These innovative efforts are rooted in ground-breaking research by the Family Acceptance Project (FAP).

LGBTQ youth who experience high rates of family rejection related to their sexual orientation or gender identity/expression, whether intentional or not, are more likely to report higher levels of depression and suicidality.

Eleven agencies across Contra Costa County recently received small grants to develop services benefiting lesbian, gay, bisexual, transgender and questioning or queer (LGBTQ) youth. A primary focus of these projects is to identify best practices in helping families to move forward in accepting their LGBTQ child. Schools and faith communities are also involved in these endeavors.

The thirteen mini-grants, were funded by the Innovations component of the CA Mental Health Services Act. Grant recipients join the Rainbow Community Center and four other partners of the Contra Costa LGBTQ Youth Advocacy Collaborative in a one-of-a-kind effort to reduce rejection of LGBTQ youth by their families, caregivers and social networks.

These innovative efforts are rooted in ground-breaking research by the Family Acceptance Project (FAP). LGBTQ youth who experience high rates of family rejection related to their sexual orientation or gender identity/expression, whether intentional or not, are more likely to report higher levels of depression and suicidality.

Cont. on pg. #23
RICHMOND, CA, 8/14/12 — A vibrant new mural greets the Richmond community at the corner of MacDonald and 41st Street. Created by a team of youth at West County Child & Adolescent Services, the mural honors the diversity, strength and vitality of the county's youngest residents. The project brought together a diverse team, including straight youth and youth who identify as or are allied with the lesbian, gay, bisexual, transgender, and questioning (LGBTQ) community. A special event to celebrate completion of the mural is scheduled for noon on Thursday, August 16, 2012 at 303 41st Street, Richmond, California.

The title of the mural, "Imagination is the Pathway to Change," was authored by a project participant and eloquently captures the spirit of the entire collaboration. The vibrant rainbow that weaves through the entire mural underscores the fundamental principles of inclusion, recognition and acknowledgment of our diverse community in West Contra Costa County. A primary goal of the project was to facilitate understanding and acceptance, creating an environment where young people can thrive, working individually and collectively on images and themes from their own lives and community.

Highlighting the importance of this project to the community, Raymond Neuman, Regional Program Manager at West County Child & Adolescent Services stated, “In my 35-year career in mental health services, this project has inspired me like no other before in terms of the magnificent ways the youth, the staff and community members came together to proclaim that Richmond is a community that truly embraces diversity.” West County Child & Adolescent Services provides mental health counseling support to youth and families fostering a safe place to engage life stressors, especially for our lesbian, gay, bisexual, transgender, questioning (LGBTQ) youth.

The mural is one of fourteen innovative mini-projects funded by the CA Mental Health Services Act in partnership with Contra Costa County Behavioral Health Services. Grant recipients join Rainbow Community Center (Concord) and other partners of the Contra Costa LGBTQ Youth Advocacy Collaborative in a one-of-a-kind effort to reduce rejection and increase support for LGBTQ youth by their families, service providers and social networks. “This mural project is a great example of what it means to serve LGBTQ youth in a welcoming and supportive community environment,” commented Ben Barr, Executive Director of at Rainbow Community Center. “We hope many more organizations will follow the example set by these creative youth.”

continues on pg. 24
**Experts Weigh In On Importance of Family Acceptance in Lives of LGBT Youth**

July 20, 2012 by James Swift
Youth Today

“Families’ and caregivers’ words, actions and behaviors have a physical and emotional impact on their LGBT children,” said Dr. Caitlin Ryan, project director of San Francisco State University’s Family Acceptance Project (FAP) at a Webinar sponsored by the Office of Juvenile Justice and Delinquency Prevention (OJJDP) this week. Dr. Ryan was one of three panelists that presented research findings and showcased methods and strategies for improving the mental and physical well-being of LGBT youth at the online presentation, titled *The Critical Role of Families in Reducing Risk and Promoting Well-Being for Lesbian, Gay, Bisexual, Transgender, Questioning and Intersex (LGBTQI) Youth*. The Webinar emphasized the influence family behaviors have on LGBT teens, specifically the link between familial rejection and increased health risks, such as suicide attempts, illegal drug use and unprotected sexual activities.

Click here to read the rest of the article.

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**Suicide and Bullying Information Sheet**

Bullying is the ongoing physical or emotional victimization of a person by another person or group of people. Cyberbullying is an emerging problem in which people use new communication technologies, such as social media and texting, to harass and cause emotional harm to their victims.

Thirty-two percent of the Nation’s students (ages 12–18) reported being bullied during the 2007–2008 school year (Dinkes, Kemp, & Baum, 2009). Lesbian, gay, bisexual, and transgender (LGBT) youth experience more bullying (including physical violence and injury) at school than their heterosexual peers (Garofalo, Wolf, & Kessel, 1998; Bontempo & D’Augelli, 2002; Berlan, Corliss, Field, Goodman, & Austin, 2010).

Both victims and perpetrators of bullying are at higher risk of suicide than their peers. Children who are both victims and perpetrators of bullying are at highest risk (Kim and Leventhal, 2008; Hay and Meldrum, 2010; Kaminski and Fang, 2009).

Young people who are the victims of bullying are at increased risk for suicide (Kim, Leventhal, Koh, & Boyce, 2009) as well as increased risk for depression and other problems associated with suicide (Gini and Pozzoli, 2009; Fekkes, Pipers, and Verloove-Vanhorick, 2004).

Many children who are bullied have personal characteristics that increase their risk of victimization (Arseneault, Bowes, & Shakoor, 2010). These characteristics include:

- For the rest of the chapter from SAMHSA click here.
MTV LGBT Youth Special casting call:
MTV is casting for another acclaimed "It Gets Better" special. We are looking for people who appear to be 15-25, and want to share their stories and experiences about growing up LGBT.

The more information you share, the better we get to know you! [Apply if you are] open to sharing your stories and struggles on-camera. If interested, please email us your story and the following information at LGBTspecial@gmail.com. Please include: -Name -Location -Phone Number -Photo

Learn more at http://www.mtv.com/news/articles/1686944/casting-acclaimed-it-gets-better-special.jhtml

Seeking Youth Submitted Artwork to Present at Schools Out Washington’s Bridge conference this fall!
We’re asking youth of all ages to tell us how we can help empower their voices, and how they are making their voices heard. This isn’t another essay contest – we want to see their creativity through songs, poems, dance performances, video, etc. A compilation of work from around the country will be presented at Bridge in October! This is an incredible opportunity for youth to speak their minds to 600 educators eager to make a difference.

Can you incorporate this project into your summer program?

Guiding Questions
How are young people making their voices heard?
How can adults/programs/schools help to empower their voices?

Please provide creative responses to the guiding questions, utilizing the following categories and examples.

Categories: Dance, Instrumental, Poetry/Spoken Word, Singing, Testimonials, Visual Art
Examples (1-2 minute maximum):
Highlights reel depicting your school, neighborhood, community & students
Slideshow of student artwork
Poetry collaboration. Written and read by students (singularly and/or as a group) possibly interspersed with program photos.
Video testimonial
Video recording of dance piece


See the Submitted Artwork at Bridge

Are you an Out Gay Athlete?
The producers of a web campaign and video project in progress - The Last Closet - are searching for a young gay male athlete (Jr. High or High School) who has dreams of becoming a pro. This young man would be "out" to his friends, family and team.

There has never been, in all of US sports history, a gay athlete in any of the top five sports, who has come out while they are still actively playing. Our film and web campaign is a quest to find out why this is so and a vehicle to pave the way for this historic event to unfold. Our young athlete would act as co-interviewer on some of our strategic shoots, including the commissioners of all five sports. We have already secured interviews with some well known players and others in the sports world.

If you know of anyone fits the description above please contact us at your earliest convenience.

Contact: Fawn Yacker at TheLastCloset@gmail.com

Feel free to pass on this email. Feel free to pass on any suggestions you might have for finding our person. Note: We are primarily looking for someone located in the SF Bay Area, New York, or Los Angeles, but would consider other locations. Thanks for your help.

Fawn Yacker - Director, The Last Closet

Opportunities for LGBTQI2-S Youth
You must go online and click on the underlined link to be taken to their website.
Online LGBTQI2-S Webinars
You must go online and click on the underlined link to be taken to their website.

Transgender Youth Survivors: Understanding, Serving, Celebrating — archived webinar
This interactive and fast-paced webinar will encourage participants to expand their transgender vocabulary and conceptual framework(s). Attendees will increase their ability to fluidly and respectfully interact with and serve transgender survivors of sexual violence and their loved ones. Topics will include prevalence rates of sexual violence, barriers to accessing services, unique issues facing transgender youth survivors, and considerations for service providers. Participants will leave with practical steps that will assist them in modifying existing policies and procedures, identifying and lowering barriers to service, and improving effective services to transgender youth survivors and loved ones. Go to: http://www.wcsap.org/transgender-youth-survivors-understanding-serving-celebrating

Suicide Prevention among LGBT Youth: Expanding the Frame and Broadening Our Approaches from the Indian Health Service, Division of Behavioral Health — archived webinar
Featuring Effie Malley, MPA of the National Center for the Prevention of Youth Suicide at the American Association of Suicidology, Caitlin Ryan, PhD, ACSW is Director of the Family Acceptance Project, and Dave Reynolds, MPH, CPH of The Trevor Project.
This webinar focused on reducing risk for suicide and increasing positive outcomes for lesbian, gay, bisexual and transgender (LGBT) youth. Go to: http://www.sprc.org/training-institute/r2p-webinars/suicide-prevention-among-lesbian-gay-bisexual-and-transgender-youth

Serving LGBTQI2-S Youth — archived webinar
This webinar discussed the steps they are taking to provide culturally competent services to GLBT youth, provided information on creating policies and procedures that will help agencies ensure a safe and inclusive environment for GLBT youth, discussed legal rights for GLBT youth and identified the challenges and lessons they have learned working with GLBT youth. Go to: http://www.rhyttac.ou.edu/webinars/topical/651-serving-glbt-youth

Local Online LGBTQI2-S Resources Website
www.EastBayPride.com

Nov. 7th, 2012: Byond Boys vs. Girls: Transgender Issues for Health Teachers
Speakers: Michelle Scarpulla & Nikita Correa
Transgender people are coming out at younger ages and this can pose challenges for schools related to effective education, school policies, pronoun usage and physical education class. This workshop will provide leaders with a better understanding of what it means to be transgender and provide concrete examples of how schools can be supportive of and sensitive to the unique needs of transgender students.
Sexual Assault Advocacy And Healthcare Access for Youth — archived webinar
Survivors of sexual violence often access healthcare, both emergent and long-term, as a means to heal and recover from the violence they have experienced. We know that youth are at risk to experience sexual violence, and that they too will need access to these supportive healthcare services. This webinar will explore sexual assault advocacy and healthcare access for youth ages 13 – 18. At what age can a teen consent to healthcare services? Is that information confidential? What is the advocate’s role? These are the questions and concerns we will dig into!
http://www.wcsap.org/advocacy-and-healthcare-access-

Additional recorded webinars from the WA Coalition for Sexual Assault Prevention:
http://www.wcsap.org/recorded-webinars

Webinar is designed to increase the cultural understanding of health educators and other health professionals who deal with sexuality. The presenter will share strategies and resources for making sexualityeducation culturally appropriate.

The Power of Primary Prevention Education in High Schools — archived webinar
Primary prevention strategies are possible in a high school setting. This webinar will walk you through practical steps of how to develop or implement a prevention program in your area schools. You will learn the importance of utilizing evidence-based and theory-driven research in comprehensive sexual violence prevention programs. And you will discover you don’t have to do it all on your own by learning how to draw on external resources to assist in the development, maintenance, and implementation of a prevention program.
http://www.wcsap.org/power-primary-prevention-education-high-schools

More of AAPHERD's archived webinars:
http://www.aahperd.org/aahe/proDevelopment/webinars.cfm

S Webinars Continued
You must go online and click on the underlined link to be taken to their website.

Speaker: Tara Tieljen-Smith , This webinar will introduce participants to the world of underage mobile phone use and will answer the questions such as; what do all of those acronyms mean? How can teachers and parents discourage texting? What should someone do when receiving an inappropriate text/picture from a student? Actions to take when encountering students either sending or receiving these texts/

Teaching the Facebook Nation: Technology Trends Among Teens Nov. 14, 2012 Speakers: Michelle Scarpulla & Nikita Correa . This webinar will provide an up-to-date summary of the most frequently used media, as well as a look at new and emerging trends among teens. Examining how these impact safety, sexuality and relationships will be examined, and lesson ideas for educating students about these issues will be presented.

GLSEN's Elementary Research & Toolkit Webinar from GLSEN Videos on Vimeo
Featuring Joseph Koscwiw, PhD and Robert McGarry, EdD (both of GLSEN, the Gay, Lesbian, Straight Education Network) and Dana Markow, PhD of Harris Interactive. This webinar discusses findings from the newly released report, Playgrounds and Prejudice: Elementary School Climate in the United States. We discussed findings related to students’ and teachers’ experiences with biased remarks and bullying, and their attitudes about gender expression and family diversity. We also provided an overview of the new GLSEN curricular resource for elementary school teachers: Ready, Set, Respect! Elementary School Toolkit. Go to: http://www.glsen.org/cgi-bin/iowa/all/news/record/2619.html

Two Wrongs Don't Make a Right: Why Zero Tolerance is Not the Solution to Bullying examines the surge of recent policy and legislative activity around bullying of LGBT and other youth, and finds that policymakers and school officials have erroneously adopted zero-tolerance policies that rely on suspensions, expulsions, and arrests of alleged bullies. This punitive approach results in students being needlessly pushed out of school and placed onto a path into the criminal justice system coined the "school-to-prison pipeline. Harsh discipline practices and student-on-student bullying often affect students in the same ways, resulting in lower academic scores, truancy, psychological trauma, diminished self-worth and dropping out altogether. "Schools essentially become the bullies when they employ 'get tough' tactics to address bullying," said Shaquille Carbon, a student leader at Baltimore Algebra Project and a member of the Alliance for Educational Justice, a national alliance of youth organizing groups working for educational justice. " We can stop bullying without pushing more students out of school, " said Shaquille. Please keep reading and download this important report here to learn how we can make schools safe for ALL students!
HOW DO I Tell My Parents?
I DON'T THINK ANYONE WILL Understand

How DO I KNOW IF I'M Gay?
I FEEL SO Alone

GLBT National Youth Talkline
For Gay, Lesbian, Bisexual, Transgender And Questioning Callers
1-800-246-PRIDE
www.YouthTalkline.org
One-on-One Online Private Peer-Support Chat
www.GLBTNationalHelpCenter.org/chat
TALK TO PEERS • CONFIDENTIAL • FREE
Contra Costa County LGBTQQI2-S Youth Programs & Centers
You must go online and click on the underlined link to be taken to their website.

Center for Human Development—Antioch "The Empowerment Project" supporting LGBTQ Youth in East County.
Wednesdays, 4:30—6:30 pm, call Dominique 925-753-1004 x102, or click here.

Mental Health Community Concerns Community & Wellness Center—Concord.
Tuesdays 2—3:30. Call Chelsey at 925-521-1230 or email: ccwrc@mhccnet.org


GRANT Community Concerns Community & Wellness Center—Concord.
“Youth & Senior Concerns” Call Chelsey at 925-521-1230 or email: ccwrc@mhccnet.org

RYSE Center LGBTQ Youth (Alphabet) Drop-in Support Group—Richmond www.rysecenter.org
Tuesdays: 4:30 - 6:00 pm; or Click here for facebook line.

Alameda County LGBTQQI2-S Programs & Centers
You must go online and click on the underlined link to be taken to their website.

The Berkeley Pacific Center. Services include counseling, hiv counseling, youth groups, peer groups and referrals to community resources & support services. Call 510.548.8283 or www.pacificcenter.org/services.html

The BrownBoi Project—Oakland—is a community of masculine of center womyn, men, two-spirit people, transmen, and our allies committed to transforming our privilege of masculinity, gender, and race into tools for achieving Racial and Gender Justice. http://brownboiproject.org/ www.brownboiproject.org

GBLT NATIONAL YOUTH TALKLINE AND ONLINE CHAT @ 1-800-246-PRIDE

GOALS group for Women—LBTQQI2-S. call Jacinda @ 510-985-0500 or jacinda@goalsforwomen.com

LGBT Refugee Services—JFCS East Bay contact Carol Palecki @ 925-927-2000x252 or cpalecki@jfcs-eastbay.org

Our Space Youth Ctr—Hayward. Contact Stephanie @ 415.760.6810 or Stephanie@baycyouth.org

SMAAC (LGBT) Youth Center—Oakland, CA 510.834.9578

Additional Bay Area LGBTQ Youth Center Calendars:
You must go online and click on the underlined link to be taken to their website.

Outlet Youth Center Calendar of Events—Mountain View @ http://www.projectoutlet.org/

SF LYRIC Youth Center Calendar of Events: http://lyric.org/calendar.html

South Bay DeFrank Community Ctr—San Jose. www.defrankcenter.org
De Frank Youth Center & Chat online Tuesdays and Thursdays from 8:00-10:00pm -- or in-person attend support groups.

Local Online LGBTQQI2-S Resources Website
www.EastBayPride.com
Rainbow Counseling Services: Now Accepts Medi-Cal

Rainbow Counseling Services provides quality mental health counseling to members of the LGBTQ community and their families, and to those who are questioning their sexual and/or gender identity.

“We aspire to provide services in an atmosphere of tolerance and acceptance. Our professional staff and interns are committed to serving each client with understanding and sensitivity.”

Due to the experiences of rejection and discrimination encountered by LGBTQ individuals, forming a positive identity can be challenging. Coming out can be a time when extra support is needed. There are often many family issues that come up at this time.

“We offer a helping hand when it is most needed.”

“We especially welcome gay youth and their families, and through the assistance of the Contra Costa LGBTQ Youth Advocacy Collaborative, we hope to provide services that will help to keep families together and communicating effectively.”

Their confidential counseling line is: **925.692.2056**

Scholarships

LGBTQ Students/Allies/for children of LGBTQ parents

-PFLAG Scholarships Local
Online LGBTQI2-S Youth Resources for Providers

*You must go online and click on the underlined link to be taken to their website.*

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Got a staff training coming up? These awesome, free CueCards are perfect handouts from Health Imperatives

They are colorful, succinct, and FREE. Some are available only electronically; others, in hard copy.

The Cue Cards, from Health Imperatives, are index-sized cards that provide 5 quick tips for how to handle a specific situation, such as when a client or student comes out. On the reverse side, you'll find 5 quick facts that may help you provide the best possible care to your clients or students.

These **Cue Cards that are currently available:**

**Cue cards for providers and educators working with youth**

- 5 Ways to Prevent and Address Anti-Gay Bullying in Youth-Centered Environments
- 5 Ways to Support Youth Who Come Out as Bisexual
- 5 Ways to Support Transgender Youth At Your School or Agency *(Developed in collaboration with the Massachusetts Transgender Political Coalition)*
- 5 Ways to Incorporate GLBT Issues into the Curriculum
- 5 Ways to Support a Youth Who Comes Out as GLBTQ
- 5 Ways to Support Families When Their Child Comes Out as GLBTQ  *(Developed in collaboration with Greater Boston PFLAG)*
- 5 Ways to Support GLBTQ Youth in the Child Welfare System

**Cue cards for providers working with adults**

- 5 Ways to Support Lesbian, Gay, Bisexual, and Transgender Clients
- 5 Things Your Organization or Health Center Can Do To Welcome Lesbian, Gay, Bisexual, and Transgender Clients
- 5 Ways to Discuss Sexual Health with Lesbian, Gay, Bisexual, and Transgender Clients
- 5 Ways to Conduct an LGBT-Inclusive Needs Assessment
- 5 Tips For Responding to Homophobic/Biphobic/Transphobic Comments
- 5 Ways to Support Transgender Adults
- 5 Ways to Support Lesbian, Gay, Bisexual, and Transgender Clients in Homeless Shelters  *(Developed in collaboration with SH/HIP, The Statewide Homeless/HIV Integration Project)*
- 5 Ways to Support Lesbian, Gay, Bisexual, & Transgender Clients in Drug and Alcohol Treatment  *(Developed in collaboration with SPHERE, The Statewide Partnership for HIV Education in Recovery Environments)*

For electronic or, in some cases, hard copies, go to:  [http://www.healthimperatives.org/request-resources](http://www.healthimperatives.org/request-resources)
The Connect, Accept, Empower, Respond (CARE) interactive online training provides an overview of suicide among lesbian, gay, bisexual, transgender and questioning (LGBTQ) youth and the different environmental stressors that contribute to their heightened risk for attempting suicide. This webinar will also cover how to identify warning signs, how to link youth in crisis to help, and how to promote resiliency. The webinar will provide practical steps that service providers, educators, and others can take to promote a positive environment for all youth.

For more information

APA SPEAKS OUT AGAINST TRANSGENDER DISCRIMINATION IN HEALTH CARE, HOUSING, EMPLOYMENT, HOUSING, EDUCATION, ETC.

Yesterday, the American Psychiatric Association (APA) issued official positions supporting access to care and non-discrimination for transgender and gender variant individuals. The Task Force applauds this important statement of position, which includes a statement against discrimination in a variety of settings, including health care, employment, housing, public accommodation, education and licensing.

This important announcement for transgender health care equality comes as the American Psychiatric Association is undergoing the process of creating the fifth edition of the Diagnostic and Statistic Manual of Mental Disorders (DSM) – the standard classification of mental health disorders. Efforts have been under way for years to reform diagnostic categories for gender dysphoria to be more accurate and less stigmatizing. The most recent proposed draft of the DSM 5 takes significant steps in this direction, including by eliminating the misleading term “Gender Identity Disorder.” In combination with the DSM reforms, the APA’s position statements are a positive step in the right direction for full inclusion and access for transgender people in health care and other areas of life.

The APA’s official positions include:

**Access to Care for Transgender and Gender Variant Individuals**

To read the rest of the article click [here](#).
HAYWARD LGBTQ2-S
YOUTH PROGRAMS & SERVICES:
YOUTH CENTER & DROP-IN SUPPORT GROUP

OUR SPACE
where it is safe to be yourself

we got your back!
- kick it with other LGBTQ youth
- get help with housing or finding a job
- basic meals
- free therapy
- free HIV testing
- movie nights
- game night
- open mic night

Drop-in Hours: Monday & Thursday, 3-7pm
2224 S Main Street, Hayward, CA
5 blocks from Hayward Bart (downtown)
Our Space is a substance-free space!

For more info: contact Stephanie at (415) 700-0510 or
stephanie@bbaycouth.org

Our Space is for lesbian, gay, bisexual, transgender and queer (LGBTQ) youth and their friends including studs, femmes, queens, bois, griffs, questioning, confused, experimenting or otherwise fabulous youth.

http://outrapecabays.tumblr.com
twitter: ourspacecabays
facebook: search for “Our Space - Where it is safe to be yourself”

PROJECT EDEN

Lambda Youth Support Group
Support for Lesbian, Bi-sexual, Transgender and Questioning Youth/Young Adults
Ages 20 and under

Tuesdays
5:00 pm - 6:30 pm
- Movie and Pizza Night
- Castro Fun Days
- Ice Cream Socials
- Pool Parties
- Gay Prom Planning Committee
- Speaker Bureaus
- Networking with other agencies
- Fun LGBTQ field trips

FOR MORE INFORMATION CALL 510.247.8200
Project Eden, A program of Horizon Services, Inc.
22646 Second Street, Hayward, CA 94541
Bring Your Most Creative Self to Our
Weekly Poetry Salon
in a
Coffee House Atmosphere

When: Every Tuesday (Beginning 1/24/12)
2:00pm to 3:30pm

Where: Central County Wellness & Recovery Center
2975 Treat Blvd, Bldg. C
Concord, CA 94518

Contact: Chelsey Holzer, 925-521-1230
or email ccwrc@mhccnet.org

A New Group for LGBTQI2-S*
Youth 18 to 29 Years of Age
with Mental Health Issues

*Lesbian, Gay, Bisexual, Transgender,
Questioning, Intersex, & Two-Spirit
### In-Person Trainings (Blue—new this edition, Red—previously posted)

**Upcoming by date:**
- **Beyond Boys vs. Girls: Transgender Issues for Health Teachers.** Online 11/7/12

**Request Free On-Site Training:**
- Apply for Free LGBTQ Cultural Competency Training & Technical Assistance for your Staff under the Community Alliance for Culturally & Linguistically Appropriate Services Project
- Request a free training for Aging Providers or LGBT Organizations re Working with LGBT Seniors

### Online Trainings: (Blue—new this edition, Red—posted previously) editions)

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<td>Online &amp; In-person LGBTQ AOD Trainings.</td>
<td>GLMA Free CME Course: Smoking Cessation &amp; the LGBTQ Community.</td>
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<tr>
<td>Ethnic LGBTQ</td>
<td>Free Online CME: Tobacco Use and LGBTQ Individuals.</td>
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<tr>
<td>-Blended Cultural Identities: Developing Community Supports for LGBT Youth of Color.</td>
<td>Straight for Equality in Healthcare!</td>
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| General LGBT: |
| Online trainings covering MH issues in the LGBTQ communities. |
| Working Effectively with Culturally Diverse Populations in the Public Mental Health System. |
| Pride Institute “Recorded Webinar Trainings”. |
| Reducing Stigma & Discrimination among People who are Lesbian, Gay, Bisexual, and Transgender (LGBT). |
| Online GLBTQ Studies Course. |
| Online GLBTQ Graduate Course for Teachers |

| HIV/AIDS | Youth/Families |
| On-line HIV/AIDS courses. | -Webinars on Suicide and Young Children—SAMHSA. |

| Intersex | -LGBTQ Issues in Schools |
| Intersexion Video | Suicide Prevention among LGBT Youth: A Workshop; & Talking about Suicide and LGBT Populations promotes Safe Reporting; & LGBTYouthWorkshopKit.asp Suicide Prevention. Search @ http://www.sprc.org/ |
| Larkin Street Stories. Working with LGBTQ homeless youth. |
| The Kids are Listening: LGBTQ Foster Youth video. |

| Intersexion Video | -The First Step is an Open Mind: Best Practices for Working with LGBTQ Youth and Serving LGBTQI2-S Youth. |
| Intersex | Assets-Based Approaches for Addressing the Needs of LGBTQI2-S Youth and their Families. |
| Intersex | -Blended Cultural Identities: Developing Community Supports for LGBT Youth of Color |

| Intersex | -Youth Suicide Prevention: Special Populations Rural and LGBTQ Youth |
| Intersexion Video | -Serving GLBT Youth |
| Intersex | -Suicide Prevention among LGBT Youth: Expanding the Frame and Broadening our Approaches |
Improving the Quality of Services and Supports for LGBT Older Adults: 
FREE Training for Aging Network Organizations

Lesbian, gay, bisexual and transgender (LGBT) older adults make up a significant, and growing, share of America’s 65+ population. The numbers of LGBT older adults are expected to double in size over the next several decades, reaching more than 3 million by 2030. This means that aging services providers will increasingly be called on to provide services and supports that meet the unique needs of LGBT older adults.

The National Resource Center on LGBT Aging is now offering to train agencies free-of-charge on LGBT cultural competency. The trainings are designed to help agencies create an inclusive, safe and welcoming environment for LGBT older adults. Developed by PHI, a leader in service provider education, in collaboration with LGBT and aging experts from across the country, this comprehensive training is offered in two 4-hour levels that can be delivered separately or together. Training is suitable for all levels of staff, including administrators, service providers and volunteers.

Topics covered in the full 8-hour training include:
• Culture, needs, and concerns of LGBT older adults & Why LGBT older adults are less likely to access health and social services
• Best practices, policy and practice areas for increasing inclusiveness and safety for LGBT older adults
• Tools and education to better serve the LGBT older adults who currently access your services, or who are in need of your services.
• Health disparities between LGBT older adults and those who are not LGBT
• Exploring judgments and assumptions, myths and misinformation about HIV and AIDS
Recognizing that individuals are entitled to their own diverse opinions and beliefs, and that their actions and behaviors must be consistent with workplace expectations in relation to inclusion and safety for LGBT constituents

To learn more, or to request a FREE training for your agency, visit lgbtagingcenter.org
Welcome to Culturally & Linguistically Appropriate Services (CLAS)

Request Free LGBTQ Trainings and Consultations for Programs and Organizations that Serve Individuals with AOD issues (doesn’t have to be exclusively AOD services).

CLAS technical assistance and training will enable staff to:
• Build their skill set so they may more effectively serve the clients found in their diverse local community.
• Be much more responsive to changing demographics in communities.

**Improve client enrollment, retention and outcomes.**

With CLAS, organizations can:
• Enhance their reputation in the community by being culturally responsive.
• Create a more inclusive environment for staff and volunteers.
• Fulfill the culturally competent requirements for various funding sources.
• Attract top talent to work in your organization.

Learn more about our expert consultants »

Thank you for your interest in the services available through ONTRACK Program Resources and the Community Alliance for CLAS. ONTRACK and our partners are dedicated to providing you and your team with information and training to enhance your agency’s capacity to provide culturally and linguistically appropriate services.

To complete an application, click the following link: Apply for Services Now »

www.gilgerard.com
### Local & Online LGBTQQI2-S Resources (Local in Red, Online in Blue.)
MUST GO ONLINE TO USE LIVE LINKS

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<th>Category</th>
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<td><strong>ADDICTIONS:</strong> See Substance Abuse</td>
<td>- Addiction Resource Center</td>
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<tr>
<td><strong>ADVOCACY/RTS/LEGAL</strong></td>
<td>- ACLU-- Gay &amp; Lesbian Advocates for Youth</td>
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<td>- CA Bar: Kids &amp; the Law</td>
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### Local & Online LGBTQI2-S Resources Cont.  **(Local in Red, Online in Blue.)**

**MUST GO ONLINE TO USE LIVE LINKS**

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- Rainbow Community Center |
| SUBSTANCE ABUSE    | New Connections  
- Rainbow Community Ctr |
| SHELTERS & HOUSING | Youth: 800-610-9400  
- NRC-LGBT Aging-Housing |
| SPIRITUALITY/RELIGION | NRC-LGBT Aging-Spirituality |
| SUICIDE            | 1-800-794-2433  
- Youth: 1-866-488-7386  
- Action Alliance  
- NRC-LGBT Aging-MH |

**Talking About LGBT Suicide**  
**The Trevor Youth Project**  
**Suicide Prevention Resource**

**TRANS**  
- Gender Spectrum  
- Parent Support Grp for Gender Nonconforming/variant Youth  
- Rainbow Community Ctr  
- APA Answer’s to ?’s  
- Ctr of Excel-Trans Health  
- FTM Int’l  
- Gender Ed & Advocacy  
- NCLR Trans Project  
- Nat’s Ctr for Trans Equal  
- NGLTF Trans  
- PFLAG’s Trans Network  
- Sylvia Rivera Law Project  
- TransActive (see resources)  
- Trans Aging Network (TAN)  
- TRANS Law Center  
- TRANS Law & Policy Inst

**Trans Youth Family Allies**  
**TRANS Standards of Care**

**TWO-SPRIT: SEE NATIVEAMERICAN**

**YOUTH**  
- CC LGBTQ Adv Collab  
- CHD-Youth Epowerment Grp  
- El Cer HS Da Rainbow Clique  
- Rainbow Community Center  
- RYSE Youth Ctr-Alphabet Grp  
- LGBT in Foster Care  
- LGBT in Juvenile Justice Systm  
- NCLR Youth Project  
- NGLTF Youth  
- Positive Images  
- The Trevor Project

**WOMEN**  
- Rainbow Community Ctr  
- Nat'l Ctr for Lesbian Rights

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**Assess your Program’s or Agency’s LGBT Cultural Competency Readiness**

This self-assessment survey is intended to help CCMH Providers (or others) to assess their readiness to serve LGBTQI2-S consumers and their families. As well, it is hoped that the agency will develop a plan from the results of the self-assessment to improve their outreach and services to the LGBTQI2-S individuals and their families. It is not a test. Your responses are confidential and it will help the CCMHP to determine effective strategies for providing culturally appropriate services to our LGBTQI2-S mental health consumers.

Link: [https://www.surveymonkey.com/s/LGBTQQI2-Sassess](https://www.surveymonkey.com/s/LGBTQQI2-Sassess)

Contact Tony Sanders, PhD for any questions or assistance at 925.408.9107

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**Funding Opportunities:**

Stay tuned

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**Local & Online LGBTQI2-S Resources Cont.**

**Families with Gender Questioning Children Survey.** Contact Kristen Benson @ Kristen.Benson@ndsu.edu, (701) 231-5879

**HELP NEEDED:** with 2 surveys to Help Improve the Lives of Trans People: [Click here](#) for more information and to take either survey

**TransKids Project:** A Longitudinal Study of Transgender and Gender-Variant Children and their families. Email: kuvalanka@muohio.edu

**NIA Collective Community Care Network Survey:** 10 Minute African American Lesbian Survey

**Share Your Story as an LGBT Patient**

**10—18 year old students (national) survey on bullying.** Take the survey now: [http:22www.surveymonkey.com/s/YourOpinionCountsTeenBullying](http:22www.surveymonkey.com/s/YourOpinionCountsTeenBullying)

**CA GSA Advisor’s Perspectives on School Climate for LGBTQQ Youth**

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**SEX ED**

- Bay Area Comm Health Ed

**SEXUALLY ASSAULT/ EXPLOITATION**

- Comm. United Against Viol.
- Rainbow Community Center

**SUBSTANCE ABUSE**

- New Connections
- Rainbow Community Ctr

**SHELTERS & HOUSING**

- Youth: 800-610-9400
- NRC-LGBT Aging-Housing

**SPIRITUALITY/RELIGION**

- NRC-LGBT Aging-Spirituality

**SUICIDE**

- 1-800-794-2433
- Youth: 1-866-488-7386
- Action Alliance
- NRC-LGBT Aging-MH

**WOMEN**

- Rainbow Community Ctr
- Nat’l Ctr for Lesbian Rights

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**Please take and distribute these Online Surveys (Blue—new this edition, Red—posted previously)**

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- CA GSA Advisor’s Perspectives on School Climate for LGBTQQ Youth
Publications, Toolkits, Curriculum. (Blue–new this edition, Red–posted previous editions) MUST GO ONLINE TO USE LIVE LINKS

ADDICTIONS: SEE SUBSTANCE ABUSE
ADVOCACY/RTS/LEGAL
- All Children Matter
- Kids & the Law, an A-Z Guide
- CA Bar: Seniors & the Law
AIDS/HIV
- HIV Among Youth: Fact Sheet
- Making Life Healthier
AFRICAN AMERICAN
AGING: SEE SENIORS
ANTI-BULLYING: SEE YOUTH
ASEXUAL
ASIAN
BISEXUALITY
CCC LGBTQ RESOURCES
COMMUNITY CTRs
COUNSELING
CRISIS
DOMESTIC VIOLENCE
- Nat’l Sex’l Viol. Res’rce Ctr
ETHNIC/RACE JUSTICE
FAITH/RELIGION:
FAMILY: SEE PARENT
FOSTER CARE
- A Place of Respect: NCLR Guide: Treatment of Trans and Gender Non-Conforming Youth in Group Facilities.
GENDER: ALSO SEE TRANS
- Gender Identity and Expression in the Workplace - A Pragmatic Guide for Lawyers and Human Resource Professionals
- Critical Issue Brief: Addressing the Gendered Dimensions of Harassment and Bullying: What domestic and sexual violence advocates need to know. Or Summary
- Reteaching Gender&Sexuality
- Model Policy for Schools
GROUP HOMES
HATE CRIMES: SEE AD-

VOCACY
HEALTH
- Lesbian Health
HEALTH DISPARITIES
- LTBTQ SAMHSA WkgGrp
- US HHS Recommend’s
- Advancing Effective Comm, Cultural Compet … for LTBTQ Comm, a Field Guide
- HHS: Better Health & Well-Being
- Briefs on collecting LTBTQ dataq: Why and How
- IOM: Health of LTBTQ People
HIV: SEE AIDS/HIV
HOUSING/HOMELESS
- Best Practices for Serving LTBTQ Youth Experiencing Homelessness
IMMIGRATION/ASYLUM
INTERSEX
JOURNALS
- Int’l Jrn’l of Transgenderism
- Journal of Homosexuality
- Jrn’l of Gay & Lesbian MH
- Journal of LTBTQ Youth
- Journal of GLBT Family Studies
- Journal of Bisexuality
- Jrn’l of Lesb & Gay Psych. Tx
- Jrn’l of LTBTQ Issues in Counsel
- Jrn’l of LTBTQ Health Research
- Jrn’l of Gay & Lesbian Social Svcs
- Journal of Lesbian Studies
- African Journal of AIDS Research
- AIDS Care
- Journal of HIV/AIDS Social Svcs
LATINO/A
LESBIAN
- Lesbian Health
MARRIAGE
- Jumping the Broom: A Black Perspective on Same Sex Marriage
MEDICAL
- Joint Commis:LTBTQ Field Guide
- GLMA Guidelines
MEN
- Peer-Support for Male Survivors of Sex ual Viol
MENTAL HEALTH
- Screening
NATIVE AMERICAN
- Becoming Two-Spirit
- Safe & Caring Schools for 2-S
PARENTS/FAMILY
- LGBTQ People and Their Families Posters for Your Clinic/Classroom
- Nat’l Longitudinal Lesbian Family
- Gay Dads: Transitions to Adoptive Fatherhood
PRISON
- Captive Genders
- LAPD Transgender Policies
- Normal Life
RAPE CRISIS
- Sexual Assault Response Team Tool Kit
- Nat’l Sex’l Viol Pub’s
SCHOOLS
- GSA Gay Straight Alliance School Advisor Handbook
- Building LTBTQ-Inclusive Leadership: Staff Development with LTBTQ Learners in Mind
- U.S. Dept of Ed- Anti-bullying guidance for School Districts
- Anti-bullying School Curriculum
- Bullying in Schools Overview
- Safe Schools Checklist
- Safe & Caring Schools for 2-S
- It’s Elementary
- Straightlaced
- Safe Schools Coalition Lesson Plans
- Fair Education Act Resource FAQ
- Preventing Suicide: A Toolkit for High Schools
SUICIDE
- Brief Link between Youth Suicide & Bullying
- Guide for those affected by suicide.
- Youth Suicidal Behavior Fact Sheet
- Preventing Suicide: A Toolkit for High Schools
TRANS
- “This is a Movement” video guide
- Trans Resrce Library Collect.
- Supportive Books/Media for Kids
- Primary Care Protocol
- TRANS Standards of Care
- Genderic Coloring Books
- TRANS workplace policy
TWO-SPIRIT: SEE NATIVE AMERICAN

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### Online Videos (Blue—new this edition, Red—posted previous editions)
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<td>- Trends in Same-Sex Contact</td>
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<td>- A Place of Respect: NCLR</td>
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<td>- It Gets Better: Be the Change: RYSE Youth Ctr PSA</td>
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<td>- We Are Here, We Are Strong, We Are Proud, RYSE Youth Ctr</td>
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**For more information, visit: [Online Videos](#)**
CALLING ALL BERKELEY RESIDENTS!

Lesbian, Bisexual, Transgender, Queer, Questioning, Intersexed or Two-Spirit?

June 12, 2012
5:30-7p.m.
and every 2nd Tuesday of the month

July 10
August 14
September 11

October 9
November 13
December 11

G.O.A.L.S. for Women
African American Family Counseling Center
is offering a Brand NEW
FREE monthly LBTQQI2-S
support group for
women of color!! (18 yrs or older)

We’ll talk about:
Building Communities / Coming Out /
Relationship Dynamics / Religion/Spirituality
Healthy Body/Healthy Mind / Safer Sex /
Body Image/Gender Expression

GOALS for Women- 3356 Adeline St. Berkeley, CA 94703

***You must call or email Jacinda to register for this group.***

Phone 510-985-0500 or jacinda@goalsforwomen.com

We believe that now is the time to show our increased commitment to our
disfranchised sisters and families with the ultimate goal of providing a safe,
positive space to increase community and skills building and to support Greater
LGBT Refugee Services

“You can’t understand if you were born here, with this freedom... But when I walk around here and see the rainbow flag flying high next to the American flag, I just think wow, what a world. I can sleep at night. Thank you JFCS/East Bay. The reception and welcome you gave to me helped me feel at home in my new country.”

~ Danny Dyson, Refugee from Uganda

JFCS/East Bay provides comprehensive services for lesbian, gay, bisexual, and transgender (LGBT) individuals who have fled their home countries due to persecution based on their sexual orientation or gender identity. Our program serves refugees who have been in the country for up to five years as well as people who have been granted asylum.

Unlike other refugees, LGBT individuals often arrive in the country alone; many have been victims of violence, torture, and rape. Tasks such as navigating the U.S. health care system, finding housing, making friends, and finding work are made even more difficult without a family or social support group.

JFCS/East Bay has been supporting newcomers to the area for eighty years, starting with Jews escaping Nazi Germany and expanding over time to other groups of refugees and immigrants who have experienced racial or religious discrimination in their home countries. We continue this tradition of caring by working with other supportive organizations and individuals to welcome LGBT refugees and asylees to the Bay Area.

JFCS/East Bay’s LGBT Refugee Services include:
- Support with the resettlement process.
- Help enrolling in benefits programs.
- Assistance navigating the health care system, including referrals to local services.
- Counseling services and mental health referrals.
- Support finding educational and vocational resources.
- Outreach to LGBT social and cultural groups.
- Volunteer support with English, life skills, and social integration.
- Case management.
- Farsi-, Dari-, Russian-, and Spanish-speaking staff.

For more information, please contact: Outreach/Training Coordinator
(925) 927-2000, ext. 252
cpalecki@jfec-eastbay.org

Jewish Family & Children’s Services of the East Bay
2484 Shattuck Ave., Suite 210, Berkeley • 1855 Olympic Blvd., Suite 200, Walnut Creek
www.jfec-eastbay.org
FAP research shows that compared to heterosexual peers, rejected LGBTQ youth are:
· 8.4 times (800%) more likely to attempt suicide
· 5.9 times more likely to report high levels of depression
· 3.4 times more likely to use illegal drugs
· 3.4 times more likely to engage in unprotected sex

Some parents try to protect a child who identifies as LGBTQ or gender variant by cutting them off from LGBTQ friends and urging them to conform to their straight peers, the child experiences this as rejection. Ben-David Barr, Executive Director at the Rainbow Center commented, “Such protection may be intended as an expression of love by the family, but rejection and pressure to change become detrimental to LGBTQ youth identity development. With increased knowledge & understanding, families and others who are part of key support networks can learn to change how they respond to LGBTQ youth. Youth who get increased support from those closest to them feel better about their lives, reducing health and mental health disparities.”

The Contra Costa LGBTQ Youth Advocacy Collaborative was formed to help identify best practices that can lead toward reducing rejecting behaviors & increasing accepting behaviors among families, peers, schools, faith groups & other community members. Collaboration partners include Rainbow Community Center as Lead Agency, Center for Human Development, Gender Spectrum, James Morehouse Project, and the RYSE Center.

Organizations county-wide have been identified that are prepared to support LGBTQ youth, and provide services for LGBTQ youth and their families. The goal is to build a clearly identified network of organizations that share information and coordinate services for LGBTQ youth. The project also provides opportunities for organizations & service providers which include:
· Networking & collaborative opportunities to enhance efforts with LGBTQ youth & families
· Training & education for schools
· Workshops & education for faith-based groups
· LGBTQ cultural competency training for organizations seeking to engage youth & families
· Advertising opportunities through county-wide promotion of services & opportunities that benefit LGBTQ youth & their families

One-stop access to services is available across Contra Costa County by calling an intake line at 925-692-2056. Current opportunities for LGBTQ youth and their families include:
· Peer support groups in East, West & Central County
· Counseling for youth & families
· Parent & family support
· Education & support regarding gender identity & expression
· Consultation & support regarding bullying & rejection in school
· Youth leadership development & training opportunities

Organizations receiving mini-grants include: Bay Area Communities for Health Education (BACHE); Center for Human Development/QscOUTs; Coalition of Welcoming Congregations, Pacific School of Religion; Contra Costa Crisis Center; Contra Costa Health Services (CCHS) PRIDE Initiative; East County Shared Ministry (Community Presbyterian Church of Pittsburg & First Congregational Church of Antioch); Fred Finch Youth Center; Mental Health Consumer Concerns; Out Family Coalition; Somos Familia; and the RYSE Center;
The Rainbow Community Center has served Contra Costa County’s LGBTQ population since 1992. The RCC builds community among LGBTQ persons and their allies through social opportunities, health and wellness services, and awareness programs.

Contact Person: Dr. Ben-David Barr, Executive Director
Company Name: Rainbow Community Center Web site address: www.rainbowcc.org
Telephone Number: 925-692-0090 Fax Number: 925-692-0091 ben@rainbowcc.org
Pancho Peskador, a bay area muralist, visual artist and educator from Chile distilled the themes, ideas, imagery and passion of this group of west county youth. It resulted in an extraordinary cross-generational visual journey covering two walls of the programs' building. Mr. Peskador is a member of the Bay Area Community Rejuvenation Project (CRP). He has been involved with creating over one hundred murals in Europe, Chile and here in the United States. Loriana Valente, a child therapist at, who also studied Art in Florence, Italy, managed the project along with colleagues, Kevin Anderson, Jovanka Beckles and Glynis Samb. They promoted the practice of being allies for our LGBTQ youth and all young people needing advocacy and a voice for their challenges, adding depth and cohesiveness throughout the entire project.

The Contra Costa LGBTQ Youth Advocacy Collaborative was formed to improve the physical and mental health of LGBTQ youth by reducing rejection and increasing acceptance among families, peers, schools, faith groups and other community members. Collaboration partners include Rainbow Community Center as Lead Agency, Center for Human Development, Gender Spectrum, James Morehouse Project, RYSE Center, and the Family Acceptance Project.

Organizations across the county have been identified that are prepared to support LGBTQ youth, and provide services for those youth and their families. The goal is to build a clearly identified network of organizations that share information and coordinate services for LGBTQ youth. The project also provides opportunities for organizations & service providers which include:

- Networking opportunities to enhance efforts with LGBTQ youth & families
- Training & education for schools
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One-stop access to services is available across Contra Costa County by calling 925-692-2056. Current opportunities for LGBTQ youth and their families include:

- Peer support groups engaging youth in East, West & Central County
- Counseling for youth & families
- Parent & family support
- Education & support regarding gender identity & expression
- Consultation & support regarding bullying & rejection in school
- Youth leadership development & training opportunities

The Rainbow Community Center has served Contra Costa County’s LGBTQ population since 1992. The RCC builds community among LGBTQ persons and their allies through social opportunities, health and wellness services, and awareness programs.
The Contra Costa Mental Health’s Inclusion Initiative’s Mission is to protect Lesbian, Gay, Bisexual, Transgender, Queer, Questioning, Intersex and Two-Spirit (LGBTQQI2-S) consumers and their families from discrimination and mistreatment, and to ensure that they are welcomed in culturally affirmative settings where they will receive clinically competent mental health care.

See the CCMH Inclusion Initiative Webpage (http://cchealth.org/topics/lgbtq/) for Inclusion progress to date, and for past issues of Inclusion Newsletters.

The mission of the CC Health Services Pride Initiative is to integrate practices & policies that foster: a safe & inclusive environment; equal access & quality healthcare services; as well as awareness, acceptance and respect for our Lesbian, Gay, Bisexual, and Transgender employees & service recipients.

Vision Statement: Contra Costa Health Services is a model of equality, respect and health for all Lesbian, Gay, Bisexual, and Transgender people. (LGBT*)

* Some other terms the LGBT community uses include Queer, Questioning, Intersex, Two-Spirited, Gender Loving, Gender Queer, Non-gendered, Transsexual, Crossdresser, Transman/Transwomen, and Asexual.