Every year, Contra Costa County conducts a comprehensive count of people experiencing homelessness to measure the prevalence of homelessness across the county. This data is important to help identify local needs, determine the best practices for our community, and compare our experiences with other communities in the bay area.

The 2022 Point-in-Time Count was a community-wide effort to identify sheltered and unsheltered people in the county on the night of February 23rd, 2022. In the weeks following the street count, a survey was administered to 326 people experiencing homelessness; the majority of which were unsheltered the night of the count. This data captures the experiences and characteristics of the unsheltered population and supplements the full count data.
**Homelessness**

Those experiencing homelessness may be affected by housing conditions that may affect their health and employment.

**Current health conditions**

27% of survey respondents reported having at least one disabling condition.

- **Psychiatric or emotional conditions**: 60%
- **Alcohol or drug use**: 56%
- **PTSD**: 46%
- **Chronic health problems**: 45%
- **Physical disability**: 43%
- **Developmental disability**: 22%
- **Traumatic brain injury**: 21%
- **HIV/AIDS related illness**: 9%

**Select populaions**

- **Chronically homeless**: 27% Sheltered, 73% Unsheltered
- **Veterans**: 27% Sheltered, 73% Unsheltered
- **Serious mental illness**: 24% Sheltered, 76% Unsheltered

**First episode of homelessness**

21% are experiencing their first episode of homelessness.

- **Duration of current episode of homelessness**
  - 3% 1-30 days
  - 12% 1-11 months
  - 85% A year or more

**Age at first episode of homelessness**

- 4% 0-17
- 18% 18-24
- 78% 25+

**Primary condition that lead to homelessness**

- **Argument with family/friend/roommate**: 27%
- **Eviction/foreclosure**: 23%
- **Substance use**: 20%
- **Mental health issues**: 14%
- **Family/domestic violence**: 12%
- **Divorce/separation**: 12%

**Disabling conditions**

60% of survey respondents reported having at least one disabling condition.

**Select population definitions**

- **Chronically homeless**: An individual with one or more disabling conditions or a family with a head of household with a disabling condition who:
  - Has been continuously homeless for 1 year or more and/or;
  - Has experienced 4 or more episodes of homelessness within the past 3 years.

- **Veterans**: Persons who have served on active duty in the Armed Forces of the United States. This does not include inactive military reserves or the National Guard unless the person was called up to active duty.

- **Families**: A household with at least one adult member (persons 18 or older) and at least one child member (persons under 18).

- **Unaccompanied youth & young adults**: Youth under the age of 18 and young adults between the ages of 18 and 24 years old (TAY) who are experiencing homelessness and living without a parent or legal guardian.

For more information about Contra Costa County’s Continuum of Care on Homelessness, please visit: https://cchealth.org/h3/coc/

Source: Applied Survey Research, 2022, Contra Costa County Homeless Census & Survey, Watsonville, CA.