



Developmental Disabilities Council of Contra Costa County

Board of Directors Meeting

August 26, 2020 10 a.m. – Noon

This is a Zoom teleconference meeting only. No in-person meeting will take place.

To join from your computer, tablet or smart phone- click this [MEETING LINK](#)

Or to join by phone (voice only), dial 646-518-9805,
enter meeting ID: 964 3358 4883 and password: 872892

The mission of the Developmental Disabilities Council of Contra Costa County is to promote the coordination, improvement, and growth of services and supports to individuals with developmental disabilities and their families, and to advocate for their needs.

A G E N D A

Welcome and Introductions

Approval of July 22, 2020 Meeting Minutes *ACTION ITEM*
Additions to the Agenda

Updates

Contra Costa Health Services – Deputy Health Officer Dr. Rohan Radhakrishna
RCEB – Lisa Kleinbub
SCDD Bay Area Office – Sheraden Nicholau
Council Chairperson – Rosa Valledor
Executive Assistant to the Council – Vi Ibarra
Membership – Dave Monahan

New Board Member Nominations *ACTION ITEM*
Maria Cabeza



Community Liaison Reports

CCTA Paratransit Coordinating Council – Vi Ibarra

East Bay Legislative Coalition – Will Sanford

Emergency Planning Engagement – Marcelle Indelicato

HireAble – Donna Feingold

Health Equity Team – on hiatus, no report

Transition Task Force –

Presentation/Discussion

Family Justice Center: Improving Access to Services for Community Members with Disabilities

Wanda Remmers, Project Coordinator and Susun Kim, Executive Director

Public Comment and Announcements

Adjournment

Next meeting September 23, 2020

If accommodations are required to attend this meeting due to disability, please contact the Executive Assistant to the Council at (925) 532-9047 or vi.ibarra@cchealth.org.

Materials related to agenda items are accessible online at www.cchealth.org/ddc.



Developmental Disabilities Council of Contra Costa County
BOARD OF DIRECTORS MEETING
July 22, 2020

Board and Liaison Members Present: Rosa Vallador, Chairperson, Leslie Visbal, Vice-Chair, Caroline Ortiz, Suzanne Anthony, Donna Feingold, Karen Lingenfelter, Kimberli Buckley, Marcelle Indelicato, Marianne Iversen, Pam Perls, Ria Mercado, David Monahan, Elvia Osorio Rodriguez, Craig Rose, Will Sanford, Stephen Dale, Nickole Bouslog.

Staff: Vi Ibarra.

Board and Liaison Members Excused: Bill Trinh, Heidi Spaulding, Stephen Beard.

Guests: Carol Anne McCrary, VistAbility; Murri Banis, VistAbility; Christine Rottger, VistAbility; Hannah Michaelsen, Care Parent Network; Lisa Kleinbub, RCEB; Sheraden Nicholau, SCDD; Rebecca Corbett, Antioch Alive; Maria Cabeza, Care Parent Network; Tara Kopp, Office of Congressman Mark DeSaulnier; Ben Chen, Alameda DD Council; Michelle Mankewich, CSB Head Start; Aimee Vitug-Hom, VistAbility; Bill Pelter, Ability Now Bay Area; Krista Peterson, CCS Program Administrator; Dorothy Weisenberger, Care Parent Network; Sirkka Wirkki, Clinical Director at Jaqui Foundation.

Welcome and Introductions:

Everyone was welcomed and the meeting was called to order by Rosa Vallador, Chairperson, at 10:07 a.m. Since this was a Zoom meeting, all guests were asked to sign into the Chat box. Board attendance was taken and it was determined that a quorum was present.

The meeting minutes of June 24, 2020 were approved with one typo correction (M/Donna Feingold; S/ Will Sanford).

There were no additions to the agenda.

UPDATES

Contra Costa Health Services by Dr. Rohan Radhakrishna, Deputy Health Officer:

Dr. Rohan reported that cchealth.org is their website in which all data is posted daily. It also contains information about testing and a multilingual call center to answer questions.

Their current prevention message is: Face-Space-Hands-Home

Face: Cover mouth and nose; we need 95% adoption.

Space: 6' of space between people in public and at work; virus can be transmitted within 15 minutes of less than 6'.

Hands: Wash hands for 20 seconds or use sanitizer with at least 60% alcohol.

Home: Continue to stay home (the virus is typically spread in at social gatherings).

Contra Costa County is on the State's monitoring list, so there will not be in-person schools until we are off the list for 14 days. Both West Co. and East Co. are growing hot spots, with the highest nationality group of positive cases being Latino.

Hospitalizations are up, but we have enough beds right now. They are increasing testing in West County. The current test is more comfortable, and there is currently about a 1-week delay in getting an appointment. Testing supplies are limited and currently results are taking 8-13 days. They are working on lowering the testing response time, as well.

Research has shown that after recovery from the virus, the natural antibody is not very strong. They expect the vaccines will be much stronger. There are several new vaccine candidates that are currently being tested.

Please cooperate when called by a contact tracer. Each person that tests positive tends to infect about 3 other people. Re-testing is recommended every 2 weeks for people in high risk jobs (like medical workers). For people that are asymptomatic or in low risk jobs, they recommend testing every 3 months.

Since test results are taking so long, it was mentioned that if exposed, after 14 days with no symptoms, a person can return to work. A comment was made about the upcoming flu season adding to the problems----a reminder to get the flu shot.

Some additional resources shared by Dr. Rohan Radhakrishna:

- <https://www.coronavirus.cchealth.org>
- Multilingual Call Center: (844) 729-8410 Get Tested Line: 1-844-421-0804
- A UCSF talk on spread, and masks and shields
<https://www.youtube.com/watch?v=Cio3rh6ta3w>
- California Surgeon General Playbook on Managing Stress During COVID.
<https://covid19.ca.gov/manage-stress-for-health>

Dr. Rohan was thanked for his hard work and taking the time to share this valuable information.

RCEB Report by Lisa Kleinbub:

Lisa acknowledged the difficulties and uncertainty of this pandemic.

She described the 2 newest Directives from DDS:

- In June there was an extension of Early Start services as an option for little ones. That option will continue for a few more months.
- For non-residential services (day programs), the absence billing (State of Emergency Billing) will end on August 31st.

- Starting September 1st, services are to be carefully documented. There is no half-day billing. Providers, when providing an approved service, can bill for a whole day; while hourly billing is done at the 12-month average (which is done now).

There are many questions about the non-residential services directive and additional information will be coming from DDS. Of course, we must follow County Public Health orders and document services carefully.

The Worker's Compensation Board is allowing a change in the categorization of employees retroactive to March 2020. Any employee testing positive for Covid-19 will not be considered in the experience modification.

Increases in positive test results of the people served are apparent, with 25 cases last week and 30 cases this week.

State Council on Developmental Disabilities (SCDD) Bay Area Office Report by Sheraden Nicholau:

Sheraden reported that this evening there is a racial justice listening session, 6:30 p.m. – 9:00 p.m. Join Zoom Meeting:

<https://zoom.us/j/96645903291?pwd=MVlQajY3dXRxS0hNTjc0bmF0MEpidz09>

Meeting ID: 966 4590 3291, Password: 912949

In addition, there is a racial justice survey at:
<https://www.surveymonkey.com/r/PS9C2G8>

Sheraden shared info about the Raise the Roof Housing Advocacy Training Program, to provide leadership in affordable housing advocacy in our communities. Applications are due at the end of July: www.thekelsey.org/raisetherooft

Sheraden reported that education is operating on 5 principles:

1. Safe in-person schooling, if a County is off the State's monitoring list for at least 14 days;
2. New face covering requirements for grade 3 and up;
3. Physical distancing of at least 6 feet;
4. Monthly testing/contract tracing (if 5% of the school tests positive, then the school will close);
5. Improved distance learning options.

Finally, SCDD can provide support, training and technical assistance to anyone who contacts them.

Questions were raised about people that are unable to benefit from distance learning, along with relief needed for families. Lisa stated that RCEB is authorizing more respite,

but there is a challenge in finding respite workers. Also, in-home services and outdoor services in small groups are ok, if following County health guidelines/orders.

Council Chairperson Report:

Rosa reported that a survey will be distributed next week to ask about Board priorities for the coming year. The results will be discussed in the August meeting.

Executive Assistant to the Council Report by Vi Ibarra: no report

Board Membership Report by David Monahan:

David reported that Maria Cabeza has been nominated as a Board member and will be considered in the August meeting.

Committee Liaison Reports:

CCTA Paratransit Coordinating Council (Vi Ibarra): They met last Monday and are recruiting members that are Paratransit riders. Members serve a 2-year term. Ridership is down by 80% and some providers are using the vehicles and drivers to assist with other county needs, such as food distribution.

East Bay Legislative Coalition (Will Sanford): Will reported that the State capital is closed until next week, due to Covid-19. There are no reports on tax revenue and they are looking to the Federal government for assistance with Unemployment Insurance costs.

The census is going on now, and you can do it online: Link to Census online: <https://2020census.gov/>

Also, remember to register to vote now. There are important local and national elections coming up.

The HCBS final rule deadline has been pushed back to March 17, 2023, however, the self-assessment is still due to DDS by August 31, 2020, based on February services. <https://www.dds.ca.gov/initiatives/cms-hcbs-regulations/>

Emergency Planning Engagement (Marcelle Indelicato):

- Covid activity is still active in our County. There are weekly calls with Cal Office of Emergency Services and planning going on for Public Safety Power Shut Offs (PSPS) and Wildfire evacuations.
- There have been 2 recent wildfires in Oakley and Knightsen, with one requiring an evacuation.
- You can register your organization as a “critical” agency on the PG&E portal, for advance notifications of PSPS. <https://pspsportal.pge.com/>

- The Community Warning System is pushing out notifications for preparations for PSPS and wildfire evacuations and has participated in training exercises in the cities of Orinda and Moraga.
- Next year (Sept 2021), there will be a Delta Flood exercise.
- The Emergency Operations Center (OES) is moving on August 3, 2020, to their new state-of-the-art building and Marcelle is looking forward to it.
- Five new people have been trained in FAST and can assist people with disabilities in shelters.
- Tomorrow the transportation committee for Emergency Support Function 1 will be meeting at 1 p.m.
- The Red Cross had a drill in setting up a shelter, minding the Covid-19 protocols and learned a lot.
- The Disabilities Access and Functional Needs Steering Committee is meeting on August 5th.

HireAble: Donna Feingold reported that their last meeting had a speaker from Orange County on transition. Their next meeting is August 28th at 1 pm. The link to the recording of the last meeting is:

<https://drive.google.com/drive/folders/1KKRoWkmsDx3PaZUNA3Mr8YH4SAjoo-y2?usp=sharing>

Health Equity Team: They are on hiatus; no report.

Transition Task Force Committee: Vi stated they are updating their resource list.

Public Comment and Announcements:

Tara Kopp announced a Town Hall meeting on Education by Congressman Mark DeSaulnier on July 23rd at Noon: <https://tthm.wufoo.com/forms/teletownhall-with-congressman-mark-desaulnier>

Rosa announced an upcoming training on Transition September 8, 2020, 10 am – Noon. A flyer is coming. It will be repeated in Spanish in October.

Adjournment: The meeting adjourned at 11:46 p.m.

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| <p style="text-align: center;">Next meeting will be held on August 26, 2020 at 10:00 a.m. Look for a Zoom invitation from Vi Ibarra</p> |
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Respectfully submitted electronically by,

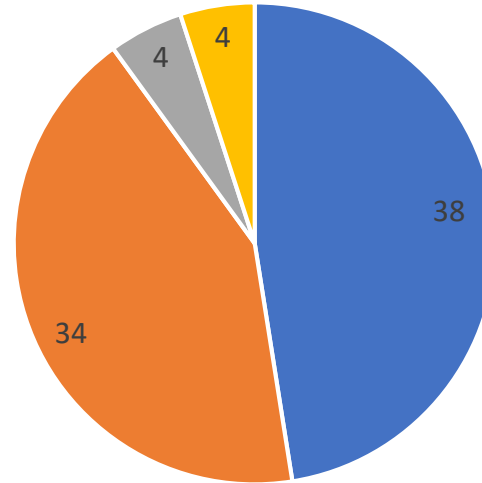
Carol Anne McCrary
VistAbility



Developmental Disabilities Council Community Survey

July/August 2020

The community was invited to complete a seven-question survey to provide input as we plan our work for the coming year. The current COVID-19 pandemic and social distancing protocols have changed most aspects of life for our community. This survey was completed by 80 respondents.



■ Family Advocate ■ Service Provider/Professional ■ Self Advocate ■ Other ■

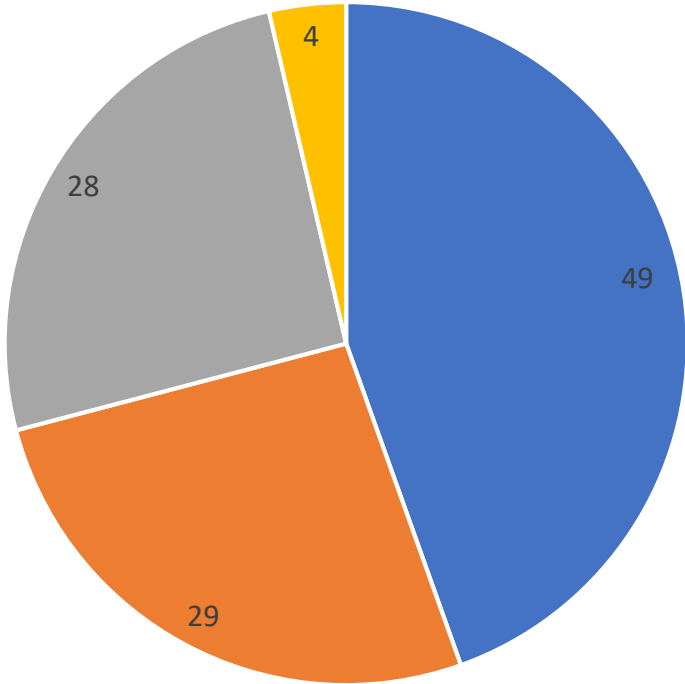
Respondents were asked to prioritize issues affecting our community, all of which are important. Top ranked were:

- Expansion/development of programs
- COVID-19 impact on regional center programs
- Transition to adulthood
- School/IDEA/IEP
- Employment
- Housing
- Transportation



Needs change throughout the lifespan. Which life stages would you like the Council to focus within?

Life Stages



■ Transition to Adult ■ Aging Population ■ School Age ■ Early Intervention ■

Major Themes of Specific Feedback

- Look for intersectionality with other groups for outreach and information exchange
- Provide Spanish language access at Council meetings
- Use social media to share information and resources
- Consider different meeting times and locations to allow greater access
- Use features such as breakout room or polling to keep virtual meetings more interactive
- Ask for specific questions prior to presentation and use chat feature to manage questions

Major Themes of Specific Feedback continued

- The Board has found a good balance between current COVID issues and the ongoing business of the Council
- Lots of appreciation and validation that the Board is responding well to the uncertainty of the current times



Thank you to everyone who completed the survey!



Contra Costa Family Justice Center

Susun Kim

SOME NUMBERS

Domestic Violence

- 1 in 4 women
- 1 in 7 men
- 54% of mass shooting cases involve DV or family violence

Sexual Assault

- 1 out of 6 women: victims of rape or attempted rape in her lifetime; 1 in 33 men
- 33% rape victims contemplate suicide; 13% attempt suicide.

MORE DATA

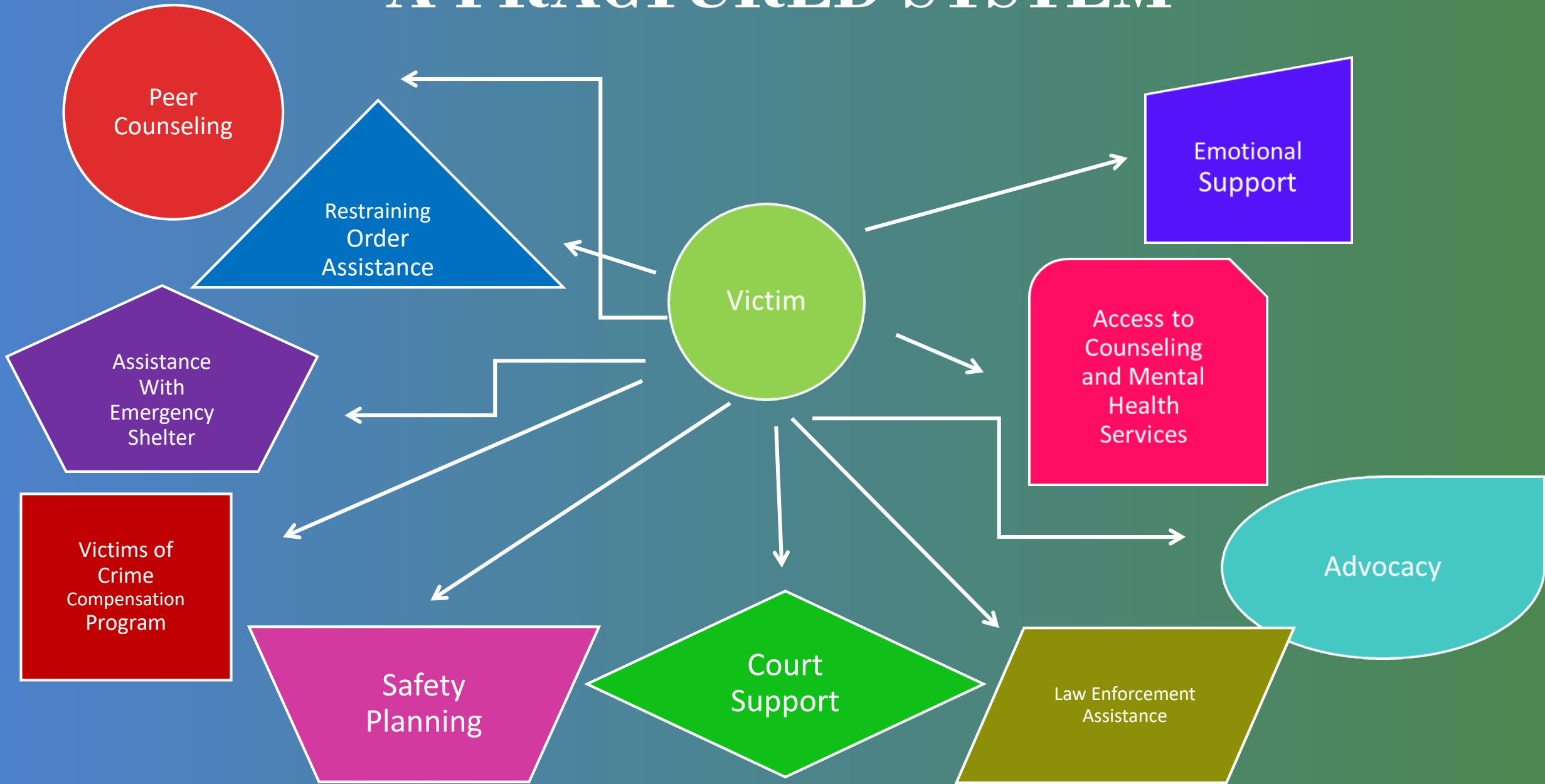
Child abuse

- Boys who witness DV are twice as likely to abuse their partners and children when they become men.

Elder abuse

- 2/3 of victims are female
- More than half of perpetrators are family members
- Most common form: financial elder abuse

A FRACTURED SYSTEM



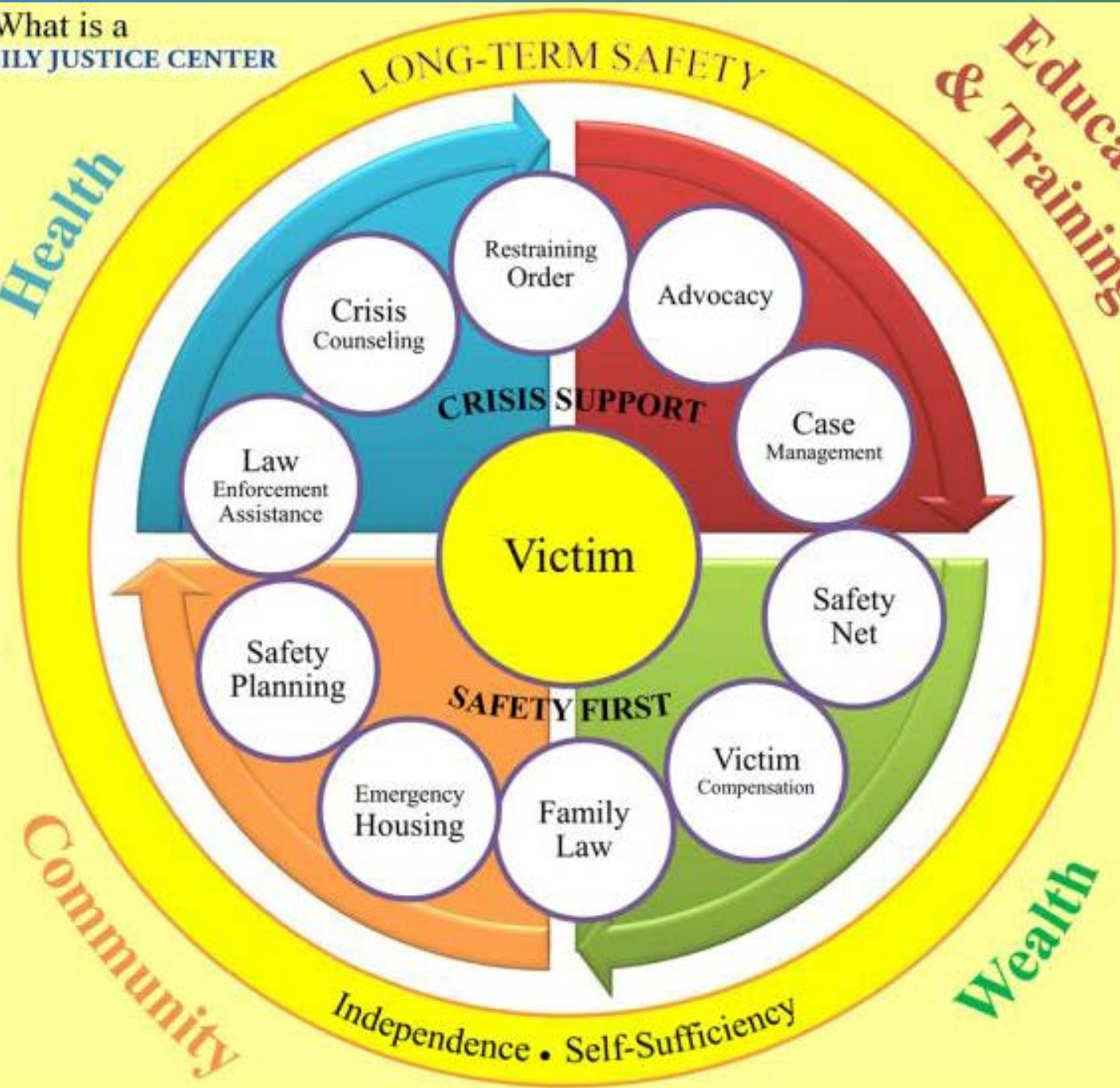


Health

*Education
& Training*

Community

Wealth



LONG-TERM SAFETY

CRISIS SUPPORT

SAFETY FIRST

Victim

Crisis Counseling

Restraining Order

Advocacy

Case Management

Law Enforcement Assistance

Safety Planning

Safety Net

Emergency Housing

Family Law

Victim Compensation

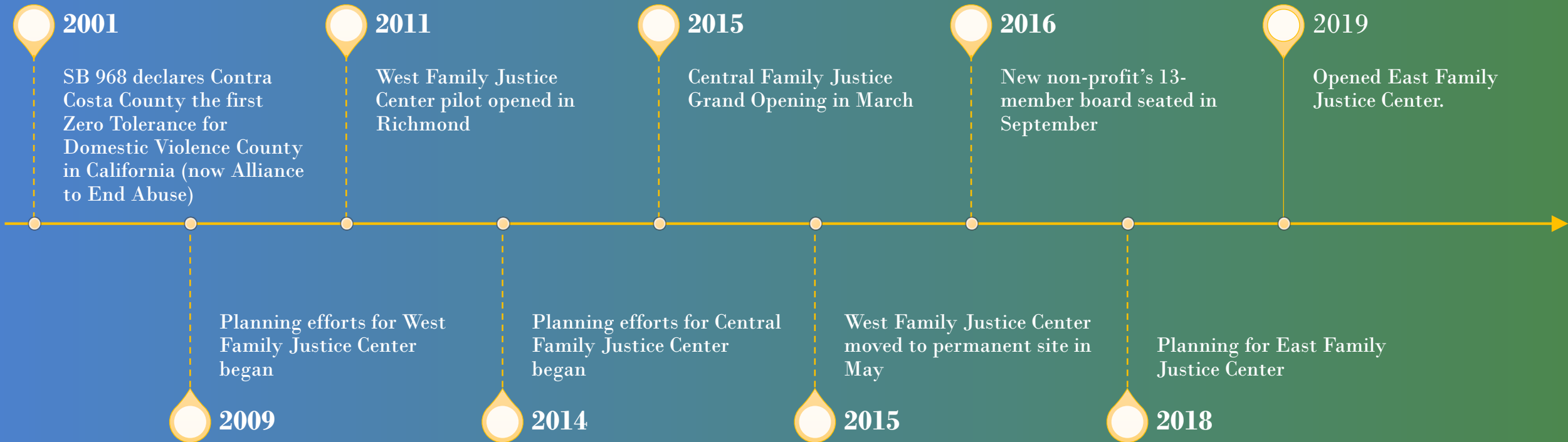
Independence • Self-Sufficiency

FAMILY JUSTICE CENTER STAFF AND PARTNERS

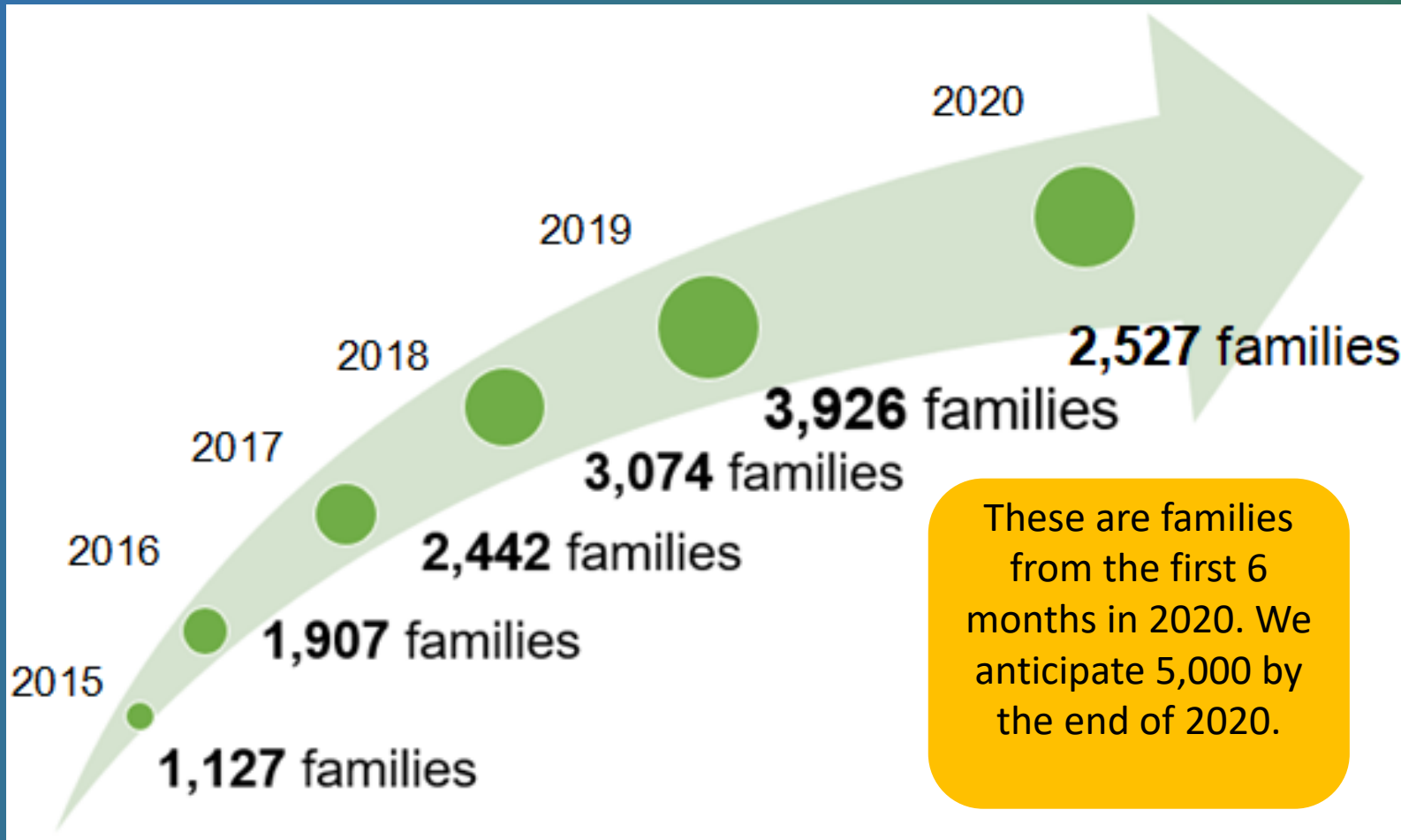
- **17 Staff:** 2-3 Navigators at each Center; 10 out of 17 speak Spanish
- **53 MOU partners**
 - 9 law enforcement agencies
 - 8 County and City agencies
 - 36 non-profit partners
 - 10 Lawyers for Family Justice



HISTORY AND BACKGROUND



CLIENTS SERVED



COVID-19 and IPV



Loss of Jobs – economic crisis
No safety net for undocumented immigrants
DV shelters not accepting new clients
APS and CFS reports down
18% increase in number of clients in first 6 months



RECENT EVENTS

June 2020



ELDER ABUSE AWARENESS MONTH **JUNE 2020**

JOIN OUR COUNTYWIDE ELDER ABUSE AWARENESS EVENTS.
For Service Providers and Professionals.

Coordinated Community Response
June 4, 2020 1 PM—2:30 PM
Open discussion on how we work together in preventing elder abuse in the time of COVID-19.
RSVP: <https://eaa-commresp.eventbrite.com>

Social Isolation and Elder Abuse
June 11, 2020 1 PM—2:30 PM
Panel discussion with local experts.
RSVP: https://eaa-social_iso.eventbrite.com

Elder Justice Lunch and Learn: Citalacortine and the future of elder justice
June 18, 2020 12 PM—1 PM
Event sponsored by Ombudsman of Contra Costa, Solano, and Alameda.
RSVP: <https://timost.com/ej-lunch-learn>

Mental Health and Complex Family Dynamics
June 25, 2020 1 PM—2:30 PM
Panel discussion with local experts.
RSVP: <https://eaa-mentalhealth.eventbrite.com>

For more information, contact Marta Martinez:
925-521-6366 or marta@cocofamilyjustice.org

HOSTED BY FAMILY JUSTICE CENTER SERVICES OF CONTRA COSTA COUNTY, Ombudsman SERVICES of Contra Costa County, and MORE!

July 2020



COMING EVENTS

Building Safety Through Community



5TH ANNUAL
Building Safety Through Community

SEPTEMBER 10, 2020

**VIRTUAL
SILENT & *LIVE*
AUCTION**

6:00 PM to 7:00 PM
PROGRAM

To purchase your tickets (\$30 - \$90),
scan the barcode below

<https://paybee.io/@ccfja>

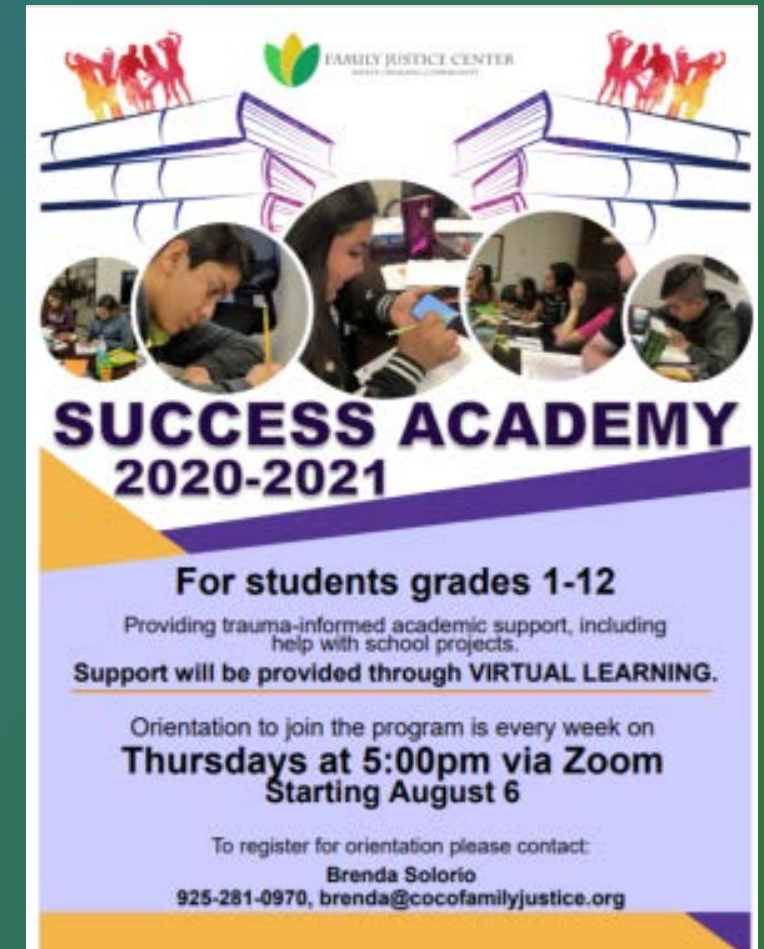
Scan. Donate. Done.
PayBee

<https://paybee.io/@ccfja>

For more information, contact Natalie at natalie@cocofamilyjustice.org.

FAMILY JUSTICE CENTER
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WWW.COCOFAMILYJUSTICE.ORG

30 Minutes a Day!



FAMILY JUSTICE CENTER
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**SUCCESS ACADEMY
2020-2021**

For students grades 1-12

Providing trauma-informed academic support, including help with school projects.

Support will be provided through VIRTUAL LEARNING.

Orientation to join the program is every week on
Thursdays at 5:00pm via Zoom
Starting August 6

To register for orientation please contact:
Brenda Solorio
925-281-0970, brenda@cocofamilyjustice.org