Medical Case Managers serve people living with HIV by connecting them to the resources they need to access medical care and remain healthy and independent.

They assist clients to:
- Improve overall health and well-being
- Keep doctors appointments
- Take medications regularly

They can also help people who are eligible to access the following services:
- Partner notification services
- Insurance assistance
- Medication support
- Emergency financial assistance
- Oral health care
- Mental health services
- Substance use counseling
- Nutrition counseling and food
- Housing and transportation
- Legal services

Contact the following agencies to enroll in medical case management:

**Contra Costa HIV/AIDS & STD Program**
(925) 313-6771 or (800) 287-0200
597 Center Ave. Suite 200 Martinez

**LifeLong Medical Care**
(925) 313-6771
2600 MacDonald Ave #B Richmond

**Contra Costa Health Plan (CCHP)**
(925) 313-6887
595 Center Ave. Suite 100 Martinez
Geriatric Care

Heathcare Providers

Coastal Health Services
Advice Nurse Line 24/7
1-877-661-6230 Option 1

Positive Health Clinics
1-800-771-4270 Financial Counseling
1-800-495-8885 Appointments


LifeLong
Urgent Care: (510) 231-9800
Walk-ins welcome: M-F 9:30-7pm
2023 Vale Rd. San Pablo 94806
Dr. Jenkins (510) 237-9537
Walk-ins accepted if space is available
120 Broadway Richmond 94804
By appointment only:
Brookside Richmond: (510) 215-5001
1030 Nevin Ave. Richmond
Richmond (510) 981-4100
2600 MacDonald Ave. #B Richmond

La Clinica
By appointment only:
Monument: (925) 363-2000
2000 Sierra Rd. Concord
Oakley: (925) 776-8200
2021 Main St. Oakley
Pittsburg: (925) 431-1230
2240 Gladstone Dr. #4 Pittsburg

Planned Parenthood
Call for referral to a clinic near you:
1-800-230-7526
www.plannedparenthood.org

STD & HIV Testing & Counseling

If you want to get tested for an STD or HIV, or want counseling, contact the following agencies for sites and schedules.

Contra Costa HIV/AIDS & STD Program
(925) 313-6771 or (800) 287-0200

Contra Costa STD Clinics
(925) 313-6750 or (800) 479-9664

Planned Parenthood Northern CA
1-800-230-7526

Pre & Post Exposure Prophylaxis (PrEP & PEP)

PrEP is a way for people who do not have HIV but who are at high risk of getting it to prevent HIV infection by taking a pill every day. PEP is an antiretroviral medicine that people take after being potentially exposed to HIV to prevent becoming infected.

If you are interested in learning about PrEP or PEP, contact the following agencies:

Contra Costa Health Services
(925) 313-6771

LifeLong Medical Care
(510) 981-4100

Planned Parenthood Northern CA
1-800-230-7526

HIV+ Support Groups

If you are interested in receiving social support from others living with or affected by HIV, consider joining one of the following support groups.

Together We Rise (LifeLong)
Adult Co-Ed HIV Support Group
1st & 3rd Fridays, 1-2:30pm
2600 MacDonald Ave. #B Richmond
Contact Mateo at (510) 981-9267

Rainbow Community Center (RCC)
Adult Men’s HIV Support Group
Mondays, 6:30-8pm
2118 Willow Pass Rd. Suite 500 Concord
Contact RCC at (925) 692-0090

Adult Women’s HIV Support Group, Rise
1st & 3rd Thursdays, 7-8pm
2118 Willow Pass Rd. Suite 500 Concord
Email nicole.rainbowcc@gmail.org

Contra Costa Health Services Department
HIV/AIDS & STD Program
597 Center Avenue, Suite 200
Martinez, CA 94553
Phone: (925) 313-6771
Fax: (925) 313-6798