

# Performance Outcomes System

Report run on August 3, 2017

## Background

Three reports will be created during each new reporting period. The reports that will be produced are as follows: statewide aggregate data; population-based county groups; and county-specific data. These reports help meet the intent of the Legislature, as stated in Welfare and Institutions Code Section 14707.5, to develop a performance outcomes system for Early and Periodic Screening, Diagnosis, and Treatment (EPSDT) mental health services that will improve outcomes at the individual, program, and system levels and inform fiscal decision-making related to the purchase of services. This reporting effort is part of the implementation of a performance outcomes system for Medi-Cal Specialty Mental Health Services (SMHS) for children and youth.

Since 2012 DHCS has worked with several groups of stakeholders to create a structure for reporting, to develop the Performance Measurement Paradigm, and to develop indicators and measures. The Performance Outcomes System will be used to evaluate the domains of access, engagement, service appropriateness to need, service effectiveness, linkages, cost effectiveness and satisfaction. Further information on the Performance Measures System implementation is available on the DHCS website. Documents posted include the relevant legislation, plans submitted to the Legislature, and handouts for meetings with the Stakeholder Advisory Committee back to the first meeting in 2012. To obtain this information go to: <http://www.dhcs.ca.gov/provgovpart/pos/Pages/default.aspx>

## Purpose and Overview

These county-specific reports provide updated information on the initial indicators that were developed for the Performance Outcomes System and reported on at the statewide aggregate level in February 2015; they help establish a foundation for on-going reporting. DHCS plans to move to annual reporting of this data for the Performance Outcomes System.

The first series of charts and tables focus on the demographics of children and youth under 21 who are receiving SMH' based on approved claims for Medi-Cal eligible beneficiaries. Specifically, this includes demographics tables of this population by age, gender, and race/ethnicity. Two types of penetration information are provided. Both penetration rates tables are also broken out by demographic characteristics. Utilization of services data are shown in terms of dollars, as well as by service, in time increments. The snapshot table provides a point-in-time view of children/youth arriving, exiting, and continuing services over a two-year period. The time to step down table provides a view over the past four years of the time to step-down services following inpatient discharge.

Where possible, the reports provide trend information by displaying information for four Fiscal Years (FY). A FY is from July 1st to June 30th.

Utilization of services reports are shown in terms of dollars, as well as by service in time increments. The snapshot report provides a point-in-time view of children arriving, exiting, and continuing services over a two-year period. The final report provides a view over the past four years of the time to step-down services (i.e., time to next contact after an inpatient discharge). **Note:** *The time to step-down report has a change in methodology from the first report produced in February 2015. In the initial report only outpatient services provided at least one day after the inpatient discharge were included in the calculations. On subsequent reports, any outpatient service that occurs on or after the inpatient discharge is included in the analysis.*

## Definitions

**Population** - Beneficiaries with approved services adjudicated through the Short Doyle/Medi-Cal II claiming system that were:

- Age 20 or younger during the approved date of service on the claim.

## Data Sources -

- Short-Doyle/Medi-Cal II (SD/MC II) claims with dates of service in FY 12/13 through FY 15/16.
- Medi-Cal Eligibility Data System (MEDS) data from the Management Information System/Decision Support System (MIS/DSS) FY 12/13 through FY15/16.

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## Additional Information

The **Measures Catalog** is the companion document for these reports and provides the methodology and definitions for the measures. Each measure is defined and the numerator and denominator used to develop the metrics are provided with relevant notes and additional references. The Measures Catalog may be found at: <http://www.dhcs.ca.gov/provgovpart/pos/Pages/Performance-Outcomes-System-Reports-and-Measures-Catalog.aspx>

### Note on Privacy:

The Health Insurance Portability and Accountability Act (HIPAA) and Code of Federal Regulations (CFR) 42 rules protect most individually identifiable health information in any form or medium, medium, whether electronic, on paper, or oral. DHCS has strict rules in place to protect the identification of individuals in public reports. A "Public Aggregate Reporting – DHCS Business Reports" process has been established to maintain confidentiality of client Personal Information. The Performance Outcomes System complies with Federal and State privacy laws. Thus, the POS must appropriately and accurately de-identify data for public reporting. Due to privacy concerns, some cells in this report may have been suppressed to comply with state and federal rules. When necessary, this data is represented as follows: 1) Data that is missing is indicated as "-" 2) Data that has been suppressed due to privacy concerns is indicated as "^".

## Report Interpretation

\*County-specific findings may be interpreted alongside the POS statewide and population-based report findings.

\*The **penetration rates** reported here were calculated using a different methodology than that used by the External Quality Review Organization (EQRO). The differences in methodology make comparison between the POS penetration rates and the EQRO penetration rates not appropriate or useful. The POS methodology for calculating penetration rates was selected because it is easier to compute, more straightforward to interpret, and is in use by other states and counties. For the POS, the penetration rate is calculated by taking the total number of youth who received X number of SMHS (1 or 5 for POS) in a FY and dividing that by the total number of Medi-Cal eligible youth for that FY. This methodology results in lower penetration rates as compared to the EQRO rates, but it does so across the board so that all counties and the state will be similarly impacted.

\*The **snapshot** report provides a point-in-time look at children and youth's movement through the SMHS system. The report uses five general categories to classify if a youth is entering, exiting, continuing services, or a combination of these categories (e.g., arriving and exiting). Eventually the snapshot data will be used along with measures of service effectiveness to identify whether youth are improving as a result of receiving services from the time they first arrived in the system to when they exit the system. This methodology was adapted from the California Mental Health and Substance Use System Needs Assessment (2012). More information on the original methodology can be found here: <http://www.dhcs.ca.gov/provgovpart/pos/Pages/Performance-Outcomes-System-Reports-and-Measures-Catalog.aspx>

\*The psychiatric emergency services/hospital data reported on in the **time to step-down services** report includes data from Short Doyle/Medi-Cal II claims data and fee-for-service data. In the future this report will incorporate other outpatient and inpatient Medi-Cal SMHS' billed through the Managed Care healthcare delivery systems. Currently, the number of days is capped at 365 days (to mitigate the impact of extreme statistical anomalies) when calculating the mean and max for time between discharge and step down service. This methodology will be updated in the next reporting cycle. Additionally, county specific and population-based reports are based off of the county of the hospital the patient is discharged from and whom has been attributed the time to next service in days used in the calculations for this indicator.

Please contact [cmhpos@dhcs.ca.gov](mailto:cmhpos@dhcs.ca.gov) for any questions regarding this report.

**Demographics Report: Unique Count of Children and Youth Receiving SMHS by Fiscal Year  
Contra Costa County as of August 3, 2017**

SFY	Unique Count Receiving SMHS*	Year-Over-Year Percentage Change	Unique Count of Medi-Cal Eligibles	Year-Over-Year Percentage Change
FY 12-13	5,479		95,855	
FY 13-14	5,817	6.2%	108,954	13.7%
FY 14-15	5,887	1.2%	117,897	8.2%
FY 15-16	6,014	2.2%	124,269	5.4%
<b>Compound Annual Growth Rate SFY**</b>		<b>3.2%</b>		<b>9.0%</b>

\*SMHS = Specialty Mental Health Services. See Measures Catalog for more detailed information.

\*\*SFY = State Fiscal Year which is July 1 through June 30.

**Demographics Report: Unique Count of Children and Youth Receiving SMHS by Fiscal Year  
Contra Costa County as of August 3, 2017**

Fiscal Year	Alaskan Native or American Indian Count	Alaskan Native or American Indian %	Asian or Pacific Islander Count	Asian or Pacific Islander %	Black Count	Black %	Hispanic Count	Hispanic %	White Count	White %	Other Count	Other %	Unknown Count	Unknown %
FY 12-13	26	0.5%	188	3.4%	1,379	25.2%	1,782	32.5%	1,242	22.7%	335	6.1%	527	9.6%
FY 13-14	21	0.4%	206	3.5%	1,367	23.5%	2,043	35.1%	1,285	22.1%	345	5.9%	550	9.5%
FY 14-15	17	0.3%	227	3.9%	1,362	23.1%	2,187	37.1%	1,236	21.0%	346	5.9%	512	8.7%
FY 15-16	23	0.4%	265	4.4%	1,296	21.5%	2,356	39.2%	1,188	19.8%	423	7.0%	463	7.7%

*Please note: This report uses the Medi-Cal Eligibility Data System to obtain race/ethnicity data. CDSS uses Child Welfare Services/Case Management System to obtain race/ethnicity data. For more information, please refer to the Measures Catalog.*

**Demographics Report: Unique Count of Children and Youth Receiving SMHS by Fiscal Year  
Contra Costa County as of August 3, 2017**

Fiscal Year	Children 0-2 Count	Children 0-2 %	Children 3-5 Count	Children 3-5 %	Children 6-11 Count	Children 6-11 %	Children 12-17 Count	Children 12-17 %	Youth 18-20 Count	Youth 18-20 %
FY 12-13	99	1.8%	528	9.6%	1,782	32.5%	2,365	43.2%	705	12.9%
FY 13-14	74	1.3%	470	8.1%	1,850	31.8%	2,638	45.3%	785	13.5%
FY 14-15	91	1.5%	470	8.0%	1,816	30.8%	2,695	45.8%	815	13.8%
FY 15-16	116	1.9%	471	7.8%	1,924	32.0%	2,662	44.3%	841	14.0%

**Demographics Report: Unique Count of Children and Youth Receiving SMHS by Fiscal Year  
Contra Costa County as of August 3, 2017**

Fiscal Year	Female Count	Female %	Male Count	Male %
FY 12-13	2,517	45.9%	2,962	54.1%
FY 13-14	2,707	46.5%	3,110	53.5%
FY 14-15	2,768	47.0%	3,119	53.0%
FY 15-16	2,890	48.1%	3,124	51.9%

**Penetration Rates\* Report: Children and Youth with At Least One SMHS Visit\*\*  
Contra Costa County as of August 3, 2017**

	FY 12-13			FY 13-14			FY 14-15			FY 15-16		
	Children and Youth with 1 or more SMHS Visits	Certified Eligible Children and Youth	Penetration Rate	Children and Youth with 1 or more SMHS Visits	Certified Eligible Children and Youth	Penetration Rate	Children and Youth with 1 or more SMHS Visits	Certified Eligible Children and Youth	Penetration Rate	Children and Youth with 1 or more SMHS Visits	Certified Eligible Children and Youth	Penetration Rate
<b>All</b>	<b>5,479</b>	<b>95,855</b>	<b>5.7%</b>	<b>5,817</b>	<b>108,954</b>	<b>5.3%</b>	<b>5,887</b>	<b>117,897</b>	<b>5.0%</b>	<b>6,014</b>	<b>124,269</b>	<b>4.8%</b>
Children 0-2	99	16,015	0.6%	74	16,836	0.4%	91	17,769	0.5%	116	18,038	0.6%
Children 3-5	528	16,394	3.2%	470	17,328	2.7%	470	17,857	2.6%	471	18,384	2.6%
Children 6-11	1,782	29,616	6.0%	1,850	33,546	5.5%	1,816	36,106	5.0%	1,924	37,660	5.1%
Children 12-17	2,365	24,530	9.6%	2,638	29,079	9.1%	2,695	31,774	8.5%	2,662	34,623	7.7%
Youth 18-20	705	9,300	7.6%	785	12,165	6.5%	815	14,391	5.7%	841	15,564	5.4%
Alaskan Native or American Indian	26	237	11.0%	21	245	8.6%	17	257	6.6%	23	256	9.0%
Asian or Pacific Islander	188	7,799	2.4%	206	10,128	2.0%	227	11,469	2.0%	265	11,993	2.2%
Black	1,379	17,005	8.1%	1,367	17,617	7.8%	1,362	18,320	7.4%	1,296	18,146	7.1%
Hispanic	1,782	42,600	4.2%	2,043	46,647	4.4%	2,187	49,468	4.4%	2,356	52,793	4.5%
White	1,242	14,201	8.7%	1,285	16,998	7.6%	1,236	18,514	6.7%	1,188	18,622	6.4%
Other	335	9,265	3.6%	345	11,718	2.9%	346	13,755	2.5%	423	15,608	2.7%
Unknown	527	4,748	11.1%	550	5,601	9.8%	512	6,114	8.4%	463	6,851	6.8%
Female	2,517	47,162	5.3%	2,707	53,661	5.0%	2,768	58,067	4.8%	2,890	61,083	4.7%
Male	2,962	48,693	6.1%	3,110	55,293	5.6%	3,119	59,830	5.2%	3,124	63,186	4.9%

\*Penetration Rate is defined as the percentage of SMHS eligible beneficiaries that have received a SMHS that was claimed via the Short-Doyle/Medi-Cal claiming system. This does not include non-specialty mental health services provided in Medi-Cal Managed Care system.

\*\*Children and Youth that have received at least one SMHS that was claimed through the Short-Doyle/ Medi-Cal claiming system on at least one (1) day in the Fiscal Year.

**Penetration Rates\* Report: Children and Youth with Five or More SMHS Visits\*\*  
Contra Costa County as of August 3, 2017**

	FY 12-13			FY 13-14			FY 14-15			FY 15-16		
	Children and Youth with 5 or more SMHS Visits	Certified Eligible Children and Youth	Penetration Rate	Children and Youth with 5 or more SMHS Visits	Certified Eligible Children and Youth	Penetration Rate	Children and Youth with 5 or more SMHS Visits	Certified Eligible Children and Youth	Penetration Rate	Children and Youth with 5 or more SMHS Visits	Certified Eligible Children and Youth	Penetration Rate
<b>All</b>	<b>4,374</b>	<b>95,855</b>	<b>4.6%</b>	<b>4,666</b>	<b>108,954</b>	<b>4.3%</b>	<b>4,635</b>	<b>117,897</b>	<b>3.9%</b>	<b>4,701</b>	<b>124,269</b>	<b>3.8%</b>
Children 0-2	75	16,015	0.5%	53	16,836	0.3%	58	17,769	0.3%	75	18,038	0.4%
Children 3-5	440	16,394	2.7%	400	17,328	2.3%	392	17,857	2.2%	393	18,384	2.1%
Children 6-11	1,452	29,616	4.9%	1,566	33,546	4.7%	1,493	36,106	4.1%	1,604	37,660	4.3%
Children 12-17	1,919	24,530	7.8%	2,132	29,079	7.3%	2,145	31,774	6.8%	2,086	34,623	6.0%
Youth 18-20	488	9,300	5.2%	515	12,165	4.2%	547	14,391	3.8%	543	15,564	3.5%
Alaskan Native or American Indian	20	237	8.4%	16	245	6.5%	12	257	4.7%	17	256	6.6%
Asian or Pacific Islander	149	7,799	1.9%	156	10,128	1.5%	179	11,469	1.6%	190	11,993	1.6%
Black	1,100	17,005	6.5%	1,091	17,617	6.2%	1,071	18,320	5.8%	1,013	18,146	5.6%
Hispanic	1,449	42,600	3.4%	1,684	46,647	3.6%	1,741	49,468	3.5%	1,895	52,793	3.6%
White	968	14,201	6.8%	1,010	16,998	5.9%	954	18,514	5.2%	917	18,622	4.9%
Other	257	9,265	2.8%	256	11,718	2.2%	269	13,755	2.0%	303	15,608	1.9%
Unknown	431	4,748	9.1%	453	5,601	8.1%	409	6,114	6.7%	366	6,851	5.3%
Female	1,990	47,162	4.2%	2,133	53,661	4.0%	2,147	58,067	3.7%	2,242	61,083	3.7%
Male	2,384	48,693	4.9%	2,533	55,293	4.6%	2,488	59,830	4.2%	2,459	63,186	3.9%

\*Penetration Rate is defined as the percentage of SMHS eligible beneficiaries that have received a SMHS that was claimed via the Short-Doyle/Medi-Cal claiming system. This does not include non-specialty mental health services provided in Medi-Cal Managed Care system.

\*\*Children and Youth that have received at least five SMHS that were claimed through the Short-Doyle/ Medi-Cal claiming system on at least five (5) or more different days in the Fiscal Year.



**Utilization Report\*: Approved Specialty Mental Health Services for Children and Youth  
Mean Expenditures and Mean Service Quantity per Unique Beneficiary by Fiscal Year  
Contra Costa County as of August 3, 2017**

Fiscal Year	SDMC Total Approved	IHBS (Minutes)	ICC (Minutes)	Case Management/ Brokerage (Minutes)	Mental Health Services (Minutes)	Therapeutic Behavioral Services (Minutes)	Medication Support Services (Minutes)	Crisis Intervention (Minutes)	Crisis Stabilization (Hours)	Full Day Treatment Intensive (Hours)	Full Day Rehabilitation (Hours)	Hospital Inpatient (Days)	Hospital Inpatient Admin (Days)	Fee for Service Inpatient (Days)	Crisis Residential Treatment Services (Days)	Adult Residential Treatment Services (Days)	Psychiatric Health Facility (Days)
FY 12-13	\$ 7,871.66	0	0	720	2,416	8,008	436	347	15	484	616	6	4	10	15	78	10
FY 13-14	\$ 9,561.83	2,021	499	686	2,695	7,700	438	293	16	502	566	7	1	10	19	176	3
FY 14-15	\$ 10,954.11	4,531	1,448	571	2,942	7,911	438	288	15	482	1,006	8	4	10	16	54	11
FY 15-16	\$ 10,134.79	3,914	1,455	561	2,717	7,110	346	267	16	500	614	5	3	8	22	101	9
<b>MEAN</b>	<b>\$ 9,630.60</b>	<b>3,489</b>	<b>1,134</b>	<b>635</b>	<b>2,693</b>	<b>7,682</b>	<b>415</b>	<b>299</b>	<b>15</b>	<b>492</b>	<b>701</b>	<b>6</b>	<b>3</b>	<b>10</b>	<b>18</b>	<b>102</b>	<b>8</b>

\*The graphs are color coded so that those reported in the same unit of analysis (e.g., minutes) are colored similarly.

Please note that (n) values listed at the bottom of each bar graph represent the actual number of children/youth that received the SMHS represented in their respective graph by Fiscal Year.

**Snapshot Report: Unique Count of Children and Youth Receiving SMHS  
Arriving, Exiting, and with Service Continuance by Fiscal Year  
Contra Costa County as of August 3, 2017**

Category	Description (Please refer to the Measures Catalog for more detailed descriptions on all Performance Outcomes System measures.)
Arrivals	Children/Youth that did not receive any SMHS within 3 months of their first date of service in the Fiscal Year.
Service Continuance	Children/Youth receiving continuous services with no breaks in service greater than 90 days for a period of at least 2 years (>= 2 YR) or a period of 1 to 2 years (< 2 YR).
Exiting	Children/Youth that did not receive any SMHS within 3 months after their last date of service in the Fiscal Year.
Arriving & Exiting	A distinct category in which children/youth met both the criteria for <b>Arrivals</b> and <b>Exiting</b> above for the fiscal year.
Service Continuance & Exiting	A distinct category in which Children/Youth had at least 2 years of Service Continuance going into the Fiscal Year and then Exited within the same Fiscal Year.

Service Fiscal Year	Arrivals Count	Arrivals %	Service Continuance (>= 2 YR) Count	Service Continuance (>= 2 YR) %	Service Continuance (<2 YR) Count	Service Continuance (< 2 YR) %	Exiting Count	Exiting %	Arriving & Exiting Count	Arriving & Exiting %	Service Continuance (>= 2 YR) & Exiting Count	Service Continuance (>= 2 YR) and Exiting %	Total Count	Total %
FY 12-13	1,461	26.7%	659	12.0%	575	10.5%	912	16.6%	1,576	28.8%	296	5.4%	5,479	100%
FY 13-14	1,348	23.2%	693	11.9%	690	11.9%	1,055	18.1%	1,749	30.1%	282	4.8%	5,817	100%
FY 14-15	1,285	21.8%	726	12.3%	600	10.2%	1,103	18.7%	1,839	31.2%	334	5.7%	5,887	100%
FY 15-16	1,409	23.4%	701	11.7%	550	9.1%	1,038	17.3%	2,019	33.6%	297	4.9%	6,014	100%

**Time to Step Down Report: Children and Youth Stepping Down in SMHS Services Post Inpatient Discharge\*  
Contra Costa County as of August 3, 2017**

Service FY	Count of Inpatient Discharges with Step Down within 7 Days of Discharge	Percentage of Inpatient Discharges with Step Down within 7 Days of Discharge	Count of Inpatient Discharges with Step Down Between 8 and 30 Days	Percentage of Inpatient Discharges with Step Down Between 8 and 30 Days	Count of Inpatient Discharges with a Step Down > 30 Days from Discharge	Percentage of Inpatient Discharges with a Step Down > 30 Days from Discharge	Count of Inpatient Discharges with No Step Down*	Percentage of Inpatient Discharges with No Step Down*	Minimum Number of Days between Discharge and Step Down	Maximum Number of Days between Discharge and Step Down	Mean Time to Next Contact Post Inpatient Discharge (Days)	Median Time to Next Contact Post Inpatient Discharge (Days)
FY 12-13	320	90.9%	^	^	13	3.7%	^	^	0	308	4.9	0
FY 13-14	327	88.6%	^	^	20	5.4%	^	^	0	186	5.3	0
FY 14-15	264	87.4%	^	^	18	6.0%	^	^	0	322	7.8	0
FY 15-16	264	89.8%	^	^	^	^	14	4.8%	0	192	3.0	0

\* **No Step Down** is defined as no Medi-Cal eligible service was claimed through Short-Doyle/Medi-Cal after a claimed inpatient service was billed with a discharge date. This category may include data currently unavailable to DHCS, such as beneficiaries that were moved to a community-based program or beneficiaries that were incarcerated.

^ Data has been suppressed to protect patient privacy.