



CCRMC CARE MATTERS

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The Contra Costa Health Plan Provider Bulletin

SPDs Are Here!



Contra Costa Health Plan has been successful in expanding our Community Provider Network (CPN) in order to assist CCRMC Health Centers in serving the influx of Medi-Cal Seniors and persons with disabilities (SPDs). The State of California started moving SPDs out of Medi-Cal fee for service on June 1, 2011 into mandatory Medi-Cal Managed Care programs throughout California on a monthly staggered basis.

Since June, CCHP has enrolled 6469 SPDs with 91 percent of SPDs in Contra Costa choosing to enroll with CCHP over the other health plan choice in our county. CCHP researched patient choice and former PCP history to match new patients with PCPs in CCRMC, CPN and Kaiser networks.

Of our Medi-Cal members, 60% were previously seen at the Contra Costa Regional Medical Center and Health Centers. That number is now down to 53%, while 15% are seen by Kaiser Permanente and 32% are seen in our Community Provider Network. Preparations for SPDs enrollment began a year ago, and CCHP CEO Patricia Tanquary said “our success was only made possible by collaboration between CCHP, our Information Technology Unit, CCRMC/ Health Centers, and particularly with Ambulatory Care Medical Director Chris Farnitano, MD. Overall, CCHP now covers more than 106,000 lives through all of its health care programs”.



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Pharmacy and Therapeutics Update

The Pharmacy and Therapeutics committee at CCHP reviewed the efficacy, safety, cost and/or utilization of the following therapeutic categories/medications at the meeting. The changes are expected to be effective the week of January 9th, 2012.

➤ Atypical Antipsychotics	➤ Non-Stimulant ADHD medications	➤ Anaphylaxis medications
➤ Androgens	➤ Oral Contraceptives	➤ Narcotic Analgesics

The committee approved **addition** of the following to the Preferred Drug List (formulary):

- Allegra OTC (fexofenadine) after failure of loratadine and cetirizine. OTCs are not covered for commercial members.
- Savella with step therapy
- Latuda 40mg and 80mg

The committee approved **deletion** of the following to the Preferred Drug List (formulary):

- Testred and Androxy tablets
- Ortho Tri Cyclen Lo tablets

The following were reviewed and **prior authorization criteria** approved or updated (remain non-formulary):

- Prior authorization has been removed on Testosterone Enanthate.

SPD Transition

- CCHP started accepting enrollment of **Seniors and Persons with Disabilities (SPDs)** June 1, 2011. Previously these patients were covered under Fee-For-Service Medi-Cal. CCHP has set up a special transition period to allow these SPDs to **continue on any non-formulary medications** and use of non-contracted pharmacies for up to **90 days (30 days with 2 refills)** upon enrollment with CCHP.

CCHP will notify providers when their new SPD patient is on a CCHP non-formulary medication. Providers should promptly switch their patients over to a CCHP formulary agent or submit a prior authorization. Since CCHP will get new SPD enrollments at the beginning of each month until June 2012, some providers can expect to receive letters each month for their new SPD enrollees.

Patients will also receive letters from CCHP if they are using a non-contracted pharmacy. The letter will explain the need to use a contracted pharmacy and how to transfer their prescriptions to another pharmacy. If you have questions, please call the Pharmacy Unit at 1 (877) 800-7423 option 1.

Breastfeeding Support in Contra Costa County

Toll free Contra Costa Breastfeeding Advice Warmline: 1 (866) 878-7767

Follow the link below to access the following resources;

<http://www.cchealth.org/services/breastfeeding/resources.php>

Resources

[Pregnancy/Breastfeeding/Depression/Medications Information and Resources](#)

[Contra Costa County Breastfeeding Support Resources](#) (PDF)

[An Easy Guide To Breastfeeding](#)

Content provided by the [Family, Maternal & Child Health \(FMCH\) Programs](#) of Contra Costa [Public Health Division](#). For more information, call (925) 313-6254.

Fluoride Varnish

Dental caries is the most common chronic condition in children, and can cause them a variety of serious difficulties including pain, poor nutrition, and diminished self esteem. The children at the greatest risk tend to be from low-income families. Studies show that caries rates drop by **50%** over two years with **one annual application** of fluoride varnish to primary teeth, and by **75%** with **two annual applications**. The varnish can be applied by a physician, nurse, or any trained personnel, and requires approximately 1 to 3 minutes to apply.

Fluoride varnish application is now a paid benefit for CCHP kids with **Medi-Cal** younger than age six. It can be applied up to three times a year, and is reimbursed at **\$18 per application**, billing on a CMS 1500 form, using the code D1203. Varnish costs about \$146 plus shipping for 200 doses—less than a dollar a dose. CCHP staff are available to train your staff and demonstrate application. We can also give you information on how to order. Please contact us at (925) 313-9500 to take advantage of this win/win situation.





Welcome New CPN Providers!

Axis Community Health, Jennifer Beekman, NP, Sepideh Tafreshian, MD -
PCP Family Medicine, Divya Raj, MD - PCP Pediatrics

Bay Area Spine Institute, Paul Nottingham, MD - Specialist - Orthopaedic Spine Surgery

Bay Area Surgical Specialists, Saurin Shah, MD - Specialist - Thoracic Surgery

Cardiovascular Consultants Medical Group, Faizul Haque, MD -
Specialist - Cardiovascular Disease

Choice Medical Group, Vivian Freeman, NP - Specialist - Family Planning

Clinica la Luna y el Sol, Rosanne O'Rourke, NP - PCP Family Medicine

Comprehensive Psychiatric Services, Smita Thakkar, MD - Specialist - Mental Health

Diablo Neurosurgical Medial Group, Geoffrey Adey, MD, George Counelis, MD,
Richard Perrin, MD, Terence Chen, MD - Specialist - Neurosurgery

Discovery Eye Care Optometry, Manteca Optometric Eye Care Center,
Frederick Stellhorn, OD - Specialist - Optometry

East Bay AIDS Center, Amy Garlin, MD - Specialist - Infectious Disease

East Bay Shoulder Clinics and Sports Rehabilitation, Katherine Rawlinson, PA

East Bay Vision Center, Man-Wa Lam, OD -- Specialist - Optometry

Eyecare Galleria, Rowena Velasquez, OD - Specialist - Optometry

La Clinica De La Raza, Joan Hoffman, MD - PCP Family Medicine, Oakley and Pittsburg

LifeLong Medical Care, Jessica Furer, MD, Floyd Huen, MD, Leslie Kernisan, MD,
Bruce O'Neil, MD - PCP Internal Medicine

Muir Orthopaedic Specialists, Stanley Ma, PA - Specialist - Orthopaedic Surgery Assistants

Planned Parenthood, Lisa De la Fuente, NP, Joan Flores, NP, Anna-Mary Patteson, NP -
Specialist - Family Planning

Sampath Ramakrishnan, MD - PCP Internal Medicine, Urgent Care

Touchstone Counseling, Tom Westin, MFT - Specialist - Mental Health

The Bulletin Board



Visit our CCHP Provider & Pharmacy Online Search Engine (OSE) at:
www.contracostahealthplan.org

Find available on our web site; Provider Manual, Provider Directory, and Prior Authorization Forms.

Find resources for uninsured individuals at
www.cchealth.org/insurance

Holidays Observed by CCHP

Christmas Day, December 26, 2011

New Year's Day, January 02, 2012

Dr. Martin Luther King Jr. Day, January 16, 2012

President's Day, February 20, 2012

Our URAC accredited Advice Nurse Unit is available for our members 24 hours a day, 7 days a week including holidays. Members can call The Advice Nurse Unit at 1 (877) 661-6230 Press 1.

Providers needing help with translation services call 1 (877) 800-7423 Press 4.



Welcome New CCRMC PCP Providers

Cathy Huang, MD
Brentwood Health Center

Nusrat Chaudhry, MD
Martinez Health Center

Lawrence Boly, MD
Pittsburg Health Center

Tidbits from Utilization Management...

What is Case Management?

According to The Case Management Society of America "Case Management is a means for achieving client wellness and autonomy through advocacy, communication, education, identification of service resources and service facilitation." CCHP achieves this by facilitating personalized comprehensive high quality, well-coordinated care and service. CCHP Case Managers work one-on-one with clients to develop trust and rapport, leading to higher compliance and achievement of healthcare goals. To make a referral to the Case Management Program, simply fill out the CM Referral form (found in your Provider Manual) and fax it to (925) 313-6462. If you would like an electronic version that can be emailed, please call (925) 957-7453.

Referrals may be emailed to laurie.crider@hsd.cccounty.us.



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Contra Costa Health Plan Provider Call Center 1 (877) 800-7423

- Press 1 – Member Eligibility and Primary Care Physician Assignment
- Press 2 – Pharmacy Services Department
- Press 3 – Authorization Department
- Press 4 – Interpreter Services (Advice Nurse)
- Press 5 – Claims Department
- Press 6 – Provider Relations Department
- Press 7 – Member Services Department