Dental Services Covered During Pregnancy

- **Exam***
- **X-rays**
- **Teeth cleaning**
- **Fluoride varnish**
- **Fillings**
- **Tooth removal**
- **Emergency services**
- **Root canals**
- **Crowns****
- **Partial and full dentures**
- **Denture relines**
- **Scaling and root planing**

Free or low-cost check-ups every six months for members under the age of 21, every 12 months for members over the age of 21.
**Crowns on molars or premolars (back teeth) may be covered in some cases.*

Take Care of Tiny Teeth

Healthy gums make way for healthy teeth! Help keep your baby's gums healthy by gently wiping them with a washcloth every day. Schedule your baby's first dental visit when their first tooth appears or by their first birthday, whichever comes first.

For more information on covered services, how to keep your baby's mouth healthy, or to find a dentist near you, visit SmileCalifornia.org.

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DHCS | Medi-Cal Dental

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Medi-Cal Covers Dental During Pregnancy

Because it is safe and important to see the dentist while pregnant!

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Keeping your teeth and gums healthy is one of the most important things you can do to keep yourself healthy. It is also an important part of keeping your baby healthy.

Your body goes through many changes during pregnancy. These changes can affect the health of your teeth and gums.

For example, you might be craving sugary foods and drinks more than you used to. Sugary foods and drinks increase your risk for cavities. Or you might experience morning sickness that causes vomiting. Vomiting exposes your teeth to stomach acids that can weaken your tooth enamel.

Hormonal changes during your pregnancy can lead to swollen and red gums that may bleed when you brush or floss; this is called gingivitis. If untreated, gingivitis can lead to gum disease. Gum disease has been linked to poor pregnancy outcomes, like premature birth.

Seeing your dentist for regular cleanings and exams and practicing good daily oral hygiene can help keep you and your baby healthy!

See your dentist for a cleaning and exam before your baby is born.

Brush your teeth twice a day. Floss daily.

Eat a balanced diet. Limit sugary foods and drinks.

Smile, You're Expecting!

You probably have a lot of questions, so be sure to talk to your doctor and dentist! Some common questions about oral health and pregnancy are:

Q Is it safe to see the dentist while I'm pregnant?

A Yes! It is safe and recommended. Like the rest of your body, your mouth experiences changes during pregnancy. These changes can affect your health. Seeing the dentist for a cleaning and exam early in your pregnancy can reduce your risk for cavities and gum disease.

Q When should I see the dentist?

A It is safe to see your dentist at any time during your pregnancy. Whenever you see your dentist, be sure they know that you are pregnant and how far along you are. Your dentist should also know if your pregnancy is considered high risk.

Q What Medi-Cal dental benefits are available to me while I'm pregnant?

A As a Medi-Cal member, you are covered during pregnancy and 12 months after the birth of your baby. During this time, you can receive all covered dental procedures if you meet all criteria and requirements for the procedures.

Visit SmileCalifornia.org to learn more and to find a dentist near you!