



*Black mothers, are you interested in free doula care during pregnancy, labor and delivery, and after you have your baby?*

**#DeliverBirthJustice**

**END RACISM.  
BIRTH JUSTICE.**

Visit our website  
[deliverbirthjustice.org](http://deliverbirthjustice.org)



### Local Support in Contra Costa

Contact us at 925-313-6254 for more information.

- You are eligible if you are:
- A Black Contra Costa resident
  - Pregnant under 30 weeks for doula care
  - A dad or partner expecting a baby or have a newborn under one year of age



*Black fathers, are you interested in fun, free social support groups about parenting and resources for new dads?*

Perinatal Equity Initiative  
Family, Maternal, & Child Health Program  
Contra Costa Health Services  
Public Health Division  
597 Center Ave., Suite 365  
Martinez, CA 94553

Office: 925-313-6254  
Fax: 925-313-6708



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**Who:** Five Bay Area counties— Alameda, Contra Costa, San Francisco, Santa Clara and Solano—are part of the Perinatal Equity Initiative (PEI), a statewide effort to address the causes of inequity and health disparities that threaten Black maternal and infant health.

**What:** #DeliverBirthJustice is a Bay Area-wide movement bringing together health professionals, policy makers and community members to drive change and ensure the wellbeing of Black mothers and their families.

**Why:** Racism and bias harm Black families' ability to have safe and healthy pregnancies and births. We must act now to address these issues and repair the harm it inflicts on the health and lives of Black mothers, families and babies.



## Take Action Now

It will take all of us to make sure Black families have the care, protection and opportunities they need to be healthy.

**Learn** more about how racism and bias harm Black mothers and babies.

**Share** this information with your healthcare team, constituents, friends and family.

**Listen**, trust and respond urgently to Black mothers' and families' concerns.

**Connect** with us and get connected to resources in our community.

Search *"Deliver Birth Justice"*



## About the Issue

Black mothers in the Bay Area and in California face a deadly threat: racism. It's harming their ability to have safe and healthy pregnancies and births.

Black babies are 2 to 3 times more likely to be born too soon, too small, or to die before their first birthday.

Black mothers are more likely to have complications like preeclampsia, hypertension, and interventions like c-sections.

Black mothers are 3 to 4 times more likely to die during pregnancy and childbirth.

