



MHSA End of Year Snapshot Appian House and Bissell Cottages TLP's July 1, 2008 – June 30, 2009

SUMMARY

- Number of MHSA youth served: 18
- Number of youth exiting TLP during report period: 14
- Average TLP length of stay (of those who exited): 7 months
- Living situation at exit: 7 youth exited into permanent housing, 2 youth reunited with family, 4 youth moved in with a friend, 1 youth exited program to an unknown location
- Former foster youth: 9
- Services received: All participants receive wraparound clinical case management services from her/his MHSA Personal Services Coordinator, life skills education, an individual development plan, case management, peer support groups, housing search assistance, counseling/therapy, assistance with finding employment, 24 hour/365 days a year on-site staffing support.

PARTICIPANTS THAT EXITED SERVICES FY 08-09

Client A

- *Age at intake: 20
- *Stayed in TLP program 10 months
- *Successfully completed entire life skills curriculum offered in program
- *Enrolled at Contra Costa College
- *Enrolled in MHSA TAY program to support intensive mental health needs
- *Secured a psychiatrist and managed medications during stay
- *Completed bi-weekly anger management program at Appian House
- *Completed nutrition and sexual health training
- * Volunteered on a monthly basis to complete food bank runs for agency programs
- * Participated as a guest facilitator for Life Skills group on community safety practices in Richmond
- *Appian case manager successfully qualified him for SSI benefits for mental health disability
- *Moved into an apartment with his brother that he inherited from a deceased family member
- *Left services with \$410 in savings

Client B

- *Age at intake: 19
- * Stayed 12 months in TLP program (10 mo during 08-09)
- *Enrolled in MHSA TAY program to meet her intensive mental health needs
- *Consistently maintained part-time employment throughout her stay at Appian
- *Successfully completed 4 semesters of community college in the field of Early Child Education
- *Successfully completed entire life skills and anger management curriculum offered at program
- *Moved into her own permanent housing apartment
- *Left services with \$1,530 savings

Client C

- *Age at intake: 22
- *Stayed in TLP program 4 months (3 mo. during 08-09)
- *Successfully participated in life skills curriculum offered in program
- *Enrolled in MHSA TAY program to meet intensive mental health needs
- *Secured a psychiatrist and managed medications during her stay
- *Successfully completed Richmond Works Summer Jobs program and transitioned into full-time employment
- *Attended youth LGBTQQI social support programs in Berkeley and San Francisco
- *Completed nutrition and domestic violence program
- *Moved into an apartment with a friend
- *Left services with \$112 savings

Client D

- * Age at intake: 18
- * Stayed in TLP program 5 months (directly from emancipation)
- * Continued working towards her high school diploma while residing at Appian
- *Enrolled in MHSA TAY program to meet intensive mental health needs
- *Completed nutrition and sexual health training
- * Reunited with her aunt in Richmond
- * Left program with \$200 in savings

Client E

- *Age at intake: 21
- * Stayed in TLP program 8 mo
- *Enrolled in MHSA TAY program to meet her intensive mental health needs
- *Secured a psychiatrist and managed medications during her stay
- *Consistently maintained part-time employment doing sales throughout her stay at Appian
- *Successfully completed 2 semesters of community college in the field of Early Child Education
- *Completed entire life skills and anger management curriculum offered at program
- *Accepted into Permanent Connections permanent housing program and is moving into her own apartment in August of 2009
- *Left services with \$1,134 savings

Client F

- *Age at intake: 18
- *Stayed in TLP program 11 months
- * Enrolled in MHSA TAY program to meet intensive mental health needs
- * Successful passed the high school exit exam achieving a High School Diploma *Consistently maintained part-time employment working as a child care worker throughout her stay at Bissell Cottages
- *Successfully completed 3 semesters of Massage Therapy School
- *Completed entire life skills curriculum offered at program
- *Attended youth LGBTQQI social support programs in Berkeley
- *Completed nutrition and sexual health training
- *Moved into her own permanent housing apartment
- *Left services with \$830 savings

Client G

- * Age at intake: 20
- * Stayed in TLP program 9 months
- * Enrolled in MHSA TAY program to meet intensive mental health needs
- * Consistently maintained part-time employment tutoring youth throughout his stay at Bissell Cottages
- * Successfully completed 2 semesters of community college in the field of Journalism
- * Worked as a writer for the local school newspaper and was published on a regular basis
- * Successfully participated in life skills curriculum offered at program
- * Moved into a shared living situation with friends from school
- * Left program with \$460 in savings

Client H

Age at intake: 20

- * Stayed in TLP program 1 month
- * Participated in the East Bay Works Summer jobs program at a local farm
- * Attended domestic violence classes to satisfy court order requirements
- * Engaged in Proud Father's program with the Family Stress Center to improve parenting skills
- * Enrolled in MHSA TAY program to meet intensive mental health needs
- * Secured a psychiatrist and managed medications during his stay
- * Successfully participated in life skills curriculum offered in program
- * Moved into a shared living situation with friends

Client I

* Age at intake: 21

- * Stayed 11 months in TLP program (9 mo in 08-09)
- * Successfully completed entire life skills and anger management curriculum offered in program
- * Successfully graduated at the top of her class in a Certified Nursing Assistant (CNA) program
- * Enrolled in MHSA TAY program to meet intensive mental health needs
- * Successfully completed Richmond Works Summer Jobs program
- * Ongoing volunteer work feeding homeless adults at soup kitchen
- * Moved into her own permanent housing apartment
- * Left services with \$328 savings

Client J

* Age at intake: 19

- * Stayed 20 mo in TLP program (7mo in 08-09)
- * Maintained part-time enrollment in community college throughout stay at Bissell Cottages
- * Enrolled in MHSA TAY program to meet intensive mental health needs
- * Secured a psychiatrist and managed medications during his stay
- * Successfully completed entire life curriculum offered at program
- * Ongoing volunteer work feeding homeless adults at soup kitchen
- * Moved into his own permanent housing apartment
- * Left services with \$870 in savings

Client K

- *Age at intake: 18
- *Stayed 3 months in TLP program
- * Attended adult school to work towards achieving his GED
- *Enrolled in MHSA TAY program to meet intensive mental health needs
- *Secured a psychiatrist and managed medications during his stay
- * Initiated a Social Security Income application
- *Successfully participated in life skills curriculum offered in program

Client L

- * Age at intake: 22
- * Stayed in TLP program 1 month
- * Enrolled in MHSA TAY program to meet intensive mental health needs
- *Successfully participated in life skills curriculum offered in program
- *Moved in with partner upon exiting from Appian House

Client M

- *Age at intake: 22
- *Stayed in TLP program 3 months
- *Enrolled in MHSA TAY program to meet intensive mental health needs
- *Secured a psychiatrist and managed medications during her stay
- *Enrolled in Construction Management Program at local community college
- *Successfully participated in life skills curriculum offered in program
- *Left program to reunify with her mother

Client N

- *Age at intake: 21
- *Stayed in TLP program 1 month
- *Enrolled in MHSA TAY program to meet intensive mental health needs
- *Successfully participated in life skills curriculum offered in program
- *Moved into his own permanent housing apartment

YOUTH REMAINING IN MHSA PROGRAMS AS OF JULY 1, 2009

Client O

- *In TLP program for past 13 months
- *Attending community college full-time
- *Currently employed with East Bay Works Summer Jobs program
- *Enrolled in MHSA TAY program to meet intensive mental health needs
- *Participating in life skills curriculum at Bissell Cottages
- *Accepted into Permanent Connections permanent housing program and is moving into his own apartment in August of 2009

Client P

- *In TLP program for past 23 months
- *Currently employed with Richmond Works Summer Jobs program
- *Enrolled in MHSA program to meet intensive mental health needs
- *Secured a psychiatrist and managed medications during his stay
- *Attended youth LGBTQQI social support programs in Berkeley and San Francisco
- *Participating in life skills curriculum at Bissell Cottages
- *Currently working with Bissell staff on family reunification upon graduation from TLP

Client Q

*Age at intake: 20

*In TLP program for past 1 month

*Currently employed with Youth Empowerment Center with a summer job that will turn permanent at the end of the summer

*Participating in life skills curriculum at Bissell Cottages

*Attends weekly individual therapy with outside service provider

Client R

*Age at intake: 21

*In TLP program for past 1 month

*Currently employed with Youth Empowerment Center with a summer job that will turn permanent at the end of the summer

*Participating in life skills curriculum at Bissell Cottages