

CRIP

CRISIS RESPONSE PROJECT

THE MOBILE CRISIS TEAM

Crisis Response Project

- Crisis Response Project (CRP) is a vendor of RCEB
- Crisis Response Project goals:
 - Decrease **police** involvement
 - Prevent **5150s**/hospitalization
 - Increase **consumer success** in the community
 - Increase staff's ability to handle future crises
- CRP works specifically to provide:
 - Intensive crisis **prevention**
 - Urgent crisis **intervention**
 - **Follow-up** services

CRP is on call **24 hours** a day, **7 days** a week

Crisis Response Project

- Crisis Response Project (CRP) does not have access to all RCEB files
- Will service all RCEB clients in crisis, but...strongly prefers **referral and packet**
- Referral is made by case manager, who should let the client/ client's family/ caregiver know that CRP will be contacting them

Crisis Response Project

- CRP calls to set up an **intro of services** to the client or with the client's caregiver
- CRP works by *relationship* with family and consumer
- CRP notifies RCEB CM after any **communication** with consumer/caregiver
- CRP can take up to an **hour to respond**

Crisis Response Project

When called for a crisis situation, CRP will:

- Assess the situation over the phone.
- **Drive** to the location if necessary.
- **Support the staff or caregiver**, either over the phone or on location.
- Communicate with **police** when they are called out.
- Perform follow up to ensure staff and consumer de-escalation.

CRP Will Not:

- Do Physical interventions
- Be **left alone** with Consumer or provide extra staffing
- **Search** for adults that have left a facility
- Authorize a **5150**

CBT (Crisis Behavioral Trainer)

Approval by Crisis Team and CRP Director

- 3-4 weeks with 2-3 visits a week *(a total of 9-12 visits)*
- First 2-3 visits are **observation** and gathering info
- CBT comes up with/or modifies a **BEHAVIOR PLAN** for the caregivers to implement
- Behavioral plan is **presented/refined** at next visit
- **Training/modeling** behavior plan implementation. Feedback is given to caregivers.

CBTs will not:

- Intervene physically
- Be left alone
*(Purpose of the CBT program is to **model** how to interact with the consumer and this cannot happen when caregivers leave the immediate situation)*
- Schools—*(Only observation for in home CBT: to create consistency between home and school)*

The **START** Model

- **S**ystemic, **T**herapeutic, **A**ssessment, **R**esources, and **T**reatment model serves people diagnosed with intellectual/developmental disabilities (IDD) and co-occurring behavioral health conditions.
- A comprehensive model of service supports that optimizes independence, treatment, and community living for individuals with IDD and behavioral health needs.



California START East Bay



This is a *Crisis Stabilization* program for individuals with IDD and *unmet* behavioral health needs.

It does this by addressing systemic, provider, and individual factors in order to stabilize the client and shore up their system of care.

California START East Bay



Systemic

Systems linkage

Cross system trainings

Comprehensive evaluation of services and systems of care

Provider

Outreach

Targeted training and support

Increase knowledge and competency in service delivery*

Individual

Comprehensive assessment with dx clarification

Crisis Intervention

Crisis Prevention

California START East Bay



- Individuals can be referred if:
 - Served by RCEB
 - 6 years-of-age and older
 - At-risk of crisis or currently experiencing crisis
 - Person has a system with whom to link
- Individuals are referred by their **Case Manager** after review by clinical/crisis team members.



Crisis Assessment Stabilization Team



What is CAST?

- Crisis Assessment Stabilization Team (CAST) provides crisis assessment, intervention, and stabilization to individuals in crisis. The emphasis is on prevention of behavioral crisis and stabilizing the individuals current home environment. CAST is run by the Department of Developmental Services.
- After an individual is determined eligible, services such as modeling, coaching, and teaching individuals to increase coping mechanisms are provided.



What does CAST do?

- Training and education to the individual, family, or direct care staff
- Suggestions for changes to program design
- Collaboration between professionals and service providers
- In-home modeling, coaching, training of de-escalation and intervention strategies



Who is eligible?

- Individuals who are being served by a Regional Center with a diagnosis of I/DD.
- At imminent risk for losing placement in their current home
- Regional Center services have been exhausted





How do I make
a referral?

- Referrals are made by RCEB Case Manager.



Core Principles

- Strong partnerships and collaboration with individuals and their support systems are essential to stabilizing crises
- Individual must be empowered in making positive and healthy choices.
- Modeling, coaching, and teaching individuals and caregivers increases capacity and coping mechanisms

Emergency Services

- CAST may assist emergency personnel with de-escalation and provide general client information.
- If you (or the individual you provide support) is at risk of harming him or herself or others, CALL 911!