

LGBTQQI2-S INCLUSION

Volume I, Issue I

Contra Costa LGBTQ Youth Advocacy

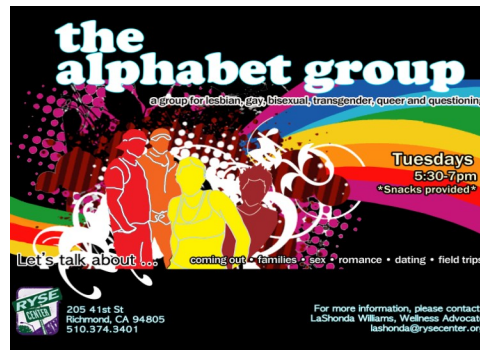
CCHS MENTAL
HEALTH SERVICES—
BEHAVIORAL HEALTH
DIVISION'S
INCLUSION INITIA-
TIVE

IN PARTNERSHIP WITH

CONTRA COSTA
HEALTH SERVICES
DEPARTMENT'S
PRIDE INITIATIVE

PRESENTS:

The Contra Costa LGBTQ Youth Advocacy Collaborative



RYSE Youth Center—Richmond
LGBTQ Alphabet Grp: Tuesdays 5:30-7pm

THE RAINBOW COMMUNITY CENTER PRESENTS



Summer camp for LGBTQ & Ally
Contra Costa youth ages 14 – 18



East County Youth Group @ CHD
CHD Antioch/call Dominique 925-753-1004 x102
Wednesdays 4:30—6:30

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El Cerrito High School: Da Rainbow Clique
Call: 510-524-8252

Rainbow Counseling Services Now Accepts Medi-Cal

Rainbow Counseling Ser-
VICES provides quality mental
health counseling to members
of the GBTQ community and
their families, and to those who
are questioning their sexual and/
or gender identity.

“We aspire to provide services
in an atmosphere of tolerance
and acceptance. Our profes-
sional staff and interns are com-

mitted to serving each client
with understanding and sensitiv-
ity.”

Due to the experiences of re-
jection and discrimination en-
countered by LGBTQ individu-
als, forming a positive identity
can be challenging. Coming out
can be a time when extra sup-
port is needed. There are often
many family issues that come up

at this time.

“We offer a helping hand when
it is most needed.”
“We especially welcome gay
youth and their families, and
through the assistance of the
**Contra Costa LGBTQ
Youth Advocacy Collabora-**
tive, we hope to provide ser-
vices that will help to keep fami-
lies together and communicating

Funding Opportunities:

East County Providers in Pittsburg, CA
<http://www.dow.com/pittsburg/community/cap/index.htm>



Orchids (video trailer): An Intersex Adventure



RYSE Youth Center—Richmond: Video: “We Are Here, We Are Strong, We Are Proud!”

CA State University—East Bay now accepting Applications for MSW for working professionals.

MH Peer Counselor Training Accepting Applications—LGBTQ Welcomed

The purpose of the SPIRIT Training is to help you make an important contribution to the mental health system by preparing you to work in a consumer-provider position in either a paid or volunteer capacity within an agency that provides mental health services. The SPIRIT Training helps you to develop core skills to empower yourself by attaining and maintaining recovery through self-awareness, self-actualization and peer support, and to learn to assist others in doing the same.

APPLICATION is due by October 14, 2011.
 Please submit your completed application to:
 Contra Costa Mental Health
 Office for Consumer Empowerment
 1340 Arnold Drive, Suite 200
 Martinez, Ca 94553
 Fax (925) 957-5156

Researchers seek LGBTQ teens and young adults for online surveys

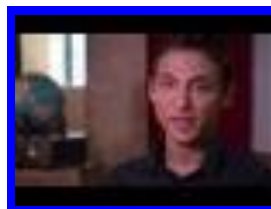
Youth PREVAIL is a study examining the role of stress in the symptoms of anxiety and depression in Lesbian, Gay, Bisexual, and Queer (LGBQ) adolescents and young adults. Participating in Youth PREVAIL involves completing two online surveys. You can complete Survey 1 by click the link below. We will ask you questions about your mood and how you cope with stress. You will receive \$5 for completing Survey 1. About 6 weeks afterward, we will email you a notice to complete Survey 2, which will again ask you about your mood and the stress you have faced since completing Survey 1. You will receive \$10 for completing Survey 2, for a **total of \$15 and entry into a raffle for an iPod Nano.**

For more information and to take the first survey, click here:
<http://www.surveymonkey.com/s/prevail>

Assess your Program’s or Agency’s LGBT Cultural Competency Readiness

This self-assessment survey is intended to help CCMH Providers (or others) to assess their readiness to serve LGBTQI2-S consumers and their families. As well, it is hoped that the agency will develop a plan from the results of the self-assessment to improve their outreach and services to the LGBTQI2-S individuals and their families. It is not a test. Your responses are confidential and it will help the CCMHP to determine effective strategies for providing culturally appropriate services to our LGBTQI2-S mental health consumers.

Link: <https://www.surveymonkey.com/s/LGBTQQI2-Sassess>
 Contact Tony Sanders, PhD for any questions or assistance at 925.372.4401.



Family Acceptance Project Video: “Always My Son”



Video: Ryan Rottman is Straight

Improving the Quality of Services/Supports for Older LGBT Adults

Dec. 6th: 8 am—4:30 pm
50 Douglas Dr, Martinez CA

Most organizations and providers that work with seniors acknowledge that their mission is to provide support and services to all seniors who need their assistance. Yet despite increased visibility and acceptance of lesbian, gay, bisexual and transgender

(LGBT) people in recent years, older LGBT adults are still a largely invisible and underserved population—whether they are being served in Mental Health Programs, Alcohol & Other Drug Programs, Homeless Services, Probation Programs and the like. The consequences for LGBT seniors are immediate and often severe: from

isolation to loneliness, to rapid mental and physical decline. You can make a difference in helping to reduce isolation for LGBT seniors and ALL seniors who need your services. To reserve your space (walk-ins allowed as space permits) contact Raihana: rfakhry@hsd.cccounty.us



RYSE Youth Center—
Richmond: Video:
“It Gets Better”

LGBTQ related jobs:

- GSA Program & Finance Mgr—SF
- GSA Interns—SF

LGBTQ Events—September 2011

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					2-4 Rainbow Festival—Sacto Pride	3-4 Rainbow Festival—Sacto Pride
4 Oakland Pride! We Are Family .	5	6	7	8 Cantame Tu Vida: Queer Latin@ Film	9	10 NCLR Dinner/Cult Performance—SF
11	12	13 LGBT Youth: Music Production (11-17yrs)	14 LGBT Youth: Digital Film (11—17 yrs)	15	16 Trans Law Ctr Anniv—SF	17
18 NCLR Tea Dance—Greenbrae	19	20	21-25 GLMA Conference-Atlanta, GA	22 Revisiting MH Recovery & Resiliency Conf	23	24 Earth/Indigenous Faith Conf—SF
25	26	27 Growing Older with HIV—Oakland	28	29	30	
Coming in Oct:	16 Fit For Equality Marathon—Healdsburg		Coming in Dec:			

- **OAKLAND PRIDE—SEPT 4TH.**



Oakland Pride



CDC Campaign: “Testing Makes Us Stronger” targets black gay, bisexual men.

Same-Sex Couples are Invited to Participate in Online Survey

Training Calendar by Date

- Request a free on-site training (through 12/31/11) for working with LGBT Older Adults [here](#).
- Request a free in-person training for working with LGBTQ folks around alcohol and drug issues [here](#).
- Sept. 21-25. [Gay and Lesbian Medical Association Conference](#).—Atlanta, GA.
- [STD/HIV Trainings](#)
- [Sept 27—Growing Older with HIV - Dinner Training for Providers](#)
- [Sept. 27 Webinar: Engaging youth in Organizations: Small Steps to Success](#).
- December 6—Martinez. Improving the Quality of Services & Supports for LGBT Older Adults: Training for Health, Mental Health, Alcohol & Other Drug, Homeless and Probation Organizations & Providers. Email Raihanna to register: rfakhry@hsd.cccounty.us

“Tres Gotas de Agua” Videos: Susana, Dolores, Mirna & Somos Familia Video Promocional



Online Trainings: Take Anytime

- [General LGBT:](#)
 - LGBTQ Series Recordings. 20 online trainings covering MH issues in the LGBTQ communities.
 - Working Effectively with Culturally Diverse Populations in the Public Mental Health System
 - Pride Institute “Recorded Webinar Trainings”.
 - Reducing Stigma & Discrimination among People who are Lesbian, Gay, Bisexual, and Transgender (LGBT)
 - Online GLBTQ Studies Course.
- [Two-Spirit](#)
 - Understanding the Health and Wellness Needs of Two-Spirit Youth and the Provision of Care Within Systems of Care. Click here to view webinar.
- [Alcohol & Drug](#)
 - Free online courses.
- [HIV/AIDS](#)
 - On-line HIV/AIDS courses.
- [Intersex](#)
 - [Intersexion Video](#)
 - [Youth/Families](#)
 - Suicide Prevention among LGBT Youth: A Workshop & Talking about Suicide and LGBT Populations promotes Safe Reporting & LGBT Youth Workshop-Kit.asp Suicide Prevention. <http://www.sprc.org/LarkinStreetStories>. Working with LGBTQ homeless youth. Click here for the series.
 - The Kids are Listening: LGBTQ Foster Youth video. Click here.
 - Enhancing Delivery of Culturally and Linguistically Competent Services for Children and Youth Who Are LGBTQI2-S: Developing Effective Community Engagement Strategies. Click here to view webinar.
 - The First Step is an Open Mind: Best Practices for Working with LGBTQ Youth and Serving LGBTQI2-S Youth.
 - Assets-Based Approaches for Addressing the Needs of LGBTQI2-S Youth and their Families. Click here to view webinar.
 - Teaching Tolerance: Health Disparities Lesson Plans.
 - [Transgender & Gender Non-Conforming](#)
 - Transgender and Non-gender Identity. Click here to view webinar.
 - Primary Care Protocol for Transgender Patient Care
 - A Place of Respect: NCLR Guide: Treatment of Trans and Gender Non-Conforming Youth in Group Facilities.
 - Reducing Risk and Promoting Well-Being for LGBT Youth: The Critical Role of Family Support
 - [Primary Care](#)
 - GLMA Free CME Course: Smoking Cessation & the LGBT Community.
 - Primary Care Protocol for Transgender Patient Care
 - Straight for Equality in Healthcare!
 - Exploring Your Patient’s Gender Identity.

Ageing Back in the Closet.

Lesbian & gay seniors in long-term care facilities face subtle — and sometimes outright — discrimination.

Yes, it even happens in the liberal Bay Area.

[Full Article](#)
SEE DEC. 6 TRAINING.

Video below:



Stanford National Survey Study on LGBT Medical Education.
Please share your experience

Local LGBTQI2-S Programs & Centers

Rainbow Community Center—Concord.

General Information | Counseling | Youth Program | Senior Outreach | Kind Hearts

RYSE Center LGBTQ Youth (Alphabet) Drop-in Support Group--Richmond (Tuesdays: 4:30 - 600 pm): [Click here](#), or [here](#).

Center for Human Development--Antioch "The Empowerment Project" supporting LGBTQ Youth in East County. (Wednesdays, 4:30—6:30 pm) or call Dominiques 925-753-1004 x102

Additional "Rainbow Community Center" Services

Here is a partial listing of some of our groups. For more information please check our website at: www.rainbowcc.org.

- ▼ **Youth Drop In** - Every Thursday from 3 -4 pm, and Saturdays from 2-7 pm.
- ▼ **Queer Talk** -Every Thursday from 4-7:00 pm. Support group for all LGBTQ youth.
- ▼ **PFLAG– Support for Parents.** Fourth Thursday of the month, 7-9 pm.
- ▼ **HIV+ Men's Group**
- ▼ **Positive Women's Tea**
- ▼ **Women's Group**
- ▼ **Ending Relationships**
- ▼ **Grief and Loss**
- ▼ **Transgender Support Grp**
- ▼ **12 Step Groups**

Additional Bay Area LGBTQ Youth Center Calendars:

SMAAC (LGBT) Youth Center—Oakland, CA 510.834.9578

The Berkeley Pacific Center—"Loud" Youth Program. Call 510.548.8283 x514

SF LYRIC Youth Center Calendar of Events:

Our Space Youth Ctr—Hayward. , or call Stephanie @ 415.760.6810

Outlet Youth Center Calendar of Events—Mountain View

South Bay DeFrank Youth Ctr—San Jose. With on-line youth chat Thursdays 8—10 pm at www.Youth.DeFrank.org

**NIA Collective
Community
Care Network
Survey:
10 Minute
African
American
Lesbian Survey**

Tool Kits and Training Curriculums

- Sexual Assault Response Team Tool Kit
- Getting Down to Basics: Tools for Working With LGBTQ Youth in Foster and Other Out-of-Home Care
- A Provider's Introduction to Substance Abuse Treatment for LGBT Individuals
- Best Practices for Serving LGBT Youth Experiencing Homelessness
- LGBTQ (Trevor) Youth Survival Kit (for Providers)
- [Creating Safe Space for GLBTQ Youth: A Toolkit](#)
- [Gender Identity and Expression in the Workplace - A Pragmatic Guide for Lawyers and Human Resource Professionals](#)

Video Clips from the Brown Boi Project—Oakland

" a community of masculine of center womyn, men, 2-spirit, transmen and allies ... "



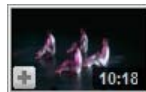
The Brown Boi Project!



SuckaForLife



Excuse Me Sir 02 Stereotypes



SeanDorsey:Lou Dance



I know what Butch Is



CCMH Inclusion & CCHS Pride Initiatives:

Contact: Tony Sanders, PhD
Telephone: 1.888.678.7277 x 24404
Email: Inclusion@hsd.cccounty.us

CCHS Reducing Health Disparities:

Concepcion James: RHD Pgm Manager
Email: cjames@hsd.cccounty.us

CCMH Reducing Health Disparities:

Imo Momoh, MPA: Ethnic SVCS Coord.
Email: imo.momoh@hsd.cccounty.us

Local LGBTQQI2-S Resources:

www.EastbayPride.com

The Contra Costa Mental Health's Inclusion Initiative's Mission

is to protect Lesbian, Gay, Bisexual, Transgender, Queer, Questioning, Intersex and Two-Spirit (LGBTQQI2-S) consumers and their families from discrimination and mistreatment, and to ensure that they are welcomed in culturally affirming settings where they will receive clinically competent mental health care.

See the CCMH Inclusion Initiative Dashboard (<http://cchealth.org/topics/lgbtq/>)

for Inclusion progress to date, and for past issues of Inclusion Newsletters.

The mission of the CC Health Services Pride Initiative

is to integrate practices & policies that foster: a safe & inclusive environment; equal access & quality healthcare services; as well as awareness, acceptance and respect for our Lesbian, Gay, Bisexual, and Transgender employees & service recipients.

Vision Statement: *Contra Costa Health Services is a model of equality, respect and health for all Lesbian, Gay, Bisexual, and Transgender people.*

(LGBT*)

* Some other terms the LGBT community uses include Queer, Questioning, Intersex, Two-Spirited, Gender Loving, Gender Queer, Non-gendered, Transsexual, Cross-dresser, Transman/Transwomen, and Asexual.

Other Headlines

- [Gay Straight Alliance News Feed: www.gsanetwork.org/news.](http://www.gsanetwork.org/news)
- [The United Church of Christ \(UCC\) Church Supports rights of LGBT parents and their children—including the right of LGBT parents to adopt and raise children.](#)
- [Lambda takes family case to the US Supreme Ct.](#)
- [US—growing concern overt treatment of LGBY asylum seeker, refugee detainees.](#)
- [Gay & Transgender Issues from Center for American Progress.](#)
- [Gay Latinos Fighting Bias, Stereotypes on Many Levels.](#)
- [Senate Confirms 1st Openly Gay Man to Federal Bench.](#)
- [Hearing on “S.598, The Respect for Marriage Act: Assessing the Impact of DOMA on American Families”](#)
- [HIV Epidemic Growing Fastest](#)
- [Among Black Gay and Bisexual Men](#)
- [East Bay Survey—Alameda County—Survey Assesses Views on LGBT Elder Needs.](#)
- [US Appeals Court Says Transgender Inmates Have Right to Medical Care.](#)
- [SF DMV Settles Civil Rights Lawsuit with Transgender Woman.](#)
- [New Study Finds Male Bisexuality Exists](#)
- [Shift in Federal Immigration Policy Impacts Lesbian Couple in Denver](#)
- [Some Women Resort to Drastic Measures during Transition](#)
- [Call for Articles for a Special Issue of the Journal of LGBT Youth: Supporting Transgender and Gender-Nonconforming Youth](#)
- [Are LGBT Students Safer This Year?](#)
- [HRC’s “All Children — All Families” Initiative to be Honored by the No Amer Council on Adoptable Children.](#)