

Stakeholder Sharing

MHSA Consolidated Planning Advisory Workgroup (CPAW) April 7, 2022 Meeting

Highlights of news to share and areas discussed at recent Contra Costa Behavioral Health Services (CCBHS) supported stakeholder meetings held in February and March 2022.

Adult Committee

- Meetings canceled until further notice.

Aging and Older Adult Committee (AOA) (February 23rd, March 23rd)

February

- The Older Adult COVID-19 Workgroup met on 2/23/22. We discussed the needs for older adults in Contra Costa County, including more accessible transportation, affordable housing, more resources for people with Dementia and other cognitive deficits, an increase in In-Home Supportive Services (IHSS) resources, more facilities that are designed to treat Alcohol and Other Drugs (AOD) disorders and dual diagnoses for older adults, mobile lab services, increased behavioral health staffing, and resources for family members and caregivers. We also discussed the needs of older adults who are coming out of prison and those who may refuse services.
- We also provided feedback on a Contra Costa Health Services messaging campaign to promote the COVID-19 Booster Vaccines.
- We shared that the Social Isolation Comcast commercial that our workgroup created in partnership with the Employment and Human Services Department (EHSD) was back on the air in English and Spanish!

March

- The Older Adult COVID-19 Workgroup met again on 3/23/22. We had informative presentations from Ana Bagtas, MHA, Division Manager, Area Agency on Aging and Sara Levin, MD, Deputy Health Officer. Ana discussed the services that the Area Agency on Aging provides, Contra Costa demographics, and the exciting Master Plan for Aging. Ana discussed ways that stakeholders can get involved in the planning process for the Master Plan in the future by joining a Subcommittee. Dr. Levin provided an update on COVID-19, and answered questions from our workgroup.
- **The workgroup voted and has decided to change the date for our monthly meetings. We will now be meeting on 2nd Wednesdays of the month from 2pm to 3:30pm. Our next meeting will be on Wednesday, April 13th, 2022 from 2pm to 3:30pm on Zoom.**

Alcohol and Other Drugs (AOD) Advisory Board (February 23rd)

February

- Toni Brock presented concerns on the current length of stay in Residential Treatment facilities - 30 days is not enough time to provide effective treatment. Fatima Mata Sol stated the County follows Medi-Cal mandates and there is no 30-day limit. Admission and length of stay is determined by medical necessity determined by a trained professional and a counselor. Also, the program Medical Director can change the course of treatment. In addition, the County is regulated by high oversight requirements.

Dr. Rhiannon Shires presented on the effects of COVID on coping and substance use. Mass experience of trauma due to isolation. COVID Fatigue could lead to substance abuse. Becoming a new norm to cope. Encouraged outreach and education to raise awareness about substance abuse and available resources.

- AOD Staff Report – all providers moving toward in-person services. Call volume is starting to increase. CenterPoint closed but obtained a new provider for services. Prevention services for youth are now primarily school based.
- Delta Landing opened in Pittsburg with 172 beds and includes a full health care clinic.
- The Mental Health Commission conducts program site visits and reviews programs. Is now focusing on people in jail with no access to mental health services. Submitted a proposal to allocate ten million dollars to provide these needed services.

March

- The AOD Board met on March 23rd. Due to the date of the meeting late in the Month of March, a summary of the meeting could not be provided by the publication of this document. A summary of the March meeting will be provided in May.
- The next AOD Board meeting will be April 27, 2022 from 4:00 pm to 6:15 pm.

[Behavioral Health Care Partnership \(BHCP\)](#) (February 15th, March 15th)

February

- Update will be provided at the CPAW meeting

March

- Update will be provided at the CPAW meeting.
- The next meeting will be April 19, 2022, from 1:30 pm – 3:00 pm via Zoom.

[Children, Teens and Young Adults Committee](#)

- Meetings canceled until further notice

[Health, Housing and Homeless Services \(H3\)](#) (February 3rd, March 3rd)

February

- Update will be provided at the CPAW meeting

March

- Update will be provided at the CPAW meeting
- The next Council on Homelessness meeting will be April 7, 2022, from 1:00–3:00 pm via Zoom.

[Innovation Committee \(INN\)](#) (February 28th)

February

- The Innovation Committee met on February 28, 2022 from 2:30 pm to 4:00 pm. The meeting provided updates on existing INN projects (CBSST, and CORE) and discussions on potential future projects (Cultural Humility: Community Defined Practices, and Psychiatric Advance Directives - PADs). Members were also invited to attend the Community Program Planning Process (CPPP) Innovation Event held on March 4, 2022.

March

- No meeting in March. Meets every other month
- The Innovation Committee will meet April 25, 2022, from 2:30 pm to 4:00 pm via Zoom.

[Mental Health Commission \(MHC\)](#) (February 2nd, March 2nd)

February

- Update Crestwood Our House Site Visit interviews and progress on the next site visit to Hope House (scheduled April 7th)
- Discussion of BHS Budget priorities. Presentations for Children/Adolescent Services, Adult and Older adult services, Crisis Services and MHSA Programs. Each Mgr/Chief presented for their own department. Housing services was unable to present. BHS spoke on CalAIM but did not get to budget priorities
- MHSA 3yr plan budget update was also discussed.
- Two motions were moved to the March meeting to discuss and vote on.

March

- The Mental Health Commission discussed, voted on and passed the following four Motions:
 - **Motion brought forth from the December 16, 2021 Quality of Care Committee Meeting:**
“The Mental Health Commission advises Behavioral Health Services and the Board of Supervisors to fund a comprehensive needs assessment of the county’s continuum of care system of placing, tracking, treating, and housing the specialty mental health population.”
 - **Motion brought forth from the February 22, 2022 Justice Systems Committee Meeting:**
“Advise the Board of Supervisors to add to its legislative platform the goal that the State appoint and fund a Statewide Conservatorship Director, whose job it would be to provide uniform guidelines to all counties in the state, under which all counties would operate and conform. The position should be funded and mandates that the State require of the Office of the Public Guardian should be funded.”
 - **Motion brought forth from the February 17, 2022 MHSA-Finance Committee Meeting:**
“The Mental Health Commission (MHC) advises the county Behavioral Health Services (BHS) to actively pursue all state budget approved funding opportunities laid out in the Dept. of State Hospitals (DSH) Incompetent to Stand Trial (IST) Solutions Workgroup Report and Final Report”
 - **Motion brought forth from the December 16, 2021 MHSA-Finance Committee Meeting:**
“The Mental Health Commission advises the county Behavioral Health Services to include a minimum of \$10million to cover the necessary Housing, Treatment, and Services needed for this most vulnerable and highest need population to include:
 - a. *Multi-Service level Forensic and Civil Mental Health Rehabilitation Center (MHRC) treatment and services*
 - b. *Multi-level step down housing, treatment, and services”*
- The Mental Health Commission will meet April 6, 2022, from 4:30 pm to 6:30 pm via Zoom.

[MHC Quality of Care Committee \(MHC QC\)](#) (February 17th, March 17th)

February

- Site Visit Activity: follow up to Crestwood Our House in Vallejo visit; Hope House, Martinez visit on April 7th
- Discuss the impact of the closures and future plans on providing crisis residential services due to Nierika House and Nevin House Closures with Jan Cobaleda-Kegler

- Behavioral Health Services School-Based Programs presentation to the Board of Supervisors, including the Contra Costa County “Wellness in Schools Program”

March

- March 17th meeting was cancelled (no Quorum) but are planning discussion around wellness centers in high school (trends, challenges and bright spots), as well as discussion regarding children and adolescent mental health in the context of COVID-19
- The Quality of Care Committee will meet April 21, 2022 from 3:30 to 5:00 pm via Zoom.

Reducing Health Disparities (RHD) (February 7th)

February

- Gigi Crowder (Executive Director of NAMI Contra Costa) provided a presentation on the African American Uplift Program introducing the program. Provided through a Peer Workforce Investment Grant. These funds are used to support African Americans impacted by mental health challenges offering non-clinical, community defined mental health services.
- Shared Contra Costa Behavioral Health Services (CCBHS) Community Program Planning Process surveys being conducted via Survey Monkey. Surveys in several languages including English, Spanish, Simplified Chinese, Traditional Chinese, Tagalog, Vietnamese, Punjabi, Portuguese, and Farsi. Input helps CCBHS understand community needs and plan for future Mental Health Services Act (MHSA) Three Year Program and Expenditure Plan (FY 2023-2026).
- Paul Taylor (Center for Human Development) provided a presentation on the African American Wellness Program. Designed specifically for east Contra Costa. Focus on men and women 18 years and up and draws on inner strengths and community resources to support physical, mental and emotional wellness. Focuses on Wellness Domains of Occupational, Physical, Environment, Social, Spiritual, Emotional and Financial.

March

- No meeting in March. Meets every other month
- Next Reducing Health Disparities Workgroup meeting is Monday, April 4, 2022, from 3:00 pm to 4:30 pm via Zoom.

Social Inclusion (SI) (March 10th)

February

- No meeting in February.

March

- The March 10th meeting focused on a presentation and discussion on SB 803 and current implementation efforts underway for a Medi-Cal Peer Support Specialist Certification Program into which Contra Costa County has opted.
- The next Social Inclusion meeting will be Thursday, April 14th from 1:30 to 3:30 PM. The Zoom link is <https://cchealth.zoom.us/j/95344660402>. To dial in, call 1-646-518-9805 and enter Meeting ID 953 4466 0402.
- To join the Social Inclusion mailing list, email Roberto.Roman@cchealth.org.

[Suicide Prevention Committee \(SP\)](#) (February 25th, March 25th)

February

- The Suicide Prevention Committee met on February 25, 2022 from 9:00 am to 10:30 am via Zoom. There was a presentation on Suicide Prevention in the Veteran Community by David Shernoff, LCSW, Suicide Prevention Coordinator – East Bay, U.S. Department of Veterans Affairs, Northern California Health Care System.

March

- The Suicide Prevention Committee met on March 25, 2022 from 9:00 am to 10:30 am via Zoom. There was a presentation on Suicide Prevention in the Older Adult Community by Dr. Patrick Arbore, Ed.D., The Institute on Aging, Center for Elderly Suicide Prevention.
- The next Suicide Prevention Committee/Coalition meeting will be April 22, 2022, from 9:00 am to 10:30 am via Zoom.

[Suicide Prevention \(SP\) – Youth Subcommittee](#)

- Meeting quarterly - no meetings in February or March. Next meeting scheduled for April 22nd from 3:30 pm to 4:30 pm. There will be a presentation from CALMHSA's Take Action for Mental Health campaign on activities for May's Mental Health Matters Month.

[System of Care Committee \(SOC\)](#) (February 9th)

February

- Updates were provided on the status of Niereka/Nevin House programs, State grants related to housing and the Measure X Initiative funding (A3 Program of Anyone, Anywhere, Anytime and the Miles Hall Community Crisis Hub).
- Douglas Dunn provided an update on a Mental Health Commission motion to provide (1) three million dollars a year for those considered misdemeanor incompetent to stand trial and (2) ten million dollars a year to treat those considered felony incompetent to stand trial and those on LPS Murphy Conservatorships.
- Gigi Crowder (Executive Director, NAMI Contra Costa) provided a PowerPoint presentation honoring Black History Month - "Black Lives Matter 2!", and the "African American Utilization Report". Described the need for and the details of the African American Uplift Program. Described specific efforts focused on mental health in the African American Community.

March

- No meeting in March. Meet every other month.
- The next System of Care Committee meeting is April 13, 2022, from 10:00 am to 11:30 am via Zoom.

Innovation Community Forum Summary Report



Contra Costa Behavioral Health Services
Mental Health Services Act (MHSA)

Community Forum Overview

Friday,
March 4th, 2022
2:30pm-4:30pm

Virtual Event

Interpretation provided in Spanish, Mandarin, & American Sign Language (ASL)

Registrants – 154

Attendees – 80

Polling

40% had never attended a forum before

33% not at all familiar with MHSA/INN

Region identify with: West (34%), East (30%), North/Central (27%), South (9%)

Affiliation: Peer (28%), Family (28%), Other (30%), Community Member (38%), Provider (54%)

230 responses received through Community Program Planning Process Survey.

Survey open for about 2.5 months

Advertised prior to and at forum

Responses: 204 English, 6 Spanish, 20 in Farsi

Flyers in English, Spanish, Farsi, Chinese

Survey Participant Demographic Data

230 Responses Collected, Some Questions Skipped

Race/ Ethnicity (n=227)	Affiliation (n=228)	Age Range (n=227)	Gender Identity (n=228)	Sexual Orientation (n=228)
American Indian/Native American/ Alaska Native: 1 or .44%	Peer: 73 or 32.01%	10-13 years: 1 or .44%	Female: 163 or 71.8%	Bisexual: 13 or 5.7%
Asian: 28 or 12.33% (20 Afghani, 1 Chinese, 5 Filipino, 1 Hawaiian, 2 Indian, 2 Iranian, 2 Japanese, 1 Jordanian, 1 Palestinian, 4 Decline to State, 4 Other)	Consumer/ Client: 51 or 22.36%	14-18 years: 1 or .44%	Male: 52 or 22.8%	Gay: 3 or 1.31%
Black/African American: 21 or 9.25%	Family Partner: 104 or 45.61%	19-25 years: 14 or 6.16%	Transgender: 2 or .87%	Heterosexual/Straight : 170 or 74.56%
Caucasian/ White: 113 or 49.77%	County Behavioral Health: 26 or 11.4%	26-35 years: 24 or 10.57%	Genderqueer: 2 or .87%	Lesbian: 7 or 3.07%
Latino/a/X/Hispanic: 30 or 13.21%	Behavioral Health CBO: 53 or 10.08%	36-45 years: 50 or 22.02%	Questioning: 0	Queer: 2 or .87%
Pacific Islander: 3 or 1.32%	Community Member: 105 or 46.05%	46-55 years: 42 or 18.5%	Decline to State: 8 or 3.5%	Questioning: 0
Decline to State: 23 or 10.13%	Decline to State: 13 or 5.7%	56-65 years: 51 or 22.46%	Prefer to Self-Describe: 1 or .43%	Decline to State: 26 or 11.4%
Prefer to Self-Describe: 8 or 3.52%	Other: 18 or 7.89%	66+ years: 38 or 16.66%		Prefer to Self-Describe: 7 or 3.07%
		Decline to State: 6 or 2.64%		

Survey Participant Demographic Data (Continued)

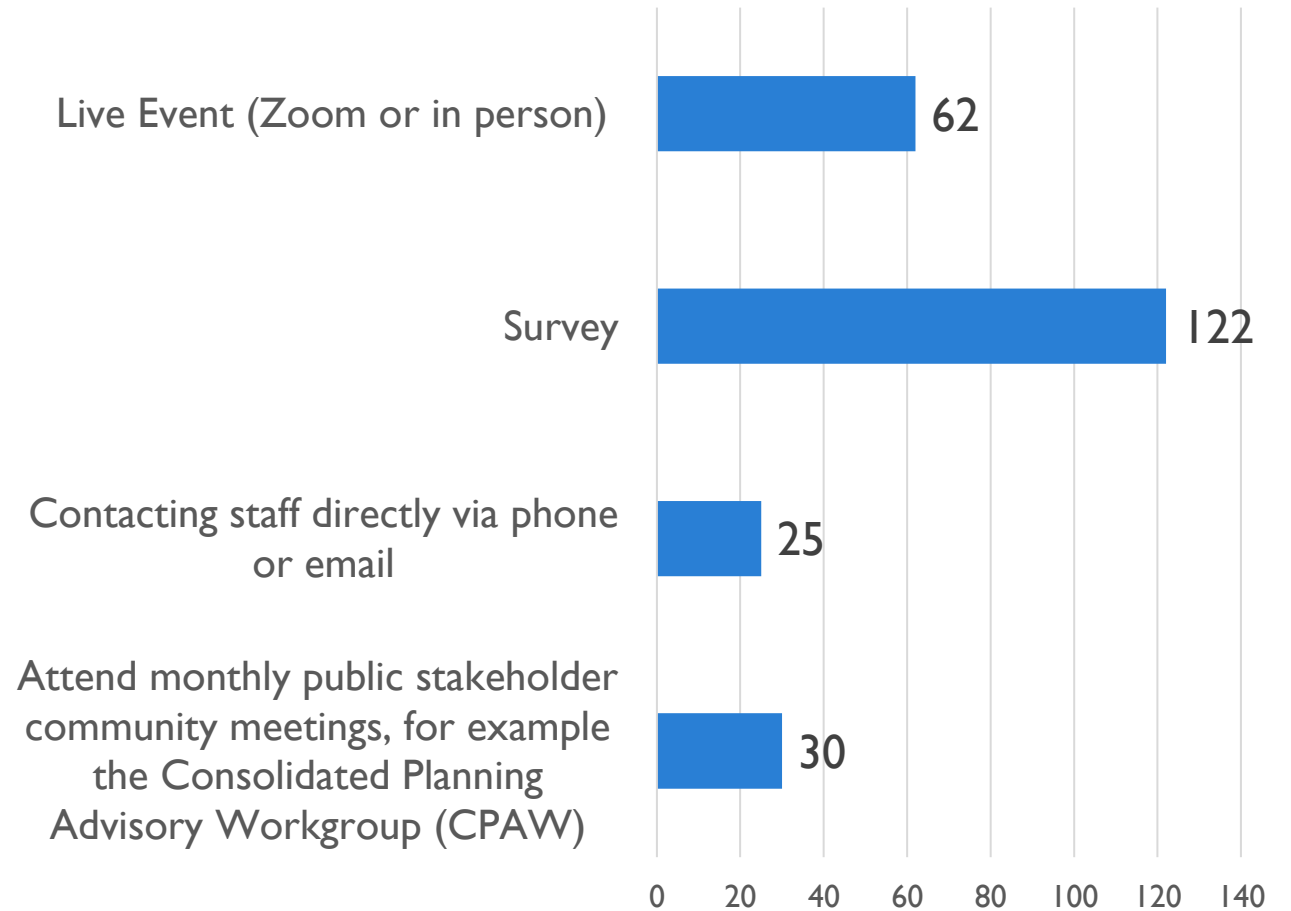
Highest Level of Education (n=228)	Primary Language (n=214)	Disability (n=227)	Region of the County (n=228)	Active, Reserve or Veteran Status (n=226)
Elementary: 1 or .43%	English: 197 or 92.05%	Yes: 40 or 17.62%	Central: 85 or 37.285%	Active: 0
Middle School: 3 or 1.31%	Spanish: 11 or 5.14%	No: 172 or 75.77%	East: 48 or % 21.05	Reserve: 0
High School/ GED: 23 or 10.08%	Other: 18 or 8.41% (13 Dari, 6 Farsi, 12 Pashto)	Decline to State: 16 or 7.04%	South: 10 or 4.38%	Veteran: 13 or 5.75%
Community College: 39 or 17.10%	Decline to State: 1 or .46%		West: 31 or 13.59%	Decline to State: 14 or 6.19%
Trade School: 3 or 1.31%			Other: 14 or 6.14% (Outside of Contra Costa: Hayward, Benicia, Berkeley, Isleton, California, Oakland, Stockton)	
Bachelors: 63 or 27.63%			Decline to State: 27 or 11.84%	
Masters: 64 or 28.07%	*It should be noted that some people identified more than one language as primary language			
Doctoral: 15 or 6.57%				
Decline to State: 16 or 7.01%				
Other: 1 or .43% (Did not have any schooling)				

PRIORITIES ISSUES IDENTIFIED THROUGH SURVEY

1. Increase in Behavioral Health Services (AOD + MH)
2. Housing / Homeless (tied with #3)
3. Care/services for specific populations
4. Access to Care – timely, affordable, culturally & linguistically appropriate
5. Community Building and Support
6. Crisis Services
7. Prevention and Early Intervention
8. Justice Involved / Community Violence
9. School Based Supports / Services
10. Suicide Prevention
11. Transportation

What is your preferred method for providing input regarding how to prioritize spending for Contra Costa Behavioral Health care?

Preferred Method of Providing Input



Innovation Project Ideas and Small Group Discussion Questions

Innovation Project Ideas

- Psychiatric Advanced Directives (PADs)
- Community Defined Practices
- Housing Services

Small Group Discussion Questions

1. What programs and services are helpful or working well? What would you like to see more of?
2. What's not working? Where are the gaps?
3. What Innovation projects interest you?
Do you have questions?

Small Group Discussion Summary

Things that are Working Well:

- CBO's and Grassroots Orgs – RYSE, Putnam, Latina Center, Coalition of Health & Wellness
- Older Adult Program – multi-disciplinary team, home visits
- Collaboration – provider networks
- Organizations doing school-based mental health work

What would you like to see more of?

- Services for specific cultural groups and regions of the county
- Culturally relevant / appropriate services – providers who look like community
- Focus on impact of trauma
- Peer partners and peer-run programs
- Early Intervention for youth
- Better access
- One stop resource hubs

What's not working? Gaps?

- More support for family members – guidance, navigation
- Lack of timely & appropriate access, including staffing shortages
- Culturally responsive care – BIPOC and Immigrant communities
- Lack of housing
- More support for Youth
- Stigma
- Funding for CBO's

Innovation projects

- Strong support for:
 - PADs
 - Micro Grants to CBOs for Community Defined Practices
- Other Potential INN Project Ideas:
 - Experimental treatments for MH – psychedelics, harm reduction focused programs
 - Early intervention to youth in schools

Contra Costa Behavioral Health Stakeholder Calendar April 2021

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4 Reducing Health Disparities (RHD): 3:00 – 4:30 pm (Online/Telephone)	5	6 Mental Health Commission (MHC): 4:30 – 6:30 pm (Online/Telephone)	7 Council on Homelessness: 1:00–3:00 pm (Online/Telephone) CPAW Orientation: (No Orientation) CPAW: 3:00–5:00 pm (Online/Telephone)	8	9
10	11	12	13 System of Care: 10:00–11:30 am (Online/Telephone) Aging /Older Adult COVID-19 Workgroup 2:00–3:30 pm (Online/Telephone)	14 Social Inclusion: 1:30–3:30 pm (Online/Telephone)	15	16
17	18	19 Behavioral Health Care Partnership: 1:30–3:00 pm (Online/Telephone)	20	21 CPAW Steering (2:00–3:00 pm) (Online/Telephone) MHC Quality of Care: 3:30 – 5:00 pm (Online/Telephone)	22 Suicide Prevention Committee (SP) 9:00 – 10:30 am (Online/Telephone) Youth Sub-committee 3:30 – 4:30 pm (Online/Telephone)	23
24	25 Innovation: 2:30 – 4:00 pm (Online/Telephone)	26 Adult: (No meeting)	27 AOD Advisory Board: 4:00 – 6:15 pm (Online/Telephone)	28	29	30