

**Developmental Disabilities Council of Contra Costa County**  
**BOARD OF DIRECTORS MEETING**  
**April 24, 2019**

**Board and Liaison Members Present:** Paula Senigar, Chairperson; Heidi Spaulding, Vice-Chair; Audra Sysum; Bill Trinh; David Monahan; Donna Feingold; Elvia Osorio Rodriguez; Leslie Werosh Visbal; Marcelle Indelicato; Marianne Iversen; Pam Perls; Rosa Valledor; Suzanne Anthony; Sheraden Nicholau; Will Sanford; Caroline Ortiz.

**Staff:** Vi Ibarra.

**Board and Liaison Members Excused:** Stephen Dale; Craig Rose; Nickole Bouslog; Ria Mercado.

**Guests:** Carol Anne McCrary, Contra Costa ARC; Murri Banis, Contra Costa ARC; Patricia Albeno, CARE Parent Network; Shital Agrawalla, Care Parent Network; Lisa Kleinbub, Executive Director, RCEB; Jason Parks, Futures Explored; Megan Crain, Congressman Desaulnier's Office; Rebecca Corbett, ALIVE; Judy Hunter, Las Trampas, Inc.; Carolyn Monahan, Parent; Meri Lane, Family Member; Jenna Skinner, CCC Library; Sharmila Wright, CA Children's Services; Marnie Reymond; Nina Vincent, Creating New Hope, Senior Living Advocacy; Darin Lounds, HCEB; Michelle Mankewica, CSB HS; Jennie Smith, Parent; Susan Peters, Parent.

**Welcome and Introductions:**

Paula Senigar, Chairperson, called the meeting to order at 10:02 a.m. and everyone was welcomed. Introductions were made.

- o The meeting minutes of March 2019 were approved (M/Leslie Werosh Visbal; S/Rosa Valledor).
- o There were no additions to the agenda.

**UPDATES**

**RCEB Report by Lisa Kleinbub, Executive Director:**

Lisa reported:

- DDS will be submitting a priority list to fund to the legislature for consideration;
- It is expected that the Governor's proposed May revision to next year's budget will contain some rate adjustments;
- A Community Resource Plan Survey is on the RCEB website----please give your input.
- Anka Behavioral Health gave notice that they will no longer be serving people with I/DD in California, due to poor rates. This results in the closure of several group homes in our area.

**State Council on Developmental Disabilities (SCDD) Bay Area Office by Sheraden Nicholau:**

Sheraden reported:

- The National Core Indicators project is including another round of mailings to English-speaking households with children under the age of 18 with I/DD. This is due to their receiving too little data from English-speaking households.
- Grant Cycle 42 for "promising practices" is due June 3<sup>rd</sup>.
- See her handout on Get Safe: Safety Training and Risk Reduction for Self Advocates. These trainings cover Sexual Assault/Abuse and how to report it; What to do during and after a crisis; what to expect if you talk to police and much more.
- SCDD local advisory group is meeting tonight in San Francisco at 6:30 p.m.
- May 20<sup>th</sup>: Self Advocates meeting;

- May 21<sup>st</sup> is the next SCDD meeting, in which they will be doing a training.
- All trainings and meetings are listed on their website.

### **Executive Assistant to the Council Report by Vi Ibarra:**

Vi reported:

- Save the date: June 6<sup>th</sup> for our Annual 2019 Excellence in Service Awards and Dinner. Nomination forms were distributed with a return date of May 17<sup>th</sup> by 4:00 p.m. They are particularly interested in nominations of Direct Support Professionals in our field.
- This Saturday is the West Contra Costa Unified School District's Special Education Resource Fair at Vista Hills Education Center.
- The Red Cross Sound the Alarm luncheon was held yesterday where they honored young people. Last year there were 180 house fires in Contra Costa County and this program installs free smoke alarms.

### **Committee Reports:**

Executive Committee: No report---they are meeting later today.

Nominating Committee: There are 3 seats open at this time.

Transition Committee: They are planning to update the Resource Guide during the summer.

### **Community Liaison Reports**

Health Equity Team: No report

Employment Task Force: Donna reported that at their last meeting they gave feedback into the rate study. They are meeting again this coming Friday.

East Bay Legislative Coalition: Will also reported that the EBLC wants everyone to stay on the message of the 8% rate increase. There are 2 hearings coming up and the most important one is May 9<sup>th</sup>. There are 40 bills to monitor: 10 are from Frazier; 4 are in regards to DDS/ RC oversight; We need to continue our message of a 8% across the board rate increase.

CCTA Paratransit Coordination Council (PCC): Bill has resigned from the PCC.

Emergency Services Engagement:

Marcelle reported:

- They still need volunteers for the Red Cross' Sound the Alarm project to install free smoke alarms (200) in our County. This project starts April 27<sup>th</sup> in Pacheco and will go to different areas of the County
- Vi found free space at a Union Hall in Martinez to host the Disabilities and Access and Functional Needs Annual Forum on October 30<sup>th</sup>. There will be 2 panels: one on the Butte Camp fire and one regarding the Sonoma County Floods (one family's story). We can learn from past disasters and plan accordingly.
- PG&E is putting into place safety power shut offs----we need to be prepared for no power during a disaster this year;
- There is a new fire station in Hercules!
- The County is updating its emergency plans. Tonight is an exercise for horse evacuations.
- Heather Hackett will be attending a tabletop exercise on May 22<sup>nd</sup> regarding a pipeline explosion.
- Planned meetings are scheduled for the Community Warning System, pre-season fire preparations and other situations.
- There is a 2-day Mass Notification Seminar in San Francisco, reviewing lessons learned from disasters across the country and new research results in warning systems.
- The Northern California Regional Intelligence Center is offering a training in Petaluma on Human Trafficking Awareness (June 7<sup>th</sup>).

**Ten minute break occurred for coffee and conversation: Thanks go to Marianne Iverson, Stephen Dale and Mary Eble for the coffee and treats!**

**Presentation: Housing Options: California Legacy Homes Program**

**Speakers: Darin Lounds, Housing Consortium of the East Bay and Mary Eble, North Bay Housing Coalition.**

Thinking about the future for your child when you can no longer care for him/her, requires a Special Needs Trust and strategic planning for quality of life, safety, security and other personal values. It requires a team approach and is a difficult conversation to start. The goal is to move from unprepared to peace of mind. Needed are:

- A network for loving and supportive relationships
- Financial stability
- A place to call home

To do:

- Make housing plans (local housing authority, find affordable housing, start saving \$\$ for deposits)
- Gather important documents
- Consider reasonable accommodations
- Budget (income, expenses, savings)

With Legacy Homes, the home is donated to the housing consortium who handles the property management and oversight. You can review plans on [LanternmanHousingAlliance.org](http://LanternmanHousingAlliance.org)

The appraisal and budget must be sustainable. An attorney is necessary, and the agreement includes regular inspections, maintenance, and full team understanding of the contract.

The entire power point presentation can be found on the DD Council website.

Thanks were given to Darin and Mary for their presentation!

**Announcements:**

- Donna announced that May 7<sup>th</sup> is a day of giving (Adaptive Learning Center) and their community garden will be open.
- Elvia reminded us of the West County Special Education Resource Fair this coming Saturday at Vista Hills Education Center.
- She also reminded us of Congreso Familiar in Oakley this Saturday, as well.
- The CAC planned a series of Advocacy events throughout the County, but only received 4 RSVPs. They asked the DD Council to co-sponsor such an event and this will be an action item for next month.

**Adjournment:** The meeting adjourned at 11:52 a.m.

**Next Business meeting will be held at the June 6<sup>th</sup> Annual Awards Dinner.**

Respectfully submitted electronically by,

*Carol Anne McCrary*

Contra Costa ARC