



## MEDICAL CASE MANAGEMENT

Medical Case Managers serve people living with HIV by connecting them to the resources they need to access medical care and remain healthy and independent.

They assist clients to:

- Improve overall health and well-being
- Keep doctors appointments
- Take medications regularly

They can also help people who are eligible to access the following services:

- Partner notification services
- Insurance assistance
- Medication support
- Emergency financial assistance
- Oral health care
- Mental health services
- Substance use counseling
- Nutrition counseling and food
- Housing and transportation
- Legal services

Contact the following agencies to enroll in medical case management:

**Contra Costa HIV/AIDS & STD Program**  
**(925) 313-6771 or (800) 287-0200**  
**597 Center Ave. Suite 200 Martinez**

**LifeLong Medical Care**  
**(925) 313-6771**  
**2600 MacDonald Ave #B Richmond**

**Contra Costa Health Plan (CCHP)**  
**(925) 313-6887**  
**595 Center Ave. Suite 100 Martinez**



Contra Costa Health Services Department  
HIV/AIDS & STD Program  
597 Center Avenue, Suite 200  
Martinez, CA 94553

Phone: (925) 313-6771  
Fax: (925) 313-6798

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## HIV & STD Prevention & Care

### Contra Costa County Resource Guide



**February 2019**

This resource guide is published by the  
Contra Costa HIV/AIDS Program.

For more information, call  
**(925) 313-6771 or (800) 287-0200**

Or visit our website at  
**[www.cchealth.org/hiv](http://www.cchealth.org/hiv)**



## MEDICAL SERVICES

### **Contra Costa Health Services**

**Advice Nurse Line 24/7**

**1-877-661-6230 Option 1**

### **Positive Health Clinics**

**1-800-771-4270 Financial Counseling**

**1-800-495-8885 Appointments**

Positive Health Clinics located in West County-San Pablo, Pittsburg, Brentwood, and Martinez Health Centers.

### **LifeLong**

**Urgent Care: (510) 231-9800**

**Walk-ins welcome: M-F 9:30-7pm**

**2023 Vale Rd. San Pablo 94806**

**Dr. Jenkins (510) 237-9537**

**Walk-ins accepted if space is available**

**120 Broadway Richmond 94804**

**By appointment only:**

**Brookside Richmond: (510) 215-5001**

**1030 Nevin Ave. Richmond**

**Richmond (510) 981-4100**

**2600 MacDonald Ave. #B Richmond**

### **La Clinica**

**By appointment only:**

**Monument: (925) 363-2000**

**2000 Sierra Rd. Concord**

**Oakley: (925) 776-8200**

**2021 Main St. Oakley**

**Pittsburg: (925) 431-1230**

**2240 Gladstone Dr. #4 Pittsburg**

### **Planned Parenthood**

**Call for referral to a clinic near you:**

**1-800-230-7526**

**www.plannedparenthood.org**

## STD & HIV TESTING & COUNSELING

If you want to get tested for an STD or HIV, or want counseling, contact the following agencies for sites and schedules.

### **Contra Costa HIV/AIDS & STD Program**

**(925) 313-6771 or (800) 287-0200**

### **Contra Costa STD Clinics**

**(925) 313-6750 or (800) 479-9664**

### **Planned Parenthood Northern CA**

**1-800-230-7526**

## HIV+ SUPPORT GROUPS

If you are interested in receiving social support from others living with or affected by HIV, consider joining one of the following support groups.

### **Together We Rise (LifeLong)**

**Adult Co-Ed HIV Support Group**

**1st & 3rd Fridays, 1-2:30pm**

**2600 MacDonald Ave. #B Richmond**

**Contact Mateo at (510) 981-9267**

### **Rainbow Community Center (RCC)**

**Adult Men's HIV Support Group**

**Mondays, 6:30-8pm**

**2118 Willow Pass Rd. Suite 500 Concord**

**Contact RCC at (925) 692-0090**

### **Adult Women's HIV Support Group, Rise**

**4th Wednesdays, 7-8pm**

**2118 Willow Pass Rd. Suite 500 Concord**

**Email nicole.rainbowcc@gmail.org**

## PRE & POST EXPOSURE PROPHYLAXIS (PREP & PEP)

PrEP is a way for people who do not have HIV but who are at high risk of getting it to prevent HIV infection by taking a pill every day. PEP is an antiretroviral medicine that people take after being potentially exposed to HIV to prevent becoming infected.

If you are interested in learning about PrEP or PEP, contact the following agencies:

### **Contra Costa Health Services**

**(925) 313-6771**

### **LifeLong Medical Care**

**(510) 981-4100**

### **Planned Parenthood Northern CA**

**1-800-230-7526**



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