

**Consolidated Planning and Advisory Workgroup (CPAW)**

**Thursday, March 5, 2015**

**3pm – 6pm**

**Location: 2425 Bisso Lane, First Floor Conference Room, Concord, CA 94520**



Members attending: Connie Steers, Dave Kahler, Stephen Boyd, Kathi McLaughlin, Lisa Bruce, Laurie Schnider, Lauren Rettagliata, Matt Wilson, Gina Swirsding, Sam Yoshioka, Mariana Moore, Molly Hamaker

Staff attending: Chad Pierce, Jennifer Tuipulotu, Roberto Roman, Quincy Slatten, Christine Madruga, Maggie Velasco, Vern Wallace, Lisa Noriega, Mike Peterson, Janet Costa, Mike Petersen

Public Participants: Sheri Richards, Carwen Spencer, Doug Dunn, Tess Paoli, Dana Matteri, Rev. Will McGarvey, Ben Barr, Hillary Bowers, Maude DeVictor, Teresa Pasquini, Tori Buckles, Philip Mercure, Ashley Baughman, Sylvia Ortega, Chandra Colquitt, Vicki Morse, DM Simms,

Facilitator: Maria Pappas

Recorder: Lisa Cabral

Staff Support: Warren Hayes

Excused from Meeting: John Hollender

Absent from Meeting: Courtney Cummings, Kimberly Krisch, Susan Medlin, Susanna Marshland, Tom Gilbert, Tony Sanders, Ryan Nestman, Karen Smith,

<b>TOPIC</b>	<b>ISSUE/CONCLUSION</b>	<b>ACTION/RECOMMENDATION</b>	<b>PARTY RESPONSIBLE</b>
1. Welcome <ul style="list-style-type: none"><li>• Call to Order</li><li>• Introductions</li><li>• Working Agreement</li><li>• Announcements</li><li>• Finalize Minutes</li></ul>	<ul style="list-style-type: none"><li>• Introductions made.</li><li>• Maria Pappas reviewed CPAW's Working Agreement</li><li>• Reviewed February minutes</li><li>• NAMI Mardi Gras fundraiser was</li></ul>	Information  No edits to minutes noted. Will be posted to MHSAs CPAW website.	Maria Pappas  Lisa Cabral to post minutes.

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	<p>held last Friday, February 27th. NAMI Walk will be on May 30th. Contact Lisa Bruce or Dave Kahler for information.</p> <ul style="list-style-type: none"> <li>• Softball game sponsored by Crestwood on April 24<sup>th</sup>.</li> <li>• Recovery Innovations has a NAMI Walk team. Contact Hillary Bowers for information.</li> <li>• Mariana Moore and Lori Hefner have resigned from CPAW.</li> </ul>		
<p>2. Review February 25<sup>th</sup> Community Forum</p>	<ul style="list-style-type: none"> <li>• Event summarized.</li> <li>• 22 individuals contributed to putting on the event - represented CPAW, MH Commission, NAMI, and Contra Costa Behavioral Health Services.</li> <li>• Evaluations were generally positive.</li> <li>• Notes that were taken during the breakout sessions will be included in the FY 15-16 Plan Update.</li> <li>• People have utilized the online Survey Monkey to give input.</li> <li>• Comments from people who attended the Community Forum:</li> <li>• Organized in a great way with breakout groups.</li> <li>• People were appreciative that they were able to be heard.</li> <li>• Very good facilitation of groups. Smaller groups helped to have people</li> </ul>	<p>Reviewed timeline for Community Program Planning Process.</p> <p>Input from the Community Forum, online survey monkey, and behavioral health living room conversations to be incorporated into the Community Program Planning Process chapter of the MHSA 2015-16 Plan Update,</p>	<p>Maria Pappas</p> <p>Warren Hayes</p>

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	<p>share.</p> <ul style="list-style-type: none"> <li>• Facilitation of each section may need to have more facilitators in each breakout groups.</li> <li>• David Seidner repeated back to each person what they had to say during the Laura’s Law discussion.</li> <li>• Maria Pappas did a very good job facilitating the forum.</li> <li>• Most comprehensive and broad based of groups giving input.</li> <li>• Should have another forum to discuss people leaving the system.</li> <li>• No mention of Human Resources having a special performance requirement to support this effort.</li> <li>• Need to have forums like this more often than once a year to engage the public.</li> <li>• Would like to have a discussion around transportation.</li> <li>• Would like to get more input from consumers.</li> <li>• Could contract agencies conduct smaller forums and report back to MH. Maybe create trainings and development of the creation a toolkit for contract agencies to use.</li> <li>• A pilot project completed a fifth event with the Community Living Room Conversation. Has a potential to be</li> </ul>		

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	used as a Behavioral Health integration toolkit.		
3. MHSA budget – process for recommending approving, monitoring	<ul style="list-style-type: none"> <li>• Board of Supervisors has moved this topic to their Internal Operations Committee to review of the process of how the MHSA budget is recommended and approved. The Internal Operations meeting will be held this coming Monday, March 9 at 2:30PM.</li> <li>• Reviewed timeline for submission of MHSA 2015-16 Plan Update. Finance’s updated budget information will be included in the Plan Update.</li> <li>• Very important to have group input. A conference call may not be beneficial to receive CPAW and Mental Health Commission input on the first draft.</li> </ul>	<p>Results of this meeting will be shared with CPAW.</p> <p>Recommendation was made to move CPAW meeting one week earlier and invite the Mental Health Commission to attend and participate.</p>	Warren Hayes
4. Recommendations for Miller Wellness Center	<ul style="list-style-type: none"> <li>• Children’s Committee has drafted letter with recommendations to Mental Health Director regarding the needs for consumers and allocating space.</li> <li>• Additions to the letter – locations for the Community Support Workers and access to parking and signage to find to the Mental Health side of building.</li> <li>• Perfect opportunity to showcase Photovoice.</li> <li>• Would like to see the Miller Wellness Center fully staffed per the plan</li> </ul>		Children’s Committee

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	<p>approved by state.</p> <ul style="list-style-type: none"> <li>• Will begin taking referrals from the clinics starting next Monday,</li> <li>• Designed to provide urgent care but space is significantly smaller than what we planned for.</li> <li>• There is a mental health component on the primary care side of the Miller Wellness Center.</li> <li>• Currently hired the crisis specialist that will work out of Psychiatric Emergency Services.</li> <li>• Currently open 12 – 9 pm, will be open Saturday starting next month.</li> <li>• CPAW is invited to attend the Behavioral Health Care Partnership committee. Please contact Teresa Pasquini for details of date and time of meeting.</li> <li>• Previous planning of Miller Wellness Center was set for a small space.</li> </ul> <p><b>Motion:</b> Would CPAW like to approve the Children’s letter to be forwarded to the Behavioral Health Director?</p> <p style="padding-left: 40px;">CPAW members in favor                    10</p> <p style="padding-left: 40px;">CPAW members not in favor                1</p> <p style="padding-left: 40px;">CPAW members abstain                      0</p> <p>Non-CPAW members:</p>	<p>Send letter to Behavioral Health Services Director</p>	<p>Warren Hayes</p>

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	Non-CPAW in favor 13 Non-CPAW not in favor 0 Non-CAPW members abstain 4		
5. Recommendations for updating state websites	<p><b>Motion:</b> Would CPAW like to forward request to Behavioral Health Director Association to request Mental Health Services Oversight and Accountability Commission to update the state websites?</p> CPAW members in favor 11 CPAW members not in favor 0 CPAW members abstain 0  Non-CPAW members in favor 12 Non-CPAW members not in favor 0 Non-CPAW members abstain 4	Send request to Behavioral Health Services Director	Warren Hayes
6. Break (flexibly applied)			
7. What is the role and what are the priorities of CPAW?	<p>Would like to make CPAW meaningful and impactful. There are many ways to make this group better.</p> <p>What is the role of CPAW? What are the priorities of CPAW? Would like to know when CPAW is at its best?</p> <p>Attendees broke into groups for discussion to give input on the role and priorities of CPAW and input about when CPAW is at its best.</p> <p><b>See attachment for breakout group notes.</b></p>	<p>Clarified and aligned around CPAW's charge and focus.</p> <p>Type up notes and then send out for feedback to refine and then bring back to next CPAW meeting.</p>	<p>Steering Committee</p> <p>Lisa Cabral</p>

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<p>8. Committee Reports</p> <ul style="list-style-type: none"> <li>• Membership</li> <li>• Innovation</li> <li>• Systems of Care</li> <li>• Children’s</li> <li>• Transition Age Youth</li> <li>• Older Adults</li> <li>• Housing</li> <li>• Social Inclusion</li> </ul>	<p>Membership</p> <ul style="list-style-type: none"> <li>• Next meeting is Monday, March 16</li> <li>• Currently will be having three conversations with prospective members.</li> </ul> <p>Innovation</p> <ul style="list-style-type: none"> <li>• Next meeting is Monday, March 30</li> <li>• Reviewing existing projects and prospective projects.</li> <li>• Reviewing the goals and mission for the committee.</li> </ul> <p>Systems of Care</p> <ul style="list-style-type: none"> <li>• Next meeting is Wednesday, March 18</li> <li>• Electronic Medical Records kicked off activities on February 18-19. A webinar with an end-to-end demonstration of the system has been recorded for viewing by the committee at a later date.</li> <li>• SOC members attended a tour of the Miller Wellness Center on January 30. Volunteer representatives from the SOC committee have been connected with Matthew Luu to participate in the hiring process of the CSW’s.</li> <li>• Currently working on FY 13-14 year end reports for the FSP programs and completing the evaluations of the agency’s service work plans. Data that</li> </ul>	<p>Information</p>	<p>CPAW committee reps</p>

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	<p>is reported in the year end reports will also be utilized as quantitative outcomes in the FY 15-16 MHSA Plan Update.</p> <ul style="list-style-type: none"> <li>• Reviewed original recommendations of the Transportation committee. Will be reviewing the proposed roles and responsibilities of the Transportation Coordinator and gather input.</li> </ul> <p>Children's</p> <ul style="list-style-type: none"> <li>• Next meeting is Thursday, March 12 at 2425 Bisso Ln, Concord.</li> <li>• Will have a guest speaker, Eric Wagoner, from California Youth Connection. Eric will be presenting recommendations that came out of a countywide survey.</li> </ul> <p>Transition Age Youth</p> <ul style="list-style-type: none"> <li>• Meet bi-monthly on second Thursday in Martinez.</li> <li>• Would like to have youth to report about programs they participate in and build bridges with PEI programs.</li> <li>• Would like to have CPAW input regarding Youth Advisory Council setting up a website.</li> </ul> <p>Older Adults</p> <ul style="list-style-type: none"> <li>• Currently looking for a new chairperson</li> <li>• Sheri Richards is currently in talks with</li> </ul>		



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	<p>additional Older Adult members to move forward.</p> <p>Housing</p> <ul style="list-style-type: none"> <li>• Currently looking for a new chairperson</li> </ul> <p>Social Inclusion</p> <ul style="list-style-type: none"> <li>• February meeting progressed in collaboration with committee members and Office for Consumer Empowerment staff support to collect feedback contained in the scope section of the committee charter. Based on committee feedback from January and February meetings, OCE staff support is developing recommendations for possible revisions to update the scope of the committee and present for approval in the March meeting. Also, time on the agenda will include to discussion of steps and goals at next meeting.</li> <li>• WREACH – Revisions to the vision portion of the sub-committee charter and to include a confidential tell your story program. Began Tell Your Story program with SPIRIT. Working with Concord Police to hold first Crisis Intervention Training (CIT) meeting on April 29<sup>th</sup>. SPIRIT program to find a</li> </ul>		

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	<p>student to present at CIT training.</p> <ul style="list-style-type: none"> <li>• Photovoice has completed a 10 week class in 2014. Displayed at Concord Adult Mental Health Clinic and exhibition was held at Recovery Innovations in Concord. Displayed at NAMI Mardi Gras event last week. In future will have three Photovoice classes. Hopes to implement over all three regions of the county.</li> </ul>		
9. Public Comment, Announcements	<ul style="list-style-type: none"> <li>• Mariana Moore will be the new Director for Ensuring Opportunity. Starting goal will be to increase the minimum wage within the county.</li> <li>• Foster Care Youth Conference at Lavonya DeJean Middle School in Richmond.</li> <li>• YMCA and Richmond Art Center may be an option to have furnishings for the Miller Wellness Center.</li> </ul>		
10. Review of Meeting	<ul style="list-style-type: none"> <li>• Like breaking into smaller groups for discussion.</li> <li>• Increased camaraderie for everyone in the meeting.</li> </ul>		
11. Next CPAW, Steering, Membership Meetings	<ul style="list-style-type: none"> <li>• Next CPAW meeting is Thursday, March 26<sup>th</sup> from 3-6pm.</li> <li>• Steering will meet on March 19<sup>th</sup> from 3-5pm.</li> <li>• Membership will meet on March 16<sup>th</sup> from 3-5pm.</li> </ul>		