Introducing
Case Management Program
Invites Referrals from our Community Provider Network and Regional Medical Center Network providers

Contact Information
CASE MANAGEMENT
Telephone: 925-313-6887
Fax: 925-313-6462

DIABETES MANAGEMENT
Telephone: 925-313-6060
Fax: 925-313-6462

Contra Costa Health Plan
CASE MANAGEMENT PROGRAM
595 Center Avenue, Suite 100
Martinez, CA 94553
Telephone: 925-313-6887
Fax: 925-313-6462
www.contracostahealthplan.org
Contra Costa Health Plan’s Case Management Program works with members who need help managing their complex healthcare needs. Our goal is to promote good health by assisting you in getting the care you need with less hassle. We can also refer you to community resources that may be helpful to you.

Who is a Case Manager?
The Case Management Program is a team of nurses and clinical social workers with special knowledge of health care system, health education, and mental health. Our team works together with you, your family and your primary care provider to achieve the best possible health outcomes.

Do I need a Case Manager?
Yes, if you have:
- Difficulty keeping medical appointments, taking medications as prescribed, and/or maintaining good nutrition
- Frequent Emergency Room visits
- Frequent hospital admissions or readmissions
- Concerns regarding resources for housing, transportation, lack of food or other issues which may negatively affect your health
- Memory, mood, personality or behavior changes
- Unstable medical conditions needing closer monitoring
- Concerns about caring for yourself or your family member

How do I request a Case Manager?
Simply call the Case Management Program at 925-313-6887.
Please leave a message including a good time to reach you and someone will return your call promptly.

PLEASE NOTE: Members have the right to decline or discontinue Case Management services at any time.

CALL TODAY FOR MORE INFORMATION
925-313-6887
Monday - Friday
Hours: 8:00 A.M. - 5:00 P.M.
TTY/TDD: 1-800-735-2929