

# Contra Costa CARES

## Frequently Asked Questions

### Q: What is Contra Costa CARES?

Contra Costa CARES is a healthcare program for uninsured adults living in Contra Costa County. Eligible patients will have access to a range of primary and preventative healthcare services and will have access to one of four health center organizations to ensure their health remains in optimal condition. The program is available for up to 3,000 individuals on a first come first served basis.

### Q: Who is eligible?

- 19 years of age or older
- Contra Costa County resident
- Not eligible for full-scope Medi-Cal or Covered California
- Household gross income up to 138% federal poverty line annually (Household of 1 = \$16,105; Family of 4 = \$32,913)

### Q: How much does it cost?

All services covered by the program are free of cost.

### Q: Where can I apply?

Residents who would like to enroll in the Contra Costa CARES program can schedule an enrollment appointment by calling one of the health centers listed below.

Brighter Beginnings  
510-213-6681

Axis Community Health  
925-462-1755

La Clinica  
925-363-2000

LifeLong Medical Care  
510-215-9092

### Q: What services participants have access to?

- Primary care services and medical office visits at the assigned community health center
- Health evaluations, diagnosis and treatment services
- Adult immunizations
- Basic laboratory services related to primary care
- Basic radiology (X-ray) services
- Health education and chronic disease management
- 24 – hour nurse advice line

### Q: After I'm enrolled in the program, where and how can I make an appointment?

You may call the health center where you enrolled and request an appointment. You will receive an enrollment card in the mail that will have all necessary contact information.

### Q: Are medications provided?

Pharmacy services are available at each of the participating health centers for reduced prices. These services are NOT covered by the program.

### Q: What if I have an emergency?

If you seek emergency or inpatient care at a hospital, you may be eligible for Medi-Cal to cover the cost of the care. Please ask a representative at the hospital about applying for Hospital Presumptive Medi-Cal or restricted services Medi-Cal that covers only emergency care.

### Q: Where can I get more information?

For more information, please contact the Community Clinic Consortium at (510) 233-6230.