

Consolidated Planning and Advisory Workgroup (CPAW)

Thursday, April 2, 2020

3:00 pm – 5:00 pm

Meeting Access via Online Zoom Video Conference and Telephone Conference:

<https://homebaseccc.zoom.us/j/2731045050>

Call in Number: 1-669-900-6833 Meeting ID Code: 273 104 5050



Members Attending: Steve Blum, Stephen Boyd, Candace Collier, Doug Dunn, Anna Lubarov, Sara Marsh, Kathi McLaughlin, Lauren Rettagliata, Roberto Roman, Jennifer Tuipulotu, Amelia Wood

Staff Attending: Janet Costa, Gerold Loenicker, Windy Taylor, Dr. Suzanne Tavano, Dr. Matthew White, Genoveva Zesati

Public Participants: Vanessa Blum, Carolyn Goldstein, Margaret Netherby, Tom Tamura

Facilitator: Amanda Wehrman

Recorder: Audrey Montana

Staff Support: Jennifer Bruggeman

Excused from Meeting: None

Absent from Meeting: Lisa Bruce, Jo Bruno, Y’Anad Burrell, Courtney Cummings, Tom Gilbert, Dave Kahler, Kimberly Krisch, James Lancaster, Jackie Lerman, Lesley May, Mariposa McCall, Ryan Nestman, Melinda O’Day, Chelise Stroud, Gina Swirsding, Johanna Wagner, Matthew Wilson, Graham Wiseman, Sam Yoshioka

TOPIC	ISSUE/CONCLUSION	ACTION/ RECOMMENDATION	PARTY RESPONSIBLE
1. Welcome – Roll Call, Call to Order <ul style="list-style-type: none"> • Review Working Agreement • Announcements • Finalize Meeting Notes 	<ul style="list-style-type: none"> • Roll Call, Call to Order • Review Working Agreement • Announcements <ul style="list-style-type: none"> ○ (Jennifer Bruggeman) The MHSA Three Year Plan for 2020-2023 has been posted for thirty days. The public hearing on the MHSA Three Year Plan was scheduled to be held during the Mental Health Commission meeting yesterday. Due to COVID-19, there was no public hearing 	Information Notes approved. Will be posted to MHSA CPAW website.	Amanda Wehrman, Facilitator Audrey Montana to post notes

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	<p>on this Three Year Plan during the Mental Health Commission meeting. Dr. Tavano determined that the public hearing will be postponed for at least one month until the next Mental Health Commission meeting in May or June. There is a potential economic impact and loss of tax based revenue due to COVID-19 which could impact the funding situation for MHSA. Dr. Tavano spoke of this issue during the Mental Health Commission meeting yesterday.</p> <ul style="list-style-type: none"> ○ (Douglas Dunn) NAMI Contra Costa is closed until further notice. NAMI will still be conducting support groups via Zoom. If those involved did not get the email, please let him know. He will ensure the information will be provided. ○ (Kathi McLaughlin) Alhambra High School was initially going to be used by the federal government as an overflow hospital for the Contra Costa Regional Medical Center. Instead, a location in West Contra Costa will be used. Alhambra High School may be used for storage or as a parking lot during that time. ○ (Jennifer Bruggeman) 211 is stepping up services to be a resource hub for the community. 211 provides information and resources. Lesley Garcia from 211 is asking any community providers that if your information as to access to your services has changed (i.e. hours changed), please contact the 211 Data Base Manager, Blanca, at (925) 939-1916. ○ (Kathi McLaughlin) Martinez Unified School District will continue to provide meals. School breakfasts and lunches will be provided during the Spring break coming up next week. There are no income requirements. There is no requirement the student be within the Martinez Unified School District. Any student in need will be provided meals. ○ (Sarah Marsh) People who may be ill or have questions can call the Contra Costa Health Plan Advice Nurse at (877) 661-6230. There are three different screening sites for testing – West, Central and East County. 		

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	<ul style="list-style-type: none"> ○ (Jennifer Bruggeman) The County Stay At Home Order has been extended to May 3rd. ● Meeting Notes – Approved with minor revisions 		
<p>2. Stakeholder Sharing by Committee or Meeting Representatives on Key Topics</p> <ul style="list-style-type: none"> ● Adults Committee ● Aging & Older Adults Committee ● Alcohol and Other Drug Services (AOD) Advisory Board ● Behavioral Health Care Partnership (BHCP) Meeting ● Children, Teens and Young Adults (CTYA) Committee ● Health, Housing & Homeless Services (H3) – Continuum of Care ● Innovation (INN) Committee ● Membership Committee ● Mental Health Commission (MHC) ● Mental Health Commission – Quality of Care ● Reducing Health Disparities (RHD) ● Social Inclusion 	<p>Adults: No additional comments.</p> <p>Aging & Older Adults Committee: No additional comments.</p> <p>Alcohol and Other Drug Services (AOD) Advisory Board - No additional comments.</p> <p>Behavioral Health Care Partnership (BHCP): The meeting for March was not postponed but was canceled. No new date has been determined at this time.</p> <p>Children, Teens and Young Adults (CTYA) Committee: Provided an update as to the Psychiatric Emergency Services (PES) remodel. Nancy O’Brien provided an update as to the CORE Program regarding staffing and challenges. Beth Lindberg from Hope Solutions presented on services they provide.</p> <p>Health, Housing and Homeless Services (H3): Some people in the program will be relocated to hotels. To date, we have one person in Richmond and two people in Concord. These are mainly for those with symptoms and awaiting test results. Will be at the hotels until test negative and then will return back to their program or shelter. If test results are positive, the people will remain in the hotel room. There is the need to isolate. This is just the early stage. We anticipate a possible large need for such rooms to isolate individuals. Behavioral Health has a Mental Health phone check-in system to maintain contact with those in the hotel rooms. Twenty clinicians from Behavioral Health will work four hour shifts, will have a maximum of ten clients each and will provide regular check-ins. Many warming centers are closed to prevent the spread of the virus. GRIP is the only warming center</p>		

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<p>Committee</p> <ul style="list-style-type: none"> • Suicide Prevention Committee • System of Care Committee • Training Advisory Workgroup (TAW) 	<p>currently in operation. Trinity Care Center is in operation Monday through Friday 8:00 am to 4:00 pm. The Trinity evening program ended. We have Housing Case Managers and Interns calling all our housing programs (over three hundred calls to date). Can refer for services – symptom checks, food, search for resources, etc. An issue would be parents who become ill, have to be hospitalized but have children. People in shelters may be needing these services soon also. Believe the Concord Shelter is currently full.</p> <p>Innovation (INN) Committee: The CORE Program is currently closed but staff continues to reach out to clients.</p> <p>Mental Health Commission (MHC): Meeting held yesterday. Dr. Tavano and Dr. White presented at the meeting. A summary of this meeting will be provided here today.</p> <p>Mental Health Commission (MHC) – Quality of Care: No additional comments.</p> <p>Reducing Health Disparities (RHD): No additional comments.</p> <p>Social Inclusion Committee: The March meeting was not canceled and met on March 12th. Honored the historic achievements of women in this country and the world and paid tribute to the memory and legacy of Caesar Chavez. Discussed design of t-shirts for the Social Inclusion public advocacy campaign. Staff from RI International, Antioch Wellness City shared about the Photo Voice empowerment classes – “Hope Starts with US”. All meetings are canceled until further notice (Social Inclusion, REACH, Speakers’ Bureau and Photo Voice Empowerment subcommittees). Will consider hosting meetings via Zoom. We have reached out to those involved with our meetings – a total of 86 people - to see if they need any support.</p> <p>Suicide Prevention Committee: No additional comments.</p>		

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	<p>System of Care Committee: No additional comments.</p> <p>Training Advisory Workgroup (TAW): No additional comments.</p>		
<p>3. Dialogue with Contra Costa Behavioral Health Services (CCBHS) Executive Staff</p> <ul style="list-style-type: none"> • COVID -19/Coronavirus and Looking Forward • Update on State level discussions or legislation • Update on Psychiatric Emergency Services 	<p>Dialogue with Contra Costa Behavioral Health Services (CCBHS) Executive Staff</p> <p>Dr. Suzanne Tavano:</p> <ul style="list-style-type: none"> • COVID-19/Coronavirus and Looking Forward <ul style="list-style-type: none"> ○ Public Hearing on the MHSA Three Year Plan <ul style="list-style-type: none"> ▪ Coordinated with the Mental Health Commission Chair to postpone the public hearing scheduled for last night ▪ Most of our funding is dependent upon taxes ▪ This is a health emergency and economic emergency as well ▪ Aware revenues will decline considerably during this emergency phase ▪ In regard to the MHSA Three Year Plan period, already see declines in anticipated revenues ▪ What is occurring now will impact us going forward ▪ Postponed the public hearing in order to get a better understanding of future MHSA revenues ▪ Also, awaiting effects of the situation from the State Department of Health Care Services ▪ This was the only reason and intent to postpone the public hearing ▪ Also watching the actions and legislation in Sacramento which would impact the MHSA ▪ The Three Year plan focused on using unspent funds for programs ▪ MHSA funding should be OK for this year and the next year. We cannot yet anticipate the funding for the third year ▪ These are very uncertain times not only for 		<p>Suzanne Tavano, Director, Contra Costa County Behavioral Health Services</p> <p>Dr. Matthew White, Director, Contra Costa Medical Services</p>

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	<p>everyone’s health but also economically</p> <ul style="list-style-type: none"> ▪ Looking at MediCal revenues for the month of March, funds generated from community partners (Community Based Organization and County programs), we are at approximately 42% of revenues. Almost a fifty percent drop in MediCal claims. ▪ The thirty day comment period ended and all comments had been accumulated and reviewed ▪ We hope to have the public hearing in May. We are in contact with the State Department of Health Services and should have an update later as to when the public hearing will be held. If we need more advocacy, we will let you know. ○ Monitoring the number of persons coming in the clinics. To date, the numbers are very low. ○ An alternative care site is being set up in Richmond and the National Guard is setting up a 250 bed field hospital ○ Will also have to move services into remote services. Have two hundred clinicians set up for remote services. Majority of the workforce will be working remotely. ○ Dr. White and I working in coordination with Dr. Goldstein who is in charge with the alternative treatment sites to provide remote out-patient Behavioral Health Services ○ Board of Supervisors meeting <ul style="list-style-type: none"> ▪ Anna Roth and Dr. Farnitano gave a presentation as to the current situation ○ County Budget discussed at the Board of Supervisors’ meeting <ul style="list-style-type: none"> ▪ David Twa, the County Administrator, provided an update on the budget ▪ Financially will be tight for the County 		

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	<ul style="list-style-type: none"> ▪ There will continue to be a downturn ▪ The Board of Supervisors approved a Resolution providing One twelfth advance payment to County Community Based Organizations (CBO). The County Accounting Office will work out the details for such payments – prior months payments to CBO’s were not received timely but we have addressed that issue ○ Dr. Matthew White, Director, Medical Services <ul style="list-style-type: none"> ▪ Almost all services are remote currently ▪ Clients now are fearful to go to the pharmacies so given approval to give medication for longer periods (up to 100 days) ▪ Nurses in full protective gear now will go to clients’ homes for injections ▪ No longer require the white blood cell monitoring criteria for some medications ▪ Working with a pharmacy for medication delivery especially providing deliveries for the homeless in alternative care facilities ○ Thank you to the Lead Pharmacists, Susan Kalei, for her concern and hard work to get this working as all is in place now. We reached across the Bay to Golden Gate Pharmacy in Marin that has the adequate supplies that our County needs ○ We have addresses for those in the care facility within the County and we are in contact with the clients residing here ○ We are also in contact with all program managers and clients involved in the residential substance use programs ○ So far, no one in these care settings has tested positive – over 450 people ○ Particularly for older adults, we are conducting a lot of outreach. Ensure people have food, their checks 		

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	<p>are getting cashed and medications are delivered</p> <ul style="list-style-type: none"> ○ For updates, please refer to the County Covid-19 website. It provides up to date information. The County Public Health Officer extended the Stay At Home Order and increased some of the restrictions. Everyone must stay at home and maintain the six foot social distancing requirement. ● Update on State level discussions or legislation regarding the Mental health Services Act (MHSA) <ul style="list-style-type: none"> ○ Any actions by the Governor or legislature will have an impact on MHSA funding ● Update on Psychiatric Emergency Services (PES) <ul style="list-style-type: none"> ○ An update was provided at the Mental Health Commission meeting in March. ○ Please see response below <p>Questions and Comments:</p> <p>Comment: (Sara Marsh) Thank you for the support and responsiveness that you have provided to the CBO's with the Telehealth ramp up.</p> <p>Q: (Jennifer Tuipulotu) The total number of cases in Contra Costa County listed on the County website, is that for just all hospitals in the County?</p> <p>A: That number is County wide. That is diagnosis and deaths within the County. A good source of general Coronavirus information is New York Governor's daily press conferences. They are factual and helpful. The hospitals are working in collaboration together and with Contra Costa County.</p> <p>Q: (Roberto Roman) How is the situation at PES? Due to Covid-19, are services suspended for now? Certainly this this has made the conditions at PES more challenging. Do you have any updates or information?</p> <p>A: (Dr. Tavano) Yes. We checked with PES. The number of people is currently manageable. People are screened before</p>		

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	<p>allowed into PES. If there are concerns, people are not admitted to PES but sent to emergency services for evaluation. That number is County wide. Not just hospitals. (Dr. White) For the past two weeks, we have been below the normal numbers. Up just the past two days a little. Now manageable. Developed protocols for people who are symptomatic.</p>		
<p>4. Public Comment & Suggestions for Future Agenda Items</p>	<ul style="list-style-type: none"> • (Roberto Roman) This is a really scary situation for all of us right now. We work here because we believe in the work we do. I believe in all of you. • (Anna Lubarov) Is there anything the community can do to help our consumers, our providers? Response: (Dr. Tavano) If anyone is interested in volunteering, please contact 211 where everyone is working on community supportive services. Response: (Douglas Dunn) NAMI volunteers are working with Putnam House to put meals together. NAMI also accepts food donations. Would also help if people could be authorized under an issued EBT (Electronic Benefit Transfer) card to help get food for people. Response: (Amelia Wood) When people sign up for an EBT card, they can designate someone who can do their shopping with the card. Do not know if such designation can be done after the card is issued. Response: (Genoveva Zesati) Steve Blum from H3 has a link of the different agencies that will take food donations and can use volunteers. Will share that information in the Zoom meeting group chat. Response: (Roberto Roman) That information could be sent to the CPAW email list and also to Reducing Health Disparities email list as well. • (Douglas Dunn) For a future meeting topic - How we can get those who are leaving the criminal justices system back into the community? 		

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5. Plus / Delta – Review of Meeting	<ul style="list-style-type: none"> • (Stephen Boyd) Like the Zoom format. Should keep for the future. I think everyone are troopers for doing this on-line in the midst of this entire situation. I really respect and appreciate you all very much. • (Doug Dunn) Like the Zoom format. I found it challenging at first. It is working. Want to give kudos to everyone on the County. Jennifer Bruggeman is doing very well under tough circumstances. Special kudos to Dr. Tavano and Dr. White and the other health leadership in this County. They are really stepping up to the challenge. I will mention that at the upcoming NAMI meeting. Very, very good work everyone. Thank you. • (Dr. Tavano) And we thank you all from the bottom of our hearts. Thank you all so much. • (Sarah Marsh) If Zoom instructions can be shared, it would be helpful. • (Amanda Wehrman) I will send out Zoom instructions that might be helpful also in choosing the screen view. • (Anna Lubarov) I will be happy to help anyone with these Zoom meetings. • (Amelia Wood) Would like to see consumers at these meetings. To see if they have the tools to join meetings. • (Roberto Roman) I can forward the next CPAW meeting email announcement to my Social Inclusion Outlook group. • (Jennifer Bruggeman) Yes that would be fine. And thank you Amanda Wehrman for keeping us going throughout all this and continuing to host us even under these challenging circumstances. Thanks so much. 	CPAW members and attendees	Amanda Wehrman
6. Adjournment & Next CPAW Meeting	<ul style="list-style-type: none"> • The next CPAW meeting will be May 7th from 3:00 pm to 5:00 pm. 		Amanda Wehrman