

Consolidated Planning and Advisory Workgroup (CPAW)

Thursday, June 1, 2017

3pm – 6pm

Location: 2425 Bisso Lane, First Floor Conference Room, Concord, CA 94520



Members attending: Jennifer Tuipulotu, Roberto Roman, Kathi McLaughlin, Kristi Abbott, Candace Collier, Doug Dunn, Stephen Boyd, Haley Wilson, Tom Gilbert, Sara Marsh, Sheri Richards, Will McGarvey

Staff attending: Windy Murphy, Ann Isbell, Jersey Neilson, Claire Battis, Stephanie Chenard, Jude Leung, Vern Wallace

Public Participants: Johanna Navarro Perez, Melissa Lawton, James Ross, Keri Banks, Carwen Spencer, Melinda O’Day, Liz Olsen, Yolanda Batson, Kawanishea Hill, Loretta Bradstreet, Jennifer Lane, Cheryl Hall,

Facilitator: Warren Hayes

Recorder: Lisa Cabral

Staff Support: Warren Hayes

Excused from Meeting: Karen Smith, Steve Blum, Lucy Espinoza Nelson, Courtney Cummings,

Absent from Meeting: Gina Swirsding, Duane Chapman, Lisa Bruce, Maude DeVictor, Connie Steers, Sam Yoshioka, Lauren Rettagliata, Dave Kahler, Jackie Lerman, Kimberly Krisch, Molly Hamaker, Ryan Nestman,

TOPIC	ISSUE/CONCLUSION	ACTION/ RECOMMENDATION	PARTY RESPONSIBLE
1. Welcome <ul style="list-style-type: none">• Call to Order• Introductions• Working Agreement• Announcements• Finalize Minutes	<ul style="list-style-type: none">• Introductions made.• Warren Hayes reviewed the revised CPAW’s Working Agreement• Approved May minutes• Danville Community Band is presenting a concert at the Leshner Center for the Performing Arts in Walnut Creek on June 10th. If they are able to fill all the seats they will be given \$10,000 which will be used to provide musical	Information Notes approved. Will be posted to MHSAA CPAW website.	Warren Hayes Lisa Cabral to post minutes.

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	<p>agency. The proposal panel review met to discuss and score the proposals and the panel had a TAY representative, community member (TAY Parent), a non-county family representative, and staff who would interact with the program.</p> <ul style="list-style-type: none"> The facility will support TAY from the ages of 18-25. TAY youth under 16 cannot be housed with adults. Awaiting feedback from Finance to find out if the program is feasible. Funds from MHSA will be available to update the facility. We are looking at the budget to determine if we are to sustain the facility. <p>Concern was expressed regarding when the facility was used as a psychiatric hospital. Residents were not accepting of the increase in traffic and issues that arose with patients acting out in the neighborhood.</p>		
<p>3. CPAW Committee Reports</p> <ul style="list-style-type: none"> System of Care Innovation Membership 	<p>System of Care (SOC)</p> <ul style="list-style-type: none"> Last month there was a large attendance with the Mental Health First Aid planning meeting. The group put parameters around how we would like to move forward with a MHFA program. An email will go out to inform about the next MHFA strategy meeting which will meet quarterly. The next two months SOC will be working on implementation of the Financial Incentive program to help recruit in shortage areas, which is psychiatry time and bilingual clinicians and later to create a career ladder for Community Support Workers. In July SOC will be working on the RFQ for the 		<p>Committee Representatives</p>

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	<p>volunteer support network.</p> <ul style="list-style-type: none"> • SOC will begin to work on the mental health care part of the No Place Like Home housing initiative, and how the committee will collaborate with the Housing committee. It is estimated that the NPLH notice of funding will be coming out in the Fall of 2018. <p>Innovation</p> <ul style="list-style-type: none"> • The Innovation committee is available to help when programs run into problems. • The two new concepts are in the process of the draft proposal. <ol style="list-style-type: none"> 1) Intensive Outpatient Program with Adolescents and AOD services 2) CBSST within Board & Cares • Windy Murphy will be meeting with the Children’s Program Chief and the Adult and Older Adult Program Chief • The next meeting will be on Monday, June 26th and the Innovation Committee is looking for new members. <p>Membership</p> <ul style="list-style-type: none"> • Membership is looking at the attendance of individuals on CPAW and the need to have individuals to stay for the duration of the meeting to provide valuable input. • Next meeting will be held on Monday, June 19th 		
<p>4. Reports from Other Stakeholder Bodies</p> <ul style="list-style-type: none"> • Mental Health 	<ul style="list-style-type: none"> • Mental Health Commission – May is the Mental Health Awareness month. The May Commission meeting held the Public Hearing for 		<p>Committee Members</p>

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Commission <ul style="list-style-type: none"> • Housing and Homeless Services • Alcohol and Other Drug Services 	the Three Year Program and Expenditure Plan.. <ul style="list-style-type: none"> • Housing and Homeless Services – No report available • Alcohol and Other Drug Services – No report available 		
5. BHS Committee Dialogue <ul style="list-style-type: none"> • Social Inclusion • Children, Teens and Young Adults • Adults • Older Adults 	<ul style="list-style-type: none"> • Social Inclusion – The May 11th meeting, hosted representation from Sally Zinman, Executive Director from CAMHPRO. The committee presented Ms. Zinman with an award of appreciation on behalf of consumers and families. The Social Inclusion committee will discuss the subcommittee around the Overcoming Transportation Barriers project. Social Inclusion will host presentations from the WREACH Speakers’ Bureau which will be to share stores of wellness and recovery. • The next Social Inclusion Meeting will be on June 8th from 1:30-3:30pm. • PhotoVoice class at Vicente Briones High School was a great success. PhotoVoice became a resource for past participants to express personal experiences and perspectives in the process of overcoming life’s challenges. Reception was held on May 22nd at Vicente Briones High School. • The next PhotoVoice Meeting will be on June 28th from 3:00-4:30pm • The WREACH subcommittee members were able to engage in a group discussion about Mental Health Awareness and how it affects our community and consumers, and their families. June 14th, WREACH has scheduled workshops 		Committee Representatives

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	<p>with Hume Center – East. On June 5th, four WREACH speakers will present their stories of hope at the Crisis Intervention Training to Law Enforcement Officers throughout the county.</p> <ul style="list-style-type: none"> • The next WREACH meeting will be on June 22nd from 1:00-2:30pm at 2425 Bisso Lane. • Children, Teens, and Young Adult – Next meeting will be Thursday, June 8th. The committee will be focusing on the PES experience for children, advocacy for 4D unit at CCRMC for a children’s inpatient unit, update on CORE Innovation project, invitation to agencies that provide input to the TAY report. The committee will look at the TAY Report written by former CPAW member, Ashley Baughman. The committee will look at the recommendations from the report and decide how to move forward with the recommendations. The committee is looking to review the 4C letter recommending for an inpatient children’s unit for children 5-12 years old. • Adults – No report available. • Older Adults- Committee had guest speaker Warren Hayes last month. The committee was encouraged to focus on advocacy for mental health services for older adults. The committee is looking to mentor people who would like to work with the Older Adult committee. • Next Aging & Older Adult meeting is Wednesday, June 28th. 		
6. Break (flexibly applied)			
7. Seneca Family of	START		Seneca Staff

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<p>Agencies</p> <ul style="list-style-type: none"> • START • Mobile Response Team 	<ul style="list-style-type: none"> • START is a Full Service Partnership with Contra Costa County and partially funded with MHSA funds. START program was conceived out of stakeholder desire to fill gap between children who were assessed at PES but have not gone to be hospitalized. The START program is a short term program and serves adolescents and children up to six months. START provides the connection to services such as wraparound services, individual therapy, family therapy TAY services, or Therapeutic Behavioral Services. Accommodations with education, homelessness, domestic violence, advocacy for immigration needs and connection to other insurance. START programs with the uninsured youth and adolescents. There are three clinicians, supervisor, two non-clinical staff (support counselor and family partner). • Serve all three regions of the county and serve large amount of children in East County and beginning to have increase in West County. Seneca has experienced a lack of continued services for children in West County. <p>Mobile Response Team (MRT)</p> <ul style="list-style-type: none"> • MRT is a team of eight clinicians and respond to mental health crises for youth and adolescents in the community. The primary goal is avoid an unnecessary hospitalization and PES visit and unnecessary police 		

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	<p>involvement. MRT is fully bilingual in English and Spanish. Conduct in-field response from 11am-9pm currently. Families are eligible for services if they have Medi-Cal or if they are uninsured but not able to serve clients if they have private insurance. MRT receives referrals from PES and the referrals can be only provided mobile response services. If client was not hospitalized and not connected to any other FSP, we will provide a CWAT assessment.</p>		
<p>8. Project First Hope</p> <ul style="list-style-type: none"> • New First Break Program 	<ul style="list-style-type: none"> • Dr. Leung previously worked in Marin County at Homeward Bound. Created a similar first break program in Boston. For the last three years working with individuals with mental health challenges who are incarcerated at Rykers Jail in New York City. • There are many programs for the early stages of psychosis but they have not been successful. The most effective program for people in the first stages of psychosis resembled wraparound treatment services. • The First Break program may focus on the ages from 16 to 25. • The First Break program will include Coordinated Specialty Care (CSC) and Multi-Family Groups (MFG) which are Evidence Based Groups. • Multi-Family groups are defined very broadly and include 		<p>Jude Leung</p>

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	<p>What does CSC and MFG include:</p> <ul style="list-style-type: none"> • CBT for psychosis and comorbid conditions • Family psychoeducation and support • Cognitive remediation and Supportive employment and education services • Peer support • Pharmacotherapy and Primary Care coordination • Intensive care coordination and management <p>What does CSC and MFG require?</p> <ul style="list-style-type: none"> • Specialized training in First Episode Psychosis • Youth-friendly atmosphere • Intensive outreach 		
<p>9. Children’s Services Expansion</p> <ul style="list-style-type: none"> • EPSDT Expansion • Foster Kids 	<ul style="list-style-type: none"> • Early Periodic Screening Diagnosis and Testing (EPSDT) Expansion – Some of the primary areas of expansion: <ol style="list-style-type: none"> 1. Increase in rates for CBOs 2. Expand MRT additional hours to 7am-11pm (Based on tracking of youth at PES) 3. Expansion of MRT to the school districts to avoid police intervention for young children 4. TAY Residential Facility (mentioned at the beginning of the meeting) 		Vern Wallace

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	<ul style="list-style-type: none"> AB403 (Continuum of Care Reform) to fund services to children in foster care. Social Services are determining the amount of funding they can provide to specialty mental health services for foster youth. The services that will be provided are intensive care coordination, specialty services, and In-Home Behavioral Services and specialty mental health services, 		
10. Public Comment, Announcements			Meeting Attendees
11. Review of Meeting	The meeting was very informative.		Meeting Attendees
12. Next CPAW, Steering, Membership Meetings	<p>The next CPAW meeting will take place on July 6th. The Steering Committee will meet on June 15th. The Membership Committee will meet on June 19th.</p>		