Program Description/Referral Guidelines

Program Description: Contra Costa Health Plan’s (CCHP) Disease Management Program is aimed at improving the health outcomes for people with diabetes and for children with obesity. The program uses a multi-faceted approach to achieve the best possible therapeutic outcomes based on assessment of program participant needs, evaluation, ongoing care monitoring, and tailored program participant/practitioner interventions.

Referral Guidelines:
- Pediatric Obesity-children must be ages 2-11, with a BMI%ile greater than or equal to 95
- Diabetes- All members with type I or II diabetes ages 18-75 are eligible

Patient Information-Diabetes Referral

Patient Name: ______________________ DOB ________ MR# __________________
HgbA1c ________ BP: ________ Phone Number: __________________________
Address: ______________________________________________________________
Email Address: __________________________________ Language spoken: __________

Patient Information-Child Obesity Referral

Patient Name: ______________________ DOB ________ MR# __________________
Recorded Weight: ________ Recorded Height: ______________ BMI %ile ____________
Address: ______________________________________________________________
Email Address: __________________________________ Phone number: _____________
Parent's Name: ______________________ Language spoken by parent: ______________

Provider Information

Provider Name: ______________________ Phone number: ______________________
Fax number: ______________________ Email Address: ________________________
Comments/Concerns: