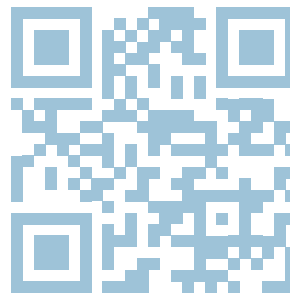


If you or someone you know is experiencing a mental health crisis, help is available.

 **Call 844-844-5544**

We're here if you need us. If you're unsure about reaching out, don't hesitate to call A3. Our team is ready to offer assistance and support.



*Learn more at*  
[cchealth.org/a3](https://cchealth.org/a3)





## About A3

A3 provides mental and behavioral health crisis support to **anyone, anywhere** at **anytime** in Contra Costa County.

## Who We Are

A3 is a team of behavioral health professionals who are experts in mental health, substance use counseling, peer support and social needs.

## What We Offer

- Help over the phone
- In-person care, if necessary
- Connection to services countywide
- Follow-up care



## Mental Health Crisis Support

### A Need for Help

There are several ways to connect with the A3 Miles Hall Crisis Call Center, including options like 911, 988 and community health providers. However, the direct number is **844-844-5544**.

### Someone to Talk To

Care begins as soon as a call to the call center is answered. Trained staff provide support over the phone, triage presenting issues and determine when an in-person response is necessary.

### Someone to Respond

Specially trained teams are dispatched to the person in need to address the crisis and provide care.

### A Place to Go

The team may determine the person in crisis needs a place to go to get more support, and can connect them to services countywide.

### Follow-Up Care

A3 provides ongoing support through regular follow-up and connection to services.



## What to Expect

After calls to the A3 Miles Hall Crisis Call Center are answered, trained staff will provide care over the phone and assess if an in-person response would be beneficial. Staff will keep callers informed about the estimated time a response team will arrive at the location of the individual experiencing a crisis.

A3 prioritizes safety through ongoing collaboration with local law enforcement. In certain situations, based on careful evaluation, A3 staff and law enforcement may work together to provide the best possible support.

