# Specialty Mental Health Services

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Purpose

Population Served

Services Provided

Internal

**RCEB** 

Others

Intake Coordinator

Comprehensive

Case Consultation

Therapy

modifications

Medication Support

Service Modalities

Population

Insurance

# OT DESCRIPTION

### **DESCRIPTION**

Non-profit organization

- Comprehensive Behavioral Health Services.
- Community Mental Health Model

Behavioral Consulting Services

- Individual Client Services
- Residential Care Facilities
- Day Program

"Build and maintain strong partnerships with consumers, families, advocates, service providers, public / private agencies and organizations, legislators and policy makers, to ensure service delivery system that is flexible, accessible, responsive."



## **REFERRALS**

## INTERNAL 💝

- ✓ Behavioral Consulting Services
- ✓ Psychiatry
- ✓ Housing

#### **RCEB**



- ✓ Case Managers
- ✓ Clinical Staff

#### **OTHERS**



- ✓ Access Line
- ✓ Self
- ✓ Other providers



# INTAKE & CLINICAL ASSESSMENT

"Individuals driving their own treatment planning process"



Referral Packet

- ✓ Packet
- ✓ Other documents



Intake Process

- ✓ Review Referral Packet
- ✓ Determine suitability

First Appointment

Registration Packet

- ✓ Sent via
  Patient Portal,
  Mail.
- ✓ In-person help



Clinical Interview

- ✓ Communication
- ✓ Structure session
- ✓ Structure therapeutic interventions

# O4. INTERVENTIONS

## **INTERVENTIONS**

#### Communication

- ✓ Using client's language.
- ✓ Listen and focus on the feeling.
- ✓ Receptive communication

## Structure of Sessions

- ✓ Frequency
- ✓ Duration
- ✓ Support system integration

## Structure of Therapeutic Interventions

- ✓ Modification of interventions
- ✓ Duration of therapy
- ✓ Flexibility of interventions

#### **INTERVENTION** APPROACH

- Case Consultation
- Multi-disciplinary support

#### **Outpatient**

- ✓ Clinic
- ✓ Community
- ✓ Telehealth
- ✓ Combined

#### **OP Support**

- ✓ MH

  Rehabilitation

  Specialist
- ✓ Case Manager

#### **BCS**

- ✓ Applied Behavior Analysis
- ✓ Behavioral Health Consultation

#### **Psychiatry**

- ✓ Assessment
- ✓ Medication Management



## **IMPACT**

- RCEB clients who live in CCC 4,860
- RCEB clients who may need MHS 1,229
- Community enabling model
- Culturally sensitive team
- ✓ Increase client participation

## **FUNDING**

- ✓ Contra Costa Behavioral Health MediCal
- ✓ Regional Center of the East Bay
- ✓ OHC

## THANK YOU

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