



1340 Arnold Drive, Suite 200, Martinez, Ca 94553 | Phone: (925) 313-9553 | Fax: (925) 957-5156
cchealth.org

**Mental Health Commission
Justice Systems Committee Meeting
Tuesday, November 21st, 2023, 3:30-5:00 PM
This Meeting will be held in person and via Zoom 'Hybrid'**

**VIA: Zoom Teleconference: <https://zoom.us/j/5437776481>
Meeting number: 543 777 6481 | Join by phone: 1 669 900 6833 US | Access code: 543 777 6481
In Person: 1340 Arnold Drive, Suite 126, Martinez, CA 94553**

AGENDA

- I. Call to order/Introductions**
- II. Public comments**
In accordance with the **Brown Act**, if a member of the public addresses an item not on the agenda, no response, discussion, or action on the item will occur, except for the purpose of clarification.
- III. Commissioner comments**
- IV. Chair comments**
- V. APPROVE minutes from the October 17th, 2023 Justice Systems Committee meeting**
- VI. Discussion of Current Status of Contra Costa Detention Mental Health with Question and Answers – Manju Mathews, LCSW, CCHP, Detention Mental Health Program Chief (60 min)**
- VII. Revisit Committee Goals and Next Steps**
- VIII. Adjourn**

ATTACHMENTS:

- A. Questions for Manju Mathews**



Any disclosable public records related to an open session item on a regular meeting agenda and distributed by the Executive Assistant to a majority of the members of the Mental Health Commission less than 96 hours prior to that meeting are available for public inspection at 1340 Arnold Drive, Suite 200, Martinez, CA 94553, during normal business hours. The Contra Costa County Mental Health Commission is appointed by the Board of Supervisors to advise them on all matters related to the county's mental health system, in accordance with mandates set forth in the California State Welfare & Institutions Code, Sections 5604 (a)(1)-5605.5. Any comments or recommendations made by the Mental Health Commission or its individual members do not represent the official position of the county or any of its officers. The Commission is pleased to make special accommodations, if needed, please call ahead at (925) 313-9553 to arrange.



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Mental Health Commission (MHC) Public Meeting Protocol Information

CONDUCT AGREEMENT

The input of all participants in the meeting is highly valued. In order for all voices to be expressed in a productive, safe and respectful environment, the following set of self-governance guides are asked of all participants:

- 1. We are committed to honoring people's time. Please help us by being on time, asking questions, speaking to the topic at hand, and allowing for others to speak.**
- 2. Please keep yourself on mute unless you are speaking. **(see email, keep on mute)***
- 3. Wait to be recognized, before commenting and keep your comments direct and brief.**
- 4. It is okay to disagree, as different perspectives are welcomed and encouraged. Please be polite and respectful and allow others to voice their views as well.**
- 5. Please refrain from criticizing a specific person or viewpoint in a negative manner during the meeting. Outside of the meeting, you may connect with MHC Commissioners and staff for assistance in having your concerns heard and addressed through the appropriate channels.**
- 6. Avoid providing any distractions, such as side bar conversations.**
- 7. An individual may be asked to leave should they behave in a manner that threatens the safety of any participant or does not honor the terms of these guidelines.**



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MHC Questions

Manju Mathews

1. When the Sheriff campaigned for the new jail bldg., he stated that the primary intent was to house facilities for services for individuals with MH conditions. Given this stated intent, why has a large portion of the bldg. being used to house an overflow of inmates from other jail facilities?
2. Staffing for both screening and MH treatment at the jails appears to be sparse. We recognize that like many other employers, the County jails are finding it difficult to hire and retain employees. However, the County has committed to providing appropriate and timely MH treatment for incarcerated individuals with MH conditions.
 - a. What are the policy changes your dpt. plans to make to overcome the hiring problem and fulfill the County's commitment, above.?
3. The County has committed to:
 - a. preparing MH transition plan prior to an individual's release; and
 - b. ensuring that appropriate and timely services are in place to effectuate each individual's MH transition plan post release.
 - c. Is there a written transition plan for each individual needing continued MH services on release?
 - d. How are services are being prepared to assist these individuals?
 - e. Is funding available from the state? From the county?
 - f. Are there adequate staff for evaluating individuals both on intake and prior to release? Which staff and how many are currently preparing transition plans for services post-release?
4. We at the Justice Committee were told that preparing transition plans and putting community services into place will be handled solely by MediCal and Cal AIM, without any County involvement.
 - a. How much collaboration is there currently between Detention Mental Health, and Cal AIM and MediCal re. the provision of mental health transition plans and services following release?
 - b. Are there any deficiencies that you see that will not be handled by Cal Aim and MediCal that you would like addressed?
 - c. What role will your department play in transition planning and arranging services in the community in order to meet the County's obligation to plan for and follow up on services needed after release from the County jail?

5. The County is obligated to follow The Americans With Disabilities Act (“ADA”) in its jails. In the last three years, the County has failed to craft ADA policies and procedures for its jails.
 - a. What is the County, and more specifically your department, doing to put into place a policy and set of procedures to meet the needs of individuals in the jails who are protected by the ADA?
 - b. What training are you and sister agencies providing to educate staff in Detention MH staff, Crisis Intervention, and the Sheriff’s Office regarding ADA eligibility and protections?
6. When is an inmate given the opportunity to ask what medications are being given to her/him/them?. Subsequent to the initial MH screenings, are there other opportunities to self-refer and/or be referred for MH screening?
7. In the community areas of the jails, how are inmates identified by staff as to what track they are?