

HEALTH CAREER PATHWAYS INFORMATIONAL INTERVIEW

An informational interview is a way for you to learn about the real-life experience of someone working in a field or company that interests you. Having a learning goal and BEING CURIOUS are key!

Use some of the following questions to help guide your curiosity:

- How did you become interested in this field?
- How did you begin your career?
- How does your job affect your general lifestyle?
- What current issues and trends in the field should I know about/be aware of?
- What are some common career paths in this field?
- What are your main responsibilities?
- What do you like most and least about your work?
- What related fields do you think I should consider looking into?
- How relevant to your work is your undergraduate major?
- What skills, abilities, and personal attitudes are essential to success in your job/this field?
- If you could do it all over again, would you choose the same path for yourself? If not, what would you change?
- How would you recommend someone learn more about the work you do? (book recommendations, etc.)

What is an Informational Interview video: https://bit.ly/37T77mm



Adapted from www.careeronestop.org, career.berkeley.edu and Stanford Life Design Lab