

## Initial Health Appointment

When members are newly enrolled to CCHP, it is important for them to get an appointment with their assigned provider within the first 120 days of enrollment to establish care.

Initial Health Appointment (IHA) consists of:

- A history of the Member's physical and mental health
- An identification of risks
- An assessment of need for preventive screens or services using the most current US Preventive Services Task Force A&B Recommendations (see link below)
- Health Education
- The diagnosis and plan for treatment of any diseases

This comprehensive assessment should include a comprehensive history, physical, risk assessment, screening for substance use, and ensuring members have received or were offered all recommended immunizations.

For the most current US Preventive Services Task Force A&B Guidelines, please refer to the following link:

<https://www.uspreventiveservicestaskforce.org/Page/Name/uspstf-a-and-b-recommendations/>

Children under 18 months should be seen within 60 days for routine check-ups and immunizations. Pregnant members should be seen within 2 weeks.

All services must be provided in a way that is culturally and linguistically appropriate for the member.

Providers should be making a minimum of two attempts to get the member in for a new patient visit, and these should be documented in the medical record.