Community Partnership</p> <p>Other Partners: CCHS/PHOEC, City of Concord, landlords, police</p>	Roxanne Carrillo 925-313-6810 or Mary Lou Laubscher 925-685-2332
Community Wide & Service Providers	<p><u>Violence Prevention Coalition</u>:</p> <ul style="list-style-type: none"> • Two annual forums on community violence issues. • Curriculum on violence prevention in schools is being developed (with Cal State East Bay). 	Service providers, schools and local govt. countywide	Coalition develops strategies that will impact violence and hosts educational events.	<p><u>Lead</u>: Violence Prevention Coalition.</p> <p>Members include CC Police Athletic Assoc., CCHS, Contra Costa Child Abuse Prevention, Zero Tolerance, community members, Community Violence Solutions STAND, Center for Human Development</p>	<p>Carol Carrillo, Exec. Director 925-946-9961</p> <p>Neil Stratton, Former Exec. Director 925-827-1998</p>

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	<p><u>Public Health Outreach, Education and Collaborations unit:</u></p> <ul style="list-style-type: none"> • Assists w/ coordination and collaboration among divisions and programs in CCHS • Liaisons with key community partners. • Supports resident-led efforts through North Richmond Healthy Neighborhoods Action Team and MCP Safety Committee 	Countywide, special emphasis in West County	Collaboration and coordination of efforts Community engagement, neighborhood action strategies	<p>PHOEC coordinator, with involvement of various CCHS programs (FMCH, MH, AODS, Richmond Health Center Safety Forum)</p> <p>CCHS is partner in efforts with Supervisor Gioia, City of Richmond Office of Neighborhood Safety, Monument Partnership Safety Committee,</p>	Tiombe Mashama 925-313-6826
Homeless and at-Risk of Homeless	<p>1. <u>Youth Programs:</u></p> <ul style="list-style-type: none"> • <u>Outreach:</u> through schools to educate on alternatives to being on the street; and to encampments • <u>Referrals</u> for crisis intervention, counseling and to youth shelters • <u>Housing:</u> Supportive housing, youth shelters (Richmond); Transitional housing for 14-17; 18-21 years old in El Sobrante 	Youth countywide; most shelter services located in West.	Indirectly reduce likelihood of violence by providing youth with alternatives to being homeless and shelter.	<u>Lead:</u> CCHS Homeless Program	Lavonna Martin 925-313-6140

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Mental Health: Adults – cont'd	<u>Rubicon Programs, Inc. 2500 Bissell Ave., Rich</u> Outpatient services including: assessments, case management, medication management, rehabilitative day treatment, vocational services, and housing assistance.	West County community		Mental Health Division/Rubicon Programs, Inc.	Jane Fischberg 510-231-3987
	<u>Anka Behavioral Health, Inc. (formerly Phoenix Programs, Inc.) 1515 Market St., San Pablo</u> Multi-Service Center offers assessments, vocational services, housing services, benefits assistance, counseling, information and referrals. Facility also offers showers and laundry.	West County community		Mental Health Division/Anka Behavioral Health, Inc.	Jennifer Billings 510-232-7571
	<u>Familias Unidas, 205 39th St., Richmond</u> Offers outpatient mental health services to Spanish-speaking adults, children and families, to include assessments, case management, medication management, habilitative day treatment, vocational services and housing assistance.	West County community		Mental Health Division/Dessarrollo Familiar (aka: Familias Unidas)	Lorena Huerta 510-412-5930

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	<u>Nevin House, 3215 Nevin Ave., Richmond</u> Residential program for individuals dually diagnosed with mental illness and substance abuse issues.	West County community		Operated by Anka Behavioral Health, Inc. under a contract with the Mental Health Division	510-232-7633
	<u>Prop 63</u> : Focus groups, community meetings to engage community residents in planning process.	Countywide, consumers of mental health services	Engage communities in helping redesign MH system	Lead: Mental Health Division	Kimberly Mayer 925-957-5132
Mental Health: Children	<u>Birth to Six Works and The Incredible Years</u> (also listed under Families) <u>YMCA Collaborative</u> : School-based program including Wraparound <u>Transitional Learning Center</u> School-based programming	Center-based early intervention services for children who may be exposed to violence Middle Schools: Adams, Crespi, Helms, Pinole, Portola, DeJean, & Hercules High Schools: El Cerrito, Kennedy, Richmond, DeAnza, Pinole, Hercules Elementary: Dover, Downer, Washington, Harbour Way, TLC, Lincoln, Peres, Grant, Nystrom, Stege, King, Lake School-based services at West Contra Costa USD on Dolan Way	The “Incredible Years” psycho-educational training (a national best practice model) Wraparound, Mental health counseling, support groups Mental Health staff based at schools, available for services upon teacher request, counseling, support	CCHS and Early Childhood Mental Health, Head Start Lead Agency: YMCA contractors include: Bay Area, Youth Center, Asian Pacific Psychological, YMCA, Youth Services Bureau, Familias Unidas, Stars CCHS and Seneca	Arlette Merritt 510-412-9200 Don Lau (YMCA) 510-412-5647 Ken Berrick 510-317-1444

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Mental Health: Children – cont'd	<u>Mobile Response Crisis Intervention</u>	Countywide crisis response team	groups Provide immediate crisis intervention to stabilize at-risk children	CCHS and Seneca	Ken Berrick 510-317-1444
	<u>Choices</u>	After-school Rehabilitation program	Offer crisis management and case management for offenders sentenced to treatment by West County Juvenile Drug Court	<u>Lead Agency:</u> Asian Pacific Psych Services (APPS) with Mental Health and West County Juvenile Drug Court	Beatrice Lee 510-835-2777x13
	<u>Parent Project</u>	Countywide Parent Education Program	Offers parent education in dealing with out of control adolescents	<u>Lead:</u> CCHS Mental Health	Vern Wallace 925-957-5126
	<u>Wraparound</u>	Countywide	Provide team-based planning process to children and families	Asian Pacific Youth Services Bureau Seneca	Beatrice Lee 510-835-2777 Taalia Hasan 510-215-4670 Ken Berrick 510-317-1444
	<u>Mentally Ill Offender Crime Reduction (MIOCR)</u>	Countywide mentally ill offender crime reduction	Reduce recidivism among adults and children mentally ill offenders	Asian Pacific Youth Services Bureau Seneca	Beatrice Lee 510-835-2777 Taalia Hasan 510-215-4670 Ken Berrick 510-317-1444

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Domestic Violence (DV)	<u>Zero Tolerance Initiative</u> , a collaborative of service providers working on coordinating and integrating prevention and treatment services for domestic and family violence and elder abuse.	Countywide systems	Systems change to reduce domestic, family and elder violence by fostering collaborative, coordinated and integrated policies, services, supports, interventions and prevention	<u>Lead:</u> CAO Office <u>Other partners:</u> Superior Court, Probation, Sheriff, CCHS' FMCH, STAND, Mt Diablo Medical Center, La Clinica, Bay Area Legal Aid, Adult Protective Services, D.A.'s Office, Children & Families Services, Private organizations	Dr. Dawn Marie Wadle 510-231-1337 (CCHS rep)
	<u>Improving Medical Care:</u> <ul style="list-style-type: none"> • Medical students case reviews and Community Medicine rotation through STAND! • Noon conference, annual staff trainings and regular case discussions. • Noon conferences with non-CCHS health providers through noon conferences. 	Countywide, providers	Provider training to identify & treat domestic violence	<u>Lead:</u> CCHS <u>Other partners:</u> Mount Diablo, La Clinica, Kaiser, STAND	Dr. Dawn Marie-Wadle 510-231-1337

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	<u>Improving Medical Care:</u> <ul style="list-style-type: none"> • Medical students case reviews and Community Medicine rotation through STAND! • Noon conference, annual staff trainings and regular case discussions. • Noon conferences with non-CCHS health providers through noon conferences. 	Countywide, providers	Provider training to identify & treat domestic violence	<u>Lead:</u> CCHS <u>Other partners:</u> Mount Diablo, La Clinica, Kaiser, STAND	Dr. Dawn Marie-Wadle 510-231-1337
	<u>DELTA Program:</u> Mentoring for young men to prevent them from becoming domestic violence perpetrators.	Countywide, young men	Prevention program including education/training, forming community action teams, and developing a social marketing campaign	<u>Lead Agency:</u> STAND! <u>Other partners:</u> CAO office, Zero Tolerance First Five, CDC (funder)	Sharon Turner, STAND 510-236-8972
	<u>Safe and Bright Futures:</u> planning effort to develop and implement comprehensive strategies addressing children's exposure to DV.	Countywide, children exposed to family violence	Awareness, training and services to reduce impact on children of witnessing DV	<u>Lead:</u> CAO, Zero Tolerance Planning Team includes First Five, FMCH, MH Juvenile Probation, STAND!, Community Violence Solutions	Cheri Pies, FMCH rep to project 925-313-6698

Abbreviations:

AODS- Alcohol and Other Drugs Services (health dept.)

CCHS- Contra Costa Health Services

CDC- Centers for Disease Control

CHDP- Child Health and Disability Prevention (health dept.)

DA- District Attorney

DV- Domestic Violence

EHS- Employment and Humans Services (county)

FMCH- Family, Maternal and Child Health (health dept.)

HNP- Healthy Neighborhoods Project (health dept)

MH- Mental Health (health dept.)

NH- Neighborhood House

PHOEC- Public Health Outreach, Education and Collaborations (health dept.)

RHS- Richmond High School

TAP- Teenage Program (health dept.)

WCCUSD- West Contra Costa Unified School District