

May, 2011

CCMH INCLUSION INITIATIVE Newsletter: In Partnership with the CCHS Pride Initiative

Special points of interest:

- **Mental Health Clinician position with the Rainbow Counseling Center—Concord.** Click [here](#) for more information or go to www.rainbowcc.org
- **Free LGBTQ Survival Kits (Suicide prevention posters, brochures, etc).** Every youth program should post these. Click [here](#) for more information or go to www.thetrevorproject.org/survivalkit

Inside this issue:

- PBS to air “Two Spirits” on June 14th **2**
- Training Calendar by Date **2**
- Online Trainings—Take anytime. **2**
- Events Calendar **3**
- Guide for Group Care Facilities Serving Transgender Youth **3**
- Additional Headlines **3**
- Other LGBTQQI2S Community & Youth Centers/Events **4**

May 1–2: Transgender Advocacy Day—Sacramento

People come from all corners of the world to live the California Dream. We come here seeking opportunities to work and to live in a safe and comfortable home. We come to California to live as our authentic selves.

Unfortunately, far too often, discrimination denies the fulfillment of that dream for transgender people and others who don't neatly fit neatly into gender stereotypes. That discrimination affects our physical and economic security by denying us opportunities from basic housing to gainful employment, from health care to safety on the streets. At times, the

prejudice we encounter is literally life threatening.

Current California laws protect people from discrimination based on gender identity and expression, but the law is often unclear. To address this, Assembly member Toni Atkins has introduced The Gender Nondiscrimination Act (AB 887) which will strengthen existing protections for transgender and gender non-conforming Californians by establishing gender identity and gender expression as their own categories in our non-discrimination laws. Transforming the law is vital to reducing ignorance, bigotry and bullying so that we may all

live safe and fulfilling lives.



Register online.

For LGBTQQI2-S Youth, Adolescent, Adult & Family Counseling, Support and Social Activities—call the Contra Costa County Wide Collaborative Intake Line at 925-692-2056

Institute of Medicine Study on LGBT Health

Washington, DC - The Institute of Medicine today released its long-awaited report, The Health of Lesbian, Gay, Bisexual, and Transgender People: Building a Foundation for Better Understanding. The National Institutes of Health commissioned this groundbreaking report, and a distinguished panel of experts dedicated more than a year to evaluating the state of LGBT

health research and crafting recommendations for improving the health of the LGBT community.

Contact Information: Hector Vargas, GLMA Executive Director, hvargas@glma.org, 202-600-8037 ext. 314

To read the entire IOM Report please visit: http://www.nap.edu/catalog.php?record_id=13128.

To read GLMA's February 2010 testimony to the IOM's Committee on LGBT Health Issues and Research Gaps and Opportunities go to:

http://www.glma.org/data/n_0001/resources/live/GLMA_Presentation_to_IOM.pdf



“Two Spirits”

Fred Martinez was one of the youngest hate-crime victims in modern history when he was brutally murdered at 16. Two Spirits explores the life and death of a boy who was also a girl, and the essentially spiritual nature of gender.

Dining Out For Life : Thursday, April 28

This year, [Shelbys's](#) and [La Piazza](#) of Orinda and [Amici's](#) of Danville and Dublin will donate 25 percent of their food, or food and alcohol sales towards Rainbow Community Center's and Stop AIDS HIV prevention projects.



PBS to Air “Two Spirits” on June 14, 2011

Two Spirits interweaves the tragic story of a mother's loss of her son with a revealing look at the largely unknown history of a time when the world wasn't simply divided into male and female and many Native American cultures held places of honor for people of integrated genders. Powerful and moving, Lydia Nibley's Two Spirits explores the life and death of Fred Martinez and the ancient Native American two-spirit tradition. Two Spirits will premiere

on the Emmy Award-winning PBS series Independent Lens, hosted by America Ferrera, on Tuesday, June 14, 2011 (check local listings.)

Fred Martinez told his mother he felt as if he was both a boy and a girl, and she explained that this is a special gift, according to traditional Navajo culture. But the place where two discriminations meet is a dangerous place to live, and Fred became one of the

youngest hate-crime victims in modern history when he was brutally murdered at sixteen.

Click [here](http://www.pbs.org/independentlens/two-spirits/) to learn more. <http://www.pbs.org/independentlens/two-spirits/>

Training Calendar by Date

June 1–8; Supporting GLBTQ Youth: An On-line Course for Providers and Educators. Sign up [here](#) for on-line mailing list to be notified

[June 6th: ISM's Conference—Berkeley.](#)

more info: <http://nsrc.sfsu.edu/summerinstitute>

June 20-July 15, San Francisco, CA: Summer Institute 2011: *Culture, Sex, and Pleasure—SF, CA.* For

[July 24–28, Women in Medicine Conference—Vermont.](#)

Disparities: Illness More Prevalent Among Older Gay Adults

Older lesbian, gay and bisexual adults in California are more likely to suffer from chronic physical and mental health problems than their heterosexual counterparts, a new analysis has found. For more [click here](#).

Online Trainings: Take Anytime

June 1–8; 4 hour online course: [Supporting Gay, Lesbian, Bisexual, Transgender, & Questioning Youth.](#)

[NPR Interview: Dan Savage—For Gay Teens, Life “Gets Better”](#)

The First Step is an Open Mind: Best Practices for Working with LGBTQ Youth. Click [here](#) to view.

Enhancing Delivery of Culturally

and Linguistically Competent Services for Children and Youth Who Are LGBTQI2-S: Developing Effective Community Engagement Strategies. Click [here](#) to view webinar.

Transgender and Non-gender Identity. Click [here](#) to view webinar.

Understanding the Health and Wellness Needs of Two-Spirit Youth and the Provision of Care

Within Systems of Care. Click [here](#) to view webinar.

Assets-Based Approaches for Addressing the Needs of LGBTQI2-S Youth and their Families. Click [here](#) to view webinar.

Suicide Prevention among LGBTQ Youth: A Workshop for Professionals Who Serve Youth. Workshop kit is now available online for download: <http://>

Events Calendar

By dates:

April 30th: RYSE Fundraiser—Be a Kid” Workshop: 6:30-8:30; Dance 8:30-10:30. [Tickets.](#)

[May 1–2. Transgender and ally community advocate for equality in Sacramento.](#)

June 11th: [MH Consumer Concerns 35th Anniversary Celebration.](#) 7–11 pm. For more info: [www.mhccnet.org](#)

June 14th PBS Airt “Two Spirits”.

<http://www.pbs.org/independentlens/two-spirits/>

[June 18th—LGBTQ Hayward \(open to all LGBTQ youth\) Prom.](#)

[July 29—Aug 1st, Gender Spectrum Family Conference.](#) For more info and to register click [here.](#)

By day of week:

[Mixed AA Group, Tuesdays 7:30–8:30, and NA Group Saturdays 7:30–8:45. . Rainbow Comm. Ctr](#)

[RYSE Youth Center/RCC Alphabet Youth Group—Richmond. Tuesdays 4–6:30 pm](#)

[RCC Youth Groups: 2nd & 4th Wed: Ages 10–13 yrs youth 1st & 3rd Wed: Trans/Questioning youth 1st & 3rd Th: Ages 18–24 youth.](#)

[The Empowerment Project. LGBTQQI2S Youth Group at Center for Human Development—Antioch. Wednesday 4:30–6:30 pm.](#)



A Place Just for us so that We can fell Safe: Learning to Better serve LGBTQI2-S Youth.

Guide for Group Care Facilities Serving Transgender Youth

San Francisco, CA, March 17, 2011)—A pioneering new report authored by the National Center for Lesbian Rights (NCLR) and the Sylvia Rivera Law Project (SRLP) urges group care facilities to reassess their treatment of transgender and gender non-conforming youth and to adopt policies and practices that provide these youth with appropriate, fair

and equal care.

The report is the first to provide comprehensive guidance about the treatment of transgender and gender non-conforming youth in group care facilities, including detention centers, correctional facilities, and group homes. The report also provides model policies and a framework for staff to

ensure that all youth are given a safe and healthy living environment.

[Click here](#) to read the report..

[Check out the National Resource Ctr On LGBT Aging](#)

Additional Headlines:

[Implications for binational couples now Obama admin has stopped defending Defense of Marriage Act. DOMA repeal: All hands now on deck.](#)

Join Teaching Tolerance on Facebook. Looking for a community of people devoted to diversity and tolerance in the classroom? Check out Teaching Tolerance on Facebook. Just go to [www.facebook.com](#) and search for keyword "Teaching Tolerance."

[BeLonG To Youth Services annual Stand Up! LGBT Awareness Weeks anti-bullying advertisement.](#)

The Affordable Care Act has had it's one-year anniversary. See information about [how the law helps LGBT people and their families.](#)

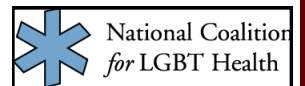
[Legislation Streamlining Process for Transgender Californians to Obtain an Updated Birth Certificates Advances.](#)

[LGBT Suicide & Suicide Risk White House pushes to end persecution of LGBT people worldwide.](#)

GAY AND TRANSGENDER: — a report on how the Affordable Care Act is benefiting gay and transgender Americans, and a report on the military's progress repealing "Don't Ask, Don't Tell."

[ENDA](#) Reintroduced to protect LGBTQ Workforce.

ARCHIVED TV
SPECIAL: *The KIRO 7 Family Connection Special Presentation documentary, Bullying: Breaking The Cycle* is now archived online:
<http://www.kirotv.com/bullying/>



The Affordable Care Act: Transforming LGBT Health



CCMH Inclusion & CCHS Pride Initiatives:

Contact: Tony Sanders, PhD
Telephone: 1.888.678.7277 x 24404
Email: Inclusion@hsd.cccounty.us

CCHS Reducing Health Disparities:

Concepcion James: RHD Pgm Manager
Email: cjames@hsd.cccounty.us

CCMH Reducing Health Disparities:

Imo Momoh, MPA: Ethnic SVCS Coord.
Email: imo.momoh@hsd.cccounty.us

CCMH INCLUSION INITIATIVE

The Contra Costa Mental Health's Inclusion Initiative's Mission is to protect Lesbian, Gay, Bisexual, Transgender, Queer, Questioning, Intersex and Two-Spirit (LGBTQQI2-S) consumers and their families from discrimination and mistreatment, and to ensure that they are welcomed in culturally affirmative settings where they will receive clinically competent mental health care.

See CCMH Inclusion Initiative Dashboard

(<http://cchealth.org/topics/lgbtq/>) for Inclusion progress to date, and for past issues of Inclusion Newsletters.



Other LGBTQI2-S and Youth Community Centers/Events



**Bisexual
Rainbow
Flag**

LGBTQ Community Centers:

Rainbow Community Center—Concord. [April Calendar](#)
(under Events & Activities):
<http://www.rainbowcc.org/>

Youth Calendars:

Rainbow Community Center Youth Page--Concord:
www.rainbowcc.org/youthpage.html

RYSE Center LGBTQ Youth (Alphabet) Drop-in Support Group--Richmond (Tuesdays: 4:30 - 600 pm):
www.facebook.com/event.php?

[eid=100135160030639&ref=nf](http://www.projectoutlet.org/index.html)
or www.rainbowcc.org/youthpage.html

Center for Human Development--Antioch "The Empowerment Project" supporting LGBTQ Youth in East County. (Wednesdays, 4:30—6:30 pm)
www.chd-prevention.org/programs/empowerment.php
or call Anita Marquez
925.753.1004 x105

SF LYRIC Youth Center Calendar of Events: <http://lyric.org/calendar.html>

Hayward Outlet Youth Center Calendar of Events:

www.projectoutlet.org/index.html

South Bay DeFrank Youth Ctr. <http://www.defrankyouthspace.org/>
Visit the [DeFrank Youth Space Online](http://www.defrankyouthspace.org/) (with on-line youth chat Thursdays 8—10 pm at [Youth.DeFrank.org](http://www.Youth.DeFrank.org)).