PCP Visit
- Add obesity or BMI ≥ 95% to Problem List
- Set up return visit for 3-6 months
- Set goals for behavioral change
  - Nutrition
  - Physical Activity
  - TV/Screen Time
- Labs every 3 years if >10 years
- Refer to WIC if <5 years

Patient Educator / Dietician / Group Appointment / Go! Club Nurse

Return PCP visit 3-6 months to check BMI, progress on goals

Annual Well Child Care

BMI <95%

BMI ≥95%

<4“Touches”

Count # of Touches by:
A. PCP Counseling (minimum of 2 visits)
B. Visits with Patient Educator, Dietician, Group Visit and/or Go! Club Nurse

Refer

≥4“Touches”

Comprehensive Multidisciplinary Intervention

CHO Healthy Hearts