



Provider Issue Briefing

CONTRA COSTA
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Contra Costa Health Plan Pharmacy and Therapeutics Committee (P&T)

The CCHP P&T committee met on 12/2/2021. Updates from the meeting are outlined below:

****Changes to the PDL will be effective by mid-January 2022****

Updates/Announcements:

1. Fee-For-Service Medi-Cal Carve-Out (Medi-Cal Rx) will begin January 1, 2022:

Medi-Cal Rx is the administration of the Medi-Cal Pharmacy Benefits through the fee-for service delivery system. Medi-Cal Rx implementation will begin on January 1, 2022. CCHP encourages providers and pharmacies to register now. Please go to the DHCS Medi-Cal Rx website at <https://medi-calrx.dhcs.ca.gov/home/> or contact CCHP Pharmacy Department for more details.

Quick reference table for all changes to the Preferred Drug List (PDL) and/or Prior Authorization (PA) criteria **(for full details of each change, please see individual drugs listed below this table):**

Changes Made	Drug Name
Created new PA criteria:	Botox (onabotulinum toxin A) Wakix (pitolisant) Wegovy (semaglutide) Lomaira (phentermine)
Modified PA criteria:	Vascepa (icosapent ethyl) Otezla (apremilast)
ADDED to the CCHP formulary:	Vesicare (solifenacin) Colcrys (colchicine) 0.6 mg tablet 30 tablets per 30 days Pevnar 20 IM syringe Vaxneuvance IM syringe
Removed from CCHP formulary:	Carac (fluorouracil) 0.5% topical cream Fluoroplex (fluorouracil) 1% topical cream Xyrem (sodium oxybate) 500 mg/mL oral solution Methitest (methyltestosterone) tablet Oxandrin (oxandrolone) tablet

- **Newly Established criteria for Botox (onabotulinum toxin A):** For chronic migraines, requires a trial and failure of at least 2 of the following medications: beta blockers, amitriptyline, venlafaxine, topiramate, divalproex or valproic acid. For overactive bladder, requires trial and failure of 2 formulary medications. For hyperhidrosis, requires trial and failure of a prescription strength antiperspirant.
- **Newly Established criteria for Wakix (pitolisant):** For a diagnosis of narcolepsy without cataplexy, requires a trial and failure of either modafinil or armodafinil AND Sunosi (solriamfetol). For a diagnosis of narcolepsy with cataplexy, requires a trial and failure of dextroamphetamine.
- **Newly Established criteria for Wegovy (semaglutide):** requires a trial and failure of orlistat AND Contrave or Qsymia

- **Newly Established criteria for Lomaira (phentermine):** requires trial and failure or medical reason for not using generic phentermine
- **Modification of criteria for Vascepa (icosapent ethyl):** for cardiovascular risk reduction, a statin is being used or documentation why a statin cannot be used. Establish preference for Vascepa 1 gm capsule usage before Vascepa 500 mg capsules
- **Modification of criteria for Otezla (apremilast):** for psoriatic arthritis, require trial and failure of at least one NSAID, at least 2 conventional DMARDs, Enbrel and Humira

There are numerous ways to view the CCHP Preferred Drug List:

CCHP updates the Preferred Drug List (PDL) after each quarterly Pharmacy & Therapeutics Committee meeting. CCHP invites and encourages practitioners to access each update through the following means:

- An interactive searchable formulary is available within Epic (contact the Epic team with any questions related to functionality).
- A printable copy of the CCHP PDL can be found here: <http://cchealth.org/healthplan/pdf/pdl.pdf>
- A searchable copy of the CCHP PDL can be found here: <http://formularynavigator.com/Search.aspx?siteID=MMRREQ3QBC>



- **EPOCRATES – free mobile & online formulary resource**

- CCHP providers may add the CCHP formulary to their mobile devices using the following steps:
 - Open the Epocrates application on your mobile device.
 - Click on the “formulary” button on the home screen.
 - Click “add new formulary” button on the bottom of the screen.
 - Use the search box to locate “Contra Costa Health Plan” Medi-Cal or Commercial formulary. Click on each formulary that you would like to add, and then click the “add formulary” button.

Epocrates mobile is supported on the iOS (iPhone, iTouch, iPad), Android, & BlackBerry platforms

If you have any questions about the installation or use of Epocrates, please contact Epocrates Customer Support at goldsupport@epocrates.com or at (800)230-2150.

Providers may request a copy of CCHP pharmacy management procedures or specific drug PA criteria by contacting the pharmacy unit directly at 925-957-7260 x1, or via the email listed below:

P&T updates and DUR educational bulletins can be viewed online at <http://cchealth.org/healthplan/provider-pharmacy-therapeutics.php>

Questions and comments may be directed to CCHP Pharmacy by emailing joseph.cardinalli@cchealth.org
