

RCC Services

Kind Hearts Program for Seniors and People living with HIV/AIDS: Weekly food pantry, twice monthly home deliveries, home visitors, monthly **Poz** Dinner, and various **HIV** support groups for both men and women.

Rainbow Counseling Services: Individual and couples counseling, support groups and “coming out” groups, referrals to local providers and support for parents of LGBTQ Youth.

Youth Programs: Fostering a positive self-identity for all LGBTQ youth, the RCC offers structured programs, social activities and a youth drop-in center.

Senior Services: Senior lunches, food pantry, social groups and outings are some of the services supporting our senior community.

Health and Wellness Services: HIV Rapid Testing Clinics, safer sex supplies and information, and information about domestic violence prevention and support services (Safe Haven).

Social & Support Groups: Including peer-led and professionally facilitated support groups, recovery groups, social groups and activities for people of various identities.

Social Activities: Movie nights, game nights, Pride Picnic, outings, Crab Feed, and more!

Volunteer Opportunities: Volunteering provides a special opportunity to give back to our community.

Please visit our website (www.rainbowcc.org) or call the RCC at 925.692.0090 for more information

RCC Vision Statement

The Rainbow Community Center of Contra Costa County envisions a society that embraces acceptance, safety, and equality for all, regardless of sexual orientation or gender identity/ expression.

RCC Mission Statement

The Rainbow Community Center of Contra Costa County builds community and promotes well-being among Lesbian, Gay, Bisexual, Transgender, Queer and Questioning persons and our allies.

RCC Funding

Our Programs are supported by the generosity of individual donors, private foundations and funds from federal, state, and county initiatives, including: Contra Costa County Mental Health, Contra Costa County Health Dept. AIDS Program, Contra Costa County Dept. of Conservation and Development Community Development Block Grant Program, Kaiser Permanente Foundation, Horizons Foundation under a grant from The California Wellness Foundation, The San Francisco Foundation, and Bay Area Physicians for Human Rights.

Business Hours:

RCC is open Mon-Fri, from 1-6 PM. Many groups meet during evening and weekend hours. Please visit our website, call, e-mail or stop by the Cen-

Rainbow Community Center (RCC)

2118 Willow Pass Road, Suite 500
Concord, CA 94520

Phone: (925) 692-0090

Fax: (925) 692-0091

E-Mail: rcc@rainbowcc.org

Website: www@rainbowcc.org

Confidential Counseling Line
925-692-2056

Youth Program

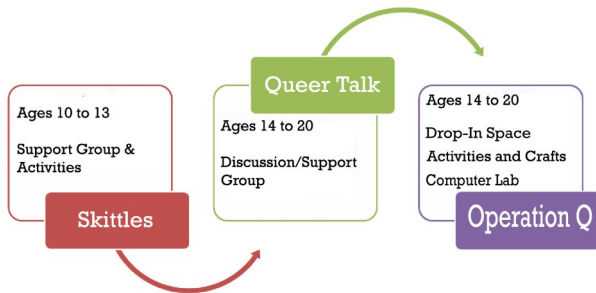
Important Information for LGBTQ Youth



Serving Contra Costa's Lesbian, Gay, Bisexual, Transgender, Queer and Questioning (LGBTQ) Community

What's the Youth Program all About?

The Rainbow Community Center's Youth Program fosters a positive self-identity for all LGBTQ youth. The Youth Program provides education, leadership development, activism and socialization in a safe-space for all youth and allies who are seeking services in the community.



Youth Groups-

Skittles Group-Youth 10 to 13 years old
Every 2nd and 4th Wednesday of the month
4:00 p.m. until 5:30 p.m.

Queer Talk/Youth Drop-In Discussion/
Support Group for LGBTQ youth 14-20 years old
Drop-in 3:30-6:30PM, Thursdays and Fridays

Saturday Drop-In
2:00 p.m. until 7:00 p.m.*

** Times and days may vary. Call in advance to confirm.*

What's New at the RCC Youth Program?



Operation Q - Youth 14 to 20 years old
Our youth mentorship program! Year-round activities, field-trips, media and craft projects, dances, variety shows, and computer/homework lab!
Thursday and Friday: 3pm to 6:30pm
Saturday : 2pm to 7pm*

LGBTQ Youth Computer & Homework Lab
Drop by Thursday thru Saturday and use our computer lab to check email, work on projects and get ahead with your homework! We have video/music/photo editing software. Our Youth Mentors are here to help you with your homework and computer projects too!

Youth & Family Counseling
Assistance with coming out, school concerns, family issues, healthy relationships, support groups, referrals to local providers and support for parents of LGBTQ Youth. Call the Counseling Referral Line at (925) 692-2056.

Youth Events and Field Trips
Youth field trips (the Castro District, museums, movies, picnics, etc.) as well as our bi-annual talent show and other RCC events are scheduled throughout the year.

Youth Dances
Youth Dances are held on a quarterly basis with various fun themes. Look for event updates on the Rainbow Community Center Facebook page and our website at www.rainbowcc.org.

Other LGBT Youth Services You Should Know About

Center for Human Development
925-687-8844
Center for Human Development (CHD) is a community-based organization that offers a spectrum of services for at-risk youth, individuals, families, and communities in the Bay Area.
CHD Empowerment Youth Group meets Wednesday from 4:30 p.m. until 6:30 p.m. at Rivertown Resource Center, 301 W. 10th Street, Antioch.

Gender Spectrum
510-567-3977
www.genderspectrum.org
Gender Spectrum provides education, training and support to help create a gender sensitive and inclusive environment for all children and teens.

RYSE Center
510-374-3401
Richmond, CA
www.rysecenter.org
RYSE is committed to maintaining safety for the full diversity of youth they serve so they are able to take healthy risks emotionally, politically, and physically

The Trevor Project
866-488-7386
www.thetrevorproject.org
The Trevor Project is the leading national organization focused on crisis and suicide prevention efforts among lesbian, gay, bisexual, transgender and questioning (LGBTQ) youth.

For more info:
Call: (925)692-0090
Email RCC at:
youthprogram@rainbowcc.org
Website:
www.rainbowcc.org