

If you need to find out who your Primary Care Provider (PCP) is, contact CCHP Member Services at 877-661-6230

WHEN IT COMES TO LEAD

IT'S BEST TO TEST!

No amount of lead is safe in a child's system. Contact your doctor today and get them tested!

Harms of Lead on Young Children

Lead exposure is harmful to children. It can affect your child's development. Lead can cause:

- Damage to the brain and nervous system
- Slowed growth and development
- Learning and behavior problems
- Hearing and speech problems

There are no signs or symptoms of lead poisoning. The only way to know is by doing a blood test.



Where Lead is Found

Lead can be found in many places, including:

- Older homes built before 1978
- Imported candies and spices
- Clay pottery and cooking pans
- Dust and dirt
- Hobbies like fishing, hunting with leaded bullets, and stained glass-making

Get Tested!

Your child should get a blood test:

- At both 1 and 2 years of age
- If they are under 6 and have not been tested
- If you think they have been exposed to lead

A blood test is the best way to know if your child has been exposed to lead. The Centers for Disease Control and California Department of Public Health recommend all children with Medi-Cal be tested.

