Alcohol Use Disorders Identification Test (AUDIT)

Please circle the answer that is correct for you.

1. How often do you have a drink containing alcohol?
   - Never
   - Monthly or less
   - Two to four times a month
   - Two to three times per week
   - Four or more times a week

2. How many drinks containing alcohol do you have on a typical day when you are drinking?
   - 1 or 2
   - 3 or 4
   - 5 or 6
   - 7 to 9
   - 10 or more

3. How often do you have six or more drinks on one occasion?
   - Never
   - Less than monthly
   - Monthly
   - Two to three times per week
   - Four or more times a week

4. How often during the last year have you found that you were not able to stop drinking once you had started?
   - Never
   - Less than monthly
   - Monthly
   - Two to three times per week
   - Four or more times a week

5. How often during the last year have you failed to do what was normally expected from you because of drinking?
   - Never
   - Less than monthly
   - Monthly
   - Two to three times per week
   - Four or more times a week

6. How often during the last year have you needed a first drink in the morning to get yourself going after a heavy drinking session?
   - Never
   - Less than monthly
   - Monthly
   - Two to three times per week
   - Four or more times a week

7. How often during the last year have you had a feeling of guilt or remorse after drinking?
   - Never
   - Less than monthly
   - Monthly
   - Two to three times per week
   - Four or more times a week

8. How often during the last year have you been unable to remember what happened the night before because you had been drinking?
   - Never
   - Less than monthly
   - Monthly
   - Two to three times per week
   - Four or more times a week

9. Have you or someone else been injured as a result of your drinking?
   - No
   - Yes, but not in the last year
   - Yes, during the last year

10. Has a relative or friend, or a doctor or other health worker, been concerned about your drinking or suggested you cut down?
    - No
    - Yes, but not in the last year
    - Yes, during the last year

The Alcohol Use Disorders Identification Test (AUDIT) can detect alcohol problems experienced in the last year. A score of 8+ on the AUDIT generally indicates harmful or hazardous drinking. Questions 1–6 = 0, 1, 2, 3, or 4 points. Questions 9 and 10 are scored 0, 2, or 4 only.