



Provider Issue Briefing

CONTRA COSTA HEALTH PLAN
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Date: December 2022

Contra Costa Health Plan Pharmacy and Therapeutics Committee (P&T)

The CCHP P&T committee met on 12/2/2022. Updates from the meeting are outlined below:

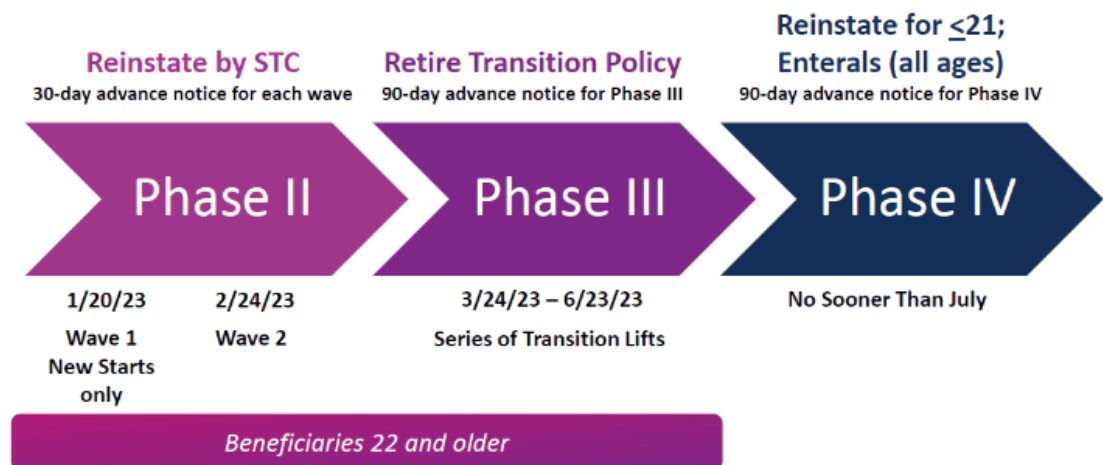
****Changes to the PDL will be effective by mid-January 2023****

Updates/Announcements:

- Schedule for Medi-Cal Rx Reinstatement of Prior Authorization Requirements:

Medi-Cal Rx Reinstatement

Reinstatement Phase II – Phase IV



Key Dates

- January 20, 2023: Phase II, Wave 1 begins for new starts only.
- February 24, 2023: Phase II, Wave 2 begins.
- March 24, 2023 – June 23, 2023: Series of Transition Lifts.

For additional details including the specific medications in each phase, please go to the DHCS Medi-Cal Rx website at <https://www.medi-calrx.dhcs.ca.gov/home/education/> or contact CCHP Pharmacy Department for more details.

- Medi-Cal Rx Formulary Changes:

Medi-Cal Rx has been updating their Contract Drug List (CDL) on a monthly basis.

These updates can be found on the DHCS Medi-Cal Rx website at <https://medi-calrx.dhcs.ca.gov/provider/pharmacy-news> or contact the CCHP Pharmacy Department for additional details.

Quick reference table for all changes to the Preferred Drug List (PDL) and/or Prior Authorization (PA) criteria (for full details of each change, please see individual drugs listed below this table or contact the CCHP Pharmacy Department):	
Changes Made	Drug Name
Created new PA criteria:	Kerendia (finerenone) Mounjaro (tirzepatide)
Modified PA criteria:	Anti-obesity medications Botox (onabotulinumtoxinA) Testosterone products
ADDED to the CCHP formulary:	Tecfidera (dimethyl fumarate) Breo Ellipta (fluticasone/vilanterol) Flovent HFA (fluticasone propionate)
Removed from CCHP formulary:	Advair HFA (fluticasone/salmeterol)

- **New Pharmacy Criteria for Kerendia (finerenone):** Member must have a diagnosis of chronic kidney disease associated with type 2 diabetes, currently taking an ACE inhibitor or ARB and documented trial and failure of an SGLT2 inhibitor.
- **New Pharmacy Criteria for Mounjaro (tirzepatide):** Member must have a diagnosis of type 2 diabetes, documented trial and failure of metformin and documented trial and failure of one of the following preferred products: Victoza, Ozempic, Rybelsus or Trulicity.
- **Modification of pharmacy criteria for anti-obesity medications:** Previously, this class of medications had a requirement to try and fail orlistat as step therapy. This step therapy requirement has now been dropped.
- **Modification of medical criteria for Botox (onabotulinumtoxinA):** added nortriptyline and duloxetine as potential medications to qualify for previous trial and failure requirements. Also added criteria for chronic sialorrhea (member has had sialorrhea for at least 3 months and has tried and failed an anticholinergic medication).
- **Modification of pharmacy criteria for testosterone products:** moved Androgel 1.62% pump and Axiron 30 mg/1.5 mL pump to 2nd line preferred status and moved Androgel 1% packets to 3rd line preferred status.

There are numerous ways to view the CCHP Preferred Drug List:

CCHP updates the Preferred Drug List (PDL) after each quarterly Pharmacy & Therapeutics Committee meeting. CCHP invites and encourages practitioners to access each update through the following means:

- An interactive searchable formulary is available within Epic (contact the Epic team with any questions related to functionality).
- A printable copy of the CCHP PDL can be found here: <http://cchealth.org/healthplan/pdf/pdl.pdf>
- A searchable copy of the CCHP PDL can be found here: <https://cchealth.org/healthplan/formulary.php>
- **EPOCRATES – free mobile & online formulary resource**
 - CCHP providers may add the CCHP formulary to their mobile devices using the following steps:
 - Open the Epocrates application on your mobile device.



- Click on the “formulary” button on the home screen.
- Click “add new formulary” button on the bottom of the screen.
- Use the search box to locate “Contra Costa Health Plan” Medi-Cal or Commercial formulary. Click on each formulary that you would like to add, and then click the “add formulary” button.

Epocrates mobile is supported on the iOS (iPhone, iTouch, iPad), Android, & BlackBerry platforms

If you have any questions about the installation or use of Epocrates, please contact Epocrates Customer Support at goldsupport@epocrates.com or at (800)230-2150.

Providers may request a copy of CCHP pharmacy management procedures or specific drug PA criteria by contacting the pharmacy unit directly at 925-957-7260 x1, or via the email listed below:

P&T updates and DUR educational bulletins can be viewed online at
<http://cchealth.org/healthplan/provider-pharmacy-therapeutics.php>

Questions and comments may be directed to CCHP Pharmacy by emailing
joseph.cardinalli@cchealth.org
