

Consolidated Planning and Advisory Workgroup (CPAW)

Thursday, June 3, 2021

3:00 pm – 5:00 pm

Meeting Access via Online Zoom Video Conference and Telephone Conference:

<https://homebaseccc.zoom.us/j/724180505?pwd=ayswSINGeU02MTMrRkIzSkY1OFYyQT09>

Call In Number: 1-669-900-6833 Meeting ID Code: 724 180 505 Password: 6472



- Members Attending:** Candace Collier, Chaplain Bobby Creekmore, Carolyn Goldstein-Hidalgo, Anna Lubarov, Sara Marsh, Roberto Roman, Amelia Wood
- Staff Attending:** Gerold Loenicker, Jessica Dominguez, Jessica Hunt, Jaime Jenett, Ernesto Robles, Jonathan San Juan, Ellie Shirgul,
- Public Participants:** Victoria Alexander, Grace Ash, Bree Brytus, Chris, Jim Davis, Jenna Dynes, Lisa Finch, Matt G., Yvonne Garcia, Maria Guerrero, Tamara Hunter, Tiffany Jenkins, Julie Kinloch, Carla Liggins, Diane McCart, Susan Norwick Horrocks, Kelly Perryman, Dom Pruett, Colleen Smallfield, Jason Thomas, Sandy Young
- Facilitator:** Amanda Wehrman
- Recorder:** Amanda Wehrman
- Staff Support:** Jennifer Bruggeman
Genoveva Zesati
- Excused from Meeting:** Douglas Dunn
- Absent from Meeting:** Lisa Bruce, Steve Blum, Stephen Boyd, Jo Bruno, Y’Anad Burrell, Courtney Cummings, Tom Gilbert, Dave Kahler, Kimberly Krisch, James Lancaster, Jackie Lerman, Leslie May, Mariposa McCall, Kathi McLaughlin Ryan Nestman, Melinda O’Day, Lauren Rettagliata, Chelise Stroud, Gina Swirsding, Jennifer Tuipulotu, Johanna Wagner, Matthew Wilson, Graham Wiseman

TOPIC	ISSUE/CONCLUSION	ACTION/ RECOMMENDATION	PARTY RESPONSIBLE
1. Welcome – Call to order, Roll Call, Review Working Agreement, Finalize Meeting Minutes • Announcements	<ul style="list-style-type: none"> • Call to Order, Roll Call, Review of Working Agreement <ul style="list-style-type: none"> ○ Finalize Meeting Notes (May 6, 2021) – Minor revisions, approved • Announcements <ul style="list-style-type: none"> ○ (Genoveva Zesati) The Community Based Internship Program’s Request for Qualifications (RFQ) is now posted online on the Contra Costa Health Services homepage: https://cchealth.org/bhs/pdf/RFQ-2021-06-CBO-Internship-Program.pdf 	Information Notes approved. Will be posted to MESA CPAW website.	Amanda Wehrman, Facilitator Audrey Montana to post notes.

TOPIC	ISSUE/CONCLUSION	ACTION/ RECOMMENDATION	PARTY RESPONSIBLE
	<ul style="list-style-type: none"> ◦ (Genoveva Zesati) Free Grief Support Groups are offered virtually through the Contra Costa Crisis Center. Also have support groups held in Spanish. The link is: https://www.crisis-center.org/grief-counseling-resources/ 		
<p>2. Stakeholder Sharing by Meeting Groups</p> <ul style="list-style-type: none"> • Adults Committee • Aging & Older Adults Committee • Alcohol and Other Drug Services (AOD) Advisory Board • Behavioral Health Care Partnership (BHCP) Meeting • Children, Teens and Young Adults (CTYA) Committee • Health, Housing & Homeless Services (H3) – Continuum of Care • Innovation (INN) Committee • Membership Committee • Mental Health Commission (MHC) • Mental Health Commission – Quality of Care • Reducing Health Disparities (RHD) • Social Inclusion Committee • Suicide Prevention Committee • System of Care Committee 	<p>Adults Committee: No additional comments.</p> <p>Aging & Older Adults Committee: No additional comments.</p> <p>Alcohol and Other Drug Services (AOD) Advisory Board: No additional comments.</p> <p>Behavioral Health Care Partnership (BHCP): No additional comments</p> <p>Children, Teens and Young Adults (CTYA) Committee: No additional comments.</p> <p>Health, Housing and Homeless Services (H3): No additional comments,</p> <p>Innovation (INN) Committee: No additional comments.</p> <p>Mental Health Commission (MHC): No additional comments.</p> <p>Mental Health Commission (MHC) – Quality of Care Committee: No additional comments.</p> <p>Reducing Health Disparities (RHD): No additional comments.</p> <p>Social Inclusion Committee: No additional comments.</p> <p>Suicide Prevention Committee: No additional comments.</p> <p>System of Care Committee: No additional comments.</p> <p>Training Advisory Workgroup (TAW): No additional comments.</p>		<p>Committee Representatives</p>

TOPIC	ISSUE/CONCLUSION	ACTION/ RECOMMENDATION	PARTY RESPONSIBLE
<ul style="list-style-type: none"> • Training Advisory Workgroup (TAW) 			
<p>3. Dialogue with Contra Costa Behavioral Health Services (BHS) Executive Leadership</p> <ul style="list-style-type: none"> • Update on Youth Crisis Stabilization Unit (CSU) • State Budget following May Revise – impact on Behavioral Health Systems, including Housing & State Hospitals 	<p>Dialogue with Contra Costa County Behavioral Health Services (BHS) Executive Leadership</p> <p>Gerold Loenicker:</p> <ul style="list-style-type: none"> • COVID-19 Vaccination Status <ul style="list-style-type: none"> ○ Currently at 74% vaccination rate in this County ○ 1.3 million residents at least partially vaccinated • Staffing <ul style="list-style-type: none"> ○ As of June 1st, require all staff to be in person at the clinics and programs at least three out of five days a week ○ In providing remote services, lost touch with many clients ○ Moving toward offering in-person services and also to re-engage with clients ○ Will await word from Governor Newsom for mid-June <p>Comments and Response to Questions:</p> <ul style="list-style-type: none"> • (Chris) When will we able to go out and meet people face to face? Do we need to wait word from Governor Newsom? Response: During the pandemic, the Department of Health Care Services permitted services like TeleHealth. Provisions for TeleHealth are currently still in place. Anticipate with the reopening of California, some of the TeleHealth provisions will go away. Providers are encouraged to resume in-person services. Many of our Community Based Organizations are now seeing clients face-to-face (in the office and in the field). Screen time is not really a good replacement for in-person contact. We are moving in that direction. • (Sara Marsh) Do you know what is going on with RI (Recovery Innovations)? Response: (Jennifer Bruggeman) Later in today’s Agenda we will be providing an update. • (Roberto Roman) Do you have an update on the Crisis Stabilization Unit or the State Budget Revise: Response: We did receive the CHFFA (California Health Facilities 		<p>Gerold Loenicker (Children, Adolescent Program Chief, Behavioral Health Services)</p>

TOPIC	ISSUE/CONCLUSION	ACTION/ RECOMMENDATION	PARTY RESPONSIBLE
	<p>Financing Authority) award to create and open a children’s crisis stabilization unit. We are now actively in the planning process.</p> <ul style="list-style-type: none"> • (Jessica Dominguez) Will TeleHealth still be an option with people with severe anxiety? For some the video option is better. Response: We hope so. Dr. Tavano is a member of the State Association of Behavior Health Directors and is advocating that TeleHealth remains an option. Through TeleHealth was able to reach out to people that we otherwise would not be able to help. A good tool to keep. Waiting to hear from the State. • (Susan Norwick Horrocks) The total number of people quoted as being vaccinated and unvaccinated for the County totals more than the number of people living in this County. Response: (Jennifer Bruggeman) Last night at the Mental Health Commission an update was provided. People who received the vaccine might not be residents of the County. (Jaime Jennett) The County Website refers to doses – approximately 1.3 million doses. The link is: https://www.coronavirus.cchealth.org/vaccine-dashboard • (Genoveva Zesati) Request to rearrange the Agenda a bit for United Way Bay Area present earlier in the Agenda if possible. Response: (Amanda Wehrman) We can do that. 		
<p>4. Remembering Jay Mahler – a pioneer in the Consumer Movement</p>	<p>Presenters: Roberto Roman and Jonathan San Juan - Office for Consumer Empowerment (OCE)</p> <p>PowerPoint Presentation – “Jay Mahler: A Legacy in T-Shirts, Vehicles for Social Change Reflecting a Life Dedicated to Social Change” and “Farewell Blessing”</p> <ul style="list-style-type: none"> • Remembering Jay Mahler <ul style="list-style-type: none"> ○ Was the first coordinator of the Office for Consumer Empowerment. Over a fifty-year history of advocacy. ○ If it were not for Jay, I (Roberto Roman) most likely would not be speaking to you at this meeting today. I 		<p>Roberto Roman (Mental Health Community Support Worker II, Office for Consumer Empowerment)</p> <p>Jonathan San Juan (Mental Health Community</p>

TOPIC	ISSUE/CONCLUSION	ACTION/ RECOMMENDATION	PARTY RESPONSIBLE
	<p>graduated from the SPIRIT Program in 2010 and have been working at OCE since then. Without the work of Jay Mahler, I would not have been able to achieve that.</p> <ul style="list-style-type: none"> ○ Individuals shared thoughts and comments: <ul style="list-style-type: none"> ▪ (Jennifer Bruggeman) I did not know Jay very well but am so grateful we had an opportunity to work with him last September. MHSA hosted the Evolution of the Peer Movement Community Forum. Jay presented at the Forum. Thank you for sharing his live with us today. ▪ (Jessica Dominguez) He impacted so many people’s lives. He impacted my life before I even knew him. He was amazing. ○ Jay Mahler was a pioneer of the peer recovery movement that transformed mental health services in Contra Costa County, the U.S. and beyond ○ We are grateful for the difference he has made in so many people’s lives ○ His life is an example of resilience and dedication that has touched many other lives ○ He is famous for wearing t-shirts conveying messages of advocacy reflecting the movement ○ Provided examples of his t-shirt advocacy – the first three are from a mental health clothing brand Schizophrenic. NYC founded by a person living with a diagnosis of schizophrenia ○ “Don’t Be Paranoid You Look Great”, “It’s Not a Delusion, You are Incredible”, “Define Normal” ○ “I am Not a Case And I Don’t Need To Be Managed!” – from the National Association of Peer Supporters (NAPS) ○ For each t-shirt, listed questions for reflection and contemplation ● Presented YouTube video - Jay’s Recovery Story <ul style="list-style-type: none"> ○ Produced by Peers in Alameda County in 2012 ○ Link to view video: https://youtu.be/sw2ZTwhjYsl 		Support Worker II (Office for Consumer Empowerment)

TOPIC	ISSUE/CONCLUSION	ACTION/ RECOMMENDATION	PARTY RESPONSIBLE
	<ul style="list-style-type: none"> • Committee for Social Inclusion (BHS) <ul style="list-style-type: none"> ○ Launched its public advocacy campaign, “Hope Starts with Us” in 2018 ○ First t-shirt distributed – “Ask Me About Social Inclusion” ○ Included distribution of advocacy t-shirts to committee participants ○ Will debut the second edition of Social Inclusion t-shirts for Mental Health Awareness Month 2021 – presented new t-shirt design ○ On May 13th, the Social Inclusion Committee met but Jay was not well and could not attend. The Committee paid tribute to Jay. We hoped to give a recording of the meeting to Jay. He passed away two days later. <ul style="list-style-type: none"> ▪ We are grateful that we had the opportunity to express what he meant to us and pay tribute to the work that he did. ▪ PowerPoint Presentation (comprised by Jessica Dominguez OCE) – This Farewell Blessing was initially presented at the end of the meeting of May 13th. Today we dedicate this Farewell Blessing to Jay. <p>Comments and Response to Questions:</p> <ul style="list-style-type: none"> • (Member of the public) He helped embezzle \$100,000.00 from Mental Health. • (Genoveva Zesati) I knew Jay through the Reducing Health Disparities meeting and preparing for the Peer Movement Forum. He was working to further equity for Peers. He helped pave the way in Contra Costa County for the program we know today as SPIRIT as well as the Mental Health and Spirituality Initiative. His work impacted many and he used his life experience to help others. 		

TOPIC	ISSUE/CONCLUSION	ACTION/ RECOMMENDATION	PARTY RESPONSIBLE
5. Presentation on the Child Tax Credit	<p>Colleen Smallfield (United Way Bay Area)</p> <p>PowerPoint Presentation – “EITC & YCTC Get Money Back to Families (First 5 Contra Costa)”</p> <p>Also provided for this meeting:</p> <ul style="list-style-type: none"> --Handout with several resource links and --Several informational flyers <ul style="list-style-type: none"> • Two Tax Credits <ul style="list-style-type: none"> ○ Federal Earned Income Tax Credit (EITC) <ul style="list-style-type: none"> ▪ Income up to \$55,952.00 ○ CalEITC <ul style="list-style-type: none"> ▪ Income up to \$30,000 ▪ lived in California at least half of the tax year ▪ have an ITIN or SSN ○ Young Child Tax Credit <ul style="list-style-type: none"> ▪ Must qualify for CalEITC ▪ Have a child under 6 ○ Why Tax Credits? <ul style="list-style-type: none"> ▪ Families get from \$3,000 to \$8,000 depending on income ▪ Cash directly to families • Stimulus Payments <ul style="list-style-type: none"> ○ Federal American Rescue Plan <ul style="list-style-type: none"> ▪ Monthly. Expanded tax credit starting in July 2021 thru December 2021 ▪ Up to \$300 a month for each child (\$250 for older child) ○ We help people file their taxes in order to receive the stimulus payments ○ Golden State Stimulus <ul style="list-style-type: none"> ▪ One Time Payment ▪ \$600 for those who qualify for CalEITC ▪ ITIN fliers: \$1,200 if eligible for CalEITC ▪ If not, more stimulus may be coming 		Colleen Smallfield (Program Director – Earn It! Keep It! Save It! - United Way Bay Area)

TOPIC	ISSUE/CONCLUSION	ACTION/ RECOMMENDATION	PARTY RESPONSIBLE
	<ul style="list-style-type: none"> ○ 2.2 million Californians could miss a total of \$5.7 billion in federal stimulus payments because they didn't file 2019 or 2020 taxes ○ Do need to file taxes to get the stimulus payments (if income under \$12,000 not required to file. But to get stimulus payments, need to file even if income under \$12,000) ○ How to File Taxes (until July 15th) <ul style="list-style-type: none"> ▪ Uwba.org/tax-help/resources best first place for help and have various sites around the Bay Area ▪ Call 211 for information ▪ First5coco.org/cal-eitc-resources-for-families/ ▪ First5cc.org/cal-eitc-resources-for-providers/ ▪ Or email questions for our tax program at nblackmur@first5coco.org ▪ We have fliers to distribute as well ▪ IRS website: https://www.irs.gov/coronavirus/get-my-payment <p>Comments and Response to Questions:</p> <ul style="list-style-type: none"> • (Amelia Wood) If a person has an ITIN number, should they still file? Even if make under \$12,000, should file taxes to get the credits even if have ITIN. Response: Check with our tax sites. • (Matt) I don't have income. Response: Check with our tax sites as there may be some benefits and income to list. • (Chaplain Creekmore) Would it benefit someone getting SSI, SSDI, or local welfare benefits to file? Response: If people have not received their stimulus payments, we would encourage them to file taxes to obtain back stimulus payments. Can contact one of our tax sites to see if they should file. • (Jay) If someone is claimed on someone else's taxes, are they still eligible? Response: Usually no. But, best to contact one of our tax sites. 		

TOPIC	ISSUE/CONCLUSION	ACTION/ RECOMMENDATION	PARTY RESPONSIBLE
	<ul style="list-style-type: none"> • (Sara Marsh) Yes need to hear this information from a trusted messenger. Nonfliers will not get the stimulus. You make presentations on this topic. This will cut child poverty in half. Is a lot of money and we do not need to leave it on the table. Response: Yes. We get lots of requests for presentations. Please have people reach out to us for a presentation. • (Genoveva Zesati) If anyone would like to hear this presentation again, this presentation will also be made at next Monday’s Reducing Health Disparities meeting between 3:00 and 4:30 pm. For information, please email me at genoveva.zesati@cchealth.org. 		
6. Recovery Innovations (RI) Wellness City Update	<p>Recovery Innovations (RI) Wellness City Update:</p> <ul style="list-style-type: none"> • Notified that as of June 30, 2021, Recovery Innovations (RI) will be transitioning out of Contra Costa County • RI made this decision as it is changing direction of some of their services • We were saddened by the news as the RI staff in this County have done great work and developed partnerships with clients • We are happy to announce that the County has been able to identify a service provider to take on services. The County will partner with Putnam Clubhouse to take on the contract previously held by RI. The plan is for services to continue at the three sites. The current RI staff will transition over to Putnam. The contract with Putnam will commence July 1, 2021. • Current RI clients have been informed of this information via a phone call, letter and there will be a Town Hall meeting (scheduled for June 28th). Putnam Clubhouse and CCBHS staff will be present at this meeting. If you have any questions, please have them prepared and can ask them at the June 28th Town Hall meeting. • Town Hall meeting information: <ul style="list-style-type: none"> ○ Zoom: At zoom.us ○ Phone: 1-669-900-9128 		Genoveva Zesati (Workforce, Education and Training (WET)/Ethnic Services Coordinator - Mental Health Services Act)

TOPIC	ISSUE/CONCLUSION	ACTION/ RECOMMENDATION	PARTY RESPONSIBLE
	<ul style="list-style-type: none"> ○ Meeting ID: 918 8515 6600 ○ Pass Code: 2975 ● Thank you to Putnam Clubhouse, Tamara, Sandy, and Jim. We are preparing this month for the transition. Also thank you to RI staff and Putnam staff for helping make this transition more smoothly. This was the best outcome given the circumstances. ● Comments from Putnam Clubhouse Staff <ul style="list-style-type: none"> ▪ (Tamara Hunter) We have worked closely with RI for many years and are thrilled the program is going to be able to continue, clients can remain in the programs and RI staff will be able to remain with the program. We look forward to marching on into new adventures together. ▪ (Sandy Young) We are excited for this opportunity. Looking forward to working together and getting to know everybody. RI has done so much for the community. We are honored to be a part of this transition and in ensuring services continue. We will try to keep the same structure. We are dedicated to continuing that good work. ▪ (Carla Liggins) We are so excited about this familyship. We are so excited for our citizens. To do more for our citizens and community. It is very exciting. We appreciate all the hard work you have all done. ● Comments and Response to Questions: <ul style="list-style-type: none"> ● (Chris) I was the Mayor for RI Wellness City. Would the Mayor now have more duties? Previously had donations so people could buy or receive food. Response: (Genoveva Zesati) The goal is to keep services the same as previously offered. The same staff will be working with the clients. ● (Jason Thomas) People receiving services with RI should please come to the Town Hall meeting – Monday, June 28th. We will do Putnam introductions. We can respond to questions at that time. Chris, I will send you a reminder for the Town Hall meeting. 		

TOPIC	ISSUE/CONCLUSION	ACTION/ RECOMMENDATION	PARTY RESPONSIBLE
	<ul style="list-style-type: none"> • (Lisa Finch) Thank you Tamara, Jim, and Sandy for all your work. Our citizens and my staff have been amazing. This has been quite a rollercoaster. Cannot tell you how thankful and grateful we are. You have worked tirelessly to save all of us. Can't tell you how much we appreciate that. Geni thank you for all the support. I really, really appreciate it. Thank you. • (Jenna Dynnes) I am so grateful that Putnam has recognized the hard work that we have put in over the years. Our citizens are still going to have a place to go. Incredibly grateful. I am excited to be on board. Thank you. • (Diane McCart) Want to thank Putnam Clubhouse for picking us up. It has been a rough month or two of not knowing what was going on. I know you put a lot of hard work in making this all happen. It is so appreciated. We have such a great team. Looking forward to meshing and becoming one. Thank you all so much. • (Chris) Heard some in Concord died due to homelessness. Some lost touch with RI due to COVID. Some did not have cell phones or computers. Need a list of those citizens. Also, from San Pablo and Antioch. They need to get back into regularly going to the Wellness Center. • (Jonathan San Juan) So impressed with Chris. I think you will be one of the leaders. Am happy to see that. Thank you. 		
<p>6. Update on Suicide Prevention Request for Proposals (RFP)</p>	<p>Suicide Prevention Request for Proposals (RFP):</p> <ul style="list-style-type: none"> • Suicide Prevention program Request for Proposals (RFP) was issued • Three different agencies in the County applied. A Panel reviewed the applications. Conducted interviews of applicants. • The Contra Costa Crisis Center has been awarded the contract. <ul style="list-style-type: none"> ▪ Their proposal is a Suicide Prevention Call Program ▪ People after being released from mental health detention or psychiatric stays or hospital stays, are very vulnerable 		<p>Jennifer Bruggeman (Mental Health Services Act Program Manager)</p>

TOPIC	ISSUE/CONCLUSION	ACTION/ RECOMMENDATION	PARTY RESPONSIBLE
	<ul style="list-style-type: none"> ▪ Could have had experienced depression, problems with issues of Suicide, etc. ▪ They need to be connected to care ▪ While the person is still in the hospital or in psychiatric emergency services (PES), will be offered the services and provide consent prior to being released. Once released, within four to eight hours, someone from the Crisis Center would call that person. The Center staff will follow up with the person from that day thru the following year. ▪ Provide emotional support, listen, connect the person with services and resources ▪ We are hoping this program could be implemented in July ▪ We will keep CPAW updated on this new program • Mental Health Commission Meeting on July 7th (4:30 pm) <ul style="list-style-type: none"> ▪ Public Hearing for the Mental Health Services Act (MHSA) Annual Update Fiscal Year 2021-2022 ▪ At that time, will provide an overview of the Plan Update ▪ Public Comment welcomed and heard <p>Comments and Response to Questions:</p> <ul style="list-style-type: none"> • (Chris) Will that help people with depression and suicidal thoughts? Response: Yes. The Crisis Center has staff to help people released from mental health hospitals or from Psychiatric Emergency Services (PES). • (Sara Marsh) Do you want people to come for the Public Comment component of the Public Hearing? Response: People are welcome to come. Another way to provide Public Comment on the Plan is to go to the cchealth.org on the MHSA website, The Plan and public comment cards are posted there. Can submit a comment card or just send an email to MHSA. We would like to hear from you through one of those channels. 		
7. Public Comment and Suggestions for Future Agenda Items	<ul style="list-style-type: none"> • (Sara Marsh) Suggest invite The Contra Costa Crisis Center to present on their proposal for the Suicide Prevention RFP. Also, an update on the Putnam RI collaboration. 	CPAW members and attendees	Amanda Wehrman

TOPIC	ISSUE/CONCLUSION	ACTION/ RECOMMENDATION	PARTY RESPONSIBLE
8. Plus / Delta – Review of Meeting	<ul style="list-style-type: none"> • (Roberto Roman) Was happy to hear the news of the transition for RI and Putnam. It means a lot. Once again to express appreciation for the opportunity to share today the tribute to Jay Mahler. The difference he has made in my life and the lives of my colleagues. • (Chris) I found this meeting very helpful. I hope that we all can receive help from the people who attend these meetings. Everyone must have access to meetings and resources. Thank you for the help. • (Diane McCart) Thank you for your input, Chris. It is very important that your voice is heard. I appreciate you. 		
9. Adjournment & Next CPAW Meeting Information	<ul style="list-style-type: none"> • The next CPAW meeting will be July 1, 2021 from 3:00 pm to 5:00 pm. 		Amanda Wehrman