MHSA End of Year Snapshot
Appian House and Bissell Cottages TLP’s
July 1, 2008 – June 30, 2009

SUMMARY

- Number of MHSA youth served: 18
- Number of youth exiting TLP during report period: 14
- Average TLP length of stay (of those who exited): 7 months
- Living situation at exit: 7 youth exited into permanent housing, 2 youth reunited with family, 4 youth moved in with a friend, 1 youth exited program to an unknown location
- Former foster youth: 9
- Services received: All participants receive wraparound clinical case management services from her/his MHSA Personal Services Coordinator, life skills education, an individual development plan, case management, peer support groups, housing search assistance, counseling/therapy, assistance with finding employment, 24 hour/365 days a year on-site staffing support.

PARTICIPANTS THAT EXITED SERVICES FY 08-09

Client A
* Age at intake: 20
* Stayed in TLP program 10 months
* Successfully completed entire life skills curriculum offered in program
* Enrolled at Contra Costa College
* Enrolled in MHSA TAY program to support intensive mental health needs
* Secured a psychiatrist and managed medications during stay
* Completed bi-weekly anger management program at Appian House
* Completed nutrition and sexual health training
* Volunteered on a monthly basis to complete food bank runs for agency programs
* Participated as a guest facilitator for Life Skills group on community safety practices in Richmond
* Appian case manager successfully qualified him for SSI benefits for mental health disability
* Moved into an apartment with his brother that he inherited from a deceased family member
* Left services with $410 in savings

Client B
* Age at intake: 19
* Stayed 12 months in TLP program (10 mo during 08-09)
* Enrolled in MHSA TAY program to meet her intensive mental health needs
* Consistently maintained part-time employment throughout her stay at Appian
* Successfully completed 4 semesters of community college in the field of Early Child Education
* Successfully completed entire life skills and anger management curriculum offered at program
* Moved into her own permanent housing apartment
* Left services with $1,530 savings
Client C
*Age at intake: 22
*Stayed in TLP program 4 months (3 mo. during 08-09)
*Successfully participated in life skills curriculum offered in program
*Enrolled in MHSA TAY program to meet intensive mental health needs
*Secured a psychiatrist and managed medications during her stay
*Successfully completed Richmond Works Summer Jobs program and transitioned into full-time employment
*Attended youth LGBTQQI social support programs in Berkeley and San Francisco
*Completed nutrition and domestic violence program
*Moved into an apartment with a friend
*Left services with $112 savings

Client D
* Age at intake: 18
* Stayed in TLP program 5 months (directly from emancipation)
* Continued working towards her high school diploma while residing at Appian
* Enrolled in MHSA TAY program to meet intensive mental health needs
* Completed nutrition and sexual health training
* Reunited with her aunt in Richmond
* Left program with $200 in savings

Client E
*Age at intake: 21
* Stayed in TLP program 8 mo
*Enrolled in MHSA TAY program to meet her intensive mental health needs
*Secured a psychiatrist and managed medications during her stay
*Consistently maintained part-time employment doing sales throughout her stay at Appian
*Successfully completed 2 semesters of community college in the field of Early Child Education
*Completed entire life skills and anger management curriculum offered at program
*Accepted into Permanent Connections permanent housing program and is moving into her own apartment in August of 2009
*Left services with $1,134 savings

Client F
*Age at intake: 18
*Stayed in TLP program 11 months
*Enrolled in MHSA TAY program to meet intensive mental health needs
*Successful passed the high school exit exam achieving a High School Diploma
*Consistently maintained part-time employment working as a child care worker throughout her stay at Bissell Cottages
*Successfully completed 3 semesters of Massage Therapy School
*Completed entire life skills curriculum offered at program
*Attended youth LGBTQQI social support programs in Berkeley
*Completed nutrition and sexual health training
*Moved into her own permanent housing apartment
*Left services with $830 savings
Client G
* Age at intake: 20
* Stayed in TLP program 9 months
* Enrolled in MHSA TAY program to meet intensive mental health needs
* Consistently maintained part-time employment tutoring youth throughout his stay at Bissell Cottages
* Successfully completed 2 semesters of community college in the field of Journalism
* Worked as a writer for the local school newspaper and was published on a regular basis
* Successfully participated in life skills curriculum offered at program
* Moved into a shared living situation with friends from school
* Left program with $460 in savings

Client H
Age at intake: 20
* Stayed in TLP program 1 month
* Participated in the East Bay Works Summer jobs program at a local farm
* Attended domestic violence classes to satisfy court order requirements
* Engaged in Proud Father’s program with the Family Stress Center to improve parenting skills
* Enrolled in MHSA TAY program to meet intensive mental health needs
* Secured a psychiatrist and managed medications during his stay
* Successfully participated in life skills curriculum offered in program
* Moved into a shared living situation with friends

Client I
* Age at intake: 21
* Stayed 11 months in TLP program (9 mo in 08-09)
* Successfully completed entire life skills and anger management curriculum offered in program
* Successfully graduated at the top of her class in a Certified Nursing Assistant (CNA) program
* Enrolled in MHSA TAY program to meet intensive mental health needs
* Successfully completed Richmond Works Summer Jobs program
* Ongoing volunteer work feeding homeless adults at soup kitchen
* Moved into her own permanent housing apartment
* Left services with $328 savings

Client J
* Age at intake: 19
* Stayed 20 mo in TLP program (7mo in 08-09)
* Maintained part-time enrollment in community college throughout stay at Bissell Cottages
* Enrolled in MHSA TAY program to meet intensive mental health needs
* Secured a psychiatrist and managed medications during his stay
* Successfully completed entire life curriculum offered at program
* Ongoing volunteer work feeding homeless adults at soup kitchen
* Moved into his own permanent housing apartment
* Left services with $870 in savings
Client K
*Age at intake: 18
*Stayed 3 months in TLP program
* Attended adult school to work towards achieving his GED
*Enrolled in MHSA TAY program to meet intensive mental health needs
*Secured a psychiatrist and managed medications during his stay
* Initiated a Social Security Income application
*Successfully participated in life skills curriculum offered in program

Client L
* Age at intake: 22
* Stayed in TLP program 1 month
* Enrolled in MHSA TAY program to meet intensive mental health needs
*Successfully participated in life skills curriculum offered in program
*Moved in with partner upon exiting from Appian House

Client M
*Age at intake: 22
*Stayed in TLP program 3 months
*Enrolled in MHSA TAY program to meet intensive mental health needs
*Secured a psychiatrist and managed medications during her stay
*Enrolled in Construction Management Program at local community college
*Successfully participated in life skills curriculum offered in program
*Left program to reunify with her mother

Client N
*Age at intake: 21
*Stayed in TLP program 1 month
*Enrolled in MHSA TAY program to meet intensive mental health needs
*Successfully participated in life skills curriculum offered in program
*Moved into his own permanent housing apartment

YOUTH REMAINING IN MHSA PROGRAMS AS OF JULY 1, 2009

Client O
*In TLP program for past 13 months
*Attending community college full-time
*Currently employed with East Bay Works Summer Jobs program
*Enrolled in MHSA TAY program to meet intensive mental health needs
*Participating in life skills curriculum at Bissell Cottages
*Accepted into Permanent Connections permanent housing program and is moving into his own apartment in August of 2009

Client P
*In TLP program for past 23 months
*Currently employed with Richmond Works Summer Jobs program
*Enrolled in MHSA program to meet intensive mental health needs
*Secured a psychiatrist and managed medications during his stay
*Attended youth LGBTQQI social support programs in Berkeley and San Francisco
*Participating in life skills curriculum at Bissell Cottages
*Currently working with Bissell staff on family reunification upon graduation from TLP
Client Q
* Age at intake: 20
* In TLP program for past 1 month
* Currently employed with Youth Empowerment Center with a summer job that will turn permanent at the end of the summer
* Participating in life skills curriculum at Bissell Cottages
* Attends weekly individual therapy with outside service provider

Client R
* Age at intake: 21
* In TLP program for past 1 month
* Currently employed with Youth Empowerment Center with a summer job that will turn permanent at the end of the summer
* Participating in life skills curriculum at Bissell Cottages