Contra Costa County MHSA Planning
Consolidated Planning Advisory Workgroup

Meeting Notes
July 16, 2009


Next Meeting: Thursday, August 6, 2009
4:00-6:00 p.m.
2425 Bisso Lane, 1st Floor Conference Room, Concord

1. **Introductions/Agenda/Outcomes/Conflict of Interest**
   Julie Freestone called the meeting to order at 3:35. The Agenda and proposed Outcomes from today’s meeting were discussed. There were no conflicts of interest.
   - Introduction of the Youth Voice
     Dianna Collier introduced Parent Partner Robert Freeman, who will bring in 1-2 youth he is mentoring to participate at CPAW meetings.

2. **Approval of the Minutes**
   A motion was made to approve the Minutes from June 16, 2009.
   M-Kathi McLaughlin; S-Veronica Vale. Approved as presented.

Assignments:

<table>
<thead>
<tr>
<th>WHO</th>
<th>WHAT</th>
<th>WHEN</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sherry</td>
<td>1. Distribute all materials and minutes ahead of the meeting to CPAW members&lt;br&gt;2. Post committee names, meeting dates and members</td>
<td>Each Month, Prior to Meeting</td>
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<tr>
<td>Sherry / Julie</td>
<td>Add to future agendas: 1. Members to provide input on needed revisions PRIOR to meeting. 2. Discussion on Housing</td>
<td>All future agendas 8/6</td>
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<tr>
<td>Innovation Workgroup</td>
<td>Recommendations to CPAW.</td>
<td>By 8/1</td>
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<tr>
<td>Donna</td>
<td>Impact on Innovation of Prudent Reserve decisions&lt;br&gt;Impact of budget cuts</td>
<td>8/6</td>
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<tr>
<td>David Carrillo and Laura Balon-Keleti</td>
<td>Make changes to PEI Matrix re: Martinez School District; include LGBTQ in programs under race/ethnicity; add definitions for general categories.</td>
<td>8/6</td>
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3. **Approval of CPAW Charter**
   A motion was made to approve the CPAW Charter.
   M-John Hollender; S-Ryan Nestman. Approved as presented.

4. **Plan of Action: Goal #1 – The MHSA Plan – Overview of Plan Status:**

   - **PEI Matrix**
     PEI contracts are awarded and ready to go on BOS agenda, but have been asked to hold off on implementation because DMH has deferred payment for 30-60 days. Contracts will be put through and will be paid retroactively. Following discussion, it was decided that changes should be made to the Matrix and it should be brought back for further discussion.
     - Make correction to Matrix re: Martinez School District; include LGBTQ in programs under race/ethnicity; add definitions for general categories.

   - **Capital Facilities focus group results**
     Mental Health Consumer Concerns organized and facilitated a number of focus groups for family members and consumers around the proposed PHF.
     - Next steps:
       - Receive report from MHCC giving a summary of what was said at all the MHCC Focus groups held throughout the community.

   - **Innovation Committee**
     - Report from the Committee
       Kathi and Tony reported on a change in focus for the Innovation Workgroup necessitated by changes in the DMH/OAC criteria. In order to get the plan approved, one category must be chosen that the County will be specifically be
accountable for producing learning measures. There is a need to focus on whether or not the plan includes projects for which there is an “ability to learn from it”. A change in the language may be more important than changing the actual plan.

The Workgroup recommended CPAW approve increasing access to underserved populations as primary measured outcome project, and also focus on transforming the system and on system integration.

Comments:
Definition of undeserved groups?
Can be broad -- have to make a case for definition.
The RFP process would cost $400,000 so Donna has requested to use a different process – focusing on using existing programs and existing staff when possible.

CPAW member consensus was reached on accepting recommendation of Innovation Workgroup to focus on access to services for underserved.

- Next steps:
  Solicit suggestions for projects from everyone to send to Sherry by July 26th.
  Look at:
  - No cost
  - Low cost
  - Blending or leveraging using existing staff, contractors in the system and saying what the learning would be
- Process:
  - Innovation Workgroup will filter ideas through the Innovation Checklist and apply their principles, look at OAC Review Tool, put a list together and come back to CPAW.
  - Comments:
    ➢ A longer timeline and clearer definitions are needed.
    ➢ Discuss at next meeting how to do an Innovation Party. Donna suggested slowing down -- having parties in different venues.

- **IT Plan Update**
  No movement at this time. Proposal has been written but is being held because cost is prohibitive at this time, and HSD is re-evaluating options.

- **Communications Advisory Committee**
  No discussion. Place on next month’s Agenda.

- **CSS Community Meeting results status**
  - Approve referral to data group
    A Summary and Analysis paper was distributed (snapshots of people's ideas) listing most common and less common themes and ideas, comments about CSS, Capital Facilities/IT, Innovation Planning and PEI.
4. Discuss quarterly town hall meetings
   The desire to hold community forums regularly was expressed, and Donna
   said they could be held quarterly in all regions, but in different cities.

5. **Plan of Action: Goal #2 – Evaluate Outcomes**
   - **Data Review**
     o Approve Data Committee recommended revised charge
       No action taken.
     o Report from Data Committee
       Committee is working on developing a “dashboard” matrix.
       Jana gave a brief financial report on funds expended, allocated, and funds that
       have been asked for. A Financial Report will be placed on the next agenda.
   - **Site Review Scope of Work**
     No report was given.
   - **Update of Facilitated Debrief of CSS stakeholders/providers/consumers**
     o Committee is looking at a format for a facilitated debriefing meeting
       - Facilitator has volunteered time
       - Get MHSA consumers, family members, providers, key stakeholders
         together in an organized, structured, safe way to look at what have we
         learned, what has been successful, what is not.
       - Trying to balance inclusiveness without being overwhelming.
       - Date of August 17th tentatively chosen at Unitarian Church in WC.
     Discussion:
     CPAW members were asked if this was what they wanted.
     ➢ There was a question regarding the selection process.
     A program will be used to identify all who have had services, from
     whom people will be randomly selected by Steve.
     ➢ Concern was expressed that summer may make August a difficult date.

6. **Plan of Action: Goal #3 – Create recommendations for transforming the system**
   - **Housing presentation – preview from next meeting**
     o An outline has been developed of what will be included in a Housing 101
       paper. Connie Steers, Mashariki Kurudisha, Brenda Crawford, Ryan
       Nestman, Anna Lubarov and Molly Hamaker volunteered to look it over and
       give suggestions.

7. **CPAW Recruitment and CNN spot**
   Sherry and Kathi went to Comcast and spoke about MHSA to recruit new members to
   CPAW. A Police Officer in Richmond has been recommended. Sherry will send
   recommendation suggestions to CPAW members.

8. **Public Comment**
   Ryan mentioned problems with getting dental and vision care following Medi-Cal
   eligibility deadline of July 1.

9. **Wrap Up / Evaluation**
   **Outcomes:**
   ☑ Approve CPAW Charter
X Decide on further PEI discussion
  ➢ Leave in Issues Bin
  ➢ Update PEI Matrix for LGBTQ
X Approve Communications Committee Charge
X Identify Communications Committee members
X Approve Revised Data Committee Charge and direction
☑ Agree on Facilitated debrief format
☑ Agree on the Housing presentation content
☑ Identify potential CPAW members

Materials Distributed:
Agenda
Meeting Notes from June 18, 2009
CPAW Charter
PEI Matrix
Family Focus Groups Report
Innovation Workgroup Meeting Notes
Innovation Checklist
Issues/Ideas with Potential for Innovative Solutions
Review Tool for OAC: Innovations
Contra Costa Mental Health 2009 Community Meetings: Summary and Analysis