Contra Costa County
Mental Health Services Act
Community Forum

Community Program Planning Process for the Fiscal Year 2017-20 MHSA Three Year Program and Expenditure Plan
December 1, 2016 – East Contra Costa County
Mental Health Services Act (MHSA)

• Proposition 63 voted into law in November 2004 by California’s citizens.
• Taxed 1% of income over $1 million.
• Provides additional funding to the County’s existing public mental health system of care.
• Services are to be consumer driven, family focused, based in the community, culturally competent, and integrated with other appropriate health and social services.
• Requires that a three year program and expenditure plan be developed with the active participation of local stakeholders in a community program planning process.
MHSA Three Year Program and Expenditure Plan

• Contra Costa’s current Three Year Plan was approved by the Board of Supervisors for FY 2014-17.
• Preceded by a comprehensive community program planning process
• Over 500 consumers, family members, service providers and other interested individuals participated in 52 focus groups and community forums that identified service needs, and offered strategies for meeting these needs.
• We are asking for your input as we prepare for the upcoming Three Year Plan starting July 2017.
Current MHSA Three Year Plan

For Fiscal Year 2016-17 the Three Year Plan set aside $43.1 million for over 80 programs and plan elements in the following five components:

• **Community Services and Supports** – $31.6 million for children with serious emotional disturbance and adults with serious mental illness
• **Prevention and Early Intervention** - $8 million for services to prevent mental illness from becoming severe and debilitating
• **Innovation** - $2 million for new or different patterns of service that can be subsequently added into the system.
• **Workforce Education and Training** - $650,000 to recruit and retain CCBHS County employees and contract staff.
• **Capital Facilities/Information Technology** - $850,000 toward implementing an electronic mental health record system.

The full Three Year Plan and FY 16-17 Plan Update is on the MHSA web page.
What Input do We Need From You Today?

We would like input from you in three areas:

1. Discuss current mental health issues in the community, and strategies to address these issues.

2. Identify new and/or emerging public mental health needs and recommended strategies for meeting these needs.

3. Prioritize previously identified service needs.
1. Current Mental Health Issues

Issues identified by Consumers:

• What does help getting to and from services look like?
• What should services in my culture look like?
• How can I get housing that I can afford?
1. Current Mental Health Issues (contd)

Issues identified by Family Members:

• Helping family members navigate mental health, medical and alcohol and drug services – what should that look like?

• What should emotional support of family members look like?

• How should public mental health partner with the community when violence and trauma occurs?
1. Current Mental Health Issues (cont'd)

Issues identified by **Service Providers**: 

• What should care look like for persons with serious mental illness who live in supportive housing? 

• How do we care for young people who have both mental health and alcohol and drug problems? 

• How do we help people who get better move to lower levels of care?
2. New and/or Emerging Needs

• What community mental health needs and strategies would you like to discuss that have not been mentioned?
3. Identified Service Needs

Previously stakeholders identified the following needs:

**ACCESS**

- Finding the right services
- Getting services when you need it
- Getting care in my community, in my culture, in my language
- Getting to and from services
3. Identified Service Needs (contd)

**CAPACITY**

- Serve those who need it the most
- Improved response to crisis and trauma
- More housing and homeless services
- Assistance with meaningful activity
- Children and youth in-patient and residential beds
- More support for family members and loved ones of consumers
- Support for peer and family partner providers
- Care for the homebound frail and elderly
- Intervening early in psychosis
3. Identified Service Needs (contd)

Integration

• Better coordination of care between providers of mental health, substance use disorders, homeless services and primary care
• Help with moving to a lower level of care as people get better
• More transparent program and fiscal accountability
• Better communication to enable stakeholder trust and participation
How You Can Provide Input

• Participate in today’s community forum
• Provide verbal and/or written input to Contra Costa Behavioral Health Service representatives
• Participate in CCBHS sponsored stakeholder committees and workgroups
• Send email to mhsa@hsd.cccounty.us

  – Input received before December 31 will be considered in the development of the DRAFT MHSA Three Year Plan.
  – Input received after December 31 will be considered comments on the draft plan.
What Happens After Today

• Draft MHSA Plan for FY 17-20 developed  
  FEB
• Draft Plan posted and circulated for 
  stakeholder and 30 day public comment  
  MAR
• Mental Health Commission hosts a public hearing  
  APR
• Draft Plan summarizes, analyzes and responds to any 
  substantive written recommendations for revisions  
  MAY
• Mental Health Commission reviews the Three Year Plan 
  and makes recommendations  
  MAY
• Board of Supervisors reviews and approves the final 
  Plan for FY 17-20  
  JUN
Today’s Agenda

3:00 – Welcome, overview of MHSA and the Community Planning Process
3:30 - Introduction to CCBHS stakeholder committees
3:45 - Introduction of small group discussion topics
4:00 – Break
4:15 – Small group discussions
5:45 – Summary and next steps
6:00 – Optional input invited
  • Provide public comment
  • Apply your dots to prioritize service needs
  • Provide written input
  • Speak with CCBHS staff
  • Evaluate today’s event

Reasonable Accommodations: Spanish translation, gift cards available upon request
## Contra Costa Behavioral Health Stakeholder Calendar
### December 2016

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