



2023-2026 Three Year Community Program Planning  
Community Forum  
Date and Time: Thursday, November 17, 2022 from 11am-12:30pm  
Virtual Meeting via Zoom

Purpose of Forum: **At this event, which is part of the county's Mental Health Services Act (MHSA)** community program planning process, participants will learn the role of Consolidated Planning Advisory Workgroup (CPAW); some history about the committee, discuss the future plan for CPAW and its role in the development of the MHSA services in Contra Costa County. Individuals will also learn how to get involved in CPAW or become a member.

AGENDA

ITEM	WHO	DESIRED OUTCOMES	MIN
1. Welcome, Introduction and Housekeeping, Review Agenda	Mark Mora, Homebase Center for Common Concerns Facilitator	o Welcome and introduction to MHSA Community Forum	10
2. MHSA and the role of the Consolidated Planning and Advisory Workgroup (CPAW Advisory Body): <i>Past, Present and Future</i>	MHSA Staff	o Learn about the MHSA and CPAW o Input on next steps for CPAW	35
3. Listening Session	All	o Opportunity to Share Ideas with County Staff o Q&A	30
4. Survey	All	o Information Gathering	15
5. Conclude		o End of forum	

Guidelines for Forum Participants

The input of all participants in the forum process is highly valued in planning and preparation of Mental Health Services Act (MHSA) funded programs and services. For all voices to be expressed in a productive, safe and respectful environment, the following set of self-governance guidelines are asked of all forum participants:

1. **We are committed to honoring people's time. Please help us by being on time, asking questions, speaking** to the topic at hand and allowing for others to speak.
2. Please keep yourself on mute unless you are speaking.
3. Wait to be recognized, before unmuting yourself, and keep your comments direct and brief.
4. It is okay to disagree, as different perspectives are welcomed and encouraged. Please be polite and respectful and allow for others to voice their views as well.
5. Please refrain from criticizing a specific person or viewpoint in a negative manner during the forum. Outside of the forum, you may connect with MHSA staff for assistance in having your concerns heard and addressed through the appropriate channels.
6. An individual may be asked to leave should they behave in a manner that threatens the safety of any participant or does not honor the terms of these guidelines.



### Additional Resources

1. Contra Costa County MHA website: <https://cchealth.org/mentalhealth/mhsa/>  
For mental health and wellness supports look in the grey box under *Links & Resources* on the site.
3. 211 Contra Costa Database: Call 211 or visit <https://cccc.myresourcedirectory.com/>
4. Contra Costa County Access Line: 1-888-678-7277

### CCBHS Issue Resolution Process

Consumers/clients/peers are encouraged to discuss issues.

1. Please refer to the MHA website should an individual wish to request a review of any issue related to:
  - The MHA Community Program Planning Process
  - Consistency between approved MHA plans and program implementation
  - The provision of MHA funded mental health services
2. Consumers/ clients may also discuss issues regarding their mental health services directly with their provider and may request a Change of Provider for any reason. Consumers dissatisfied with their mental health services in this county may file a grievance at any time without discussing the issue with their provider. Consumers may contact the following people who will assist in resolving complaints:
  - Consumer Assistant (an identified staff person at each program to help with the grievance process)
  - Quality Improvement Coordinator: 925-957-5160
  - Grievance Advocate (not a direct county employee): 925-521-1231. Collect calls are accepted.
  - Consumers may also go to the Problem Resolution Process page: <https://cchealth.org/mentalhealth/problem-resolution.php>





Register for the date(s) you'd like to attend.  
You'll receive a confirmation email after registering.

Virtual Sessions:

**Community Program Planning Kick Off**  
[Thursday, November 3<sup>rd</sup>, 2022 from 3-4:30pm](#)

**The Role of CPAW**  
[Thursday, November 17<sup>th</sup>, 2022 from 11am-12:30pm](#)

**Prioritize Behavioral Health Needs**  
[Thursday, December 15<sup>th</sup>, 2022 from 11am-12:30pm](#)

# Mental Health Services Act (MHSA) Community Forums

The MHSA Community Forums are part of the community program planning process in Contra Costa County.

Contra Costa Behavioral Health Services, under the Contra Costa Health Services Department provides mental health and substance use treatment services to Contra Costa residents accessing the public behavioral health system.

The intent of the forum is to:

- Provide a basic understanding of the MHSA
- Help inform Contra Costa Behavioral Health Services on future planning and use of funding implemented through the MHSA Three Year Plan

Find out more about the MHSA in Contract including the most recent Contra Costa MHSA Three Year Plan and programs supported by the MHSA in Contra Costa at: <https://cchealth.org/mentalhealth/mhsa>

**We value your unique lived experience.**

A Spanish interpreter will be available. Individuals needing interpretation in other languages may request interpretation services via registration. Every intent will be made to accommodate interpretation requests in other languages as availability permits.

Questions contact: [jennifer.bruggeman@cchealth.org](mailto:jennifer.bruggeman@cchealth.org) or call 925-313-9579.



Regístrese para la fecha cual guste asistir.  
Recibirá un correo electrónico de para acceder el  
evento después de registrase.

# Foros Comunitarios sobre la Ley de Servicios de Salud Mental

Inicio del Proceso de Planificación Comunitario  
[Jueves, 3 de noviembre, 2022 de 3 a 4:30pm](#)

El Propósito de CPAW

[Jueves, 17 de noviembre, 2022 de 11am a 12:30pm](#)

Priorizar Necesidades de Salud Conductual

[Jueves, 15 de noviembre, 2022 de 11am a 12:30pm](#)

Los foros comunitarios son  
virtuales y parte del proceso de  
planificación comunitario en el  
condado de Contra Costa.

Los Servicios de Salud Conductual del condado de Contra Costa, cual es parte  
del Departamento de Salud de Contra Costa provee servicios de salud mental y  
servicios de tratamiento por el uso de sustancias y otras drogas a los  
residentes de Contra Costa cual acceden servicios.

El intento de este foro es:

- Que la comunidad aprenda sobre la Ley de Servicios de Salud Mental
- Proveer sugerencias para ayudar a informar el Plan de Tres Años de la Ley  
de Servicios de Salud Mental en Contra Costa y el uso de los fondos

Todos son bienvenidos en asistir.

Para aprender más sobre la Ley de Servicios de Salud Mental en Contra Costa  
visite: <https://cchealth.org/mentalhealth/mhsa>

Valoramos su experiencia única.

Habrá alguien proveyendo interpretación en español. Personas cuales  
necesiten interpretación en otros lenguajes podrán pedir servicios de  
interpretación al registrarse. Se hará todo lo posible para atender las  
solicitudes de interpretación en otros idiomas según lo permita la  
disponibilidad.

Preguntas: [genoveva.zesati@cchealth.org](mailto:genoveva.zesati@cchealth.org) o llame al 925-500-3301.

