

# The CCMH Inclusion Initiative Newsletter In Partnership with the CCHS Pride Initiative

A Contra Costa Health Services (CCHS) & Mental Health Division's (CCMH) *Reducing Health Disparities Effort*

## Mental Health Services Act-Request for Proposals

Contra Costa Mental Health has released a **Request for Information (RFI)** to inform the development of an Innovation Work Plan targeting sexually exploited youth in Contra Costa County. A Mandatory Bidders' Conference will be held on **Wednesday, Febru-**

**ary 23, 2011** for those interested in submitting a proposal. **Proposals must be received by 5pm on Wednesday, March 9, 2011.** Please use the link, below, to the RFI, for more information.

Contra Costa Mental Health

has also released a **Request for Information (RFI)** to provide the Evidence Based Triple P- Positive Parenting Program

For more information:

[http://www.cchealth.org/services/mental\\_health/prop63/](http://www.cchealth.org/services/mental_health/prop63/)

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### Points of Interest:

Office for Consumer Empowerment is seeking MH Speakers Bureau Participants. If interested email: [jennifer.tuipulotu@hsd.cccounty.us](mailto:jennifer.tuipulotu@hsd.cccounty.us)

The 2011 Guide for Successful Transgender Employment Now Available at [www.transgender-selfemployment.com](http://www.transgender-selfemployment.com)

Recommended GLBTQ Books for Young Readers: [www.rainbowlist.wordpress.com](http://www.rainbowlist.wordpress.com)

[Family Acceptance Key to LGBT Well-Being](#)

[The Protective Effect of Family Acceptance for Gay Teens](#)

[Video: Helping Families understand how to support their LGBT children](#)

[GLBT Youth Support Links & Resources](#)

\*\*\*\*\*cont. on pg. #4\*\*\*\*\*

## Please Join Us on March 9th: The CCMH Quarterly Pride Inclusion Meeting — *Will Present Funding Opportunities*

The CCMH Reducing Health Disparities Sub-Committee: The LGBTQQI2-S Inclusion Initiative will be holding it's Quarterly meeting on March 9th from 3:30—5:00 pm at 30 Douglas Drive, Conference Room, Martinez, CA 94553.

All Mental Health and Health Services Staff; Local MH Agencies and Contractors, as well as interested community members are welcome to attend.

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## March 28 – April 1: 9th Annual LGBT Health Awareness Week: 'Come out for Health'

The National Coalition for LGBT Health is pleased to announce its Ninth Annual LGBT Health Awareness Week. This year's theme, "Come Out for Health," is a call to action for community members, advocates, service providers, and governmental officials to recognize health and wellness as an essential part of the social justice movement for lesbian, gay, bisexual, and transgender individuals. The goals for this year's campaign are to:

- Encourage LGBT people to speak to their health care provider about their sexual orientation and gender identity
- Encourage medical, mental health, and other social service providers to create supportive environments for LGBT individuals receiving care or treatment
- Encourage federal and state officials, health-related professional organizations, faith-based institutions, and

advocacy organizations to issue position statements supporting the inclusion of LGBT communities in health care delivery and health and wellness activities

- Encourage advocates and community members to tell their stories to policy makers about the importance of health and health care access for the LGBT community.

[www.lgbthealth.net](http://www.lgbthealth.net)

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## Preventing Suicide among LGBT Youth: Free Workshop Kit

[Suicide Prevention among LGBT Youth: A Workshop for Professionals Who Serve Youth](#) is a free workshop kit to help staff in schools, youth-serving organizations, and suicide prevention programs take action to reduce suicidal behavior among lesbian, gay, bisexual, and transgender (LGBT) youth.

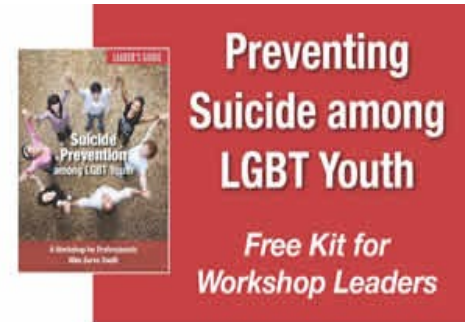
Topics covered include suicidal behavior among LGBT youth, risk and protective factors for suicidal behavior, strategies to reduce the risk, and ways to increase school or agency cultural competence.

The [kit](#) contains everything you need to host a workshop: a Leader's Guide, sample agenda, PowerPoint presentations, sample script, and handouts. The workshop includes lecture, small group exercises, and group discussion. All these can be adapted to meet the needs of your au-

[Download the workshop kit:](#)

[www.sprc.org/](http://www.sprc.org/)

diences.



[www.sprc.org/LGBTYouthWorkshopKit.asp](http://www.sprc.org/LGBTYouthWorkshopKit.asp)

## Mar. 10: National Women & Girls HIV/AIDS Awareness Day

National Women and Girls HIV/AIDS Awareness Day is a nationwide observance that encourages people to take action in the fight against HIV/AIDS and raise awareness of its impact on women and girls. It is coordinated by the U.S. Department of Health and Human Services' [Office on Women's Health \(OWH\)](#). It helps organizations across the country come together to offer support, encourage discussion, and

teach women and girls about [prevention of HIV](#), the importance of [getting tested for HIV](#), and [how to live with and manage HIV/AIDS](#).

Learn more:

<http://www.womenshealth.gov/nwghaad/>

*"I was a Marine, my son liked dolls ... this was the first of many lessons in accepting my son the way he was created ... eventually he came out to us ..."*

Click [here](#) to read article.

## National Center for Lesbian Rights: Update in Prop 8 Case

2.11.10 Today, the California Supreme Court agreed to accept the question sent to it last month from the Ninth Circuit Court of Appeals in the federal court challenge to California's Proposition 8, the 2008 ballot measure that stripped the freedom to marry from same-sex couples in the state. On January 4, 2011, the Ninth Circuit panel asked California's highest court to clarify whether California law gives ballot initiative sponsors the extraordinary power to override the decisions of elected state

officials about how to litigate cases involving challenged state laws. The underlying question is whether the proponents of Prop 8 can force an appeal of the federal district court decision holding that Prop 8 is unconstitutional. The California Supreme Court agreed today to answer that question. All briefs will be submitted by May, and oral arguments could be as soon as September.

For more info: [www.NCLRights.org](http://www.NCLRights.org)



**"Gay Parenting takes off in the Bible Belt"** published on [www.CNN.com](http://www.CNN.com) by Gary Gates Click [here](#) to watch the video.



## Training Calendar by Date

March 2nd, 10—11:30 PT Webinar: Learning from the field: Serving LGBTQI2-S Youth Experiencing Homelessness. [Learn more and register.](#)

March 11-12, Queer Families: JFK University—Campbell, CA. [www.jfku.edu/ce](http://www.jfku.edu/ce)

March 31st & April 28th. Opening Doors: A New Look at Mental Health in Cultural Communities—Concord, CA. Please RSVP to [rigbal@jfccs-eastbay.org](mailto:rigbal@jfccs-eastbay.org) or 925-927-2000.

April 8-9, National Transgender Health Summit—SF. <http://transhealth.ucsf.edu/trans?page=ev-summit>

April 29-30, Healing from Heterosexism and Sexual Discrimination—Campbell, CA. [www.jfku.edu/ce](http://www.jfku.edu/ce)

June 1—8; Supporting GLBTQ Youth: An Online Course for Providers and Educators. Sign up for on-line mailing list to be notified [www.hcsm.org/online-ed/](http://www.hcsm.org/online-ed/)

June 20-July 15, San Francisco, CA: Summer Institute 2011: Culture, Sex, and Pleasure—SF, CA.. For more info: <http://nsrc.sfsu.edu/summerinstitute>

[July 24—28, Women in Medicine Conference—Vermont.](#)

### Feb. 28th Deadline: LGBTQ Community Members and Allies needed for CA LGBTQ Reducing Disparities Project.

The LGBTQ Reducing Disparities Project is looking for LGBTQ community members and Allies working within LGBTQ communities to take part in our Advisory Groups. We are seeking community members of all ages, backgrounds, abilities, ethnic and racial identities, sexual orientations and gender identities to participate.

You will need to be able to participate in phone call meetings. These meetings will be set to work with your schedule.

You will also need to have an email

Application materials may also be accessed via the web at: [files.me.com/nscanlan1/gshu44](http://files.me.com/nscanlan1/gshu44)

## On-Line Webinars & Trainings—take anytime.

The First Step is an Open Mind: Best Practices for Working with LGBTQ Youth. Click [here](#) to view.

Enhancing Delivery of Culturally and Linguistically Competent Services for Children and Youth Who Are LGBTQI2-S: Developing Effective Community Engagement Strategies. Click [here](#) to view webinar.

Transgender and Non-gender Identity. Click [here](#) to view webinar.

Understanding the Health and Wellness Needs of Two-Spirit Youth and the Provision of Care Within Systems of Care. Click [here](#) to view webinar.

Assets-Based Approaches for Addressing the Needs of LGBTQI2-S Youth and their Families. Click [here](#) to view webinar.

Suicide Prevention among LGBT Youth: A Workshop for Professionals Who Serve Youth. Workshop kit is now available online for

download: <http://www.sprc.org/LGBTYouthWorkshopKit.asp>

On-line HIV/AIDS courses. [www.iasusa.org/cme/index.html](http://www.iasusa.org/cme/index.html)

## Events Calendars

March 5, 6-9pm RCC's Annual Crab Feed at the Moose Lodge in Concord. Cost: \$40. Join us for a community get-together for a delectable night of all-you-can-eat crab, pasta, salad, dessert, great entertainment, and fabulous prizes! 925/692-0090. See Ad in right hand column/

March 24th, 7 – 9 pm, PFLAG Group—Rainbow Comm. Ctr—Concord.

Mixed AA Group, Tuesdays 7:30—8:30, and NA Group Saturdays 7:30 - 8:45. . Rainbow Comm. Ctr—Concord

RYSE Youth Center//RCC Alphabet Youth Group—Richmond. Tuesdays 4—6:30 pm

### RCC Youth Groups:

3/9 & 3/23, Ages 10—13 yrs youth  
3/2 & 3/16, Transgender/Questioning youth  
3/3 & 3/17, Ages 18—24 youth

The Empowerment Project. LGBTQI2-S Youth Group at Center for Human Develop—Antioch. Wednesday 4:30—6:30 pm.

### Other RCC Groups:

Young Gay/Bi Men ages 21—35  
Women's Group Wednesdays 5:30—8:00 pm  
Men's HIV Groups Mondays' 6:30—8:00 pm  
And Many More!

**Crabby No!** **7th Annual Fund Raiser Crab Feed** **YES!**

**Saturday March 5th 6 - 9 PM** **Moose Lodge Concord 1805 Broadway St.**

**TICKETS - \$40** Event has sold out in the past two years! Please buy your tickets now!

Call RCC at (925) 692-0090 or visit the RCC web site at [www.rainbowcc.org](http://www.rainbowcc.org)

**Raffle** **Live Auction**

## CCMH Inclusion & CCHS Pride Initiatives

Contact: Tony Sanders, PhD  
Telephone: 1.888.678.7277 x 24404  
Email: [Inclusion@hsd.cccounty.us](mailto:Inclusion@hsd.cccounty.us)

## CCHS Reducing Health Disparities Office:

Concepcion James RHD Program Manager  
Email: [cjames@hsd.cccounty.us](mailto:cjames@hsd.cccounty.us)

## CCMH Reducing Health Disparities Office:

Imo Momo, Ethnic Services Coordinator  
Email: [imo.momo@hsd.cccounty.us](mailto:imo.momo@hsd.cccounty.us)



*"The mission of the Contra Costa Health Services Pride Initiative is to integrate practices and policies that foster a safe and inclusive environment; equal access and quality health services; as well as awareness, acceptance and respect for our Lesbian, Gay, Bisexual, and Transgender employees and service recipients."*

## CCMH Inclusion Initiatives cont. from pg. 1

The Contra Costa Mental Health's Inclusion Initiative's Mission is to protect Lesbian, Gay, Bisexual, Transgender, Queer, Questioning, Intersex and Two-Spirit (LGBTQQI2-S) consumers and their families from discrimination and mistreatment, and to ensure that they are welcomed in culturally affirmative settings where they will receive clinically competent mental health care.

The agenda for the March 9th meeting will be to review and approve the 2011 work plan, as well as a presentation by the Rainbow Collaborative regarding the availability of mini-grants to community agencies to partner in the MHSA Innovation Project regarding Improving Social Supports for LGBTQQI2-S youth and their families.

See CCMH Inclusion Initiative Dashboard (<http://cchealth.org/topics/lgbtq/>) for Inclusion progress to date.

## Local LGBTQI2-S Resources:

[www.EastbayPride.com](http://www.EastbayPride.com)

## Other Community LGBTQ Calendars:

### LGBTQ Community Centers:

**Rainbow Community Center—Concord.**  
March Calendar (under Events & Activities): <http://www.rainbowcc.org/>

### Youth Calendars:

**Rainbow Community Center Youth Page**  
--Concord: [www.rainbowcc.org/youthpage.html](http://www.rainbowcc.org/youthpage.html)

**RYSE Center LGBTQ Youth (Alphabet Drop-in Support Group--Richmond**  
(Tuesdays: 4:30 - 600 pm):  
[www.facebook.com/event.php?eid=100135160030639&ref=nf](http://www.facebook.com/event.php?eid=100135160030639&ref=nf) or  
[www.rainbowcc.org/youthpage.html](http://www.rainbowcc.org/youthpage.html)

**Center for Human Development--Antioch "The Empowerment Project" supporting LGBTQ Youth Antioch.**  
(Wednesdays, 4:30—6:30 pm)  
[www.chd-prevention.org/programs/](http://www.chd-prevention.org/programs/)

### empowerment.php

or call Anita Marquez 925.753.1004 x105

### SF LYRIC Youth Center Calendar of

Events: <http://lyric.org/calendar.html>

### Hayward Outlet Youth Center Calendar

of Events: [www.projectoutlet.org/index.html](http://www.projectoutlet.org/index.html)

**South Bay DeFrank Youth Center:** Visit the DeFrank Youth Space Online (with online youth chat Thursdays 8—10 pm):  
<http://www.defrankyouthspace.org/>



Click [here](#) to see Current Rainbow Community Center News-letter.

## Points of Interest cont. from pg. 1:

- [Guidance for LDS Families with LGBT Children](#)
- [Color Lines: Parenting Queer Youth and Saving Their Lives](#)
- [The Protective Effect of Family Acceptance for Gay Teens](#)
- [Lesbian Health 101 Textbook seeks to open doors, minds—SF Chronicle.](#)
- [Press Release: Gender Non-Discrimination Act Introduced to California Assembly](#)
- [Hawaii lawmakers approve civil unions for gay couples.](#)
- [Face book Community page about Intersex](#)
- [NCLR Applauds President's Decision to Stop Defending Discriminatory DOMA.](#)