



CONTRA COSTA HEALTH

Anyone, Anywhere, Anytime



Mental Health Crisis Support
844-844-5544

If you or someone you know is experiencing
a mental health crisis, help is available.
Call the *A3 Miles Hall Crisis Call Center*
at **844-844-5544**

cchealth.org/a3

How A3 can help:



- *Support over the phone*
- *In-person care, if necessary*
- *Connection to countywide services*
- *Follow up care*



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