

# **BENEFICIARY SUGGESTION FORM**



**CONTRA COSTA COUNTY  
BEHAVIORAL HEALTH SERVICES**

# LANGUAGE TAGLINES

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## English Tagline

ATTENTION: If you need help in your language call 1-888-678-7277 (TTY: 711). Aids and services for people with disabilities, like documents in braille and large print, are also available. Call 1-888-678-7277 (TTY: 711). These services are free of charge.

## الشعار بالعربية (Arabic)

يُرجى الانتباه: إذا احتجت إلى المساعدة بلغتك، فاتصل بـ 1-888-678-7277

(TTY: 711). تتوفر أيضًا المساعدات والخدمات للأشخاص ذوي الإعاقة، مثل المستندات المكتوبة بطريقة بريل والخط الكبير. اتصل بـ 1-888-678-7277

(TTY: 711). هذه الخدمات مجانية.

## Հայերեն պիտակ (Armenian)

ՈՒՇԱՂՐՈՒԹՅՈՒՆ: Եթե Ձեզ օգնություն է հարկավոր Ձեր լեզվով, զանգահարեք 1-888-678-7277 (TTY: 711): Կան նաև օժանդակ միջոցներ ու ծառայություններ հաշմանդամություն ունեցող անձանց համար, օրինակ՝ Բրայլի գրատիպով ու խոշորատառ տպագրված նյութեր: Չանգահարեք 1-888-678-7277 (TTY: 711): Այդ ծառայություններն անվճար են:

## ພາສາម៉ាល់ជាភាសាខ្មែរ (Cambodian)

ចំណាំ: បើអ្នក ត្រូវ ការជំនួយ ជាភាសា របស់អ្នក សូម ទូរស័ព្ទទៅលេខ 1-888-678-7277 (TTY: 711)។ ជំនួយ និង សេវាកម្ម សម្រាប់ ជនពិការ ដូចជា ឯកសារសរសេរជាអក្សរធំ សម្រាប់ជនពិការភ្នែក ឬ ឯកសារសរសេរជាអក្សរព្រមធំ ក៏អាចរកបានផងដែរ។ ទូរស័ព្ទមកលេខ 1-888-678-7277 (TTY: 711)។ សេវាកម្មទាំងនេះមិនគិតថ្លៃឡើយ។

## **简体中文标语 (Chinese)**

请注意：如果您需要以您的母语提供帮助，请致电 1-888-678-7277 (TTY: 711)。另外还提供针对残疾人士的帮助和服务，例如盲文和需要较大字体阅读，也是方便取用的。请致电 1-888-678-7277 (TTY: 711)。这些服务都是免费的。

## **مطلب به زبان فارسی (Farsi)**

توجه: اگر می‌خواهید به زبان خود کمک دریافت کنید، با 1-888-678-7277 (TTY: 711) تماس بگیرید. کمک‌ها و خدمات مخصوص افراد دارای معلولیت، مانند نسخه‌های خط بریل و چاپ با حروف بزرگ، نیز موجود است. با 1-888-678-7277 (TTY: 711) تماس بگیرید. این خدمات رایگان ارائه می‌شوند.

## **हिंदी टैगलाइन (Hindi)**

ध्यान दें: अगर आपको अपनी भाषा में सहायता की आवश्यकता है तो 1-888-678-7277 (TTY: 711) पर कॉल करें। अशक्तता वाले लोगों के लिए सहायता और सेवाएं, जैसे ब्रेल और बड़े प्रिंट में भी दस्तावेज़ उपलब्ध हैं। 1-888-678-7277 (TTY: 711) पर कॉल करें। ये सेवाएं निःशुल्क हैं।

## **Nqe Lus Hmoob Cob (Hmong)**

CEEB TOOM: Yog koj xav tau kev pab txhais koj hom lus hu rau 1-888-678-7277 (TTY: 711). Muaj cov kev pab txhawb thiab kev pab cuam rau cov neeg xiam oob qhab, xws li puav leej muaj ua cov ntawv su thiab luam tawm ua tus ntawv loj. Hu rau 1-888-678-7277 (TTY: 711). Cov kev pab cuam no yog pab dawb xwb.

## **日本語表記 (Japanese)**

注意日本語での対応が必要な場合は 1-888-678-7277 (TTY: 711)へお電話ください。点字の資料や文字の拡大

表示など、障がいをお持ちの方のためのサービスも用意  
しています。1-888-678-7277 (TTY: 711)へお電話く  
ださい。これらのサービスは無料で提供しています。

### **한국어 태그라인 (Korean)**

유의사항: 귀하의 언어로 도움을 받고 싶으시면 1-888-  
678-7277 (TTY: 711) 번으로 문의하십시오. 점자나 큰  
활자로 된 문서와 같이 장애가 있는 분들을 위한 도움과  
서비스도 이용 가능합니다. 1-888-678-7277 (TTY: 711)  
번으로 문의하십시오. 이러한 서비스는 무료로  
제공됩니다.

### **ແທກໄລພາສາລາວ (Laotian)**

ປະກາດ:

ຖ້າທ່ານຕ້ອງການຄວາມຊ່ວຍເຫຼືອໃນພາສາຂອງທ່ານໃຫ້ໂທຫາເບີ 1-  
888-678-7277 (TTY: 711).

ຍັງມີຄວາມຊ່ວຍເຫຼືອແລະການບໍລິການສໍາລັບຄົນພິການ  
ເຊັ່ນເອກະສານທີ່ເປັນອັກສອນນູນແລະມິໂຕພິມໃຫຍ່ ໃຫ້ໂທຫາເບີ  
1-888-678-7277 (TTY: 711).

ການບໍລິການເຫຼົ່ານີ້ບໍ່ຕ້ອງເສຍຄ່າໃຊ້ຈ່າຍໃດໆ.

### **Mien Tagline (Mien)**

LONGC HNYOUV JANGX LONGX OC: Beiv taux meih  
qiemx longc mienh tengx faan benx meih nyei waac nor  
douc waac daaih lorx taux 1-888-678-7277 (TTY: 711).

Liouh lorx jauv-louc tengx aengx caux nzie gong bun  
taux ninh mbuo wuaaic fangx mienh, beiv taux longc  
benx nzangc-pokc bun hluo mbiutc aengx caux aamz  
mborqv benx domh sou se mbenc nzoih bun longc.

Douc waac daaih lorx 1-888-678-7277 (TTY: 711). Naaiv  
deix nzie weih gong-bou jauv-louc se benx wang-henh  
tengx mv zuqc cuotv nyaanh oc.

### **ਪੰਜਾਬੀ ਟੈਗਲਾਈਨ (Punjabi)**

ਪਿਆਨ ਦਿਓ: ਜੇ ਤੁਹਾਨੂੰ ਆਪਣੀ ਭਾਸ਼ਾ ਵਿੱਚ ਮਦਦ ਦੀ ਲੋੜ ਹੈ ਤਾਂ ਕਾਲ  
ਕਰੋ 1-888-678-7277 (TTY: 711). ਅਪਾਹਜ ਲੋਕਾਂ ਲਈ ਸਹਾਇਤਾ

ਅਤੇ ਸੇਵਾਵਾਂ, ਜਿਵੇਂ ਕਿ ਬੋਲ ਅਤੇ ਮੋਟੀ ਛਪਾਈ ਵਿੱਚ ਦਸਤਾਵੇਜ਼, ਵੀ ਉਪਲਬਧ ਹਨ। ਕਾਲ ਕਰੋ 1-888-678-7277 (TTY: 711). ਇਹ ਸੇਵਾਵਾਂ ਮੁਫਤ ਹਨ।

### **Русский слоган (Russian)**

ВНИМАНИЕ! Если вам нужна помощь на вашем родном языке, звоните по номеру 1-888-678-7277 (линия TTY: 711). Также предоставляются средства и услуги для людей с ограниченными возможностями, например документы крупным шрифтом или шрифтом Брайля. Звоните по номеру 1-888-678-7277 (линия TTY:711). Такие услуги предоставляются бесплатно.

### **Mensaje en español (Spanish)**

ATENCIÓN: si necesita ayuda en su idioma, llame al 1-888-678-7277 (TTY: 711). También ofrecemos asistencia y servicios para personas con discapacidades, como documentos en braille y con letras grandes. Llame al 1-888-678-7277 (TTY: 711). Estos servicios son gratuitos.

### **Tagalog Tagline (Tagalog)**

ATENSIYON: Kung kailangan mo ng tulong sa iyong wika, tumawag sa 1-888-678-7277 (TTY: 711). Mayroon ding mga tulong at serbisyo para sa mga taong may kapansanan, tulad ng mga dokumento sa braille at malaking print. Tumawag sa 1-888-678-7277 (TTY: 711). Libre ang mga serbisyong ito.

### **แท็กไลน์ภาษาไทย (Thai)**

โปรดทราบ: หากคุณต้องการความช่วยเหลือเป็นภาษาของคุณ กรุณาโทรศัพท์ไปที่หมายเลข 1-888-678-7277 (TTY: 711) นอกจากนี้ ยังพร้อมให้ความช่วยเหลือและบริการต่าง ๆ

สำหรับบุคคลที่มีความพิการ เช่น เอกสารต่าง ๆ  
ที่เป็นอักษรเบรลล์และเอกสารที่พิมพ์ด้วยตัวอักษรขนาดใหญ่  
กรุณาโทรศัพท์ไปที่หมายเลข 1-888-678-7277 (TTY: 711)  
ไม่มีค่าใช้จ่ายสำหรับบริการเหล่านี้

### **Примітка українською (Ukrainian)**

УВАГА! Якщо вам потрібна допомога вашою рідною мовою, телефонуйте на номер 1-888-678-7277 (TTY: 711). Люди з обмеженими можливостями також можуть скористатися допоміжними засобами та послугами, наприклад, отримати документи, надруковані шрифтом Брайля та великим шрифтом. Телефонуйте на номер 1-888-678-7277 (TTY: 711). Ці послуги безкоштовні.

### **Khẩu hiệu tiếng Việt (Vietnamese)**

CHU Y: Nếu quý vị cần trợ giúp bằng ngôn ngữ của mình, vui lòng gọi số 1-888-678-7277 (TTY: 711). Chúng tôi cũng hỗ trợ và cung cấp các dịch vụ dành cho người khuyết tật, như tài liệu bằng chữ nổi Braille và chữ khổ lớn (chữ hoa). Vui lòng gọi số 1-888-678-7277 (TTY: 711). Các dịch vụ này đều miễn phí.



CONTRA COSTA COUNTY  
BEHAVIORAL HEALTH  
SERVICES ADMINISTRATION  
1340 Arnold Dr., Suite 200  
Martinez, California 94553-4634  
Ph (925) 957-5160  
Fax (925) 957-5156

<p><b>OFFICE USE ONLY</b></p> <p>Request No. _____</p> <p>Date Received _____</p>
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## SUGGESTION FORM

Your current Contra Costa Behavioral Health Services will NOT be adversely affected in any way by offering suggestions.

**DATE** \_\_\_\_\_

**PROGRAM or PROVIDER NAME** \_\_\_\_\_

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**PROGRAM or PROVIDER LOCATION** \_\_\_\_\_

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Please print or write legibly. Be specific by giving names, dates, and times whenever possible. Place the completed form in the Suggestion Box, if available, or mail it in the envelope provided at the provider's site.

CONTRA COSTA COUNTY MENTAL HEALTH AND

DRUG MEDICAL ORGANIZED DELIVERY SYSTEM  
WELCOME YOUR SUGGESTIONS TO IMPROVE  
SERVICES AND MAKE YOUR SERVICES AS  
POSITIVE AND PLEASANT AS POSSIBLE.

**SUGGESTION:** \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**May we contact you regarding your suggestion?**

- Yes, you may contact me regarding this suggestion.
- NO, I prefer that you do not contact me.

(Optional)

**NAME** \_\_\_\_\_  
**ADDRESS** \_\_\_\_\_  
**CITY** \_\_\_\_\_ **ZIP** \_\_\_\_\_  
**PHONE** \_\_\_\_\_ **BEST TIMES TO CALL** \_\_\_\_\_

*THANK YOU FOR TAKING TIME TO OFFER THIS  
SUGGESTION!*

(Optional)

**Signature of Person Making Request** \_\_\_\_\_  
**Date** \_\_\_\_\_





If you or someone you know needs emergency behavioral health help, call the

**A3 MILES HALL  
CRISIS CALL CENTER  
844-844-5544**

Learn more at <https://cchealth.org/a3/>

**Behavioral health issues** are widespread and increasingly recognized as a major area of need.

- Approximately **1 in 5 adults** in Contra Costa County experience behavioral health issues.
- Behavioral health issues are the **third most common call ambulances respond to** in the county.
- Every year, there are more than **8,000 visits to psychiatric emergency services** in the county.



**A3** is Contra Costa County's innovative approach to provide timely and appropriate behavioral health crisis services to **anyone, anywhere, at anytime** in Contra Costa County.

If you or someone you know is experiencing a behavioral health crisis, call the **A3 Miles Hall Crisis Call Center at 844-844-5544.**

### **Why A3?**

**A3** integrates behavioral health services into Contra Costa County's emergency response team.

- One in five adults experience mental health issues
- Over 40% of calls are from family members or law enforcement
- Over half of calls are about psychosis, aggression or suicide
- Most callers' needs resolved over the phone, with mobile team responding to 1 in 4 calls

## How Does A3 Work?

- ***Someone to Talk to:*** The A3 Miles Hall Crisis Call Center is triaged by mental health clinicians and provides care over the phone or send a care team
- ***Someone to Respond:*** Specially trained response teams are dispatched to the person in need to address the crisis and provide the appropriate care
- ***A Place to Go:*** The team may determine the person in crisis needs a place to go to get more support and can connect them to appropriate services countywide

## **Our Mission**

The mission of Contra Costa Behavioral Health, in partnership with consumers, families, staff and community-based agencies, is to provide welcoming, integrated services for mental health, substance abuse, homelessness and other needs that promote wellness, recovery, and resiliency while respecting the complexity and diversity of the people we serve.

## **Our Vision**

Contra Costa Behavioral Health envisions a system of care that supports independence, hope, and healthy lives by making accessible behavioral health services that are responsive, integrated, compassionate, and respectful.