Contra Costa County
Mental Health Services Act
Community Forum

Community Program Planning Process for the Fiscal Year 2017-20 MHSA Three Year Program and Expenditure Plan
October 6, 2016 – West Contra Costa County

Mental Health Services Act (MHSA)

- Proposition 63 voted into law in November 2004 by California’s citizens.
- Taxed 1% of income over $1 million.
- Provides additional funding to the County’s existing public mental health system of care.
- Services are to be consumer driven, family focused, based in the community, culturally competent, and integrated with other appropriate health and social services.
- Requires that a three year program and expenditure plan be developed with the active participation of local stakeholders in a community program planning process.

MHSA Three Year Program and Expenditure Plan

- Contra Costa's current Three Year Plan was approved by the Board of Supervisors for FY 2014-17.
- Preceded by a comprehensive community program planning process.
- Over 500 consumers, family members, service providers and other interested individuals participated in 52 focus groups and community forums that identified service needs, and offered strategies for meeting these needs.
- We are asking for your input as we prepare for the upcoming Three Year Plan starting July 2017.
Current MHSA Three Year Plan

For Fiscal Year 2016-17 the Three Year Plan set aside $43.1 million for over 80 programs and plan elements in the following five components:

- **Community Services and Supports** – $31.6 million for children with serious emotional disturbance and adults with serious mental illness.
- **Prevention and Early Intervention** – $8 million for services to prevent mental illness from becoming severe and debilitating.
- **Innovation** – $2 million for new or different patterns of service that can be subsequently added into the system.
- **Workforce Education and Training** – $550,000 to recruit and retain CCBHS County employees and contract staff.
- **Capital Facilities/Information Technology** – $850,000 toward implementing an electronic mental health record system.

The full Three Year Plan and FY 16-17 Plan Update is on the MHSA web page.

What Input do We Need From You Today?

We would like input from you in three areas:

1. Discuss current mental health issues in the community, and strategies to address these issues
2. Identify new and/or emerging public mental health needs and recommended strategies for meeting these needs.
3. Prioritize previously identified service needs

1. Current Mental Health Issues

Issues identified by Consumers:

- What does help getting to and from services look like?
- What should services in my culture look like?
- How can I get housing that I can afford?
1. Current Mental Health Issues (contd)

Issues identified by Family Members:
• Help in navigating mental health, medical and alcohol and drug services – what should that look like?
• What should emotional support of family members look like?
• How should public mental health partner with the community when violence and trauma occurs?

1. Current Mental Health Issues (contd)

Issues identified by Service Providers:
• What should care look like for persons with serious mental illness who live in supportive housing?
• How do we care for young people who have both mental health and alcohol and drug problems?
• How do we help people who get better move to lower levels of care?

2. New and/or Emerging Needs

• What community mental health needs and strategies would you like to discuss that have not been mentioned?
3. Identified Service Needs

Previously stakeholders identified the following needs:

**ACCESS**
- Finding the right services
- Getting services when you need it
- Getting care in my community, in my culture, in my language
- Getting to and from services

**CAPACITY**
- Serve those who need it the most
- Improved response to crisis and trauma
- More housing and homeless services
- Assistance with meaningful activity
- Children and youth in-patient and residential beds
- More support for family members and loved ones of consumers
- Support for peer and family partner providers
- Care for the homebound frail and elderly
- Intervening early in psychosis

**Integration**
- Better coordination of care between providers of mental health, substance use disorders, homeless services and primary care
- Help with moving to a lower level of care as people get better
- More transparent program and fiscal accountability
- Better communication to enable stakeholder trust and participation
How You Can Provide Input

- Participate in today's community forum
- Provide verbal and/or written input to Contra Costa Behavioral Health Service representatives
- Participate in CCBHS sponsored stakeholder committees and workgroups
- Send email to mhsa@hsd.cccounty.us

   - Input received before December 31 will be considered in the development of the DRAFT MHSAs Three Year Plan.
   - Input received after December 31 will be considered comments on the draft plan.

What Happens After Today

- Draft MHSAs Plan for FY 17-20 developed
  FEB
- Draft Plan posted and circulated for stakeholder and 30 day public comment
  MAR
- Mental Health Commission hosts a public hearing
  APR
- Draft Plan summarizes, analyzes and responds to any substantive written recommendations for revisions
  MAY
- Mental Health Commission reviews the Three Year Plan and makes recommendations
  MAY
- Board of Supervisors reviews and approves the final Plan for FY 17-20
  JUN

Today's Agenda

3:00 – Welcome, overview of MHSAs and the Community Planning Process
3:30 – Introduction to CCBHS stakeholder committees
3:45 – Introduction of small group discussion topics
4:00 – Break
4:15 – Small group discussions
5:45 – Summary and next steps
6:00 – Optional input invited
   - Provide public comment
   - Apply your dose to prioritize service needs
   - Provide written input
   - Speak with CCBHS staff
   - Evaluate today's event

Reasonable Accommodations: Spanish translation, gift cards available upon request
# Contra Costa Behavioral Health Stakeholder Calendar

**October 2016**

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<th>Sun</th>
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|     |     |     | **MH Commission:** 4:30 - 6:30 pm  
550 Ellinwood Way  
Pleasant Hill | **Community Event:**  
Maple Hall  
San Pablo |     |     |     |
| 9   | 10  | 11  | 12  | 13  | 14  | 15  |
|     | **Social Inclusion:** 3:00 - 5:00 pm  
2425 Bisso Ln,  
Concord |     | **CPAW Systems of Care:**  
10am - 12 pm  
1340 Arnold Dr,  
Ste 200, Martinez | **Children's Teens and Young Adults:**  
11:00- 1:00 pm,  
1340 Arnold Dr,  
Ste 200, Martinez |     |     |     |
| 16  | 17  | 18  | 19  | 20  | 21  | 22  |
|     | **CPAW Membership:** 3:00 - 4:30 pm  
1340 Arnold Dr,  
Ste 200, Martinez |     |     | **CPAW Steering:**  
3:00 - 4:30 pm  
1340 Arnold Dr,  
Ste 200, Martinez |     |     |     |
| 23  | 24  | 25  | 26  | 27  | 28  | 29  |
|     | **CPAW Innovation:** 2:30 - 4:30 pm  
1340 Arnold Dr,  
Ste 200, Martinez | **Adult:**  
3:00 - 4:30pm  
1340 Arnold Dr,  
Ste 200, Martinez | **Aging and Older Adult:**  
2:00 - 3:30 pm  
2425 Bisso Ln,  
Concord  
AOD Advisory Board:  
4 - 6pm, 2nd Floor,  
1220 Morello, Martinez |     |     |     |
| 30  | 31  |     |     |     |     |     |

*Happy Halloween*