

Local LGBT Community Resources

Contra Costa Health Services

- Contra Costa Health Services Gender Clinic (<https://cchealth.org/centers/services-gc.php>)
Gender health services for Transgender and non-binary patients
- **Homeless Services for Youth** - <https://cchealth.org/h3/>
1-800-610-9400
- HIV/AIDS & STD Program (<https://cchealth.org/hiv/>) Education, testing, and prevention
Services, medical case management, resources

Local Community Resources

- **Rainbow Community Center (Concord)** (<https://www.rainbowcc.org/>)
Counseling, community resources, groups, and info for LGBTQ youth, adults, and seniors
925-692-0090
- **County wide LGBT Counseling and Service Intake Line**
925-692-2056
- **RYSE Center (Richmond)** (<https://rysecenter.org/>)
Youth Programs and LGBTQ support group.
510-373-3401
- **Richmond Rainbow Pride** (<https://www.richmondrainbowpride.org/>)
Resources and groups
- **Somos Familia** <https://www.somosfiliabay.org/> LGBTQ resources and support for the
Latinx/Spanish-speaking community.
- **Transgender Clinic at Tom Waddell Clinic (San Francisco)**
(<https://www.sfdph.org/dph/comupg/oservices/medSvs/hlthCtrs/TransgenderHlthCtr.asp>)
1-415-355-7588

National Organizations

- **Planned Parenthood LGBTQ services** (<https://www.plannedparenthood.org/get-care/our-services/lgbt-services>)
Medical care, education, resources, and referrals.
- **PFLAG (Parents & Friends Of Lesbians & Gays) Local support groups** (<https://pflag.org/>)
Clayton/Concord - <https://pflag.org/chapter/pflag-clayton-concord>

Moraga - <https://pflag.org/chapter/pflag-moraga> Oakland/East Bay - <http://pflag-eastbay.org/> Danville/San Ramon Valley - <https://pflag.org/chapter/pflag-danvillesan-ramon-valley>

- **Trevor Youth Suicide Prevention Project** (<https://www.thetrevorproject.org/>)
Suicide Prevention Phone Line:
1-866-488-7386
Live CHAT on website
TrevorText
- **Gender Spectrum website** (<https://www.genderspectrum.org/>)
Support for families raising nonbinary, gender variant, and transgender children. Services include online consulting and groups.
- **It Gets Better** (<https://itgetsbetter.org/>) – Empowerment and positivity for the LGBTQ+ community
- LGBT Addiction Withdrawal and Detox Guide (<https://www.detoxlocal.com/resources/lgbt-addiction/>) LGBTQ+ friendly substance use resources