

Consolidated Planning and Advisory Workgroup (CPAW)

Thursday, July 7, 2016

3pm – 6pm

Location: 2425 Bisso Lane, First Floor Conference Room, Concord, CA 94520



Members attending: Dave Kahler, Jennifer Tuipulotu, Sheri Richards, Doug Dunn, Roberto Roman, Courtney Cummings, Steve Blum, Gina Swirsding, Jackie Lerman, Kathi McLaughlin, Tom Gilbert, Isabelle Kirske, Lauren Rettagliata, Sam Yoshioka,

Staff attending: Matthew Luu, Stephanie Chenard, Ellie Shirgul, Robert Thigpen

Public Participants: Bessie Sagaiga, Anthony Reed, Dana Matteri, Carwen Spencer, Lori Pryor, James Ross, Will Taylor, Melinda O’Day, Lynne Spiron, Sandy Parks, Amber Dutro, Tracy Jones, Jenny Lane, Candace Collier, Cristina Cannavino, Emily Fuentes, Selah Baker, Leslie, Denise, Sara Marsh, Gigi Crowder, Allison Lessby, Emily L., Max Wittek, Denise Harrell, Killie Uhlenberg

Facilitator: Warren Hayes

Recorder: Lisa Cabral

Staff Support: Warren Hayes

Excused from Meeting: Susan Medlin, Karen Smith, Molly Hamaker, Matt Wilson, Lisa Bruce

Absent from Meeting: Kimberly Martell, Duane Chapman, Maude DeVictor, Ashley Baughman, Connie Steers, Kimberly Krisch, Ryan Nestman, Will Mcgarvey

TOPIC	ISSUE/CONCLUSION	ACTION/RECOMMENDATION	PARTY RESPONSIBLE
1. Welcome <ul style="list-style-type: none">• Call to Order• Introductions• Working Agreement• Announcements• Finalize Minutes	<ul style="list-style-type: none">• Introductions made.• Warren Hayes reviewed CPAW’s Working Agreement and discussed any potential additions• Approved June notes and attachments with corrections• Macy’s Shop For A Cause passes can	Information Notes approved. Will be posted to MHSA CPAW website.	Warren Hayes Lisa Cabral to post minutes.

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	<p>be sold for \$5 (to receive a 20% discount) and non-profit organizations are available to pick passes from Kathi McLaughlin. Shop For A Cause event will take place on Aug 26-28th</p> <ul style="list-style-type: none"> July 16th, the Native American Health center will be hosting the 2nd Annual Sobriety walk in Richmond. 		
<p>2. Behavioral Health Issues</p> <ul style="list-style-type: none"> Update on Mental Health Electronic Records System 	<p>EHR</p> <ul style="list-style-type: none"> The county hospital and primary care uses EHR called ccLink, which is a product of EPIC. The Behavioral Health Services Division has the following access to EPIC: <ol style="list-style-type: none"> Ability to receive referrals from primary care through EPIC. View CCRMC and primary care notes in EPIC. Update psychiatric medications and mental health diagnoses. Mental Health staff can communicate with primary care through inBasket email message. Full implementation of Tapestry module which is used at the Access Unit for Network Providers and county clinic referrals. There is discussion about using the Cadence appointment module, a product of EPIC, to replace the PSP 		Matthew Luu

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	appointment system.		
3. Update on Children’s In-Patient Psychiatric Beds	<ul style="list-style-type: none"> • Agenda Readiness Worksheet was created to ask CPAW’s support for the Children’s Committee letter that expressed support for the 4D unit to be used as an In-patient Children’s unit. • Letter was drafted and is intended to be sent to the Board of Supervisors. <p>Motion: Does CPAW membership want to move forward with supporting the Children’s, Teens, and Young Adult committee memo to have the County address the issue of a need for a Children’s In-Patient Unit?</p> <p>Motion: Sheri Richards 2nd Motion: Tom Gilbert Amendment: Doug Dunn (Inclusion of sub-acute level of care)</p> <p>CPAW Membership: In Favor: 9 Oppose: 0 Abstain: 4</p> <p>Community Members: In Favor: 15 Oppose: 1 Abstain: 0</p>	<p>CPAW endorses letter to be sent to the Board of Supervisors by Children’s Committee. CCBHS Director to be advised of CPAW’s endorsement of the letter.</p>	<p>Jennifer Tuipulotu</p> <p>Warren Hayes</p>

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	In addition, CPAW members and guests requested the option of including their names to be included in the letter.	CPAW members and guests who wished to do so signed their names to the letter.	
<p>4. Housing and Homeless Issues</p> <ul style="list-style-type: none"> - Special Needs Housing Program (SNHP) - No Place Like Home (NPLH) 	<p><u>SNHP</u> When MHSA began, the department California Housing Finance Agency (CalHFA) developed regulations around housing for individuals with serious mental illness. The CalHFA account currently has a balance of \$1.7 million for Contra Costa County. The county has until September 30th to decide whether they would like the \$1.7 million to stay at the State level under the control of CalHFA, or to be returned to the County for use as capital facility building or renovation purposes. If returned to the County the funds can be used for supportive housing needs, such as rental assistance.</p> <p><u>NPLH</u> Governor signed the bill (No Place Like Home) and the bill is in the waiting stage for 60 days for legal challenges of the constitutionality of the proposed law. Once the 60 day period, the regulations will be created to implement the bill.</p> <p><u>CPAW concerns:</u></p> <ul style="list-style-type: none"> • What are the criteria for individuals who considered Homeless? • Does it include individuals that are couch-surfing? 		Warren Hayes

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Break (flexibly applied)			
5. CPAW Committee Reports <ul style="list-style-type: none"> • Membership • Innovation <ul style="list-style-type: none"> ○ Concept Submission Process Update • Systems of Care 	Membership <ul style="list-style-type: none"> • Did not meet for the month of June. • Have received one new CPAW application. • The next meeting will be on Monday, July 18th. Innovation <ul style="list-style-type: none"> • Concept submission deadline was June 30th. • Committees have signed Impartiality Statements which state that information cannot be shared of the concepts that were submitted. • Concepts have been separated into categories. • All concepts have been through the screened in/out process. Systems of Care <ul style="list-style-type: none"> • Next meeting will be held on Wednesday, July 13th. • Continue to review EHR, Miller Wellness Center, Transportation Project and possibly the 4D proposal. • The July meeting will focus on proposed WET needs assessment and a closer look at current and future projects. • Creating sub-committees to work on 		Committee Representatives

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	the WET component. Sub-committees will then report back to the System of Care and will bring report to CPAW.		
<p>6. BHS Committee Dialogue</p> <ul style="list-style-type: none"> • Social Inclusion • Housing and Homeless Services • Alcohol and Other Drug Services • Children, Teens and Young Adult • Adults • Older Adults • Mental Health Commission 	<ul style="list-style-type: none"> • Social Inclusion – resumed planning development and implementation of “bridging the gaps”. Committee reached consensus about working with the veterans. • Looking for a new date for the October meeting due to a conflict with the Project Homeless Connect. • Next meeting marks the 5th anniversary of Social Inclusion. • A Photovoice exhibit was held on June 28th at Hume Center in Pittsburg. • A Photovoice class will begin at Family Courtyard in West County. • Currently preparing individuals to speak at the CIT meeting on June 28th with law enforcement officials. WREACH subcommittee reached out to CBO’s in Tell Your Story Workshops. • Next, Photovoice subcommittee will be July 20th from 10:00 – 11:30 am at Crestwood. • Next WREACH subcommittee will be July 28th from 1:00 to 2:30 pm. • Next, Social Inclusion meeting will be on Thursday, July 14th from 1pm-3pm. • Housing and Homeless Services – The BH Housing meeting met on Tuesday, July 5th. Meeting focused on the 	<p>Please RSVP to Roberto via email/phone for attendance at the Social Inclusion meeting.</p>	<p>Committee Representatives</p>

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	<p>weaknesses of housing.</p> <ul style="list-style-type: none"> • Alcohol and Other Drug Services – AOD Advisory Meeting on May 25th but did not have a quorum. Draft letter to BOS to support or not support the legalization of marijuana. Advisory Board voted 4-3 to support the legalization of marijuana. • Children, Teens, and Young Adult – Presentation from Riverview Middle school to present findings of surveys of bullying in schools at the next meeting on Thursday, July 14th. Possibly review grand jury report of sexually exploited youth and services available to them. Brett Beaver reached out to Jenny Robbins regarding the discussion of CalHFA. • Adults –Betsy Orme and Bob Thigpen have been designated as the staff support for the Adult Committee. Meeting was held on June 28th at MH Administration. Discussion about the many innovation proposals that were to be submitted. Discussion around the return of the “Crossover” meeting among providers. Would like to look in Wraparound Services for Adults. Discussion regarding Pleasant Hill Manor (facility for Adults with special needs). • Older Adults-Next meeting on July 27th. Discussion of the demographic report 		

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	<p>from Ellie Shirgul. Steve Polivka submitted the Older Adult committee Innovation Concept. The Manager for Homeless, Steve McNutt, will present at July meeting. Elaine Clark will present in the August meeting.</p> <ul style="list-style-type: none"> • Mental Health Commission – Report update from Lara Delaney, CAO office, explained how the lobbyists at the state and federal level operate. The August 2nd meeting will discuss the Commission’s White Paper on the state of mental health services in the County. The MHS/Finance sub-committee is looking at the overall mental health budget 		
<p>7. Workforce Education and Training</p> <ul style="list-style-type: none"> • Addressing questions posed at the April CPAW Meeting 	See attached document		Warren Hayes
8. Public Comment, Announcements	No public comments/announcements		Meeting Attendees
9. Review of Meeting	Liked that we had many guests attend who brought focused passion to the meeting; unlike some CPAW members who do not attend on a regular basis.		Meeting Attendees
10. Next CPAW, Steering, Membership Meetings	CPAW meeting is Thursday, August 4, 2016 from 3-6pm with orientation from 2-3pm. Steering will meet on July 21st from 3-5pm. Membership will meet on July 18th from 3-5 pm.		

Workforce Education and Training Q & A

Q. What are the five categories?

A. The five categories are Workforce Staffing Support, Training and Technical Assistance, Mental Health Career Pathways, Internship Programs, and Financial Incentive Programs.

Q. Who all is eligible to benefit from funding from the WET component?

A. Everyone is eligible; such as care providers, community members, consumers, and family members.

Q. What is an appropriate amount for a yearly budget?

A. Currently this information is not known. The System of Care committee has created sub-committees to address this issue. They will look at needs and what has been done and focus on the five categories. Sub-committees will come up with recommendations which they would like to be applied to the WET component. Starting next year the WET component does not receive yearly funding, like Community Services and Supports, Prevention and Early Intervention, and Innovation. Thus any funding designated has to be moved from unspent funds from previous years to the WET component. The System of Care committee will consider what is needed in the five categories, and advise what level of programming should be considered.

Q. Can we allocate an amount for each category?

A. Yes, based on the recommendations developed by the stakeholders which will then be provided to the Behavioral Health Services Director and the Board of Supervisors to consider for approval.

Q. By what amount should the current WET budget be expanded or reduced?

A. The WET budget can be expanded or reduced based on the recommendations developed by the stakeholders and approved by the Behavioral Health Services Director and the Board of Supervisors.

Q. Who or what group will determine how much money will be spent in WET?

A. The Systems of Care Committee with its sub-groups will provide input and advice that will go to the Behavioral Health Services Director and the Board of Supervisors. All stakeholders who have an interest in this area are encouraged to actively participate in this process.

Q. What are we currently funding in the WET component?

A. Current funding is about \$650,000 per year. The largest portion of funding is for the Graduate Level Internship Program, and the second largest is for the Training and Technical Assistance category.

Q. How many people are currently participating in WET funded activities?

A. We currently have approximately 70 funded interns throughout county operated and community based mental health programs, and the SPIRIT class will graduate this year about 50 individuals who

have consumer and/or family member experience. We do not have a county of all the participants in the various training and technical assistance endeavors.

Q. What hasn't worked in the WET component and should not be re-funded?

A. We are currently looking at this issue in terms of conducting a workforce assessment in order to match current recruiting, retention and staff development needs with what we have been doing. The new line-up and budget of what we recommend going forward may look different than what we are currently doing.

Q. Can we emphasize what WET funded activities are not being funded, but should be?

A. The state level mental health loan forgiveness program is sunseting, and currently there is no support for further funding. If utilized properly this financial incentive program can be an effective recruiting and retention tool for filling and retaining positions where we are having difficulty, such as psychiatrists.

Q. Has any unspent WET funds been reverted to the general unspent fund account?

A. No, there are no unspent WET funds that reverted to the state, and we foresee spending every dollar that was originally allocated to the County eight and nine years ago.

Q. What is the current amount spent in WET to support families of mental health consumers?

A. Currently the support for families is designated as the \$20,000 contract to NAMI for conducting the Spanish speaking Familia de Familia program.

Q. How can we ensure that WET funded activities are improving services to the seriously mentally ill?

A. We currently do not have metrics to measure impact. Measures will need to be created for this purpose.

Q. How can WET dollars be used to assist those who have difficulty accessing WET funded activities?

A. Better access to WET funded activities will need to be built into the design and funding of those activities that are included in the three year plan.

Q. What would be the needed qualifications, certifications or standards to approve funds for career ladder activities, such as school and/or training activities?

A. If we are considering putting funding towards career ladder activities, we will need to build into the design certifications, qualifications, and standards as outcome measures.

Q. How can we support the supervision and support of community support workers (CSWs)?

A. This has been recognized, and the county encourages a workforce for individuals with lived experience. Currently there is not built-in support for these individuals who are on a career path. Again,

interested stakeholders are encouraged to participate in the Systems of Care Committee workgroups who are addressing the WET component for the next three year plan.

Q. Can WET funds be used to

- **Train volunteers?** Yes
- **Fund conferences?** Yes
- **Train judges, law enforcement, firefighters and other first responders?** Yes
- **Train for peer specialist certification other than SPIRIT?** Yes
- **Fund continuing education for peer specialists and family partners?** Yes
- **Augment innovation component funds?** Yes
- **Finance higher education via scholarships for TAY consumers?** No, TAY consumers are consumers, and WET funding is for the workforce.
- **Fund training and development opportunities for employees to enable promotional opportunities?** Yes
- **Fund equipment, supplies, business attire, job coaching for consumer job entry and retention?** No, WET funding is for the workforce.
- **Pay for recruitment efforts for hard to fill positions?** Yes
- **Pay for cultural competency training and sensitization to populations such as persons identifying as LGBTQ?** Yes
- **Support NAMI sponsored education and training projects to support family members of mental health consumers and volunteers who support family members of mental health consumers?** Yes, but not just NAMI, but all appropriate organizations.
- **Address specific gaps in the workforce who can represent special needs, such as language proficiency in languages other than English?** Yes
- **Pay stipends so that benefits are not affected?** Yes
- **Pay for training that prepares an individual for a non-behavioral health job?** No.
- **Pay for scholarships or reimburse for school costs?** Yes, as long as the scholarships and reimbursement is part of the workforce who provide mental health care.

- **Education and training for key community positions that should be more knowledgeable about mental illness, such as how to identify warning signs and make reasonable accommodations, such as employers and union officials? yes**

Q. What information do I need to take with me when I am participating in other stakeholder committee/workgroup meetings?

A. All CPAW members and guests are encouraged to utilize the above information as well as keep current with planning developments in the next few months and use appropriate opportunities to inform and educate fellow stakeholders regarding the Workforce Education and Training Component.