

# Medical Case Management



## What is Medical Case Management (MCM)?

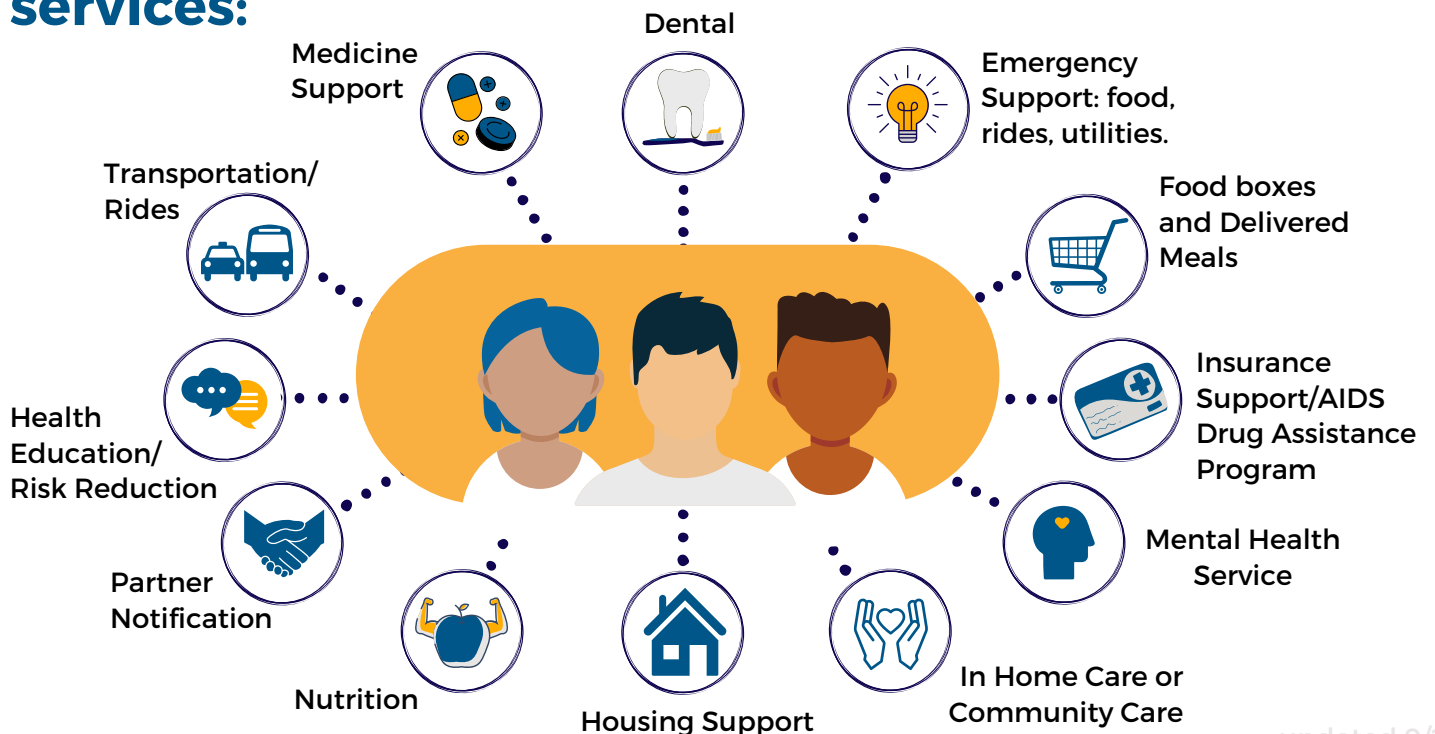
A program where case managers (social workers) help people who live with HIV/AIDS connect to services that can help their health and well-being. Medical Case Management is open to all people, whether they are a citizen of the United States or not.

## Our Goal

To serve people who have HIV/AIDS by connecting them to services that support their health and well-being.

- Keep **doctor's visits**
- Take **needed medicines**
- **Lower health risks**
- **Stop the spread of HIV/AIDS**

## Medical Case Managers can help access these services:



## Who can sign up?

Medical Case Management is paid for by the **Ryan White Care Act**, a federal program. United States citizenship is not needed to be in the program.

### You can sign up for Medical Case Management services if...

- You are HIV +
- You live in Contra Costa County
- Your income falls below a certain level

## How do I stay in Medical Case Management?

- Actively take part in your care plan and work on your health goals
- Keep your visits with your Medical Case Manager, doctor, and labs
- Respect Medical Case Manager's time and efforts in your care

**Not sure if you can sign up for MCM? Ask us!** A Medical Case Manager can help find out if you can get into services.



## What do I need to sign up?

You will need the documents listed below to be in Medical Case Management. **A Medical Case Manager can help you know what documents can be used.**

### Documents needed to sign up:

- **Photo ID**, such as a driver's license, State ID, or passport (only needed upon sign-up and does not need to be up-to-date)
- **Proof of HIV diagnosis**
- **Lab results** within the last 6 months (with T-Cell count and Viral Load)
- **Documents** that show:
  - Your current **address**
  - **Proof of income**
  - **Insurance** (not required)

## What do I do next? Call us!

**Work Hours:** 8:30am - 5:00pm,  
Monday to Friday

**Phone:** 925-608-5384 OR  
800-287-0200 (toll free)

**For more info, visit:**

[www.cchealth.org/HIV/](http://www.cchealth.org/HIV/)