

# Consolidated Planning and Advisory Workgroup (CPAW)

Thursday, January 5, 2023

3:00 pm – 5:00 pm

Meeting Access via Online Zoom Video Conference and Telephone Conference:

<https://homebaseccc.zoom.us/j/84801163858?pwd=d01ZbHN0bHZ5V1NCeDdZUkh2SW1pQT09>

Call In Number: 1-669-900-6833 Meeting ID Code: 848 0116 3858 Password: 390775



**Members Attending:** Douglas Dunn, Y’Anad Burrell, Beth Limberg, Anna Lubarov, Lucy Espinosa Nelson, Roberto Roman, Jennifer Tuipulotu, Amelia Wood

**Behavior Health Director:** Dr. Suzanne Tavano

**Staff Attending:** Mariella Acosta, Cynthia Ayala, Jessica Hunt, Kennisha Johnson, Jonathon San Juan, Ellie Shirgul, Debbie Thomas, Genoveva Zesati

**Public Participants:** Susan Norwick Horrocks, Jill Ray

**Facilitator:** Mark Mora

**Recorder:** Audrey Montana

**Staff Support:** Jennifer Bruggeman

**Excused from Meeting:** None

**Absent from Meeting:** Chaplain Creekmore, Tom Gilbert, Carolyn Goldstein-Hidalgo, James Lancaster, Leslie May, Melinda O’Day, Johanna Wagner, Graham Wiseman

TOPIC	ISSUE/CONCLUSION	ACTION/ RECOMMENDATION	PARTY RESPONSIBLE
1. Welcome <ul style="list-style-type: none"> <li>• Call to Order</li> <li>• Roll Call</li> <li>• Review Working Agreement</li> <li>• Finalize Meeting Notes</li> <li>• Announcements</li> </ul>	<ul style="list-style-type: none"> <li>• <b>Welcome, Call to Order</b></li> <li>• <b>Roll Call</b></li> <li>• <b>Reviewed Working Agreement</b></li> <li>• <b>Meeting Notes:</b> Reviewed meeting notes (October 6, 2022). No revisions recommended.</li> <li>• <b>Announcements</b> <ul style="list-style-type: none"> <li>○ (Susan Horrocks Nelson) Free NAMI Basics Class starts January 21 - hybrid (in-person and Zoom). For Parents and Families of children and adolescents under the age of 22 who</li> </ul> </li> </ul>	Information  Notes will be posted to MESA CPAW website.	Mark Mora (Facilitator)  Audrey Montana to post notes.

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	<p>are struggling with mental health concerns.</p> <ul style="list-style-type: none"> <li>○ (Jennifer Bruggeman) There will be a Mental Health Community Forum at the Richmond Memorial Auditorium in Richmond on Saturday, January 21 from 10:00 am to 3:00 pm. Flyer provided. Free event and food provided.</li> <li>● <b>Poll</b> - Completed</li> </ul>		
<p>2. Stakeholder Sharing by Meeting Groups</p> <ul style="list-style-type: none"> <li>● Adults Committee</li> <li>● Aging &amp; Older Adults Committee</li> <li>● Alcohol and Other Drug Services (AOD) Advisory Board</li> <li>● Behavioral Health Care Partnership (BHCP) Meeting</li> <li>● Children, Teens and Young Adults (CTYA) Committee</li> <li>● Health, Housing &amp; Homeless Services (H3)</li> <li>● Innovation (INN) Committee</li> <li>● Membership Committee</li> <li>● Mental Health Commission (MHC)</li> <li>● Reducing Health Disparities (RHD)</li> <li>● Social Inclusion Committee</li> <li>● Suicide Prevention Committee</li> </ul>	<p><b>Adults:</b> No additional comments.</p> <p><b>Aging &amp; Older Adults Committee:</b> No additional comments.</p> <p><b>Alcohol and Other Drug Services (AOD) Advisory Board -</b> No additional comments.</p> <p><b>Behavioral Health Care Partnership (BHCP):</b></p> <ul style="list-style-type: none"> <li>● Meet the third Tuesday of the month from 1:30 to 3:00 pm. This month will meet January 17th.</li> </ul> <p><b>Children, Teens and Young Adults (CTYA) Committee:</b> No additional comments.</p> <p><b>Health, Housing and Homeless Services (H3):</b> No additional comments.</p> <p><b>Innovation (INN) Committee:</b> No additional comments.</p> <p><b>Membership Committee:</b> No additional comments.</p> <p><b>Mental Health Commission (MHC):</b></p> <ul style="list-style-type: none"> <li>● Met yesterday. Commissioner Leslie May presented on “Survival – The Effect of the 2020 Pandemic on Youth and Adolescents Inclusive of Sexual Assault and Suicide”</li> </ul> <p><b>Mental Health Commission (MHC) – Quality of Care:</b> No additional comments.</p> <p><b>Reducing Health Disparities (RHD):</b> No additional comments.</p> <p><b>Social Inclusion Committee:</b> No additional comments.</p> <p><b>Suicide Prevention Committee:</b> No additional comments.</p>		<p>Committee Representatives</p>

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<ul style="list-style-type: none"> <li>System of Care Committee</li> </ul>	<p><b>System of Care Committee:</b> No additional comments.</p>		
<p>3. Dialogue and Update from Contra Costa Behavioral Health Services (BHS) Executive Leadership</p>	<p><b>Dialogue with Contra Costa County Behavioral Health Services (BHS) Executive Leadership</b></p> <p><b>Dr. Suzanne Tavano:</b></p> <ul style="list-style-type: none"> <li>Behavioral Health Continuum Infrastructure Program <ul style="list-style-type: none"> <li>Submitting proposals for purchase and development of property- total six sites to submit proposals to the State. Looking for one additional property. For on-site community services and support programs.</li> </ul> </li> <li>Payment Reform <ul style="list-style-type: none"> <li>Related to MHSA. In effect July 1st. From cost basis to fee for services basis. Emphasis on Direct services and to maximize services can provide</li> </ul> </li> <li>MHSA Community Forums <ul style="list-style-type: none"> <li>Have had several. One more in West County in January.</li> </ul> </li> <li>Youth Psychiatric Unit - Hope to open in May 2023</li> <li>January 1st – State Mandate <ul style="list-style-type: none"> <li>New screening and transitioning tools re access services</li> </ul> </li> <li>Oak Grove Campus – Working on permits to remodel</li> <li>Mental Health Commission – Congratulations to the new Chair, Laura Griffin and Vice Chair, Douglas Dunn</li> <li>AB 2275 New Law – January 1 <ul style="list-style-type: none"> <li>Modification to LPS Act. 5150 starts when signed.</li> </ul> </li> <li>Dr. Tavano sent letters to the Executive Directors of all the Hospitals <ul style="list-style-type: none"> <li>If in detained more than 72 hours, hospital must contact patients’ right advocate and hearing officer and must have probable cause hearing by the seventh day.</li> </ul> </li> </ul>		<p>Dr. Suzanne Tavano (Director, Behavioral Health Services)</p>

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4. Review Community Program Planning Process	<p>Presenter: <b>Jennifer Bruggeman and Genoveva Zesati</b></p> <p>PowerPoint Presentation – <b>“Consolidated Planning and Advisory Workgroup (CPAW) Meeting “</b></p> <ul style="list-style-type: none"> <li>• Community Program Planning Summary <ul style="list-style-type: none"> <li>○ Community Forums 2022 <ul style="list-style-type: none"> <li>▪ November 3 – Kickoff</li> <li>▪ November 1h - Role of CPAW</li> <li>▪ December 15 – Priorities for 2023-2026</li> </ul> </li> <li>○ Focused Presentations <ul style="list-style-type: none"> <li>▪ September 8 – Wellness In Schools Meeting</li> <li>▪ October 26 – Behavioral Health Staff Town Hall</li> <li>▪ November 16 – AODs Advisory Board</li> </ul> </li> <li>○ Community Survey</li> <li>○ Total Number of Participants</li> <li>○ Summary of Feedback from Listening Sessions</li> <li>○ Summary of Feedback from Small Group Discussions</li> <li>○ Demographic Info from Surveys</li> <li>○ Survey Results Summary <ul style="list-style-type: none"> <li>▪ Top Three Groups Not Being Adequately Served by Contra Costa Behavioral Health Services <ul style="list-style-type: none"> <li>❖ Asian American and Pacific Islander (AAPI)</li> <li>❖ People experiencing serious mental illness (SMI)</li> <li>❖ African American Black</li> </ul> </li> <li>▪ Top Three Greatest Barriers to Access <ul style="list-style-type: none"> <li>❖ Appointment availability (time, location, long waits)</li> <li>❖ Stigma / shame around behavioral health</li> <li>❖ Basic needs aren’t being met (food, shelter, transportation, safety)</li> </ul> </li> <li>▪ Top Three Funded Service Areas that have been effective in addressing local behavioral health concerns <ul style="list-style-type: none"> <li>❖ Crisis Services</li> <li>❖ Culturally Responsive Programs (i.e., Prevention</li> </ul> </li> </ul> </li> </ul> </li> </ul>		<p>Jennifer Bruggeman (Mental Health Services Act (MHSA), Program Manager)</p> <p>Genoveva Zesati (Mental Health Services Act (MHSA), Ethnic Services and Training Coordinator, ASA III )</p>

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	<p>and Early Intervention)</p> <ul style="list-style-type: none"> <li>❖ Peer Wellness Centers / Early Psychosis Program <ul style="list-style-type: none"> <li>▪ Preferred methods of providing input: Survey and Live Zoom Events</li> </ul> </li> <li>○ Summary - Priority Funding Areas <ul style="list-style-type: none"> <li>▪ Behavioral Health Continuum Infrastructure Program (BHCIP)</li> <li>▪ Housing</li> <li>▪ Increased staffing</li> <li>▪ Innovation (Pending Proposal – Grants)</li> <li>▪ Workforce Education and Training (WET)</li> </ul> </li> <li>○ Timeline for Community Program and Planning for MHSA Fiscal and Expenditure Plan 2023-2026</li> </ul>		
5. CPAW Meeting Changes	<p>Presenter: <b>Jennifer Bruggeman (presentation continued)</b></p> <ul style="list-style-type: none"> <li>• CPAW Meeting changes <ul style="list-style-type: none"> <li>○ Name Change, Length of Meeting (shorten), Frequency of Meeting, Time of Day, Sub-Committees</li> </ul> </li> <li>• CPAW Meeting Structure</li> <li>• Let’s Take a Vote – Poll Questions and Poll completed</li> <li>• Will update all when determinations made re the changes to the CPAW meeting</li> </ul>		Jennifer Bruggeman (Mental Health Services Act (MHSA), Program Manager)
6. SB 803 (Peer Certification) – Update <ul style="list-style-type: none"> <li>• Q&amp;A</li> </ul>	<p>Presenter: <b>Roberto Roman and Jennifer Tuipulotu</b></p> <ul style="list-style-type: none"> <li>• SB 803 (Peer Certification) -Update <ul style="list-style-type: none"> <li>○ Governor Newsom signed SB 803 in September 2020</li> <li>○ California Mental Health Services Authority (CalMHSA) is the certifying body for Peer Certification</li> <li>○ County Scholarships granted and all allocated</li> <li>○ Exams have started and staff taking exams <ul style="list-style-type: none"> <li>▪ Online and physical locations (Oakland and Fairfield)</li> <li>▪ Office for Consumer Empowerment (OCE) staff help prepare individuals to take the exam - Zoom study groups County wide and community</li> <li>▪ All County Community Support Workers who have</li> </ul> </li> </ul> </li> </ul>		Roberto Roman (Community Support Worker II, Office for Consumer Empowerment  Jenifer Tuipulotu (Program Coordinator, Office for Consumer

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	<p>taken the exam have passed</p> <ul style="list-style-type: none"> <li>▪ Dr. Suzanne Tavano recognized the OCE staff who have devoted time and effort in helping to implement SB 803 and in supporting those working to obtain certification. Is an enormous amount of work. Am really proud of them. Want to express appreciation to all of them. We are looking at changing County job classifications to reflect certification and provide career opportunities.</li> </ul>		Empowerment)
7. Public Comment & Suggestions for Future Agenda Items	<ul style="list-style-type: none"> <li>• (Roberto Roman) Consider future CPAW meetings to be hybrid (Zoom and in person) meetings. (Dr. Suzanne Tavano) The State COVID Emergency provisions come to an end in February. Commissions and Boards would be required to go to a hybrid meeting format. A location provided for physical presence. CPAW is not a Board or Commission. Will receive guidance from our County Administrative Officer. (Jennifer Bruggeman) We will be physically present at Crestwood for the PADs (Psychiatric Advance Directive) program. Getting to know and working with the new staff at Crestwood now.</li> <li>• (Douglas Dunn) How soon discussions start for Care Court? (Dr. Suzanne Tavano) Start planning in 2023, start in 2024.</li> </ul>		Mark Mora
8. Plus / Delta – Review of Meeting	<ul style="list-style-type: none"> <li>• (Douglas Dunn) To Roberto Roman for the excellent update on SB 803. Outstanding MHSA Community Forum presentation.</li> <li>• (Roberto Roman) Appreciation to the MHSA Team for all their hard work with the Community Forums and providing the information and summaries.</li> </ul>	CPAW members and attendees	Mark Mora
9. Adjournment & Next CPAW Meeting	<ul style="list-style-type: none"> <li>• CPAW Steering Committee meeting will be <b>January 19, 2023</b>, from 11:00 am to 12:00 pm via Zoom</li> <li>• The next CPAW meeting will be <b>February 2, 2023, from 3:00 pm to 5:00 pm.</b></li> </ul>		Mark Mora